

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984  
s\_e\_a\_y@yahoo.com  
(262) 635-3843



October 28, 2009

### Neil's kickboard

Chloe and I want to thank everyone for all the well wishes, cards, clothes, meals and prayers. Both Chloe and Charlotte are doing well ... although we are all tired. Thanks to all the coaches who kept a focus on developing fast swimmers in my absent.

I was very pleased with the results from the OZ Open last weekend. We finished with 53 PR's out of 104 swims. Congratulations to all the swimmers who added to their swimming repertoire by competing in new events (Bailey Bleser – 100 Bf, Evan Koch – 1000 Fr, Jason Lewis – 100 Bf and Br, Tessa Pham – 100 Ba, Bf and Br, Mackenzie Reischl – 50 Ba and Fr, Kayla Reske – 100 Ba and Fr, Alec Smith – 100 Bf). This is a step in the right direction and will help you develop into a better swimmer. Keep challenging yourself!

We have a huge meet this weekend as we head back to Waukesha to host another meet. 79 swimmers are in the meet for our team and relays will be contested this go-around. Please arrive on time and get to bed early Saturday evening – especially if you are swimming the AM session on Sunday. Rock the blocks!

Please make sure you are double-checking your swimmers entries once they are posted on the website. If you find a mistake, notify me as soon as possible.

I have added most of the new family emails to my distribution list. *If you are currently **not** receiving email updates from me, or if you no longer wish to receive email updates ... please inform me and I'll add or delete your email address.*

### What's new in the blue?

It's time to vote on the new name for the Serpents. Here's the list of names collected during last season:

- Stars
- Starfish
- Seals (4 vote)
- Dragons (2 vote)
- Sharks
- Monkeys (1 vote)
- Horses (1 vote)
- Cows
- Manta rays
- Rays (1 vote)

Swimmers can forward their choice to Myra or Neil. After all votes are in, a ballot will be available on the pool deck with the top three names. Join the fun and vote today! *Deadline to vote is October 30.*

### Upcoming Meets

*Most swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.*

- 1) **SEAY Open** will be held at Waukesha South High School on Sunday
  - a. Warm-ups for 10 & Under and 11-12 swimmers will begin at 7:30 a.m. (please be on deck at 7:20 a.m.) – the meet begins at 8:35 a.m.
  - b. Warm-ups for 8 & Under, 13-14 and Senior swimmers will be posted on the homepage of the website soon
- 2) **OCON Invite** will be held at Pabst Farms YMCA (Oconomowoc) on November 7
  - a. Entry deadline has passed
- 3) **Dual w/BST** will be held at Park High School on November 13
  - a. **ALL** swimmers should attend this team hosted meet
  - b. Parent volunteers will be needed
  - c. Entry deadline is November 9
  - d. Warm-ups begin at 5:30 p.m., meet begins at 6:05 p.m. and usually ends around 8:00 p.m.
- 4) **SSTY Invite** will be held at Schroeder Aquatic Center (Brown Deer) on November 15

- a. Entry Deadline is November 3
- 5) **BST Open** will be held at Carthage College on November 20-22
  - a. **ALL** swimmers should attend this meet that is close to home
  - b. Entry deadline is November 4
- 6) **SWAT Open** will be held at Waukesha South High School on December 5
  - a. Entry deadline is November 13
- 7) **Short Course Junior National Championships** will be held in Columbus, Ohio December 10-12
  - a. Qualifying standards
  - b. Entry deadline is November 24
- 8) **SSTY YMCA Finalist** will be held at Schroeder Aquatic Center (Brown Deer) December 11-13
  - a. Some light time standards associated with this meet
  - b. Entry deadline is November 17

### ***Practice location for the next week***

---

Wed., Oct. 28	Case @ Case, Park @ Park
Thu., Oct. 29	Combined @ Park
Fri., Oct. 30	Combined @ Park
Sat., Oct. 31	Gr/BI/S1/S2 & diving practice for swimmers <b>NOT</b> currently certified to dive off the blocks @ YMCA
Mon., Nov. 2	Case @ Case, Park @ Park
Tue., Nov. 3	Case @ Case, Park @ Park
Wed., Nov. 4	Case @ Case, Park @ Park

### ***25<sup>th</sup> anniversary hoodies and t-shirts***

---

On the homepage of the website you can download an order form for 25<sup>th</sup> anniversary hoodies and t-shirts. Show your SEAY spirit and order yours today!



### ***Personalized SEAY swim caps***

---

Swimmers interested in acquiring personalized SEAY swim caps should forward their desired name (name you want on the cap) to Neil. A list of caps to be ordered will be maintained here and names will be accepted until November 23. A minimum of two caps must be ordered and the style of cap is similar to our green/black dome caps (estimated cost will be between \$17-\$20 per cap – depends on the number ordered).

- CURTY – 2
- BOYCE – 2
- J WERGIN – 2
- WESLASKI – 2

### ***Elegant Farmer***

---

Beth Polzin, your Fundraising Chairwoman, wanted to pass along these important reminders: Elegant Farmer (great selection of pies and breads – their apple pie is out of this world) orders are due November 1 (checks made out to SEAY). Order forms can be found in the mailboxes at both pools (boxes are located in the pool balconies). Read about Elegant Farmer at the Fundraising section of the SEAY website. The delivery date for Elegant farmer goods will be November 17 at Case, 5:30-6:30 p.m. Beth is looking for a parent to assist with fundraising. If you are an organizational guru, good with email and looking for a way to help out behind the scenes here at SEAY (and met new people too), fundraising may be just what the doctor order. Please call Beth at 598.9899 if you have questions or for more information.

### ***Seroogy's candy bars***

---

A new order of Seroogy's candy bars will be placed on Nov 2. Some families have requested "special orders" of 1 flavor instead of the variety pack. If you would like to make a special order or have questions you must contact Jennifer

Pennings (752-0387 or [dipennings@wi.rr.com](mailto:dipennings@wi.rr.com)) by **Friday Oct. 30** to have your order placed. Special orders will only be made during the regular ordering time. Each box is 74.35 (bars sell for \$1.50) with \$36 going toward your fundraising obligation. The variety pack of flavors include: Chocolate Melt, Peanut Butter Crisp, Chocolate Mint, Dark Chocolate

### ***Diving off the blocks***

---

Swimmers who have yet to complete their certification for diving off the blocks at our local high schools are now encouraged to attend Saturday practices at the YMCA from 8:00 a.m. until 9:30 a.m. USA Swimming mandates swimmers learning how to dive off the side of the pool or dive of the blocks must do so in a minimum of six feet of water ... none of the local high schools meet this requirement on the starting block side of the pool. So what does this mean for you? Well, if you have completed the racing start certification requirement (check with your coach if you are unsure), it means nothing. If you are in the process of completing the racing start certification requirement, you will learn how to dive at the local high school pools (in the diving well), but you will not learn how to dive off the blocks. Beginning this Saturday, October 10 there will be a SEAY coach at the YMCA to work with any swimmer who currently needs to complete the certification process for diving off the blocks. This practice will take place in one lane and will be offered every Saturday during the season (regardless if a meet is scheduled or not – the last practice will be held at March 13). Remember, if you have completed the certification for diving off the blocks, you are not allowed to attend this practice. **Shannon will be coaching on November 7, 21 and December 5. Kim will coach all other dates. This diving practice will not be offered January 16.** Take advantage!

### ***From your meet directors***

---

Because of the unprecedented number of families who have signed up to swim with SEA this Fall/Winter season, the team finds itself in the tremendous position of having more swim families (volunteers) than we have places for workers at some of the meets. Therefore the Oct. and Nov. meets will run as follows.

1. Families who have volunteered for the October meet will not have a requirement to work at the November meet.
2. **Those families signed up to work both the October and November meets – your name will be removed from the November meet volunteer list.**
3. Families not already volunteering for Oct. must volunteer at the Nov. meet or be subject to the \$50 fee.

As the season progresses further adjustments will be made as necessary and appropriate. As always, if you have any questions or concerns please do not hesitate to call either Jennifer Pennings (262) 752-0387 – [dipennings@wi.rr.com](mailto:dipennings@wi.rr.com) or Mark Purath (262) 909-8602 – [mpurath@sbcglobal.net](mailto:mpurath@sbcglobal.net)

### ***New stopwatches***

---

SEAY is always in need of new stopwatches and we have found an easy way to keep replacing the old worn out ones with (drum roll please...)

#### **McDonald's receipts**

**Please remember to save your McDonald's receipts and give them to either Neil or Myra at practice.**

**We will be collecting the receipts all season and with a little help from all of you we will be able to replace all of our old and worn out stopwatches!**

Don't forget to ask family and friends as well. It does not matter what is on your receipt. One receipt counts as one point. So just run through for that 49 cent ice cream cone and turn in your receipt!

Thanks for all your support!!!!

Go SEAY!

### ***Dropping off swimmers***

---

When dropping swimmers off for practice, please do not drive away until your swimmers notify you that there is a SEAY coach on the deck.

### ***Level 1 officials training will be offered at the OCON Invite***

---

Cindy Raatz will be conducting a Level 1 officials training class during the meet. If you are interested in becoming a Level 1 USA official, please contact her at 262-242-0707 or via email at [raatzharp@hotmail.com](mailto:raatzharp@hotmail.com).

### ***January 12 practice will be held at UW-Parkside***

---

Pool time is not available in Racine on January 12 (high school dual meets at all three schools). Pool time is available at UW-Parkside – 4:30-6:30 p.m. Directions for this pool is on the SEAY website. Here's the adjusted practice times for this night:

Pups	4:30-5:15 p.m.
Lions	4:30-5:15 p.m.
Serpents	4:30-5:30 p.m.

Green	5:15-6:30 p.m.
Blue	5:15-6:30 p.m.
Senior 1	4:30-6:30 p.m.
Senior 2	4:30-6:30 p.m.

We MUST be out of the building by 7:00 p.m. Additionally, donations would be appreciated to help cover the cost of renting the UW-Parkside pool. Donations can come in the form of cash or checks made to SEAY. Thank you to the handful of families who forwarded donations during the October 6 practice ... your kind gesture is appreciated.

### ***SCRIP fundraising program***

---

The schedule for SCRIP orders is now included in the fundraising portion of our website. All deliveries will be in the **pool balcony from 6:00 – 6:30 PM** on “combined practice” nights. Deliveries will typically be on Tuesdays.

\*REMINDER-You must go to [www.shopwithscrip.com](http://www.shopwithscrip.com) and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for SCRIP payments. SEAY’S Enrollment Code is 173DF3A917711. Thank you for supporting SEAY by participating in our new Scrip fundraising program.

### ***Parents on the pool deck***

---

It is SEAY’s policy that parents refrain from sitting on the pool deck during practice. Parents wishing to view practice must do so from the balcony at Case and Park or the bleachers at Horlick. Please do not be offended if a coach asks you to move to the balcony. Thank you for your cooperation.

### ***Parking at Case***

---

If you are attending practice at Case High School you must park in the south lot next to the tennis courts. Failure to do so may result in having your vehicle towed.

### ***Severe weather – it’s coming***

---

So there’s some snow on the ground and you’re wondering whether or not SEAY practice will be held? Well, while listening to local radio or watching local television stations you hear or see RUSD has canceled school or after school activities, that means SEAY practice is canceled too. If you’re not sure, call the office at (262) 635-3843, check the homepage of the website or check your email (remember, you’ll only receive an email if you supplied one during registration – send an email to Neil if you are not currently receiving email updates from [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com)).

### ***Happy Birthday!***

---

Emily Antonneau (10/3)	Jacob Chartrand (10/3)	Claire Weyers (10/3)
Connor Jurena (10/4)	Elizabeth Skantz (10/12)	Hannah Curty (10/13)
Maggie Danzer (10/21)	Alex Malac (10/25)	

### ***SEAY Schedule***

---

Nov. 1	SEAY Open
Nov. 2	New family registration and orientation, Park High School beginning at 6:00 p.m. & returning family registration, Park High School, 6:00-7:30 p.m.
Nov. 3	Entry deadline for SSTY Invite
Nov. 4	Entry deadline for BST Open
Nov. 7	OCON Invite
Nov. 9	Entry deadline for dual w/BST
Nov. 13	No practice, Dual w/BST & entry deadline for SWAT Open
Nov. 15	SSTY Invite
Nov. 17	Entry deadline for SSTY YMCA Finalist & delivery date for Elegant Farmer (Case: 5:30-6:30 p.m.)
Nov. 20-22	BST Open
Nov. 23	Entry deadline for CPSC Invite
Nov. 24	Entry deadline for Junior Nationals
Nov. 26-27	No practice, Happy Thanksgiving
Nov. 30	Returning family registration, Park High School, 6:00-7:30 p.m.
Dec. 5	SWAT Open
Dec. 10-12	Junior Nationals
Dec. 11-13	SSTY YMCA Finalist
Dec. 24-25	No practice, Happy Holidays
Dec. 31	No practice, Happy New Year’s Eve & entry deadline for SEAY Oddball Challenge

\* *Caring* \* *Honesty* \* *Respect* \* *Responsibility* \*  
\* *Build* \* *Promote* \* *Achieve* \*