



Serpent Times
weekly newsletter for
South Eastern Aquatics
Racine Family YMCA Swim Team
established September 1984



October 22, 2008

Coaches Corner

We are a couple of week's away from solidifying the coaching staff here at SEAY for the fall and winter season ... finally. We want to thank you for your patience and understanding as we try to replace two top notch coaches who retired after last season. Instead of placing a warm body on the deck, we have been looking for qualified coaches who can bring that little something extra to our team.

Joe Reischl will work Wednesday nights covering the Senior 1 training group. Coach Joe brings a wealth of knowledge and was the head coach for many years here at SEAY – most recently the summer season of 1998. Coach Joe currently works in sales and will be covering for Coach Alyssa who has a class Wednesday nights this semester.

Jennifer Murphy will begin coaching on November 10 and will be the co-coach for Pups and help the last 15 minutes with Serpents on Tuesdays and Wednesdays. Coach Jennifer will be graduating Park High School this year and will be pursuing a nursing degree at Gateway Tech next year. She swam with SEAY for two years in the Senior 1 group, four years at Park High School and is a lifeguard and instructor at the YMCA.

Finally, Coach Dan will begin next week coaching Thursdays as the co-coach with Serpents and we'll move Coach Chloe to Mondays as the other co-coach with Serpents.

A couple of reminders for this week:

- 1) The SEAY Open is right around the corner
 - a. Make sure you have a SEAY swim cap
 - b. Any suit will do until we place the order for our new team suits
 - c. Bring 2 towels to the meet – one to use during the meet and one to use after
 - d. It's a good idea to bring warm-ups (sweatshirts and pants) to wear during the meet
 - e. Be on time for warm-ups
- 2) There are a lot of meet entries due in the next week or so
- 3) Tonight is the deadline to order personalized swim caps
- 4) Don't forget to vote for the next SEAY swim suit – it's pretty close
- 5) Visit the meet information page on the website to access hotel information for the FOXJET Invite meet
- 6) LOVE, SUPPORT, & TRANSPORT
- 7) HAVE FUN!

If you are looking for a newer pool to swim in, you may want to think about attending the OCON Invite on November 8. This meet will be held in Oconomowoc at the YMCA at Pabst Farms. The entry deadline is October 27 and the AM warm-ups have been changed from 7 to 8 AM.

If you are reading this newsletter and did not receive it via an email from Coach Neil (but would like to receive email updates from SEAY), please email s_e_a_y@yahoo.com to be added to the email database.

Newsletters and important announcements are emailed to the SEAY membership on a regular basis. If you are currently NOT receiving emails, please contact Coach Neil and he will be happy to add you email address to the database.

SEAY's email address is s_e_a_y@yahoo.com and the office phone number is (262) 635-3843.

Upcoming Meets

If you are interested in competing in meets, please contact Coach Neil. If you are unsure whether or not your swimmers are ready for meets, please speak with your swimmers coach. Driving directions and meet information for all SEAY attended meets can be found on the website.

- 1) **OZ Swim Your Own Age** will be held at Homestead High School in Mequon on Fri.-Sun., Oct. 24-26
 - a. Friday warm-ups begin at 4:30 p.m. and the meet begins at 5:40 p.m.
 - b. Saturday AM (10 & Under swimmers) warm-ups begin at 7 a.m., meet begins at 8 a.m., meet ends at 10:15 a.m.
 - c. Saturday PM (11 & Over swimmers) warm-ups begin at 10:15 a.m., meet begins at 11:30 a.m., meet ends at 3:15 p.m.

- d. Sunday AM (10 & Under swimmers) warm-ups begin at 7 a.m., meet begins at 8 a.m., meet ends at 10:00 a.m.
- e. Sunday PM (11 & Over swimmers) warm-ups begin at 10:00 a.m., meet begins at 11:15 a.m., meet ends at 3:15 p.m.
- f. Entry and entry fees are posted online
- g. Coach Neil will work Friday and Sunday; Coach Myra will work Saturday.
- 2) **SEAY Open** will be held at Waukesha South High School on Sun., Nov. 2
 - a. Don't forget, families need to volunteer one session during this meet – sign-up online
- 3) **BST Dual** will be held at Park High School on Friday, Nov. 7
 - a. ALL SEAY swimmers should plan on attending this meet
 - b. This is a good meet for new swimmers
 - c. Warm-ups begin at 5:30 p.m.
 - d. Entry deadline is Nov. 5
 - e. There is no cost for this meet
 - f. There will be a heat sheet posted on the homepage of the SEAY website a day or two prior to this meet
 - g. We'll need a minimum of 16 parent volunteers (timers, computer operators, officials)
- 4) **OCON Invite** will held at Pabst Farms of YMCA in Oconomowoc on Saturday, Nov. 8
 - a. AM warm-ups have changed from 7 a.m. to 8 a.m.
 - b. The Pabst Farm of YMCA pool is a newer pool and this marks the second year we have attended this meet
 - c. YMCA National hopeful swimmers must attend this meet if they except to swim at YMCA Nationals in '09
 - d. Entry deadline is Oct. 27

Upcoming week practice location

Thursday, Oct. 23	Normal practice (Case @ Case, Park @ Park)
Friday, Oct. 24	Combined @ Case
Saturday, Oct 25	No practice
Monday, Oct. 27	Normal practice (Case @ Case, Park @ Park)
Tuesday, Oct. 28	Normal practice (Case @ Case, Park @ Park)
Wednesday, Oct. 29	Normal practice (Case @ Case, Park @ Park)

SCRIP Fundraising

Our SCRIP fundraising program is off to a great start and has been very simple to use. SCRIP allows us to support SEAY while shopping, which is great year-round, but will also be a great option for holiday gift giving. Please consider using SCRIP for your everyday personal shopping and as you purchase gifts for teachers, sitters, friends, relatives, college students, etc. Great Lakes Scrip Center offers our organization a huge variety of gift cards for retailers, restaurants, discount stores, grocery stores, fast food, gas, etc., and every purchase gives you a credit toward your SEAY fundraising commitment! Go to www.shopwithscrip.com and you will be amazed by the variety available! Remember to register with "prestipay" prior to your first order. Please check the fundraising page of our SEAY website for more detailed information and the delivery schedule; we will place orders twice monthly. Contact Beth Polzin at polzin4@yahoo.com or Deb Weyers at weyers@ameritech.net with any questions. Happy shopping!

Our next order deadline is Thursday, October 30th and the SCRIP will be available for pick-up from 5:30-6:30 PM on Thursday, November 6th in the pool balcony.

Notes for the Meet Director

The Sunday, November 2 meet is coming in **11 days**. There are still 15 families that need to sign up for volunteer sessions. We have more than enough spots open. I would love to help anyone that needs direction with signing up on the web as well as questions you may have. Thank you to everyone for making our team successful. Jennifer Pennings - 262-752-0387 djpenning@wi.rr.com.

Personalized SEAY Swim Caps

If you would like to order personalized SEAY swim caps (caps that have your last name on both sides of the caps), please download the order form found on the homepage of the website and return it to Coach Myra or Coach Neil. Here's the list of caps that will be ordered as of today (please check the spelling): GLASER (2), MALEC (2), WESLASKI (4), PURATH (3), BOCEK (2), BLESER (2), Q (2), LAZZERONI (2), AIELLO (2), BOLLENDORF (2), MAZUREK (2), PHAM (2), REISCHL (2), SIUDAK (2), MILLS (2), BOTE (3), HEUSDENS (2), HERNANDEZ (2), JOHNSON (2), BEAST DANZER (2), McCULLOUGH (2), STACKMAN (2), SCHWARTZ (2), FLYNN (3), POLZIN (2), LEWIS (2), MOLITOR (2), PENNING (2), and WILBERSHIDE (2).

The deadline for ordering caps will be October 22.

Swimmers – It's time to vote for a new team swim suit

Will it be the *RADIANCE* or the *SHOOTING STAR* suit? All swimmers are encouraged to cast their vote for SEAY's new team suit. There are pictures and a place to vote posted at both Case and Park in the balcony. One vote per swimmer, deadline to vote is October 27.

It's pretty close – I believe there is about a 7 vote difference between the suits. If you have not voted yet, cast your vote before the deadline!

Vacant Board Positions

There are vacant positions within the SEAY Board that need to be filled with caring, open-minded parents. Currently, the Secretary and one of the Parent Liaison positions are open and it would be beneficial if another Meet Director could be groomed to assist the current Meet Director. If you are interested in learning more, please contact Coach Neil.

Severe Weather – it's coming

So there's some snow on the ground and you're wondering whether or not SEAY practice will be held? Well, while listening to local radio and television stations you hear or see RUSD has canceled school or after school activities, that means SEAY practice is canceled too. If you're not sure, call the office at (262) 635-3843, check the homepage of the website or check your email (remember, you'll only receive an email if you supplied one during registration – email Coach Neil if you are not currently receiving email updates from s_e_a_y@yahoo.com).

Parents on the Deck

It's the policy of all swim teams throughout America that parents refrain from sitting on the pool deck during practice. Parents wishing to view practice must do so from the balcony at Case and Park or from the bleachers at Horlick. Please do not be offended if a coach politely asks you to watch practice from the balcony or bleachers. Thank you for your cooperation.

Parking at Case High School

Don't forget, if you are attending practice at Case High School you must park in the south lot next to the tennis courts. Failure to do so may result in the removal of your automobile (during the winter months veteran families tend to drop their swimmers off at the pool doors and then park the car).

Happy Birthday!

Jacqui Langer (10/2)
Claire Weyers (10/3)
Maggie Danzer (10/21)

Emily Antonneau (10/3)
Connor Jurena (10/4)
Alex Malec (10/25)

Jacob Chartrand (10/3)
Hanny Curty (10/13)
Alex Trusky (10/27)

Get To Know Madison Richards

Age: 12

Training group: *Blue*

Year started with SEAY: 2006

Role model: *I don't really have one*

Favorite stroke: *Breaststroke*

Favorite event: *50 Breaststroke*

Favorite swimmer: *Michael Phelps*

Favorite training set: *Mid-pool 50s*

Future goal: *Make it to state*

Favorite book: *Dead Girls Don't Write Letters*
by Gail Giles

Favorite movie: *R.V.*

When I grow up I want to be: *A journalist or lawyer*

If I could change one thing in the world: *Give all kids opportunities to play sports*



SEAY Schedule

October 22	Deadline to order personalized swim caps, contact Coach Neil
October 24-26	OZ Swim Your Own Age @ Homestead High School
October 27	Deadline to enter OCON Invite, contact Coach Neil
October 27	New Swimmer Tryouts @ Case High School beginning at 5:30 p.m.
October 27	Deadline to vote for new suit
November 2	SEAY Open @ Waukesha South High School
November 3	Deadline to enter SSTY Invite, contact Coach Neil
November 3	New & Returning Registration at Case High School, 6:00-7:30 p.m.
November 5	Deadline to enter BST Dual, contact Coach Neil
November 6	New Parent meeting with the Head Coach, 6:00 PM in the pool balcony at Case High School
November 7	BST Dual @ Park High School
November 8	OCON Invite @ Pabst Farms YMCA in Oconomowoc
November 10	Deadline to enter BST Open
November 11	Mini Meet Two
November 15	WIAA Girls' State Meet
November 16	SSTY Invite @ WSAC in Brown Deer
November 17	WIAA swimming begins for high school boys
November 18	Deadline to enter SWAT Open, contact Coach Neil
November 21-23	BST Open @ Carthage College in Kenosha
November 27-28	No Practice, Happy Thanksgiving
December 1	Returning High School Girls Registration, Case High School, 6:00-7:30 p.m.
December 1	Deadline to sign-up for SEAY Open
December 6	SWAT Open @ Waukesha South High School
December 10	Mini Meet Three
December 13-14	SEAY Open @ Carthage College
December 24-25	No Practice, Merry Christmas

** Caring * Honesty * Respect * Responsibility **
** Build * Promote * Achieve **