

Serpent Times

weekly newsletter for
South Eastern Aquatics
Racine Family YMCA Swim Team
established September 1984
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(262) 635-3843



December 9, 2009

Neil's kickboard

Solid performances across the board last Saturday during the SWAT Open and congratulations to Nolan Blair (25Ba) and Bailey Bleser (50Br) on their new state qualifying times. High point awards were awarded 1st-12th place for this meet:

7&U = Natalia Badillo (6th), Kate Smith (8th), Austin Lentz (10th)

8 = Nolan Blair (4th)

9 = Alice Pennings (5th), Tessa Pham (10th), Bailey Bleser (4th), Jason Lewis (12th)

10 = Alec Smith (9th)

11 = Cole Lazzeroni (1st)

Senior = Tom Smith (4th)

Nolan Blair posted the 10th fastest time in team history for the 8&U 25 Back. Many swimmers continue to drop an excessive amount of time: Katie George (-5.77 in the 50Fr), Cole Lazzeroni (-5.69 in the 50Bf), Ella Lazzeroni (-13.87 in the 50Bf), Austin Lentz (-7.55 in the 25Ba), Aysia Payne (-4.27 in the 1IM), Tessa Pham (-4.37 in the 50Bf), Kallia Reske (-18.80 in the 1IM), Kayla Rose (-7.37 in the 50Ba), Shannon Rose (-9.57 in the 2IM), Tom Smith (-6.87 in the 2IM) and Rachel Zenisek (-5.98 in the 1Br). As a team, we finished with 63 best times out of 95 swims (66%). Excellent swimming!

I've been impressed with the development of the team this season. From Pups to Senior 2, swimmers have taken their efforts and attendance to the proverbial "next level." With the holiday season right around the corner, many families will be traveling and spending time with family and friends. Please do your best to attend as many practices as you can. I'm just about finished securing pool time for December 23 and the week of December 28 and during the week of December 21 and 28 we will not have access to pools on December 24, 25, 31 and January 1 so practice days will be in short supply during those two weeks. Take advantage of all the practices offered!

I will be traveling to Ohio to attend Junior Nationals this week (Thursday-Sunday). I will be checking email so if you need to reach me just send an email.

Don't forget to sign-up for the bowling party and order your 25th Anniversary hoodies or t-shirts. You can still forward names for personalized caps too.

Just a reminder that if RUSD cancels school or after-school activities, our practices are canceled as well.

Don't forgot to sign-up for our Oddball Challenge meet. The goal is to enter over 100 SEAY swimmers in the meet. During the dual with BST we entered 92 SEAY swimmers!

- 1) Need a team suit? This year's team suit is Speedo Endurance Pacific Rhythm. Any swim outlet should have this in stock. There are a couple of links (Speedo, All-American and Kiefer) on the links page of the SEAY website.
- 2) I would like to meet with new parents again. The next new parent meeting will take place on Tuesday, December 15 at Park beginning at 6:00 p.m. Please meet in the pool office. If you can't make it, please call and let's chat.
- 3) The new shipment of Seroogy Candy bars have arrived. If you still need to fulfill some of your fundraising requirements please contact Jennifer Pennings 262-752-0387. Each box purchased at \$74.35 will give you \$36 towards your fundraising goal.
- 4) New fundraising email – seayfundraising@yahoo.com

Bowling party scheduled

Mark your calendar, SEAY will be hitting the lanes Saturday, January 23 from 2:00 p.m. to 4:00 p.m. This event is open to all swimmers (bummer bowling will be available for the little ones) and will take place at Castle Lanes. Cost will be \$14 and covers shoes and bowling for 2 hours. Forward your name to Neil if you plan on attending.

Caitlin Mertins

Alyssa and Hannah Curty

Upcoming Meets

Most swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.

- 1) **Short Course Junior National Championships** will be held in Columbus, Ohio Thursday-Saturday
 - a. Good luck to Dana Iverson
 - b. Neil is attending this meet
- 2) **SSTY YMCA Finalist** will be held at Schroeder Aquatic Center (Brown Deer) Friday-Sunday
 - a. There are a handful of important links for this meet posted on the homepage of our website
 - i. Please plan on printing heat sheets prior to departing for the meet
 1. They will be posted on soon – check the website
 2. Heat sheets will be in limited supply at the venue
 - b. Friday warm-ups begin at 5:00 p.m. and is scheduled to finish at 7:52 p.m.
 - i. We are arriving late to this meet since our first swimmer is not scheduled to swim until after 6:00 p.m.
 - c. Saturday AM warm-ups (Open, 13-14, 8&U) begin at 8:00 a.m., meet begins at 9:00 a.m. and is scheduled to finish at 12:43 p.m.
 - d. Saturday PM warm-ups (9-10, 11-12) begin at 12:25 p.m., meet begins at 1:25 p.m. and is scheduled to finish at 4:52 p.m.
 - e. Sunday AM warm-ups (Open, 13-14 and 8&U) begin at 7:00 a.m., meet begins at 8:00 a.m. and is scheduled to finish at 11:53 a.m.
 - f. Sunday PM warm-ups (9-10, 11-12) begin at 11:40 a.m., meet begins at 12:40 a.m. and is scheduled to finish at 3:38 p.m.
 - g. Myra is attending this meet
- 3) **CPSC Timed Final Invite** will be held at Crown Point High School in Indiana January 8-10
 - a. Entry deadline has passed, but if you would like to attend, please contact Neil and he may be able to get you in the meet
- 4) **SEAY Oddball Challenge** will be held at Waukesha South High School January 16-17
 - a. **ALL** swimmers should attend this meet
 - b. Entry deadline is December 31
- 5) **Distance Time Trials** will be held at Park High School January 22
 - a. Great opportunity to gain valuable experience in longer races (200+) for swimmers needing it
 - i. Take advantage!
 - b. Entry deadline is January 19
- 6) **Tri w/GYST +1** will be held at Lake Geneva YMCA January 24
 - a. Entry deadline is January 17

Practice location for the next week

Wed., Dec. 9	Combined @ Case
Thu., Dec. 10	Combined @ Case
Fri., Dec. 11	Combined @ Case
Sat., Dec. 12	Diving practice for swimmers NOT currently certified to dive off the blocks @ YMCA
Mon., Dec. 14	Case @ Case, Park @ Park
Tue., Dec. 15	Combined @ Park
Wed., Dec. 16	Case @ Case, Park @ Park

SCRIP fundraising program

Order SCRIP for holiday shopping and gifts. Place your order by tonight, Wednesday, December 9th, at 10 PM for delivery on December 15th from 6:00 - 6:30 PM in the balcony at Park. **This is our last SCRIP order before Christmas!** Happy Holidays and Happy Shopping!! Questions?? Deb Weyers at Weyers@ameritech.net.

*REMINDER-You must go to www.shopwithscrip.com and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for SCRIP payments. SEAY'S Enrollment Code is 173DF3A917711. Thank you for supporting SEAY by participating in our new Scrip fundraising program.

Meet volunteer sign-ups

Meet volunteer sign ups are available on line for the **Jan 16-17** (2 sessions required) and **Feb 7** (1 session required). Please check your name if you have already signed up to confirm the session and job you entered. If you need assistance in making changes or signing up please contact: Mark Purath (909-8602) ~ mpurath@sbcglobal.net or Jennifer Pennings (752-0387) ~ djennings@wi.rr.com

Are you placing an order for SEAY clothing (from the link on the website)

If you are ordering SEAY items from the link on the homepage of the website and those items will be Christmas gifts, please indicate that when you place your order so the items arrive at practice in a sealed box.

12 & Under State hotel

Families attending this season's 12 & Under USA State can now reserve their hotel room. \$89 per night (includes hot breakfast buffet, pool & hot tub, 2 blocks from West Towne Mall). Release date is Friday, February 5. Call 608.662.1990, ext. 7603 and ask for the SEAY rate to book a room.

Americinn Madison West
516 Grand Canyon Rd.
Madison, WI

Personalized SEAY swim caps

Swimmers interested in acquiring personalized SEAY swim caps should forward their desired name (name you want on the cap) to Neil. A list of caps to be ordered will be maintained here and names will be accepted until November 23. A minimum of two caps must be ordered and the style of cap is similar to our green/black dome caps (estimated cost will be between \$17-\$20 per cap – depends on the number ordered). ***Please double-check the spelling, contact Neil if you see an error.***

CURTY – 2	JONES – 2	WESLASKI – 2	POLZIN – 2
BOYCE – 2	J WERGIN – 2	BLESER – 2	ROSE – 2
REISCHL – 2	VISSERS – 2	SMITH – 2	JULIUS – 2
RESKE – 2	BADILLO – 2	IVERSON – 4	

Severe weather – it's coming

So there's some snow on the ground and you're wondering whether or not SEAY practice will be held? Well, while listening to local radio or watching local television stations you hear or see RUSD has canceled school or after school activities, that means SEAY practice is canceled too. If you're not sure, call the office at (262) 635-3843, check the homepage of the website or check your email (remember, you'll only receive an email if you supplied one during registration – send an email to Neil if you are not currently receiving email updates from s_e_a_y@yahoo.com).

Dropping off swimmers

When dropping swimmers off for practice, please do not drive away until your swimmers notify you that there is a SEAY coach on the deck and that you are at the correct pool ... please refer to the Practice Calendar.

25th anniversary hoodies and t-shirts

On the homepage of the website you can download an order form for 25th anniversary hoodies and t-shirts. Show your SEAY spirit and order yours today! Please double-check your order below. ***Deadline to order is December 14.***

T-shirts ordered to date:

Smith – youth (medium & large), adult (medium)
Bollendorf – youth (large), adult (small)
Hernandez – adult (x-large), youth (medium)
Lewis – youth (large), adult (x-large, 3x-large)
Bleser – youth (large), adult (2 large)
Rose – adult (large, 2x-large)
Badillo – youth (small, medium), adult (large, 2 x-large)

Hoodies ordered to date:

Hernandez – adult (x-large), youth (medium)
Julius – adult (medium and large)
Lewis – adult (small)
Bleser – youth (large), adult (large)
Rose – adult (small, 2 medium)
Colston – youth (large)
Reske – youth (large)
Badillo – youth (small, medium)



January 12 practice will be held at UW-Parkside

Pool time is not available in Racine on January 12 (high school dual meets at all three schools). Pool time is available at UW-Parkside – 4:30-6:30 p.m. Directions for this pool is on the SEAY website. Here’s the adjusted practice times for this night:

Pups	4:30-5:15 p.m.
Lions	4:30-5:15 p.m.
Serpents	4:30-5:30 p.m.
Green	5:15-6:30 p.m.
Blue	5:15-6:30 p.m.
Senior 1	4:30-6:30 p.m.
Senior 2	4:30-6:30 p.m.

We MUST be out of the building by 7:00 p.m. Additionally, donations would be appreciated to help cover the cost of renting the UW-Parkside pool. Donations can come in the form of cash or checks made to SEAY. Thank you to the handful of families who forwarded donations during the October 6 practice ... your kind gesture is appreciated.

Diving off the blocks

Swimmers who have yet to complete their certification for diving off the blocks at our local high schools are now encouraged to attend Saturday practices at the YMCA from 8:00 a.m. until 9:30 a.m. (stop in any time). USA Swimming mandates swimmers learning how to dive off the side of the pool or learning to dive off the blocks must do so in a minimum of six feet of water ... none of the local high schools meet this requirement on the starting block side of the pool. So what does this mean for you? Well, if you have completed the racing start certification requirement (check with your coach if you are unsure), it means nothing. If you are in the process of completing the racing start certification requirement, you will learn how to dive at the local high school pools (in the diving well), but you will not learn how to dive off the blocks. Beginning Saturday, October 10 there will be a SEAY coach at the YMCA to work with any swimmer who currently needs to complete the certification process for diving off the blocks. This practice will take place in one lane and will be offered every Saturday during the season (regardless if a meet is scheduled or not – the last practice will be held at March 13). Remember, if you have completed the certification for diving off the blocks, you are not allowed to attend this practice. **Kim will coach. This diving practice will NOT be offered January 16.** Take advantage!

Happy Birthday!

Annie Munro (12/8)	Jacob Wergin (12/9)	Kevin Leslie (12/13)
Queile Griffin (12/22)	Kayla Bote (12/23)	Sara Bollendorf (12/24)
Jacob Genal (12/24)	Katie George (12/24)	Solomyn Collen (12/25)
Emma Campion (12/27)	Haley Jones (12/27)	Breona Rydholm (12/29)
Sinclair Richards (12/30)		

SEAY Schedule

Dec. 10-12	Junior Nationals
Dec. 11-13	SSTY YMCA Finalist
Dec. 14	Board meeting at Park, 6:00 p.m. – all welcome
Dec. 15	New parent meeting with Neil, 6:00 p.m. at Park
Dec. 24-25	No practice, Happy Holidays
Dec. 31	No practice, Happy New Year’s Eve & entry deadline for SEAY Oddball Challenge
Jan. 1	No practice, Happy New Year & entry deadline for SSTY A+
Jan. 8-10	CPSC Invite
Jan. 12	Practice to be held at UW-Parkside (times are changed – see section in newsletter)
Jan. 16-17	SEAY Oddball Challenge
Jan. 17	Entry deadline for dual w/GYST +1
Jan. 19	Entry deadline for Distance Time Trials
Jan. 21	Entry deadline for SEAY Open
Jan. 22	Distance Time Trials
Jan. 24	Tri Dual w/GYST +1
Feb. 5-7	SSTY A+ Open
Feb. 7	SEAY Open
Feb. 12	Dual w/OZ
Feb. 19-21	Regionals
Feb. 26-28	12 & Under WI USA State

* *Caring* * *Honesty* * *Respect* * *Responsibility* *
* *Build* * *Promote* * *Achieve* *