

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984  
s\_e\_a\_y@yahoo.com  
(262) 635-3843



December 2, 2009

### Are you receiving email updates?

Please forward an email to [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com) and request your email be added to the distribution list – this way you will be “in the loop” when it comes to the latest news here at SEAY.

### Neil's kickboard

I hope everyone enjoyed the Thanksgiving break and are ready to work off those extra pounds gained during the feast. If you are a high school girl and missed Monday's registration, please contact Kathy Schwartz at 554.7040 to update your registration with SEAY.

We are hosting a bowling party for all swimmers on January 23<sup>rd</sup>. Forward your name if you are interested in attending!

Don't forget to sign-up for our Oddball Challenge meet. The goal is to enter over 100+ SEAY swimmers in the meet. During the dual with BST we entered 92 SEAY swimmers!

- 1) Need a team suit? This year's team suit is Speedo Endurance Pacific Rhythm. Any swim outlet should have this in stock. There are a couple of links (Speedo, All-American and Kiefer) on the links page of the SEAY website.
- 2) I would like to meet with new parents again. The next new parent meeting will take place on Tuesday, December 15 at Park beginning at 6:00 p.m. Please meet in the pool office. If you can't make it, please call and let's chat.
- 3) The new shipment of Seroogy Candy bars have arrived. If you still need to fulfill some of your fundraising requirements please contact Jennifer Pennings 262-752-0387. Each box purchased at \$74.35 will give you \$36 towards your fundraising goal.
- 4) New fundraising email – [seayfundraising@yahoo.com](mailto:seayfundraising@yahoo.com)

**Don't forget to order your 25<sup>th</sup> anniversary hoodies and t-shirts!**

### Bowling party scheduled

Mark your calendar, SEAY will be hitting the lanes Saturday, January 23 from 2:00 p.m. to 4:00 p.m. This event is open to all swimmers (bummer bowling will be available for the little ones) and will take place at Castle Lanes. Cost will be \$14 and covers shoes and bowling for 2 hours. Forward your name to Neil if you plan on attending.

### Upcoming Meets

*Most swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.*

- 1) **SWAT Open** will be held at Waukesha South High School Saturday
  - a. AM warm-ups (Senior, 12, 8, 7&U) begin at 7:15 a.m., meet begins at 8:15 a.m. and is scheduled to end at 12:22 p.m.
    - i. Look for Neil
  - b. PM warm-ups (9, 10, 11, 12) begin at 12:15 p.m., meet begins at 1:20 p.m. and is scheduled to end at 4:48 p.m.
    - i. Look for Myra
- 2) **Short Course Junior National Championships** will be held in Columbus, Ohio December 10-12
  - a. Qualifying standards
  - b. Entry deadline has passed
- 3) **SSTY YMCA Finalist** will be held at Schroeder Aquatic Center (Brown Deer) December 11-13
  - a. Some light time standards associated with this meet
  - b. Entry deadline has passed
- 4) **CPSC Timed Final Invite** will be held at Crown Point High School in Indiana January 8-10

- a. Entry deadline has passed
- b. Hotel information coming soon
- 5) **SEAY Oddball Challenge** will be held at Waukesha South High School January 16-17
  - a. **ALL** swimmers should attend this meet
  - b. Entry deadline is December 31
- 6) **Distance Time Trials** will be held at Park High School January 22
  - a. Great opportunity to gain valuable experience in longer races (200+) for swimmers needing it
    - i. Take advantage!
  - b. Entry deadline is January 19
- 7) **Tri w/GYST +1** will be held at Lake Geneva YMCA January 24
  - a. Entry deadline is January 17

***Practice location for the next week***

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Wed., Dec. 2	Case @ Case, Park @ Park
Thu., Dec. 3	Combined @ Case
Fri., Dec. 4	Combined @ Park
Sat., Dec. 5	Diving practice for swimmers <b>NOT</b> currently certified to dive off the blocks @ YMCA
Mon., Dec. 7	Case @ Case, Park @ Park
Tue., Dec. 8	Combined @ Park
Wed., Dec. 9	Combined @ Case

***SCRIP fundraising program***

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**Order SCRIP for holiday shopping and gifts.** Place your order by tonight (Wednesday, December 2nd) at 10 PM for delivery on December 8th from 6:00 - 6:30 PM in the balcony at Park. The next deadline to order will be Wednesday, December 9th for delivery on December 15th. Happy Holidays and Happy Shopping!!

\*REMINDER-You must go to [www.shopwithscrip.com](http://www.shopwithscrip.com) and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for SCRIP payments. SEAY'S Enrollment Code is 173DF3A917711. Thank you for supporting SEAY by participating in our new Scrip fundraising program.

***Are you placing an order for SEAY clothing (from the link on the website)***

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If you are ordering SEAY items from the link on the homepage of the website and those items will be Christmas gifts, please indicate that when you place your order so the items arrive at practice in a sealed box.

***12 & Under State hotel***

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Families attending this season's 12 & Under USA State can now reserve their hotel room. \$89 per night (includes hot breakfast buffet, pool & hot tub, 2 blocks from West Towne Mall). Release date is Friday, February 5. Call 608.662.1990, ext. 7603 and ask for the SEAY rate to book a room.

Americinn Madison West  
516 Grand Canyon Rd.  
Madison, WI

***Personalized SEAY swim caps***

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Swimmers interested in acquiring personalized SEAY swim caps should forward their desired name (name you want on the cap) to Neil. A list of caps to be ordered will be maintained here and names will be accepted until November 23. A minimum of two caps must be ordered and the style of cap is similar to our green/black dome caps (estimated cost will be between \$17-\$20 per cap – depends on the number ordered). **The order will be placed this week! Please double-check the spelling, contact Neil if you see an error.**

CURTY – 2	JONES – 2	WESLASKI – 2	POLZIN – 2
BOYCE – 2	J WERGIN – 2	BLESER – 2	ROSE – 2
REISCHL – 2	VISSERS – 2	SMITH – 2	JULIUS – 2
RESKE – 2	BADILLO – 2		

***Severe weather – it's coming***

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So there's some snow on the ground and you're wondering whether or not SEAY practice will be held? Well, while listening to local radio or watching local television stations you hear or see RUSD has canceled school or after school activities, that means SEAY practice is canceled too. If you're not sure, call the office at (262) 635-3843, check the homepage of the website or check your email (remember, you'll only receive an email if you supplied one during registration – send an email to Neil if you are not currently receiving email updates from [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com)).

### Dropping off swimmers

When dropping swimmers off for practice, please do not drive away until your swimmers notify you that there is a SEAY coach on the deck and that you are at the correct pool ... please refer to the Practice Calendar.

### 25<sup>th</sup> anniversary hoodies and t-shirts

On the homepage of the website you can download an order form for 25<sup>th</sup> anniversary hoodies and t-shirts. Show your SEAY spirit and order yours today! **Deadline to order is December 14.**

#### *T-shirts ordered to date:*

Smith – youth (medium & large), adult (medium)  
Bollendorf – youth (large), adult (small)  
Hernandez – adult (x-large), youth (medium)  
Lewis – youth (large), adult (x-large, 3x-large)  
Bleser – youth (large), adult (2 large)  
Rose – adult (large, 2x-large)



#### *Hoodies ordered to date:*

Hernandez – adult (x-large), youth (medium)  
Julius – adult (medium and large)  
Lewis – adult (small)  
Bleser – youth (large), adult (large)  
Rose – adult (small, 2 medium)  
Colston – youth (large)  
Reske – youth (large)

### January 12 practice will be held at UW-Parkside

Pool time is not available in Racine on January 12 (high school dual meets at all three schools). Pool time is available at UW-Parkside – 4:30-6:30 p.m. Directions for this pool is on the SEAY website. Here's the adjusted practice times for this night:

Pups	4:30-5:15 p.m.
Lions	4:30-5:15 p.m.
Serpents	4:30-5:30 p.m.
Green	5:15-6:30 p.m.
Blue	5:15-6:30 p.m.
Senior 1	4:30-6:30 p.m.
Senior 2	4:30-6:30 p.m.

We MUST be out of the building by 7:00 p.m. Additionally, donations would be appreciated to help cover the cost of renting the UW-Parkside pool. Donations can come in the form of cash or checks made to SEAY. Thank you to the handful of families who forwarded donations during the October 6 practice ... your kind gesture is appreciated.

### Diving off the blocks

Swimmers who have yet to complete their certification for diving off the blocks at our local high schools are now encouraged to attend Saturday practices at the YMCA from 8:00 a.m. until 9:30 a.m. (stop in any time). USA Swimming mandates swimmers learning how to dive off the side of the pool or learning to dive off the blocks must do so in a minimum of six feet of water ... none of the local high schools meet this requirement on the starting block side of the pool. So what does this mean for you? Well, if you have completed the racing start certification requirement (check with your coach if you are unsure), it means nothing. If you are in the process of completing the racing start certification requirement, you will learn how to dive at the local high school pools (in the diving well), but you will not learn how to dive off the blocks. Beginning Saturday, October 10 there will be a SEAY coach at the YMCA to work with any swimmer who currently needs to complete the certification process for diving off the blocks. This practice will take place in one lane and will be offered every Saturday during the season (regardless if a meet is scheduled or not – the last practice will be held at March 13). Remember, if you have completed the certification for diving off the blocks, you are not allowed to attend this practice. **Shannon will be coaching on November 7, 21 and December 5. Kim will coach all other dates. This diving practice will not be offered January 16.** Take advantage!

### Happy Birthday!

Annie Munro (12/8)	Jacob Wergin (12/9)	Kevin Leslie (12/13)
Queile Griffin (12/22)	Kayla Bote (12/23)	Sara Bollendorf (12/24)
Jacob Genal (12/24)	Katie George (12/24)	Solomyn Collen (12/25)
Haley Jones (12/27)	Breona Rydholm (12/29)	Sinclair Richards (12/30)

## *SEAY Schedule*

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Dec. 5	SWAT Open
Dec. 10-12	Junior Nationals
Dec. 11-13	SSTY YMCA Finalist
Dec. 15	New parent meeting with Neil, 6:00 p.m. at Park
Dec. 24-25	No practice, Happy Holidays
Dec. 31	No practice, Happy New Year's Eve & entry deadline for SEAY Oddball Challenge
Jan. 1	No practice, Happy New Year & entry deadline for SSTY A+
Jan. 8-10	CPSC Invite
Jan. 12	Practice to be held at UW-Parkside (times are changed – see section in newsletter)
Jan. 16-17	SEAY Oddball Challenge
Jan. 17	Entry deadline for dual w/GYST +1
Jan. 19	Entry deadline for Distance Time Trials
Jan. 21	Entry deadline for SEAY Open
Jan. 22	Distance Time Trials
Jan. 24	Tri Dual w/GYST +1
Feb. 5-7	SSTY A+ Open
Feb. 7	SEAY Open
Feb. 12	Dual w/OZ
Feb. 19-21	Regionals
Feb. 26-28	12 & Under WI USA State

*\* Caring \* Honesty \* Respect \* Responsibility \**  
*\* Build \* Promote \* Achieve \**