

Serpent Times

weekly newsletter for

South Eastern Aquatics

Racine Family YMCA Swim Team

established September 1984

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April 29, 2010

Neil's Kickboard

Great job last Tuesday during Sprint Time Trials – about 60 swimmers were in attendance racing the short events. Thanks to all the parents who faithfully volunteered to time and start races – results are posted on our website.

This weekend we head to Brown Deer to host our 2nd Annual Early Bird Special. This is a great opportunity to get some long course meet experience under our belts – early in the season no less. Please be on time for warm-ups and volunteering. Remember, all the information you need is on the website – if you can't find it, please call or email me and I'll help you out. Good luck to our swimmers and drive safe!

If you missed the Breakout Swim Clinic last weekend ... be sure to sign-up next time it is offered. Very motivating!

Upcoming Meets & Events

Meet information, entries, meet fees, directions and results are on our website.

- 1) **2nd Annual SEAY Early Bird Open** will be held in Brown Deer Saturday-Sunday
 - a. Saturday warm-ups begin at 10:00 a.m., meet begins at 11:05 a.m. and is scheduled to finish at 3:07 p.m.
 - b. Sunday warm-ups begin at 8:00 a.m., meet begins at 9:05 a.m. and is scheduled to finish at 1:03 p.m.
- 2) **SSTY Distance/Sprint Open** will be held in Brown Deer May 15-16
 - a. Entry deadline has passed
- 3) **WEST 12&U Open** will be held in Waukesha May 15-16
 - a. Entry deadline has passed
- 4) **Dual w/BST** will be held in Kenosha May 21
 - a. Entry deadline is May 17
 - b. There is no practice May 21
- 5) **EBSC 8&U Open** will be held in Brookfield June 4
 - a. Entry deadline is May 21
- 6) **BST Open** will be held in Brown Deer June 4-6
 - a. Entry deadline is May 17
- 7) **Tri-dual w/BST and LFSC** will be held in Pleasant Prairie June 11
 - a. Entry deadline is June 4
 - i. No practice offered June 11
 1. ALL swimmers encouraged to attend this meet!
- 8) **OCON Prelim/Final** will be held in Brown Deer June 19

- a. Entry deadline is June 1

Volunteer & meet director notes

Welcome to the Spring Session! We would like to remind everyone that the May 1-2 meet (Brown Deer) is just around the corner. Online sign-ups are available for volunteering. There is 1 session required for this meet. If you are new or have any questions about volunteering for this meet please let us know soon. If you are unable to volunteer your session you must find someone to take your place or pay the \$50 fee. Thank you for being part of the SEAY family! Meet Directors: Mark Purath - mpurath@sbcglobal.net and Jennifer Pennings - djpennings@wi.rr.com

13&O training trip information – we are going

I've been working on the preliminary cost for this trip and at this point (depending on the number of swimmers attending) the range is \$450-\$550 (this includes transportation by van, condo and pool rent). Swimmers will need additional funds for food and spending money. Because this trip is "on the beach" I doubt we'll do a lot of eating out or excursions. Instead, we'll train twice a day and hang out on the beach the remaining hours of day – guess what I'm getting at is the kids should not need a lot of spending money. We will spend some time in Seaside and this little community has a lot of cool shops similar to Door County. In order to firm up numbers, the deadline to sign-up for this trip was April 25th.

Tentatively the trip is planned for June 13-20 (dates may change depending on snow days). Traveling by bus to Seagrove Beach, FL. (between Panama City and Destin in the panhandle). Staying in condos across the street from the Gulf of Mexico (or something similar). Training in an outdoor 50-meter pool. Possibility of a dual meet. More information will be made available in the next couple of months. Planning on attending? Let Neil know. To date, John Freidheim, Jake Gustavason, Jarred Glaser, Paige and James Weslaski, Dana Iverson, Maggie and Alisa Danzer, Becca and Hanna Wilbershide, Jacob Wergin, Cameron Small, Evan Koch, and Sam Vissers (and maybe Jodi Vanderford) are attending and Mr. Weslaski has signed on to chaperone (Mrs. Koch and Mrs. Wergin have also volunteered as chaperones if needed). Depending on the number of swimmers attending, 1-3 chaperones may be needed.

SCRIP fundraising program

There will be two additional opportunities for SEAY families to order SCRIP during the Spring/Summer season.

1. Order deadline: Monday, May 3rd at 8 AM ----- Delivery: Thursday, May 6th 6-6:30 PM Case Pool Balcony
2. Order Deadline: Monday, May 24th at 8 AM ----- Delivery: Thursday, May 27th 6-6:30 PM case Pool Balcony

SCRIP makes great gifts for Mother's Day, Graduation, Teachers, and Father's Day! Please plan for these occasions and your personal needs, place your orders, and benefit SEAY! Also watch for an August "Back to School" Order!

REMINDER-You must go to www.shopwithscrip.com and register for Presto Pay at least 2 days before placing your first order.

We do not accept checks or credit cards for Scrip payments. SEAY'S Enrollment Code: 173DF3A917711. Suggestions or Questions?? Deb Weyers at weyers@ameritech.net

Happy Birthday!

Cole Lazzeroni 4/2	Ben Gabbey 4/7	Evan Koch 4/7
Katelyn Vaughn 4/9	Kelsey Vaughn 4/9	Jordan Kovacic 4/10
Cayla Julius 4/11	Bailey Bleser 4/12	Alec Smith 4/13
Graham Kilmer 4/14	Mackenzie Reischl 4/15	Ria Hernandez 4/17
Genessa Evans 4/18	Tessa Pham 4/20	Madison Richards 4/20
Jeanette Stensnes 4/22	Jarred Glaser 4/23	Kate Jacobson 4/23
Emily Bollendorf 4/24	Alaina Kruse 4/25	Kayleigh Pook 4/29

Board members

President – Pat Lewno @ 637.2913 or lewno@wi.rr.com
Financial VP & Registration – Kathy Schwatz @ 554.7040 or ks@adtechmedical.com
Secretary – Vickie Bleser @ 514.2554 or vickie.bleser@aurora
Treasurer – Shona Barron @ 752.1175 or sbarron@wi.rr.com
Meet Director – Jennifer Pennings @ 752.0387 or djpennings@wi.rr.com
Meet Director – Mark Purath @ 553.9019 or mpurath@sbcglobal.net
Fundraising – Beth Polzin @ 598.9899 or polzin@yahoo.com
Fundraising – Heather Smith @ 939.5581 or heather.smith50@gmail.com
Parent Liaison – Iver Iverson @ 308.2921 or iiverson@wi.rr.com
Parent Liaison – Lydia Bollendorf @ 553.1949 or yanni37@yahoo.com
Head Coach – Neil Wright @ 635.3843 or s_e_a_y@yahoo.com

SEAY Schedule

May 1-2	2 nd Annual SEAY Early Bird Special
May 7-9	Checkered Flag Classic in Indy
May 13	Annual Team Banquet, no practice
May 15-16	SSTY Distance/Sprint Open
May 15-16	WEST Open – 12&U only
May 17	Entry deadline for the dual w/BST
May 17	Entry deadline for BST Open
May 21	Dual w/BST, no practice
May 21	Entry deadline for EBSC 8&U Open
May 31	No practice
June 1	Entry deadline for OCON Prelim/Final Open
June 4	EBSC 8&U Open
June 4-6	BST Open
June 7	Tryouts at Case, 5:30-6:30 p.m.
June 8	Board meeting at Case, 6:00 p.m. – all welcome
June 9	PM practices move to Carthage College
June 11	Tri-dual w/BST & LFSC, no practice
June 11	Entry deadline for SEAY Open
June 13	Spring session ends
June 13-20	Training Trip

June 14	Summer session begins
June 14	MCC practices begin – weather permitting
June 14	New family registration at TBA, 6:00 p.m.
June 18	Entry deadline for dual w/GYST
June 19	OCON Prelim/Final Open
June 22	Dual w/GYST
June 25	Entry deadline for dual w/OZ
June 25-26	SEAY Open
July 1	Dual w/OZ
July 16-18	Silver State
July 21-24	Speedo Sectional
July 23-25	12&U WI State Championships
July 29-Aug.1	13&O WI State Championships
July 30	Final practice of the season
Aug. 2	Off-season training begins for Lions/Dragons
Aug. 3	Off-season training begins for Gr/BI/S1/S2
Aug. 3-7	Senior Nationals
Aug. 6-9	14&U Zones
Aug. 9-13	Junior Nationals
Sept. 13	Tryouts at TBA, 5:30-6:30 p.m.
Sept. 13-14	Returning family registration at TBA, 6:00-7:30 p.m.
Sept. 13-16	FAST Clinic
Sept. 20	Fall & Winter Season begins
Sept. 30	Sprint Time Trials

** Caring * Honesty * Respect * Responsibility **
** Build * Promote * Achieve **

OFF-SEASON TRAINING OPPORTUNITIES

Green, Blue, Senior 1 and Senior 2 Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Tuesday, Thursday and Friday at Meadowbrook Country Club from 8:30-10:00 a.m. The cost is \$75 (there will be no prorating - submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 3rd and finishing up on August 31st. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to sign-up for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:00 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Lions and Dragons Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Monday, Wednesday and Friday at Meadowbrook Country Club from 9:00-10:00 a.m. The cost is \$55 (there will be no prorating – submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 2nd and finishing up on August 30th. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to signup for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:30 a.m. There will be no refunds or make-up days for practices canceled because of weather.

FAST Clinic

Swimmers may only sign up for one (1) clinic, but if so chooses, can be placed on a waiting list for the second clinic. If the second clinic does not fill, then that swimmer will be granted a spot. The cost is \$50.00 (cash or check made payable to ‘SEAY’ on the first night). The clinics are open to swimmers who can swim 500 yards without stopping and are set-up and designed to help our swimmers improve their starts, turns, breakouts and finishes (the small things that make for great swims during competitions). The FAST Clinic runs September 13-16. Session 1 is 5:30-6:30 p.m. and Session 2 is 6:30-7:30 p.m. Location TBA.