

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
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Feb. 25, 2009

### Warm-up

During action at last weekend's Regional meet, SEAY swimmers did extremely well and posted many best times and additional state qualifying times! This weekend our top 12 & Under swimmers will be in Madison testing the waters during 12 & Under USA State. Congratulations to Emily Bollendorf, Haille Bocek, and William Buhler on making it to their first ever USA State meet and good luck to Ivar Iverson as he competes in the 11-12 Boys age-group for the first time at the state level! Go get 'em!

The final BIG meet of the season will be YMCA Sectionals. Please mark your calendars and plan on attending this meet! It will be held in Oconomowoc on Mar. 14-15. The coaching staff would love to see ALL swimmers racing this weekend! Go for it!

Don't forget; the last day of practice for swimmers not competing in YMCA Nationals will be March 20<sup>th</sup>. Swimmers are encouraged to take advantage of the FAST Clinic during the upcoming off season (look for a Freestyle/Backstroke clinic and a Breaststroke/Butterfly clinic to be offered too).

Early registration is now available and advised for Pups, Lions, and Serpents. Visit the *Registration* page of the website for forms and read more about it in this newsletter (page 3). Returning registration for the Spring & Summer season will take place on April 6-7 at Case from 6:00-7:30 p.m.

### Upcoming Meets

*All swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries, and fees can be found on the website.*

- 1) **12&U USA State** will be held at UW-Madison beginning Friday
  - a. This meet has longer than usual warm-up sessions (especially Friday and Saturday/Sunday AM). In light of the length of warm-ups, our swimmers will be arriving at the meet after warm-ups have started, which will afford them more rest (but still give them plenty of time to warm-up).
  - b. The psych sheet and live results link is now posted on the website under *Meet Information*
  - c. Friday warm-ups begin at 3:40 p.m. (Emily, William)
  - d. Saturday AM warm-ups begin at 7:40 a.m. (Emily, Ivar)
  - e. Saturday PM warm-ups begin at 1:30 p.m. (Emily, Haille, Ivar)
  - f. Sunday AM warm-ups begin at 7:40 a.m. (Emily, Ivar)
  - g. Sunday PM warm-ups begin at 1:30 p.m. (Emily, Haille, Ivar)
  - h. Look for Neil when you arrive at the meet
  - i. Good luck swimmers!
- 2) **13&O USA State** will be held at WSHS Mar. 5-8
  - a. Qualifying times for this meet
  - b. Please visit the *Meet Information* page of the SEAY website for up-to-date information
  - c. Entries are closed
- 3) **Speedo Sectional** will be held at WSHS Mar. 12-15
  - a. Qualifying times for this meet
  - b. Entries due Mar. 8
- 4) **YMCA Sectionals** will be held at YMCA at Pabst Farms in Oconomowoc Mar. 14-15
  - a. Entries due Mar. 2
  - b. [All swimmers should attend this meet!](#)

### Meet Recap

**Regional Meet** – Excellent swimming at Regionals last weekend. 61% best times achieved and a lot of new state cuts! There are a handful of pictures posted on the website. Here are the highlights:

- a) New state qualifying times achieved by:
  - a. Laura Barron – 4IM

- b. Haille Bocek – 2Fr
  - c. Emily Bollendorf – 1Bf
  - d. Maxanna Collen – 50Fr, 25Ba, 50Br, 25Bf, 50Bf, 25Br
  - e. Alisa Danzer – Mile
  - f. Graham Kilmer – 1Fr
  - g. James Weslaski – 5Fr
- b) High point awards achieved by:
    - a. Maxanna Collen – 1<sup>st</sup> w/121 points
    - b. Bailey Bleser – 2<sup>nd</sup> w/113 points
    - c. Haille Bocek – 3<sup>rd</sup> w/95 points
  - c) Top ten in the history of the club posted by:
    - a. Maxanna Collen – 8<sup>th</sup> in the 50Bf
    - b. Haille Bocek – 5<sup>th</sup> in the 5Fr
    - c. Alisa Danzer – 6<sup>th</sup> in the Mile
    - d. Hannah Kilmer – 8<sup>th</sup> in the 1Ba, 9<sup>th</sup> in the 2Ba
    - e. Hanna Wilbershide – 10<sup>th</sup> in the 4IM
    - f. Bailey Bleser – 5<sup>th</sup> in the 25Ba, 10<sup>th</sup> in the 50Br, 6<sup>th</sup> in the 1IM
    - g. Benji Gordan – 10<sup>th</sup> in the 2Br
  - d) All best times achieved by:
    - a. Haille Bocek
    - b. Alisa Danzer
    - c. Benji Gordon
    - d. Hanna Wilbershide

**WIAA State** – Congratulations to our high school boys! Complete results can be found at the WIAA website. Here are their top finishes: Andrew Griffey – 7<sup>th</sup> in the 1Ba, Kevin Pettit-Scantling, Jacob Chartrand, and David Zickus – 21<sup>st</sup> in the 2FR.

***Practice location for the upcoming week***

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Wed., Feb. 25	Case @ Case, Park @ Park
Thur., Feb 26	Combined @ Case
Fri., Feb. 27	Combined @ Case
Sat., Feb. 28	No practice
Mon., Mar. 2	Case @ Case, Park @ Park
Tue., Mar. 3	Combined @ Park
Wed., Mar. 4	Case @ Case, Park @ Park

***Meet registration planning sheet is due Mar. 6***

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The 2009 Spring & Summer meet scheduled is posted on the website. Also, posted on the homepage you can download a copy of the meet registration planning sheet. All families training with SEAY this Spring & Summer will want to complete this sheet and turn it in prior to Mar. 6. Filling out the sheet ensures your sons and daughters will have swims at the meets listed on the sheet. Families neglecting to submit the sheet will not be guaranteed swims for the meets listed on the sheet.

***SCRIP fundraising***

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Our next deadline to order SCRIP is this Thursday, February 26<sup>th</sup>. It's been a simple way for families to meet their fundraising commitment. You can buy gifts, purchase gas cards, grocery store cards ... so many options at [www.shopwithscrip.com](http://www.shopwithscrip.com)! Thank you for supporting SEAY by participating in our SCRIP fundraising program. Questions? Contact Deb Weyers at [weyers@ameritech.net](mailto:weyers@ameritech.net) or check out the fundraising section of the SEAY website.

Order By: Thursday, February 26	Delivery: Thursday, March 5 Case
Order By: Thursday, March 12	Delivery: Thursday, March 19 Case
Order By: Thursday, March 26	Delivery: Thursday, April 2 Park

All deliveries will be in the pool balcony from 5:30 – 6:30 PM.

Please contact Deb Weyers if alternate delivery arrangements are necessary.

\* REMINDER-You must go to [www.shopwithscrip.com](http://www.shopwithscrip.com) and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for Scrip payments. Thank you.

### ***Early registration for Spring & Summer***

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SEAY currently has a waiting list for Pups, Lions, and Serpents. In an effort to gage the number of open slots available in those groups for the upcoming season, SEAY will be conducting early registration on the follow dates:

Feb. 26 @ Case, 6:00-7:30 p.m.

Mar. 3. @ Park, 6:00-7:30 p.m.

Although early registration has been set up for Pups, Lions and Serpents, it is open for all groups. Kathy Schwartz (Registration Chairwomen) will be collecting a \$50 deposit to secure your spot on the team for the upcoming Spring & Summer season (the season begins April 20 and ends July 28).

Since there is a waiting list for Pups, Lions and Serpents, swimmers currently in those groups are encouraged to take advantage of this early registration period. Pups will fill once it reaches 10 swimmers and Lions and Serpents will fill once they reach 20 swimmers each. Once the groups are full, remaining swimmers interested in joining will be regulated to a waiting list.

Group assignments for the upcoming season will not be available until late March/early April. Returning registration will take place April 6-7 at Case, 6:00-7:30 p.m. Forms are now posted on the Registration page of website.

Please contact Kathy at 262.554.7040 if you have any questions.

### ***Team picture***

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The annual team picture has changed from Mar. 10<sup>th</sup> to Mar. 9<sup>th</sup>. The team picture will be held at Case with individual and sibling pictures beginning at 5:30 p.m. and the team picture taking place around 6:00 p.m. A start, turn and finish practice will be held for Pups-Serpents until 7:00 p.m. while a fun training practice will be held for Green-Senior 2 until 8:00 p.m. Wear your team suit or a royal blue suit (if you don't have either, try to wear a shade of blue suit). Don't miss this fun annual event!

### ***13 & over training trip***

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This year's trip will be held in Savannah, Georgia. Tentative dates are June 14-22. We will be traveling by coach bus and attending the trip with local swim clubs from the Milwaukee area (SHOR and NBSC) and a team from North Carolina (MAC). More information to follow as it comes available; interested swimmers should contact Neil (there needs to be a minimum of 12 swimmers to show interest in this trip for us to attend).

### ***FAST Clinic and other opportunities during the upcoming off-season – take advantage!***

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April 6-9 SEAY will be hosting the FAST Clinic. This clinic reviews starts, turn and finishes (all the little things that make for faster swims). There are two clinics, 5:30-6:30 p.m. session and 6:30-7:30 p.m. session and each session is limited to ten swimmers. The cost is \$40 for members and \$50 for non-members payable on the first night of the clinic.

Also, look for information on a Freestyle/Backstroke clinic and a Breaststroke/Butterfly clinic to be offered in the off-season – one will take place the week of Mar. 23<sup>rd</sup> and the other will take place on the week of the 30<sup>th</sup>.

### ***Happy Birthday!***

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Emily Gaitens (2/9)

Jason Lewis (2/17)

Carly Weiss (2/17)

Hannah Molitor (2/20)

Lauren Zenisek (2/26)

Evan Weiss (2/28)

### ***Get To Know Jason Lewis***

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Age: 9

Training group: Lions

Year started with SEAY: 2008

Role model: My coaches

Favorite stroke: Back and IM

Favorite event: 50 Back

Favorite swimmer: Michael Phelps

Favorite training set: Working on turns

Future goal: To live a good life



*Favorite book: Magic Tree House series*

*Favorite movie: Wall-e*

*When I grow up I want to: Engineer*

*Advice for younger swimmers: Have fun*

*If I could change one thing in the world: No robberies*

### **SEAY Schedule**

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Feb. 26	Early registration for Spring & Summer @ Case, 6:00-7:30 p.m.
Feb. 27-Mar. 1	12 & Under USA State @ UW-Madison
Mar. 3	Early registration for Spring & Summer @ Park, 6:00-7:30 p.m.
Mar. 5-8	13 & Over USA State @ WSAC
Mar. 8	Deadline to sign-up for Speedo Sectional
Mar. 9	Annual Team Picture @ Case beginning at 5:30 p.m.
Mar. 11	Board meeting @ Park, 6:15 p.m. – all welcome
Mar. 12-15	Speedo Sectionals @ WSAC
Mar. 14	Deadline to sign-up for YMCA State
Mar. 14-15	YMCA Sectionals @ Pabst Farms YMCA
Mar. 20	Last day of practice ☺
Mar. 20-22	YMCA State @ WSAC
Mar. 24	Deadline to sign-up for YMCA Nationals
Mar. 30	New swimmer tryouts at Park beginning at 5:30 p.m. – tell your friends!
Apr. 6-9	YMCA Nationals
Apr. 6-9	FAST Clinic, 5:30-6:30 p.m. and 6:30-7:30 p.m.
Apr. 20	Spring & Summer Season begins
Apr. 20-24	Free week of swimming for new swimmers
Apr. 27	New family registration and orientation @ Case beginning at 6:00 p.m.

**\* Caring \* Honesty \* Respect \* Responsibility \***  
**\* Build \* Promote \* Achieve \***