

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984  
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May 27, 2009

### Warm-up

Good luck to our swimmers this weekend as they head to Brown Deer for our third installment of 50 meter action for this season!

If you need a new team suit, please visit the homepage of the website for information and an order form. Tomorrow is the last day to get your orders in.

Tryouts will take place Monday, June 1 at Park beginning at 5:30 p.m. Tell your friends! Remember, for every swimmer you encourage to join the team, that's \$25 towards your fundraising obligation.

Don't forget, Returning Registration for the summer session will be held Monday, June 1 at Case, 6:00-7:30 p.m. Looking forward to seeing everyone back in the water!

### Upcoming Meets

*All swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.*

- 1) **BST Invite** will be held at WSAC in Brown Deer May 29-31
  - a. All teams attending the meet this weekend were required to trim their 13&O entries from three to two for Saturday and Sunday – updated entries are posted on the website
  - b. Friday warm-ups begin at 4:20 p.m.
    - i. Meet begins at 5:30 p.m.
    - ii. Scheduled to finish at 9:00 p.m.
    - iii. The number of heats will be limited for Friday night events
      1. Information can be found on the homepage of the website
        - a. Click on “Breakdown”
      2. All other swimmers will receive a refund of their entries
      3. All swimmers regardless of seed should report to warm-ups Friday night
    - iv. Psych sheet for Friday night swims is linked on the homepage
  - c. Saturday AM (13&O) warm-ups begin at 8:00 a.m., meet starts at 9:00 a.m. and is schedule to end at 1:00 p.m.
  - d. Saturday PM (12&U) warm-ups begin at 1:00 p.m., meet starts at 1:45 p.m. and is schedule to end at 5:55 p.m.
  - e. Sunday AM (13&O) warm-ups begin at 7:00 a.m., meet starts at 8:00 a.m. and is schedule to end at Noon
  - f. Sunday PM (12&U) warm-ups begin at Noon, meet starts at 12:45 p.m. and is schedule to end at 4:45 p.m.
  - g. Neil will coach Friday and Sunday
  - h. Myra will coach Saturday
- 2) **NSSC Open** will be held at NHS in Glendale June 6
  - a. Entry deadline has passed
- 3) **TOPS Open** will be held in Oak Park, IL June 19-21
  - a. Hotel information
    - i. 12 non-smoking double rooms (\$89 per night plus 11% tax)
    - ii. 708-544-2700 – blocked under Southeastern Aquatics
  - b. Timers for this meet include:
    - i. Friday – Weslaski, Iverson
    - ii. Saturday AM – Schwartz, Bleser
    - iii. Saturday PM – Mike and Kim Wergins
    - iv. Sunday AM – Schwartz, Iverson
    - v. Sunday PM – Weslaski, Iverson
  - c. Entry deadline has passed
- 4) **Distance Dual w/BST** will be held in Kenosha June 19

- a. Entry deadline is June 13
- 5) **FAST Pentathlon** will be at FAHS in Fort Atkinson June 20
  - a. Entry deadline is June 10
- 6) **Dual w/GYST** will be held at Park June 23
  - a. All swimmers encouraged to compete
  - b. Parent volunteers will be needed
  - c. Entry deadline is June 19
- 7) **Open Water State Championships** will be held in Kenosha June 27
  - a. Entry deadline is June 13
  - b. Swimmers are encouraged to attend this meet
  - c. Sign-up is the responsibility of the swimmers
  - d. Neil will coach this meet
- 8) **Dual w/OZ** will be held at HHS in Mequon July 9
  - a. Entry deadline is July 5
- 9) **SEAY State & Non-State Open** will be held at WSHS in Waukesha July 11-12
  - a. Entry deadline is June 24
- 10) **Speedo Champions Series** will be held at the U of Minnesota July 22-25 (Wednesday-Saturday)
  - a. Qualifying times for this meet
  - b. Entry deadline is July 18

### ***Practice location for the next week***

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Wed., May 27	Case @ Case, Park @ Park
Thur., May 28	Combined @ Case
Fri., May 29	Combined @ Case
Sat., May 30	No practice
Mon., Jun. 1	Case @ Case, Park @ Park
Tue., Jun. 2	Case @ Case, Park @ Park
Wed., Jun. 3	Case @ Case, Park @ Park

### ***Notes from the Meet Directors***

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Our next meet will be July 11-12. Online volunteer sign ups now available. Yet our **biggest** meet of the season is the 13 & Over State Championship, July 30 - August 2. We would like to try something new this year. We are looking for people interested in sharing ideas for fun stuff at this meet (no experience needed). As an example: decorations, fun giveaways, contests for teams and spectators ... just to name a few. To find more information on the **Party Planning Group** contact: Mark Purath ~ 909-8602 or Jennifer Pennings ~ 752-0387.

### ***SCRIP information***

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Our next deadline for SCRIP orders will be this Thursday, April 30th. Simply go to [www.shopwithscrip.com](http://www.shopwithscrip.com) to place your order. Orders will be available by May 7th, which is just on time for Mother's Day. Don't forget to order now for Graduation gifts, teacher gifts, and Father's Day, too! The deadline for our last order until Fall will be May 28th and will be available by June 4th. Thank you again for your support of SEAY through SCRIP. Please contact Deb Weyers at 554-1518 or [weyers@ameritech.net](mailto:weyers@ameritech.net) with questions.

### ***Fundraising Opportunity***

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Here is a new fundraising opportunity for SEAY families. All of the money raised will go towards either the fundraising requirement for Spring/Summer 2009 session for those families that did not swim Fall/Winter 2008-2009 or it will go towards the 50/50 split between your family account and SEAY.

The Spirit of Racine Triathlon is a weekend in July with three amazing events including a women's only triathlon, a sprint triathlon and a half triathlon. It is a great event for Racine that travels along our wonderful Lake Michigan and throughout Racine bringing in athletes from around the world. We have an opportunity to volunteer at the event and SEAY will be paid \$15 for each swimmer, family member or friend who is 10 years or older who fills a volunteer spot. For example, a family of 4 could volunteer together and make \$60 in fundraising. Or if a SEAY coach would like to volunteer, they would make \$15 towards SEAY for each volunteer spot they do. It is that simple and what a great way to get your families involved in helping out in the community that supports swimming!

Here is how it works. You sign up by picking from one of the available time slots by replying to this email with the date, time, name, and age of the volunteer(s). A parent or adult needs to volunteer with any child who needs supervision and the parent or adult is responsible for their child. You have until **May 15, 2009** to let me know if you will be volunteering. **After May 15th, if you have signed up to volunteer you are responsible to show up and work for your assigned volunteer spot.** We would like to represent SEAY positively so that they would allow us again this opportunity to fundraise for our team. Thank you for supporting SEAY! Beth Polzin (262.598.9899 or [polzin4@yahoo.com](mailto:polzin4@yahoo.com)).

Here are the time slots available:

Wednesday, July 15 9am-2pm  
Thursday, July 16 9am-2pm  
Friday, July 17 9am-2pm  
Saturday, July 18 6am-1pm  
Sunday, July 19 5am-12pm

Wednesday, July 15 2pm-8pm  
Thursday, July 16 2pm-8pm  
Friday, July 17 2pm-8pm  
Saturday, July 18 1pm-8pm  
Sunday, July 19 12pm-7pm

### ***Happy Birthday!***

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James Weslaski (5/5)  
Hannah Kilmer (5/14)  
Rachel Zenisek (5/27)

Megan Mills (5/7)  
Dana Iverson (5/18)  
Cassis Halstead (5/28)

Katie Navin (5/13)  
Shannon Rose (5/20)

### ***Get To Know William Buhler***

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*Age: 9*

*Training group: Green*

*Year started with SEAY: 2008*

*Role model: I'm not sure*

*Favorite stroke: Breast*

*Favorite event: Breast events and the IM*

*Favorite swimmer: Michael Phelps*

*Favorite training set: Distance sets*

*Future goal: Set a state record*

*Favorite book: I'm not sure*

*Favorite movie: Shrek*

*When I grow up I want to: Firefighter*

*Advice for younger swimmers: Swim fast*

*If I could change one thing in the world: I'm not sure*



### ***SEAY Schedule***

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May 29-31

BST Invite

Jun. 1 Tryouts for interest new swimmers at Park, 5:30 p.m. – tell your friends!  
Jun. 1 Returning Family Registration at Case, 6:00-7:30 p.m. – save the date!  
Jun. 6 NSSC Open  
Jun. 7 Spring Session ends  
Jun. 8 Summer Session begins  
Jun. 10 Deadline to sign-up for FAST Pentathlon  
Jun. 13 Deadline to sign-up for BST Distance Dual  
Jun. 13 Deadline to sign-up for Open Water State  
Jun. 15 New Family Registration and Orientation, Case, 6:00 p.m.  
Jun. 16 Outdoor practices begin – weather permitting  
Jun. 16 LSC Meet in Waukesha, 7:15 p.m. – all welcome!  
Jun. 19 TOPS Open  
Jun. 19 Deadline to sign-up for GYST Dual  
Jun. 19 Distance Dual with BST

Jun. 20	FAST Pentathlon
Jun. 23	Dual with GYST
Jun. 24	Deadline to sign-up for SEAY State & Non-state Open
Jul 5	Deadline to sign-up for OZ Dual
Jul. 9	Dual with OZ
Jul. 11-12	SEAY State & Non-State
Jul. 17-19	Silver State
Jul. 18	Deadline to sign-up for Speedo Champions Series
Jul. 22-25	Speedo Sectional
Jul. 24-26	12 & Under State
Jul. 29	Last day of practice for the Spring/Summer Season
Jul. 30-Aug. 2	13 & Over State
Aug. 7-9	Zones
Sept. 21	SEAY's 25 <sup>th</sup> Anniversary Season begins!

*\* Caring \* Honesty \* Respect \* Responsibility \**  
*\* Build \* Promote \* Achieve \**