

Serpent Times

weekly newsletter for
South Eastern Aquatics
Racine Family YMCA Swim Team
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May 7, 2009

Warm-up

We were not able to secure swims for the CSP Invite this year. According to the meet host, the meet was full in 3 minutes! We will try again next year. Look at the TOPS meet for another travel option ... entries are due May 11.

In light of the CSP information, the deadline for the 13 & Over Training Trip has been pushed up to May 11. Please notify Neil if you would like to attend this trip. Currently eight swimmers are interested in attending. There must be a minimum of 12 swimmers attending this event for SEAY to commit. The deadline has been moved up to give those swimmers who are planning on attending the training trip an opportunity to enter the TOPS meet if the trip is canceled.

The annual banquet will take place next Thursday, May 14. Don't forget to submit your payment and reservation for this fun event ... forms are located on the homepage of the website.

Listed in this newsletter are the meets available for the months of May and June – take advantage!

Don't forget new parents, you have a meeting with Neil in the balcony at Case tonight beginning at 6:00 p.m. Come learn a little bit about the SEAY program from coach and bring your questions.

Upcoming Meets

All swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.

- 1) **LAKE Open** will be held at AHS in Hartland Saturday
 - a. Warm-ups begin at 7:30 a.m.
 - b. Meet is schedule to end at 12:30 p.m.
 - c. Myra will coach this meet
- 2) **Sprint Dual w/BST** will be held at PHS here in Racine May 15
 - a. All swimmers encouraged to compete
 - b. Parent volunteers will be needed
 - c. Entry deadline is May 13
- 3) **SSTY Open** will be held at WSAC in Brown Deer May 16-17
 - a. Entry deadline has passed
- 4) **WEST 12&U Open** will be held at WSHS in Waukesha May 16-17
 - a. Entry deadline has passed
- 5) **BST Invite** will be held at WSAC in Brown Deer May 29-31
 - a. Entry deadline is May 13
- 6) **NSSC Open** will be held at NHS in Glendale June 6
 - a. Entry deadline is May 22
- 7) **TOPS Open** will be held in Oak Park, IL June 19-21
 - a. Hotel information
 - i. 12 non-smoking double rooms (\$89 per night plus 11% tax)
 - ii. 708-544-2700 – blocked under Southeastern Aquatics
 - b. Entry deadline is May 11
- 8) **Distance Dual w/BST** will be held in Kenosha June 19
 - a. Entry deadline is June 13
- 9) **FAST Pentathlon** will be at FAHS in Fort Atkinson June 20
 - a. Entry deadline is June 10
- 10) **Dual w/GYST** will be held at Park June 23
 - a. All swimmers encouraged to compete
 - b. Parent volunteers will be needed
 - c. Entry deadline is June 19
- 11) **Open Water State Championships** will be held in Kenosha June 27
 - a. Entry deadline is June 13

- b. Swimmers are encouraged to attend this meet
- c. Sign-up is the responsibility of the swimmers
- 12) **Dual w/OZ** will be held at HHS in Mequon July 9
 - a. Entry deadline is July 5
- 13) **SEAY State & Non-State Open** will be held at WSHS in Waukesha July 11-12
 - a. Entry deadline is June 24

Meet Recap

Congratulations to all the swimmers who competed in the first meet of the season last weekend in Brown Deer! Ivar Iverson broke two team records (11-12 Boys 2Br and 4IM – the 2Br record was held by Coach Connor). Swimmers cracking into the top ten all-time included Emily Bollendorf, Paige Weslasi, Dana Iverson, Hanna Wilbershide and Ivar. Laura Barron, Emily and Sara Bollendorf, Jarred Glaser, Kaylin Heusdens, Ivar, Jason Lewis, Aja Molitor, Emma Mortensen, Eilis and Kadin Purath, Shannon Rose, Stephanie Schwartz, Sam Vissers, James Weslaski and Hanna Wilbershide posted best times in all of their events. Great job – especially if this was your first 50-meter experience! Good luck at LAKE this weekend!

Practice location for the next week

Thur., May 7	Combined @ Case
Fri., May 8	Combined @ Case
Sat., May 9	No practice
Mon., May 11	Case @ Case, Park @ Park
Tue., May 12	Case @ Case, Park @ Park
Wed., May 13	Case @ Case, Park @ Park

SCRIP information

Our next deadline for SCRIP orders will be this Thursday, April 30th. Simply go to www.shopwithscrip.com to place your order. Orders will be available by May 7th, which is just on time for Mother's Day. Don't forget to order now for Graduation gifts, teacher gifts, and Father's Day, too! The deadline for our last order until Fall will be May 28th and will be available by June 4th. Thank you again for your support of SEAY through SCRIP. Please contact Deb Weyers at 554-1518 or weyers@ameritech.net with questions.

Fundraising Opportunity

Here is a new fundraising opportunity for SEAY families. All of the money raised will go towards either the fundraising requirement for Spring/Summer 2009 session for those families that did not swim Fall/Winter 2008-2009 or it will go towards the 50/50 split between your family account and SEAY.

The Spirit of Racine Triathlon is a weekend in July with three amazing events including a women's only triathlon, a sprint triathlon and a half triathlon. It is a great event for Racine that travels along our wonderful Lake Michigan and throughout Racine bringing in athletes from around the world. We have an opportunity to volunteer at the event and SEAY will be paid \$15 for each swimmer, family member or friend who is 10 years or older who fills a volunteer spot. For example, a family of 4 could volunteer together and make \$60 in fundraising. Or if a SEAY coach would like to volunteer, they would make \$15 towards SEAY for each volunteer spot they do. It is that simple and what a great way to get your families involved in helping out in the community that supports swimming!

Here is how it works. You sign up by picking from one of the available time slots by replying to this email with the date, time, name, and age of the volunteer(s). A parent or adult needs to volunteer with any child who needs supervision and the parent or adult is responsible for their child. You have until **May 15, 2009** to let me know if you will be volunteering. **After May 15th, if you have signed up to volunteer you are responsible to show up and work for your assigned volunteer spot.** We would like to represent SEAY positively so that they would allow us again this opportunity to fundraise for our team. Thank you for supporting SEAY! Beth Polzin

Here are the time slots available:

Wednesday, July 15 9am-2pm	Wednesday, July 15 2pm-8pm
Thursday, July 16 9am-2pm	Thursday, July 16 2pm-8pm
Friday, July 17 9am-2pm	Friday, July 17 2pm-8pm
Saturday, July 18 6am-1pm	Saturday, July 18 1pm-8pm
Sunday, July 19 5am-12pm	Sunday, July 19 12pm-7pm

13 & over training trip

This year's trip will be held in Savannah, Georgia. Tentative information can be found in the Apr. 23rd newsletter posted on the website. Interested swimmers should contact Neil (there needs to be a minimum of 12 swimmers to show interest in this trip for us to attend). We are waiting to see if we can use the dorms instead of holding up in hotel rooms. If dorms are available, the cost for lodging will be about \$100 per swimmer for the week. *To date, the following swimmers are*

planning on attending: Maggie and Alisa Danzer, James and Paige Weslaski, Becca and Hanna Wilbershede, Dana Iverson and Rebekah Korzilius (8 total). The deadline to commit to this trip is May 11.

Cost (does not include meals and spending money):	<u>20 kids</u>	<u>30 kids</u>	<u>40 kids</u>	
Bus	\$8000-9000	425	283	212
Hotel	\$540 w/ 3-4 per room	155	155	155
Pool	\$5-10/day per swimmer	50	50	50
Coach/Chap	\$1500 (lodging + per diem)	75	50	37.5
Total		705	538	454

Happy Birthday!

James Weslaski (5/5)	Megan Mills (5/7)	Katie Navin (5/13)
Hannah Kilmer (5/14)	Dana Iverson (5/18)	Shannon Rose (5/20)
Rachel Zenisek (5/27)	Cassie Halstead (5/28)	

Get To Know Breeanne Heusdens

Age: 10

Training group: Serpents

Year started with SEAY: 2008

Role model: I'm not sure

Favorite stroke: Free

Favorite event: 50 Free

Favorite swimmer: A swimmer for a book, I don't remember the name

Favorite training set: Working on starts

Future goal: Swim in the Olympics

Favorite book: Harry Potter series

Favorite movie: The sixth Harry Potter installment

When I grow up I want to: Be a police officer

Advice for younger swimmers: Streamline (even though I don't)

If I could change one thing in the world: More problem solving



SEAY Schedule

May 7	New parent meeting with Neil, 6:00 p.m. – meet in the balcony
May 9	LAKE Swim Your Own Age Open
May 11	Deadline to sign-up for TOPS Open
May 11	Deadline to commit to attend the 13 & Over Training Trip
May 13	Deadline to sign-up for BST Invite
May 13	Deadline to sign-up for BST Sprint Dual
May 14	Annual Banquet
May 14	No practice
May 15	Sprint Dual with BST
May 16-17	SSTY Distance/Sprint Open
May 16-17	WEST 12 & Under Open
May 22	Deadline to sign-up for NSSC Open
May 25	No practice
May 29-31	BST Invite

Jun. 6	NSSC Open
Jun. 10	Deadline to sign-up for FAST Pentathlon
Jun. 13	Deadline to sign-up for BST Distance Dual
Jun. 13	Deadline to sign-up for Open Water State
Jun. 16	Outdoor practices begin – weather permitting
Jun. 19	TOPS Open
Jun. 19	Deadline to sign-up for GYST Dual
Jun. 19	Distance Dual with BST
Jun. 20	FAST Pentathlon
Jun. 23	Dual with GYST
Jun. 24	Deadline to sign-up for SEAY State & Non-state Open
Jul 5	Deadline to sign-up for OZ Dual
Jul. 9	Dual with OZ
Jul. 11-12	SEAY State & Non-State
Jul. 17-19	Silver State
Jul. 22-25	Speedo Sectional
Jul. 24-26	12 & Under State
Jul. 29	Last day of practice for the Spring/Summer Season
Jul. 30-Aug. 2	13 & Over State
Aug. 7-9	Zones

** Caring * Honesty * Respect * Responsibility **
** Build * Promote * Achieve **