

Serpent Times

weekly newsletter for

South Eastern Aquatics

Racine Family YMCA Swim Team

established September 1984

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July 13, 2010

Neil's Kickboard

Big meet this weekend – Silver State at the new Aqua Arena ... read more about it under *Upcoming Meets & Events*. Good luck to our swimmers competing and remember, no AM or PM practice this Friday.

As I compose this newsletter, I still have not received results from the OSHY Open. However, we did exceptionally well! From my watch times, Jarred Glaser, Graham Kilmer, Alice Pennings and Cameron Small punched their tickets for the State meet this summer. Great job swimmers!

The Open Water State Championships will be held at Lake Andrea in Pleasant Prairie on Monday, August 2nd. There are no qualifying times for this event and we sent a dozen swimmers to this event last year and placed 5th overall. Take advantage of this great opportunity and experience!

Don't forget to take advantage of the upcoming off-season training opportunities during the month of August – read more about it at the end of this newsletter. *Both off-season training opportunities will run!* Nothing beats swimming outside ... sign-up today and take advantage!

Upcoming Meets & Events

Meet information, entries, meet fees, directions and results are on our website.

- 1) **Silver State** will be held in Pleasant Prairie Friday-Sunday
 - a. Friday early warm-ups (500, 1000 and 1650 Free)
 - i. 11:00 AM-Noon, meet begins at 12:05 PM and ends at 2:50 PM
 - b. Friday late warm-ups
 - i. 2:50-3:50 PM, meet begins at 3:55 PM and ends at 5:40 PM
 - c. Saturday AM (10&U, 11-12) warm-ups
 - i. 8:00-9:00 AM, meet begins at 9:05 AM and ends at 12:15 PM
 - d. Saturday PM (13-14, Senior) warm-ups
 - i. 12:15-1:15 PM, meet begins at 1:20 PM and ends at 4:45 PM
 - e. Sunday AM (10&U, 11-12) warm-ups
 - i. 8:00-9:00 AM, meet begins at 9:05 AM and ends at 11:00 AM
 - f. Sunday PM (13-14, Senior) warm-ups
 - i. 11:00 AM-Noon, meet begins at 12:05 PM and ends at 3:40 PM
 - g. Time trials will be offered Saturday and Sunday for those swimmers needing another crack at State qualifying times
 - h. Neil will work this event
 - i. Remember, no practice offered July 16 (this includes AM and PM practice)

- j. Psych sheet and live results are linked on our homepage
- 2) **Speedo Champions Series** will be held in Minnesota July 21-24
 - a. Entry deadline is July 14
- 3) **12&U State Championships** will be held in Brown Deer July 23-25
 - a. Entry deadline is July 16
- 4) **13&O State Championships** will be held in Pleasant Prairie July 29-August 1
 - a. Entry deadline is July 20
- 5) **Open Water State Championships** will be held in Pleasant Prairie August 2
 - a. Entry deadline is July 20

Meet volunteer news

The final meet of the season is July 16-18 at the RecPlex facility in Pleasant Prairie. All families (Spring & Summer) are required to volunteer 3 sessions. A number of families still need to sign up. If you are not able to volunteer please CALL Jennifer Pennings ASAP at 262-752-0387. For those of you already signed up, please confirm your spot(s)online. Some families are short sessions while others are over. Extra help is always appreciated. The arrival times will be posted soon. THANK YOU ALL FOR A GREAT SPRING & SUMMER SEASON !!

SCRIP fundraising program

There will be an additional opportunity for SEAY families to order SCRIP during the Summer season.

Order deadline: Thursday, July 22nd at 8 AM ----- Delivery: Orders will be available upon arrival and delivery arrangements will be made individually.

Please e-mail your current e-mail address to Deb Weyers at weyers@ameritech.net when placing this order. Simply go to www.shopwithscrip.com to start shopping!

Also note our "Back to School" opportunities!! Orders placed by **Monday, August 9th at 8 AM** will be available upon arrival and delivery arrangements will be made individually. Please e-mail your current e-mail address to Deb Weyers when placing this order.

Orders placed by **Wednesday, September 8th at 8 AM** will be available for pick-up at SEAY Registration on September 13th and 14th. Profits from these orders will apply to your 2009-2010 Fall/Winter Fund Raising requirement.

SCRIP make great gifts and are easy for families to use for personal use while fundraising!! Please plan for occasions and your personal needs. Place your orders and benefit SEAY!

REMINDER-You must go to www.shopwithscrip.com and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for Scrip payments. SEAY'S Enrollment Code: 173DF3A917711. Suggestions or Questions?? Deb Weyers at weyers@ameritech.net

Happy Birthday!

Arael Gomez (7/1)	Emma Nix (7/1)	Reiner Sokolies (7/4)
Stephanie Schwartz (7/5)	Sara LaMothe (7/6)	Kallia Reske (7/13)
Haille Bocek (7/15)	Abby Polzin (7/16)	Collin Flynn (7/17)
Libby Gabbey (7/18)	Kadin Purath (7/18)	Natalia Badillo (7/23)
Sebastian Woyach (7/26)	Sarah Cruz (7/28)	Ivar Iverson (7/31)

Austin Lentz (7/31)

Board members

President – Pat Lewno @ 637.2913 or lewno@wi.rr.com
Financial VP & Registration – Kathy Schwatz @ 554.7040 or ks@adtechmedical.com
Secretary – Vickie Bleser @ 514.2554 or vickie.bleser@aurora
Treasurer – Shona Barron @ 752.1175 or sbarron@wi.rr.com
Meet Director – Jennifer Pennings @ 752.0387 or djpennings@wi.rr.com
Meet Director – Mark Purath @ 553.9019 or mpurath@sbcglobal.net
Fundraising – Beth Polzin @ 598.9899 or polzin@yahoo.com
Fundraising – Heather Smith @ 939.5581 or heather.smith50@gmail.com
Parent Liaison – Iver Iverson @ 308.2921 or iiverson@wi.rr.com
Parent Liaison – Lydia Bollendorf @ 553.1949 or yanni37@yahoo.com
Head Coach – Neil Wright @ 635.3843 or s_e_a_y@yahoo.com

SEAY Schedule

July 14	Deadline to sign-up for Speedos
July 16	Deadline to sign-up for 12&U State
July 16-18	Silver State (no practice July 16 – includes AM and PM practices)
July 21	SEAY board meeting, 6:00 p.m. @ Carthage College – all welcome
July 21-24	Speedo Sectional
July 20	Deadline to sign-up for 13&O State
July 20	Deadline to sign-up for Open Water State
July 22	Deadline to order SCRIP
July 23-25	12&U WI State Championships
July 29-Aug. 1	13&O WI State Championships
July 30	Final practice of the season
Aug. 2	Off-season training begins for Lions/Dragons
Aug. 3	Off-season training begins for Gr/BI/S1/S2
Aug. 3-7	Senior Nationals
Aug. 6-9	14&U Zones
Aug. 9-13	Junior Nationals
Sept. 13	Tryouts at TBA, 5:30-6:30 p.m.
Sept. 13-14	Returning family registration at TBA, 6:00-7:30 p.m.
Sept. 13-16	FAST Clinic
Sept. 20	Fall & Winter Season begins
Sept. 30	Sprint Time Trials

** Caring * Honesty * Respect * Responsibility **
** Build * Promote * Achieve **

OFF-SEASON TRAINING OPPORTUNITIES

Green, Blue, Senior 1 and Senior 2 Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Tuesday, Thursday and Friday at Meadowbrook Country Club from 8:30-10:00 a.m. The cost is \$75 (there will be no prorating - submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 3rd and finishing up on August 31st. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to sign-up for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:00 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Attending: William Buhler, Hannah Molitor, Will Mattison, Megan Mills, Max Mazurek, Caitlin Mertins, Evan Koch, Jarred Glaser, Paige Weslaski, James Weslaski

Lions and Dragons Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Monday, Wednesday and Friday at Meadowbrook Country Club from 9:00-10:00 a.m. The cost is \$55 (there will be no prorating – submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 2nd and finishing up on August 30th. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to sign-up for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:30 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Attending: Natalia Badillo, Matthew Evans, Jacob Trask, Ali Verway, Ben Gabbey, Erin Cain

FAST Clinic

Swimmers may only sign up for one (1) clinic, but if so chooses, can be placed on a waiting list for the second clinic. If the second clinic does not fill, then that swimmer will be granted a spot. The cost is \$50.00 (cash or check made payable to ‘SEAY’ on the first night). The clinics are open to swimmers who can swim 500 yards without stopping and are set-up and designed to help our swimmers improve their starts, turns, breakouts and finishes (the small things that make for great swims during competitions). The FAST Clinic runs September 13-16. Session 1 is 5:30-6:30 p.m. and Session 2 is 6:30-7:30 p.m. Location TBA.

Attending 5:30 p.m.: Kallia Reske, Aysia Payne

Attending 6:30 p.m.: Emelia Selky