

Serpent Times

weekly newsletter for
South Eastern Aquatics
Racine Family YMCA Swim Team
established September 1984
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May 13, 2009

Warm-up

Tomorrow (May 14) will be the final deadline to sign-up for the 13 & Over Training Trip. To date Maggie and Alisa Danzer, James and Paige Weslaski, Becca and Hanna Wilbershide, Dana Iverson and Rebekah Korzilius have indicated they would like to attend. Four more swimmers need to commit to this trip for it to happen – Neil will send an email out tomorrow night after the banquet to the interested swimmers as to whether or not the trip is a go or no go. If the trip is a no go, consider competing in the TOPS meet (**entries due this Friday by 8:00 a.m.**) or the Distance Dual meet with BST the weekend of June 19 – read more about the 13 & Over Training Trip towards the end of this newsletter.

The annual banquet will take place Thursday (no practice).

Meet entries due today include the Sprint Dual w/BST and the BST Invite.

Please spend 5 minutes looking at the meets listed in this newsletter as they represent all competitive opportunities for the months of May and June! Enter as many as you can.

We were not able to secure swims for the CSP Invite this year. According to the meet host, the meet was full in 3 minutes! We will try again next year. Look at the TOPS meet for another travel option ... entries were due May 11 (Neil will be accepted through May 14).

Upcoming Meets

All swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.

- 1) **Sprint Dual w/BST** will be held at Park this Friday
 - a. All swimmers encouraged to compete
 - b. 4:30 p.m. warm-ups, 5:15 p.m. meet start
 - c. Heat Sheet/time line will be posted on the homepage of the website on Thursday or Friday
 - i. If you need a heat sheet please print one as they will not be available at the meet
 - d. Parent volunteers will be needed
 - e. Entry deadline is May 13
- 2) **SSTY Open** will be held at WSAC in Brown Deer this Saturday and Sunday
 - a. 7:00 a.m. warm-up for both days of the meet
 - b. Psych sheet and time line are posted on the homepage of the website
 - c. Neil will coach this meet
- 3) **WEST 12&U Open** will be held at WSHS in Waukesha this Saturday and Sunday
 - a. 11:00 a.m. warm-up for Saturday
 - i. Meet starts at Noon
 - ii. Schedule to finish at 3:39 p.m.
 - b. 10:00 a.m. warm-up for Sunday
 - i. Meet starts at 11:00 a.m.
 - ii. Schedule to finish at 1:40 p.m.
 - c. Myra will coach this meet
- 4) **BST Invite** will be held at WSAC in Brown Deer May 29-31
 - a. Entry deadline is May 13
- 5) **NSSC Open** will be held at NHS in Glendale June 6
 - a. Entry deadline is May 22
- 6) **TOPS Open** will be held in Oak Park, IL June 19-21
 - a. Hotel information
 - i. 12 non-smoking double rooms (\$89 per night plus 11% tax)
 - ii. 708-544-2700 – blocked under Southeastern Aquatics
 - b. Entry deadline is May 14
- 7) **Distance Dual w/BST** will be held in Kenosha June 19

- a. Entry deadline is June 13
- 8) **FAST Pentathlon** will be at FAHS in Fort Atkinson June 20
 - a. Entry deadline is June 10
- 9) **Dual w/GYST** will be held at Park June 23
 - a. All swimmers encouraged to compete
 - b. Parent volunteers will be needed
 - c. Entry deadline is June 19
- 10) **Open Water State Championships** will be held in Kenosha June 27
 - a. Entry deadline is June 13
 - b. Swimmers are encouraged to attend this meet
 - c. Sign-up is the responsibility of the swimmers
- 11) **Dual w/OZ** will be held at HHS in Mequon July 9
 - a. Entry deadline is July 5
- 12) **SEAY State & Non-State Open** will be held at WSHS in Waukesha July 11-12
 - a. Entry deadline is June 24

Meet Recap

The small contingent of swimmers who attend the LAKE meet faired well and posted some fast early season times. Ivar Iverson set two meet records (11-year-old 50Bf and 2IM) and finished 1st in the high point race. Evan Koch finished 10th in the high point race while Madelyn Pennings and Jacob Wergin placed 14th. Way to go swimmers!

Practice location for the next week

Wed., May 13	Case @ Case, Park @ Park
Thur., May 14	No practice – banquet
Fri., May 15	No practice – sprint dual
Sat., May 16	No practice – ssty & west meets
Mon., May 18	Case @ Case, Park @ Park
Tue., May 19	Case @ Case, Park @ Park
Wed., May 20	Case @ Case, Park @ Park

Notes from the Meet Directors

Thank you to everyone for a wonderful job in helping run the May 2-3 meet. We were able to make our budget with this meet thanks to everyone's flexibility and patience. Our next meet will be July 11-12. Online volunteer sign ups now available. Yet our **biggest** meet of the season is the 13 & Over State Championship, July 30 - August 2. We would like to try something new this year. We are looking for people interested in sharing ideas for fun stuff at this meet (no experience needed). As an example: decorations, fun giveaways, contests for teams and spectators ... just to name a few. To find more information on the **Party Planning Group** contact: Mark Purath ~ 909-8602 or Jennifer Pennings ~ 752-0387.

SCRIP information

Our next deadline for SCRIP orders will be this Thursday, April 30th. Simply go to www.shopwithscrip.com to place your order. Orders will be available by May 7th, which is just on time for Mother's Day. Don't forget to order now for Graduation gifts, teacher gifts, and Father's Day, too! The deadline for our last order until Fall will be May 28th and will be available by June 4th. Thank you again for your support of SEAY through SCRIP. Please contact Deb Weyers at 554-1518 or weyers@ameritech.net with questions.

Fundraising Opportunity

Here is a new fundraising opportunity for SEAY families. All of the money raised will go towards either the fundraising requirement for Spring/Summer 2009 session for those families that did not swim Fall/Winter 2008-2009 or it will go towards the 50/50 split between your family account and SEAY.

The Spirit of Racine Triathlon is a weekend in July with three amazing events including a women's only triathlon, a sprint triathlon and a half triathlon. It is a great event for Racine that travels along our wonderful Lake Michigan and throughout Racine bringing in athletes from around the world. We have an opportunity to volunteer at the event and SEAY will be paid \$15 for each swimmer, family member or friend who is 10 years or older who fills a volunteer spot. For example, a family of 4 could volunteer together and make \$60 in fundraising. Or if a SEAY coach would like to volunteer, they would make \$15 towards SEAY for each volunteer spot they do. It is that simple and what a great way to get your families involved in helping out in the community that supports swimming!

Here is how it works. You sign up by picking from one of the available time slots by replying to this email with the date, time, name, and age of the volunteer(s). A parent or adult needs to volunteer with any child who needs supervision and the parent or adult is responsible for their child. You have until **May 15, 2009** to let me know if you will be volunteering. **After May 15th, if you have signed up to volunteer you are responsible to show up and work for your**

assigned volunteer spot. We would like to represent SEAY positively so that they would allow us again this opportunity to fundraise for our team. Thank you for supporting SEAY! Beth Polzin (262.598.9899 or polzin4@yahoo.com).

Here are the time slots available:

Wednesday, July 15 9am-2pm
 Thursday, July 16 9am-2pm
 Friday, July 17 9am-2pm
 Saturday, July 18 6am-1pm
 Sunday, July 19 5am-12pm

Wednesday, July 15 2pm-8pm
 Thursday, July 16 2pm-8pm
 Friday, July 17 2pm-8pm
 Saturday, July 18 1pm-8pm
 Sunday, July 19 12pm-7pm

13 & over training trip

This year's trip will be held in Savannah, Georgia. Tentative information can be found in the Apr. 23rd newsletter posted on the website. Interested swimmers should contact Neil (there needs to be a minimum of 12 swimmers to show interest in this trip for us to attend). We are waiting to see if we can use the dorms instead of holding up in hotel rooms. If dorms are available, the cost for lodging will be about \$100 per swimmer for the week. *To date, the following swimmers are planning on attending: Maggie and Alisa Danzer, James and Paige Weslaski, Becca and Hanna Wilbershide, Dana Iverson and Rebekah Korzilius (8 total). The deadline to commit to this trip is May 11.*

Cost (does not include meals and spending money):	<u>20 kids</u>	<u>30 kids</u>	<u>40 kids</u>
Bus	\$8000-9000	425	283
Hotel	\$540 w/ 3-4 per room	155	155
Pool	\$5-10/day per swimmer	50	50
Coach/Chap	\$1500 (lodging + per diem)	75	50
Total	705	538	454

Happy Birthday!

James Weslaski (5/5)	Megan Mills (5/7)	Katie Navin (5/13)
Hannah Kilmer (5/14)	Dana Iverson (5/18)	Shannon Rose (5/20)
Rachel Zenisek (5/27)	Cassis Halstead (5/28)	

Get To Know Kaylin Heusdens

Age: 8

Training group: Lions

Year started with SEAY: 2008

Role model: I'm not sure

Favorite stroke: Breast

Favorite event: 25 Free

Favorite swimmer: I'm not sure

Favorite training set: Anything involving Breaststroke

Future goal: I'm not sure

Favorite book: Magic Tree Series

Favorite movie: Scooby Do: Vampire Road

When I grow up I want to: I'm not sure yet

Advice for younger swimmers: Listen to your coaches

If I could change one thing in the world: People could fly!



SEAY Schedule

May 13	Deadline to sign-up for BST Invite
May 13	Deadline to sign-up for BST Sprint Dual
May 14	Annual Banquet
May 14	No practice
May 14	Final deadline to sign-up for the 13 & Over Training Trip
May 15	Sprint Dual with BST
May 16-17	SSTY Distance/Sprint Open
May 16-17	WEST 12 & Under Open
May 22	Deadline to sign-up for NSSC Open
May 25	No practice
May 29-31	BST Invite
Jun. 1	Tryouts for interest new swimmers at Park, 5:30 p.m. – tell your friends!
Jun. 1	Returning Family Registration at Case, 6:00-7:30 p.m. – save the date!
Jun. 6	NSSC Open
Jun. 7	Spring Session ends
Jun. 8	Summer Session begins
Jun. 10	Deadline to sign-up for FAST Pentathlon
Jun. 13	Deadline to sign-up for BST Distance Dual
Jun. 13	Deadline to sign-up for Open Water State
Jun. 15	New Family Registration and Orientation, Case, 6:00 p.m.
Jun. 16	Outdoor practices begin – weather permitting
Jun. 16	LSC Meet in Waukesha, 7:15 p.m. – all welcome!
Jun. 19	TOPS Open
Jun. 19	Deadline to sign-up for GYST Dual
Jun. 19	Distance Dual with BST
Jun. 20	FAST Pentathlon
Jun. 23	Dual with GYST
Jun. 24	Deadline to sign-up for SEAY State & Non-state Open
Jul 5	Deadline to sign-up for OZ Dual
Jul. 9	Dual with OZ
Jul. 11-12	SEAY State & Non-State
Jul. 17-19	Silver State
Jul. 22-25	Speedo Sectional
Jul. 24-26	12 & Under State
Jul. 29	Last day of practice for the Spring/Summer Season
Jul. 30-Aug. 2	13 & Over State
Aug. 7-9	Zones
Sept. 21	SEAY's 25 th Anniversary Season begins!

** Caring * Honesty * Respect * Responsibility **
** Build * Promote * Achieve **