



**Serpent Times**  
weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984



Jan. 7, 2009

### Warm-up

Welcome to 2009! SEAY hopes your Christmas and New Year celebrations were enjoyable and safe.

We've started the year off with a meet last weekend and now are experiencing the difficulties of not owning our own pool – Park's pool has been down for three days now. We will be **combined at Case tonight** – if you are not receiving email updates and would like too, please speak with Neil.

Don't forget; we will be **combined at Horlick tomorrow** (this is a change from the calendar on the web).

Over Christmas Break we were regulated to UW-Parkside's pool for a number of practices and many families stepped forward and donated funds to cover the pool rent ... THANK YOU!

We are in the middle of selling calendars for the upcoming calendar raffle: remember to turn in your stubs to Myra/Neil or Jennifer Pennings/Kathy Schwartz by Jan. 28. This event counts toward fundraising and everyone's help is appreciated to assist in recovering the loss of the Dec. meet revenue. We will continue to sell them thru January – read more about the calendar raffle on page two.

Currently there are **91 SEAY swimmers entered in our Oddball Challenge**. There are 18 swimmers out there that have not indicated one way or the other, their intentions for this meet. Tonight is your last chance sign-up ... don't miss out!

Please welcome Lydia Bollendorf to the board of directors as a parent liaison. Also, Mark Purath has stepped forward to assume the co-meet director board position. It's good to see volunteerism is not dead!

SEAY's email address is [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com) and the office phone number is (262) 635-3843.

### Upcoming Meets

*All swimmers currently on the team are ready for meets ... if you are interested in competing in meets, please contact Neil. Driving directions, meet information and entries can be found on the website.*

- 1) **FOXJET Open** begins Friday at the University of Minnesota
  - a. Fri. warm-ups begin at 3:45 p.m., meet begins at 5:00 p.m., scheduled to end at 8:31-8:59 p.m. (depending on the pool you are competing in)
  - b. Saturday & Sunday prelim warm-ups (11-12, 13-14, Senior) begin at 7:00 a.m.
  - c. Saturday & Sunday final warm-ups (anyone making it back) – speak with Neil before leaving the deck
  - d. Saturday warm-ups (Bailey Bleser) begin at 12:15 p.m., meet begins at 1:00 p.m., ends at 2:07 p.m.
  - e. Sunday warm-ups (Bailey Bleser) begin at 12:15 p.m., meet begins at 1:00 p.m., ends at 3:04 p.m.
  - f. Swimmers qualifying for finals will swim Saturday night
  - g. Swimmers are encouraged to swim finals Sunday night, but can scratch after prelims if they need to get an early start on the drive home – after notifying Neil
- 2) **SEAY Oddball Challenge** will be held at Waukesha South High School on Jan. 17-18
  - a. **ALL swimmers should attend this meet**
  - b. Tonight is the final chance to enter this meet ... don't miss the fun!
  - c. **91 of your teammates will be attending this meet!**
- 3) **GYST Dual** will be held at Lake Geneva YMCA on Jan. 25
  - a. No fees associated with this meet
  - b. Good meet for first year swimmers
  - c. Entry deadline is Jan. 16
- 4) **Distance Time Trials** will be held at Park on Jan. 23
  - a. Warm-ups begin at 5:30 p.m.
  - b. Meet begins at 6:05 p.m.
  - c. This meet is an excellent opportunity for our swimmers to gain experience in longer races
  - d. Entry deadline is Jan. 21

### Meet Recap

**J-HAWK** – With almost a month of training under our belts since the last meet, our age-group swimmers really shined last weekend while with almost two months since their last meet, our high school girls began to shake the competitive cobwebs off. Here's the breakdown for our age-groupers: Bailey Bleser notched another state cut (50Bf), 7 of 8 best times,

won the high point award and logged 4 top ten times in the history of SEAY; Emily Bollendorf is now only .12 and .10 off of the 50Br and 50Bf state cut times, posted 100% best times and dropped an amazing 22.82 in the 500 Free; Sara Bollendorf dropped 18.23 in the 11M; Ivar Iverson won the high point award, achieved a state cut in the 2Bf, posted 3 top ten times in the history of the club and is 2 seconds off the 400 IM team record; Taylor Pham (crying her eyes out prior to warm-ups – case of the nerves) did excellent in her two individual events and relay – her first meet!; Tessa Pham was 3 of 4 for best times; Abby Polzin was also 3 of 4 for best times; and James Weslaski was 2 of 4 for best times. Our high school girls have been working hard and will see improved meet improvement as long as they continue to attend practice regularly. We finished 7<sup>th</sup> of 14 teams with 238 points (not bad considering we only sent 12 swimmers) – we posted 55% best times as a team and no DQs.

**What to improve upon?** – Age-groupers – you’re all doing great ... continue doing what you are doing. Senior swimmers – attend practice ... only miss one day a week tops.

### ***Practice location for the upcoming week***

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Thur., Jan. 8	Combined @ Horlick – <b>this is a change from the posted calendar!</b>
Fri., Jan. 9	Combined @ Case
Sat., Jan. 10	No practice, FOXJET meet
Mon., Jan. 12	Case @ Case, Park @ Park
Tue., Jan. 13	Combined @ Case
Wed., Jan. 14	Case @ Case, Park @ Park

### ***Notes from the Meet Director***

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Please help me welcome Mark Purath to the Co-Meet Director position. Mark & his wife Traci have 3 children on the team. Anicka (14), Eilis (12), and Kadin (5). Mark is frequently at the Case pool observing practice. Feel free to introduce yourself and wish him luck..... Thank you Mark for volunteering and I know we will make a great team. On another note: Don't forget to sign up for volunteer sessions Jan 17-18 (2 sessions required) and Feb 8 (1 session required). Happy New Year!! Jennifer Pennings [djpennings@wi.rr.com](mailto:djpennings@wi.rr.com) ~ 262-752-0387.

### ***SEAY Calendar Raffle***

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SEAY is selling calendar raffle tickets to make up some of the revenue that was lost by canceling the December meet. Tickets are \$2.00 a piece or 6 for \$10.00. This is a fundraiser and will count toward your fundraising obligation. Instead of writing a check for \$150.00 why not purchase raffle tickets and have a chance to win.

How the calendar raffle works - there will be a winner everyday in February 2009. Sundays are worth \$50.00, all other days are worth \$25.00 except Valentine's Day which is worth \$100.00. If your name is pulled you are the winner for that day. You may win multiple times. Drawings will be done for the week and checks sent to the winners. Winners will also be posted on the SEAY website.

Tickets for this raffle will be available at all combined PM practices until the end of January, or until all tickets are sold. Jennifer Pennings will also have tickets available.

Sell tickets to family and friends to help the SEAY Swim Team. Winners receive the prize in the mail, so they may live out of state.

### ***Officials Training***

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Parents are beginning to creep out of the woodwork and volunteer their time and energy in becoming USA officials. Thanks a lot! To date, the Kruse parents, Kris Siudak and the Coe parents are willing to become certified. Over the next month or so, a date will be selected in which a current WI LSC USA Official will come to Racine and train all interested parents – if you are willing become an official, please speak with Neil.

### ***Severe Weather – it's here***

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So there's some snow on the ground and you're wondering whether or not SEAY practice will be held? Well, while listening to local radio and television stations you hear or see RUSD has canceled school or after school activities, that means SEAY practice is canceled too. If you're not sure, call the office at (262) 635-3843, check the homepage of the website or check your email (remember, you'll only receive an email if you supplied one during registration – email Neil if you are not currently receiving email updates from [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com)).

### ***Happy Birthday!***

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Cassie Bote (1/6)	Lindsey Flynn (1/10)	Katelyn Flynn (1/12)
Nick Knebel (1/20)	Becca Wilbershide (1/20)	Jack Polzin (1/28)
Marlee Reischl (1/29)	Abby Kortendick (1/31)	

### ***Get To Know will return next week***

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## ***SEAY Schedule***

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Jan. 8	Combined @ Horlick – <b>this is a change!</b>
Jan. 9-11	FOXJET Open @ University of Minnesota
Jan. 14	Board meeting @ Park, 6:00 p.m. – all welcome
Jan. 15	Combined @ Horlick
Jan. 16	Deadline to sign-up for GYST Dual
Jan. 17-18	SEAY Oddball Challenge @ Waukesha South High School
Jan. 20	WI LSC Meeting @ UW-Waukesha, 7:15 p.m. – all welcome
Jan. 21	Deadline to sign-up for Distance Time Trials
Jan. 23	No practice, Distance Time Trials @ Park
Jan. 25	GYST Dual @ Lake Geneva YMCA
Jan. 26	Deadline to sign-up for SEAY Open
Jan. 26	Deadline to sign-up for SSTY A+ Open
Jan. 27	No practice, SEAY How Far I Swim @ Case
Feb. 1	Deadline to sign-up for J-HAWK 8 & Under Open
Feb. 6-8	SSTY A+ Open @ WSAC
Feb. 8	SEAY Open @ Waukesha South HS
Feb. 11	Deadline to sign-up for OZ Dual
Feb. 13	OZ Dual @ Case HS
Feb. 15	J-HAWK 8 & Under Open @ UW-Whitewater
Feb. 20-22	Regionals @ Homestead HS
Feb. 27-Mar. 1	12 & Under USA State @ UW-Madison
Mar. 5-8	13 & Over USA State @ WSAC
Mar. 10	Annual Team Picture
Mar. 12-15	Speedo Sectionals @ WSAC
Mar. 14-15	YMCA Sectionals @ Pabst Farms YMCA
Mar. 20	Last day of practice ☺
Mar. 20-22	YMCA State @ WSAC
Mar. 30	New swimmer tryouts at Park beginning at 5:30 p.m. – tell your friends!

***\* Caring \* Honesty \* Respect \* Responsibility \****

***\* Build \* Promote \* Achieve \****