

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984  
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Apr. 30, 2009

### ***Warm-up***

MANY meet entries are due in the upcoming weeks. Please take a moment and view the meets listed on the website and inform Neil if you would like to attend.

Thank you to Stacy Mortensen for organizing the timers for Sprint Time Trials last Tuesday – thanks to Ara Molitor for starting the events. All swimmers did fantastic!

Welcome to the team to the following swimmers: Curtic Celeste, Matt Evans, Alexandria Hernandez, Evan Koch, Danielle Lozano, Caitlin Mertins, Kallia Reske, Jeanette Stensnes, Sam Vissers and Jacob Wergin. Also, SEAY relies heavily on the internet/emails – if you did not supply an email address, please send it to [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com) and it will be added to the distribution list.

We will be attending the St. Louis meet again this summer. Entries are due tomorrow! This is a great meet in a city that offers a lot of side activities to do (MLB, the historic arch, concert venues ☺). If you have the cuts and the time, plan on attending.

As always, please contact Neil if you have questions or concerns – see the email address and the phone number found in the header of this newsletter. GO SEAY!

### ***Important update about the meet this weekend***

Dear Coaches, swimmers and families attending the meet this weekend,

There are a few changes for the SEAY meet this weekend. Please read the following information carefully.

Here's the update on the meet this weekend.

First, there was a typo in the meet information for the Saturday warm ups and meet start. Saturday warm ups are 10:00 a.m. to 11:00 a.m. Saturday meet start is 11:05 a.m. (not 10:05 a.m.).

Second, entry count is low on Sunday. If we run Sunday with 2 sessions, each session is just shy of two hours with very little time between events. To give swimmers more recovery time between events, we are changing the order of events for Sunday by going to one session instead of two. We will run a 12 & U Girl event, 13 & O Girl event, then 12 & U Boy event, 13 & O Boy event. This way swimmers will have a little more time between their events. Sunday warm ups are still 8:00 to 9:00 a.m. with the Sunday session starting at 9:05 a.m. Sunday swims will end about 1:00 pm. [Session Report](#)

If there is a 13 & Over swimmer who cannot participate due to the change on Sunday, please let me know and we'll refund the entry fees.

Third, HWY 94 west bound from Rawson to pass the airport will be shut down (yes every lane) from Friday, May 1 at 8:30 pm to Saturday May 2 at 9:30 am. This is the time families will be traveling to the meet on Saturday. PLEASE inform as many as possible of this MAJOR detour. You may want to find an alternate route.

Thanks,  
Pat Lewno  
SEAY Meet Entry Chair

### ***Upcoming Meets***

*All swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries, and fees can be found on the website.*

- 1) **SEAY Early Bird Special** will be held at WSAC in Brown Deer Saturday and Sunday
  - a. I94 will be closed this weekend. Please read about this on the homepage of the website and plan accordingly.

- b. Our meet will now be conducted as a single session on both days (all swimmers attend the same session – there is no AM and PM session on Sunday only a single AM session)
  - i. **Because Sunday's sessions have been combined into a single session - please re-confirm your volunteer position and arrival time on the SEAY website**
  - ii. Please contact Mark Purath 262-553-9019 or Jennifer Pennings 262-752-0387 if you have questions
- c. Saturday warm-ups begin at 10:00 a.m.
- d. Sunday warm-ups begin at 8:00 a.m.
- e. Neil and Myra will coach this meet
- 2) **LAKE Open** will be held at AHS in Hartland May 9
  - a. Entry deadline has passed
- 3) **BST Sprint Dual** will be held at PHS here in Racine May 15
  - a. All swimmers encouraged to compete
  - b. Entry deadline is May 13
- 4) **SSTY Open** will be held at WSAC in Brown Deer May 16-17
  - a. Entry deadline has passed
- 5) **WEST 12&U Open** will be held at WSHS in Waukesha May 16-17
  - a. Entry deadline is May 4
- 6) **BST Invite** will be held at WSAC in Brown Deer May 29-31
  - a. Entry deadline is May 13
- 7) **CSP Invite** will be held in St. Louis June 26-28
  - a. This was a great travel meet last year – attend if you the qualifying times!
  - b. Entry deadline is May 1

***Practice location for the next week***

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Thur., Apr. 30	Combined @ Case
Fri., May 1	Combined @ Park
Sat., May 2	No practice
Mon., May 4	Case @ Case, Park @ Park
Tue., May 5	Case @ Case, Park @ Park
Wed., May 6	Case @ Case, Park @ Park
Thur., May 7	Combined @ Case

***SCRIP information***

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Our next deadline for SCRIP orders will be this Thursday, April 30th. Simply go to [www.shopwithscrip.com](http://www.shopwithscrip.com) to place your order. Orders will be available by May 7th, which is just on time for Mother's Day. Don't forget to order now for Graduation gifts, teacher gifts, and Father's Day, too! The deadline for our last order until Fall will be May 28th and will be available by June 4th. Thank you again for your support of SEAY through SCRIP. Please contact Deb Weyers at 554-1518 or weyers@ameritech.net with questions.

***Fundraising Opportunity***

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Here is a new fundraising opportunity for SEAY families. All of the money raised will go towards either the fundraising requirement for Spring/Summer 2009 session for those families that did not swim Fall/Winter 2008-2009 or it will go towards the 50/50 split between your family account and SEAY.

The Spirit of Racine Triathlon is a weekend in July with three amazing events including a women's only triathlon, a sprint triathlon and a half triathlon. It is a great event for Racine that travels along our wonderful Lake Michigan and throughout Racine bringing in athletes from around the world. We have an opportunity to volunteer at the event and SEAY will be paid \$15 for each swimmer, family member or friend who is 10 years or older who fills a volunteer spot. For example, a family of 4 could volunteer together and make \$60 in fundraising. Or if a SEAY coach would like to volunteer, they would make \$15 towards SEAY for each volunteer spot they do. It is that simple and what a great way to get your families involved in helping out in the community that supports swimming!

Here is how it works. You sign up by picking from one of the available time slots by replying to this email with the date, time, name, and age of the volunteer(s). A parent or adult needs to volunteer with any child who needs supervision and the parent or adult is responsible for their child. You have until **May 15, 2009** to let me know if you will be volunteering. **After May 15th, if you have signed up to volunteer you are responsible to show up and work for your assigned volunteer spot.** We would like to represent SEAY positively so that they would allow us again this opportunity to fundraise for our team. Thank you for supporting SEAY! Beth Polzin

Here are the time slots available:

Wednesday, July 15 9am-2pm  
 Thursday, July 16 9am-2pm

Wednesday, July 15 2pm-8pm  
 Thursday, July 16 2pm-8pm

Friday, July 17 9am-2pm  
 Saturday, July 18 6am-1pm  
 Sunday, July 19 5am-12pm

Friday, July 17 2pm-8pm  
 Saturday, July 18 1pm-8pm  
 Sunday, July 19 12pm-7pm

**13 & over training trip**

This year's trip will be held in Savannah, Georgia. Tentative information can be found in the Apr. 23<sup>rd</sup> newsletter posted on the website. Interested swimmers should contact Neil (there needs to be a minimum of 12 swimmers to show interest in this trip for us to attend). We are waiting to see if we can use the dorms instead of holding up in hotel rooms. If dorms are available, the cost for lodging will be about \$100 per swimmer for the week. *To date, the following swimmers are planning on attending: Maggie and Alisa Danzer, James and Paige Weslaski, Becca and Hanna Wilbershide and Dana Iverson (7 total). The deadline to commit to this trip is May 25.*

<u>Cost (does not include meals and spending money):</u>	<u>20 kids</u>	<u>30 kids</u>	<u>40 kids</u>
Bus	\$8000-9000	425	283
Hotel	\$540 w/ 3-4 per room	155	155
Pool	\$5-10/day per swimmer	50	50
Coach/Chap	\$1500 (lodging + per diem)	75	50
Total	705	538	454

**Happy Birthday!**

Evan Koch (4/7)	Katelyn Vaughn (4/9)	Kelsey Vaughn (4/9)
Bailey Bleser (4/12)	Graham Kilmer (4/14)	Alexandria Hernandez (4/17)
Madison Richards (4/20)	Jeanette Stensnes (4/22)	Jarred Glaser (4/23)
Kate Jacobson (4/23)	Emily Bollendorf (4/24)	Mana Ibarra (4/25)
Christian Halstead (4/27)		

**Get To Know Marcella Mazurek**

Age: 13

Training group: Green

Year started with SEAY: 2005

Role model: My brother Max

Favorite stroke: Breast

Favorite event: 50 Fly

Favorite swimmer: Michael Phelps

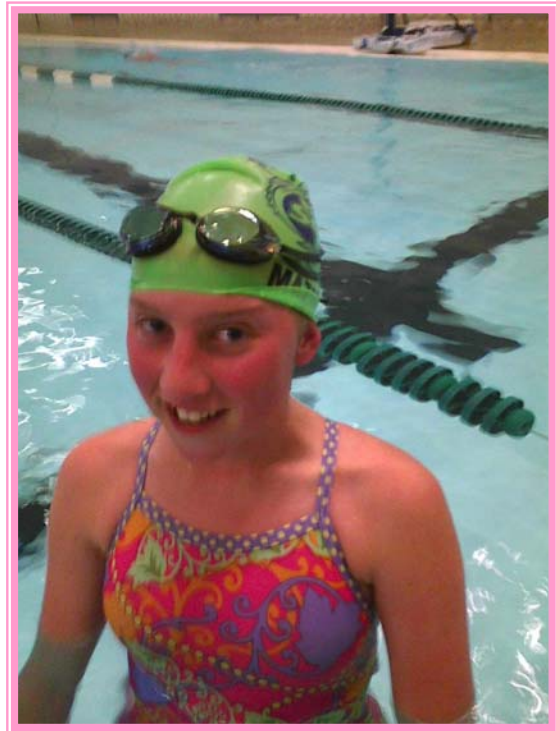
Favorite training set: Working on starts

Future goal: I'm not sure

When I grow up I want to: Physical Therapist

Advice for younger swimmers: Work hard

If I could change one thing in the world: Less fighting



**SEAY Schedule**

May 1	Deadline to sign-up for CSP Invite
May 2-3	1 <sup>st</sup> Annual SEAY Early Bird Special @ WSAC
May 4	Deadline to sign-up for WEST 12&U Open
May 7	New parent meeting with Neil, 6:00 p.m. – meet in the balcony
May 9	LAKE Swim Your Own Age Open
May 11	Deadline to sign-up for TOPS Open
May 13	Deadline to sign-up for BST Invite
May 13	Deadline to sign-up for BST Sprint Dual

May 14	Annual Banquet
May 14	No practice – Annual Banquet
May 15	BST Sprint Dual
May 16-17	SSTY Distance/Sprint Open
May 16-17	WEST 12 & Under Open
May 22	Deadline to sign-up for NSSC Open
May 25	Deadline to commit to attend the 13 & Over Training Trip
May 29-31	BST Invite
Jun. 16	Outdoor practices begin – weather permitting
Jun. 24	Deadline to sign-up for SEAY State & Non-state Open
Jul. 29	Last day of practice for the Spring/Summer Season

*\* Caring \* Honesty \* Respect \* Responsibility \**  
*\* Build \* Promote \* Achieve \**