

# Serpent Times

weekly newsletter for

## South Eastern Aquatics

Racine Family YMCA Swim Team

established September 1984

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June 24, 2010

### Neil's Kickboard

**Swimmers – if you have not done so, please sign-up to swim the dual w/OZ (no PM practice), the OSHY Open and the Silver State meet (no Friday practice). These three meets represent the last meets of the season prior to the start of the championship meets. You'll really want to swim these meets if you are closing in on state cuts.**

We are hosting the first meet ever at the new RecPlex Aqua Arena tomorrow and Saturday (no practice Friday, July 25, includes both AM and PM practices) – read more about this exciting event below under *Upcoming Meets & Events*. Please be on time for your volunteer sessions and warm-ups.

Results are posted from OCON and it looks like the small contingent of swimmers did exceptionally well – posting a best time percentage of 69% with only 1 DQ. Bailey Bleser returned to competition in fine fashion posting 100% best times and notching USA State Q-times in the 50Fr and 50Br. Emily Bollendorf continued her winning ways posting 100% best times as well and USA State Q-times in the 50Br and 50Bf. Newcomer Kristina Nora posted 100% best times too. Sara Bollendorf dropped an amazing 4.65 in the 50Fr. Ivar Iverson is now .2 off the team record in the 50Bf. Claire Nora did a fantastic job in her first LCM experience and Emelia Selky is closing in on the 50Fr and 50Ba USA State Q-times. Sara, Emily and Ivar posted top ten times in the history of the club. Way to go swimmers!

Thanks to Dave Pennings and Gary Chartrand for helping organize the dual meet two nights ago. Thanks to all the parents (from both clubs) for helping out with timing and to Alyssa for spearheading the meet in my absence (I was attending the LSC meeting in Waukesha). I have not had a chance to comply results yet ... will have them done soon.

This year's training trip was a lot of fun ... and hot. I can't thank the chaperones enough. Mr. Weslaski was rock solid for driving and transporting the kids along the panhandle during practice sessions and Mrs. Koch and Mrs. Wergin stepped up huge by cooking dinner for 16 athletes five nights of the six we were there. Besides the rampant ear infections (which still persist), the trip went off without a hitch. Our next training trip will take place in June of 2012 and I'm leaning towards the same location – mark your calendars!

Don't forget to take advantage of the upcoming off-season training opportunities during the month of August – read more about it at the end of this newsletter. We need 4 more swimmers to sign-up for the Green-Senior 2 training and 5 more swimmers for the Lions-Dragons training. Nothing beats swimming outside ... sign-up!

When attending practice at Carthage College, parents can pick-up and drop off their swimmers next to the main entrance in the upper lot (the lower level doors will remain locked and should not be used as an entry way). The doors next to the main entrance are swipe card

protected and swimmers/parents should politely inform the student working in the control center that you are here for SEAY swim practice. Also, since RUSD has closed all pools in Racine, we are fortunate that we have Carthage College as a back-up pool that is available at our traditional practice times and we must treat the facility and staff of Carthage with respect, as we are lucky to be able to use this great facility. Parents must sit in the northeast sitting area (closest to the entrance and the scoreboard) when watching practice and are not allowed to use the pool or adjacent workout facilities.

### Upcoming Meets & Events

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*Meet information, entries, meet fees, directions and results are on our website.*

- 1) **SEAY Open** will be held in Pleasant Prairie Friday and Saturday
  - a. Friday AM (10&U/11-12) warm-ups begin at 8:00 AM, meet begins at 9:05 AM and is scheduled to finish at 12:07 PM
  - b. Friday PM (13-14/Senior) warm-ups begin at 11:45 AM, meet begins at 1:15 PM and is scheduled to finish at 5:37 PM
  - c. Saturday AM (10&U/11-12) warm-ups begin at 8:00 AM, meet begins at 9:05 AM and is scheduled to finish at 12:46 PM
  - d. Saturday PM (13-14/Senior) warm-ups begin at 12:30 PM, meet begins at 1:15 PM and is scheduled to finish at 6:07 PM
  - e. No practice on the 25<sup>th</sup> – AM or PM
  - f. Neil and Alyssa will work this meet; Mike will work Saturday AM
- 2) **Dual w/OZ** will be held in Mequon on July 1
  - a. Entry deadline is June 25
  - b. ALL swimmers should attend this event
  - c. No PM practice offered July 1
- 3) **OSHY Open** will be held in Brown Deer on July 7
  - a. Entry deadline is July 1
  - b. This is a great opportunity to swim two LCM events (3 events if time allows)
    - i. Cost is \$12.50
- 4) **Silver State** will be held in Pleasant Prairie July 16-18
  - a. Entry deadline is July 4
  - b. All swimmers should attend this event
  - c. No practice offered July 16
- 5) **Speedo Champions Series** will be held in Minnesota July 21-24
  - a. Entry deadline is July 14
- 6) **12&U State Championships** will be held in Brown Deer July 23-25
  - a. Entry deadline is July 16
- 7) **13&O State Championships** will be held in Pleasant Prairie July 29-August 1
  - a. Entry deadline to be determined

### SCRIP fundraising program

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SCRIP makes great gifts for Mother's Day, Graduation, Teachers, and Father's Day! Please plan for these occasions and your personal needs, place your orders, and benefit SEAY! Also watch for an August "Back to School" Order!

REMINDER-You must go to [www.shopwithscrip.com](http://www.shopwithscrip.com) and register for Presto Pay at least 2 days before placing your first order.

We do not accept checks or credit cards for Scrip payments. SEAY'S Enrollment Code: 173DF3A917711. Suggestions or Questions?? Deb Weyers at [weyers@ameritech.net](mailto:weyers@ameritech.net)

### ***Happy Birthday!***

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Max Mazurek (6/4)	Ali Verwey (6/4)	Alisa Danzer (6/11)
Jack Gaitens (6/11)	Will Mattison (6/12)	Cooper Siudak (6/12)
Brooke Bower (6/15)	Josh Bote (6/17)	James Moes (6/22)

### ***Board members***

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President – Pat Lewno @ 637.2913 or [lewno@wi.rr.com](mailto:lewno@wi.rr.com)  
Financial VP & Registration – Kathy Schwatz @ 554.7040 or [ks@adtechmedical.com](mailto:ks@adtechmedical.com)  
Secretary – Vickie Bleser @ 514.2554 or [vickie.bleser@aurora](mailto:vickie.bleser@aurora)  
Treasurer – Shona Barron @ 752.1175 or [sbarron@wi.rr.com](mailto:sbarron@wi.rr.com)  
Meet Director – Jennifer Pennings @ 752.0387 or [djpenning@wi.rr.com](mailto:djpenning@wi.rr.com)  
Meet Director – Mark Purath @ 553.9019 or [mpurath@sbcglobal.net](mailto:mpurath@sbcglobal.net)  
Fundraising – Beth Polzin @ 598.9899 or [polzin@yahoo.com](mailto:polzin@yahoo.com)  
Fundraising – Heather Smith @ 939.5581 or [heather.smith50@gmail.com](mailto:heather.smith50@gmail.com)  
Parent Liaison – Iver Iverson @ 308.2921 or [iiverson@wi.rr.com](mailto:iiverson@wi.rr.com)  
Parent Liaison – Lydia Bollendorf @ 553.1949 or [yanni37@yahoo.com](mailto:yanni37@yahoo.com)  
Head Coach – Neil Wright @ 635.3843 or [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com)

### ***SEAY Schedule***

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June 25	Entry deadline for dual w/OZ
June 25-26	SEAY Open – no practice (AM/PM on Friday and Saturday AM)
July 1	Dual w/OZ
July 1	Entry deadline for OSHY Open
July 4	Entry deadline for Silver State
July 14	Entry deadline for Speedo Sectional
July 16-18	Silver State
July 21-24	Speedo Sectional
July 23-25	12&U WI State Championships
July 29-Aug.1	13&O WI State Championships
July 30	Final practice of the season
Aug. 2	Off-season training begins for Lions/Dragons
Aug. 3	Off-season training begins for Gr/Bl/S1/S2
Aug. 3-7	Senior Nationals
Aug. 6-9	14&U Zones
Aug. 9-13	Junior Nationals
Sept. 13	Tryouts at TBA, 5:30-6:30 p.m.
Sept. 13-14	Returning family registration at TBA, 6:00-7:30 p.m.
Sept. 13-16	FAST Clinic
Sept. 20	Fall & Winter Season begins

Sept. 30

Sprint Time Trials

*\* Caring \* Honesty \* Respect \* Responsibility \*  
\* Build \* Promote \* Achieve \**

## OFF-SEASON TRAINING OPPORTUNITIES

### Green, Blue, Senior 1 and Senior 2 Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Tuesday, Thursday and Friday at Meadowbrook Country Club from 8:30-10:00 a.m. The cost is \$75 (there will be no prorating - submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 3<sup>rd</sup> and finishing up on August 31<sup>st</sup>. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to sign-up for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:00 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Attending: William Buhler, Hannah Molitor, Will Mattison, Megan Mills

### Lions and Dragons Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Monday, Wednesday and Friday at Meadowbrook Country Club from 9:00-10:00 a.m. The cost is \$55 (there will be no prorating – submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 2<sup>nd</sup> and finishing up on August 30<sup>th</sup>. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to sign-up for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:30 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Attending: Natalia Badillo, Matthew Evans, Jacob Trask

### FAST Clinic

Swimmers may only sign up for one (1) clinic, but if so chooses, can be placed on a waiting list for the second clinic. If the second clinic does not fill, then that swimmer will be granted a spot. The cost is \$50.00 (cash or check made payable to ‘SEAY’ on the first night). The clinics are open to swimmers who can swim 500 yards without stopping and are set-up and designed to help our swimmers improve their starts, turns, breakouts and finishes (the small things that make for great swims during competitions). The FAST Clinic runs September 13-16. Session 1 is 5:30-6:30 p.m. and Session 2 is 6:30-7:30 p.m. Location TBA.

Attending 6:30 p.m.: Emelia Selky