



Serpent Times
weekly newsletter for
South Eastern Aquatics
Racine Family YMCA Swim Team
established September 1984



November 5, 2008

Coaches Corner

BST Dual meet entries are due to Coach Neil tonight. To date, 53 SEAY swimmers are entered in the meet. Join the fun and sign-up – go SEAY!

Welcome to the team new swimmers and families and returning high school girls! We are happy you joined SEAY and are looking forward to helping you achieve your goals!

Good luck to our high school girls who are competing in WIAA Sectionals this weekend at Bradford High School – first place finishers and the next 16 fastest finishers throughout the state move on to compete at WIAA State next weekend in Madison. Go get ‘em girls!

Good news! We have acquired the coaching services of Connor Sanders. Connor is Coach Shannon’s younger brother and he brings a lot of experience to the team. He is a senior at Horlick High School with plans to major in engineering next year at either UW-Milwaukee or MSOE. Connor swam nine years with SEAY and two years at Horlick, deciding to “retire” from swimming to focus on football his junior and senior years. He was a high school state qualifier and YMCA National qualifier who specialized in breaststroke and sprint free events and still holds numerous team records here at SEAY. He will co-coach the Sea Serpents Monday-Thursdays. Please welcome Connor back to SEAY when you have an opportunity. Also, don’t forget that Jennifer Murphy begins co-coaching the Sea Pups this Monday! Read more about group dynamics later in the newsletter.

We’ll have the second of three new parent meetings tomorrow in the pool balcony at Case – the meeting begins at 6:00 p.m. and will only last 10-15 minutes. Come chat with Coach Neil – hope you can make it!

The votes are in and by a total of 39 to 28 the new team suit will be RADIANCE. Pictures of the new team suit are linked on the homepage of the website. *Watch for ordering information available in the next day or two.*

Personalized caps should be in a couple weeks.

Don’t forget to sign up for the meets listed below. It’s the best way to see improvement from the practices swimmers attend or what needs to be improved and polished at practice to gain better meet performances.

Hotel information for our January travel meet is posted on the website (click Meet Information and then click Meet Information again).

Remember, parents are not permitted on the pool deck during practice.

If you are reading this newsletter and did not receive it via email, but would like to receive email updates and the newsletter via email, please send a request to s_e_a_y@yahoo.com and your email address will be added to the database.

SEAY’s email address is s_e_a_y@yahoo.com and the office phone number is (262) 635-3843.

Upcoming Meets

If you are interested in competing in meets, please contact Coach Neil. All swimmers currently on the team are ready for meets. Driving directions and meet information for all SEAY attended meets can be found on the website.

- 1) **BST Dual** will be held at Park High School on Friday, Nov. 7
 - a. ALL SEAY swimmers should plan on attending this meet
 - b. This is a good meet for new swimmers
 - c. Warm-ups begin at 5:30 p.m. – please be on deck no later than 5:15 p.m.
 - d. Entry deadline is today
 - e. There is no cost for this meet
 - f. There will be a heat sheet posted on the homepage of the SEAY website a day or two prior to this meet
 - g. We’ll need a minimum of 16 parent volunteers (timers, computer operators, officials)
- 2) **OCON Invite** will be held at Pabst Farms of YMCA in Oconomowoc this Saturday
 - a. PM warm-ups begin at 10:45 a.m.
 - b. Meet begins at noon and is scheduled to finish at 3:00 p.m.
 - c. We have no AM swimmers entered
 - d. Coach Neil will work this meet
- 3) **SSTY Invite** will be held at WSAC in Brown Deer on Sunday, November 16
 - a. This is a single session meet (all swimmers regardless of age swim in the same session)

- b. Warm-ups bring at 9:00 a.m., meet begins at 10:00 a.m.
- c. Entry deadline was Nov. 3
- 4) **BST Open** will be held at Carthage College in Kenosha on Friday-Sunday, November 21-23
 - a. A great meet close to home
 - b. Entry deadline is Nov. 10
- 5) **SWAT Open** will be held at Waukesha South High School on Saturday, December 6
 - a. Scored/awarded against swimmers the same age (7 & U, 8, 9, 10, 11, 12, 13, and Senior)
 - b. Entry deadline is Nov. 18

Meet Recap

A meet recap was emailed out on Monday, November 3. If you did not receive the email entitled “recap from yesterday” and would like to, please forward an email to Coach Neil at [s e a y@yahoo.com](mailto:sea_y@yahoo.com) and he will be happy to forward you a copy. Thanks.

Practice location for the upcoming week

Thursday, Nov. 6	Combined @ Case
Friday, Nov. 7	No practice, BST Dual @ Park
Saturday, Nov. 8	No practice, OCON Invite
Monday, Nov. 10	Normal practice (Case @ Case, Park @ Park)
Tuesday, Nov. 11	Normal practice (Case @ Case, Park @ Park)
Wednesday, Nov. 12	Normal practice (Case @ Case, Park @ Park)

Group Size – Are we too big?

With our final mass tryout and mass registration/orientation behind us, there are probably some of you wondering if SEAY is too big? If you are a regular viewer of practices held at Case, it’s easy to see we have a lot of kids in the pool on Monday, Tuesday and Thursday nights.

From this point forward, new swimmers will not be allowed to join SEAY if they test into the Pups, Lions or the Serpents training groups. We have established a waiting list and there are already three swimmers on the list (2 Serpents and 1 for Pups).

To make room for the additional swimmers who registered Monday, some current swimmers who are on the bubble for moving from their current training group to the next, will be moving. After movements are complete (Monday, November 10); the number of swimmers in each group at our development levels will be Pups (12), Lions (21) and Serpents (21).

Green will have 15 swimmers and Blue will have 11.

Our coach to swimmer ratio will be improving immensely with the addition of Coach Connor (Serpents) and Coach Jennifer (Pups). Coach Chloe will work Mondays as a floater coach (she will be placed where Coach Myra feels she is needed most on that particular night). Here’s a chart to keep everyone organized:

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Sea Pups</i>	Shannon/Jennifer	Shannon/Jennifer	Shannon/Jennifer	Shannon/Jennifer	NA
<i>Sea Lions</i>	Myra/Jill	Myra/Jill	Myra/Jill	Myra/Jill	Myra/Jill
<i>Sea Serpents</i>	Kim/Connor	Kim/Connor	Kim/Connor	Dan/Connor	Kim/Shannon
<i>Green</i>	Shannon	Shannon	Shannon	Shannon	Shannon
<i>Blue</i>	Myra	Myra	Myra	Myra	Myra
<i>Senior 1</i>	Alyssa	Alyssa	Joe	Alyssa	Alyssa
<i>Senior 2</i>	Neil	Neil	Neil	Neil	Neil

For those wondering, Alyssa has a class on Wednesday nights at UW-Milwaukee and Kim has a class at UW-Parkside on Thursdays.

Thank you for your patience and understanding as we progress through this growth in numbers and training of new coaches – go SEAY!

SCRIP Fundraising

Our SCRIP fundraising program is off to a great start and has been very simple to use. SCRIP allows us to support SEAY while shopping, which is great year-round, but will also be a great option for holiday gift giving. Please consider using SCRIP for your everyday personal shopping and as you purchase gifts for teachers, sitters, friends, relatives, college students, etc. Great Lakes Scrip Center offers our organization a huge variety of gift cards for retailers, restaurants, discount stores, grocery stores, fast food, gas, etc., and every purchase gives you a credit toward your SEAY fundraising commitment! Go to www.shopwithscrip.com and you will be amazed by the variety available! Remember to register with "prestopay" prior to

your first order. Please check the fundraising page of our SEAY website for more detailed information and the delivery schedule; we will place orders twice monthly. Contact Beth Polzin at polzin4@yahoo.com or Deb Weyers at weyers@ameritech.net with any questions. Happy shopping!

Our next order deadline is Thursday, October 30th and the SCRIP will be available for pick-up from 5:30-6:30 PM on Thursday, November 6th in the pool balcony.

USA Swimming Officials Class

SEAY parents interested in becoming USA Swimming Officials can attend a training class to be held on Saturday, November 15. Read more about it on the homepage of the SEAY website.

Vacant Board Positions

There are vacant positions within the SEAY Board that need to be filled with caring, open-minded parents. Currently, the Secretary and one of the Parent Liaison positions are open and it would be beneficial if another Meet Director could be groomed to assist the current Meet Director. If you are interested in learning more, please contact Coach Neil.

Severe Weather – it’s coming

So there’s some snow on the ground and you’re wondering whether or not SEAY practice will be held? Well, while listening to local radio and television stations you hear or see RUSD has canceled school or after school activities, that means SEAY practice is canceled too. If you’re not sure, call the office at (262) 635-3843, check the homepage of the website or check your email (remember, you’ll only receive an email if you supplied one during registration – email Coach Neil if you are not currently receiving email updates from s_e_a_y@yahoo.com).

Happy Birthday!

Taylor Pham (11/1)
Jacqueline Johnson (11/11)
Anicka Purath (11/20)

Quinn Shannon (11/4)
Mikayla Stackman (11/16)
Eilis Purath (11/30)

Alyssa Curty (11/5)
Sydney Aiello (11/17)

Get To Know Abby Kortendick

Age: 7

Training group: *Pups*

Year started with SEAY: 2008

Role model: *Not sure*

Favorite stroke: *Freestyle*

Favorite event: *Not sure*

Favorite swimmer: *My friend Katie*

Favorite training set: *Free time*

Future goal: *Go to the Olympics*

Favorite book: *Not sure*

Favorite movie: *Journey to the Center of the Earth*

When I grow up I want to be: *A lifeguard*

If I could change one thing in the world: *No littering*



SEAY Schedule

November 5	Deadline to enter BST Dual, contact Coach Neil
November 6	New Parent meeting with the Head Coach, 6:00 p.m. in the pool balcony at Case High School
November 7	BST Dual @ Park High School
November 8	OCON Invite @ Pabst Farms YMCA in Oconomowoc
November 10	Deadline to enter BST Open
November 11	Mini Meet Two
November 11	Board meeting at Park beginning at 6:00 p.m. – all parents welcome!

November 15	WIAA Girls' State Meet
November 16	SSTY Invite@ WSAC in Brown Deer
November 17	WIAA swimming begins for high school boys
November 18	Deadline to enter SWAT Open, contact Coach Neil
November 21-23	BST Open @ Carthage College in Kenosha
November 27-28	No Practice, Happy Thanksgiving
December 1	Returning High School Girls Registration, Case High School, 6:00-7:30 p.m.
December 1	Deadline to sign-up for SEAY Open
December 6	SWAT Open @ Waukesha South High School
December 10	Mini Meet Three
December 11	Combined @ Horlick
December 13-14	SEAY Open @ Carthage College
December 15	Deadline to sign-up for BST Open
December 24-25	No Practice, Merry Christmas
December 31-January 1	No Practice, Happy New Year

* *Caring* * *Honesty* * *Respect* * *Responsibility* *

* *Build* * *Promote* * *Achieve* *