

Serpent Times

weekly newsletter for

South Eastern Aquatics

Racine Family YMCA Swim Team

established September 1984

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July 22, 2010

Neil's Kickboard

The WI LSC is offering an Open Water State meet this summer and I am encouraging all swimmers with the ability to swim open water to sign-up and take advantage of this opportunity. To date, six swimmers have entered from SEAY – can we make it a bakers dozen? Notify me by 5:00 p.m. today if you want to swim!

Huge meet last weekend (Silver State) with a lot of quality performances across the age-groups. We finished 6th overall with 787 points. Congratulations to all swimmers who competed in this meet ... I'm very proud of you – also, thanks to all the parents/family/friends who helped run a successful event.

This week Paige Weslaski and Dana Iverson are competing in the Speedo Sectional meet in Minnesota. A solid start yesterday and today as both swimmers posted season best times in their swims and Dana broke the 17-18 Girls team record in the 1Ba this morning, just missing an evening swim by .29 seconds. Wish them luck!

This Friday-Sunday we'll send our top 12 & Under swimmers to Brown Deer for this summer's installment of the 12&U Championships. Good luck swimmers!

The Open Water State Championships will be held at Lake Andrea in Pleasant Prairie on Monday, August 2nd. There are no qualifying times for this event and we sent a dozen swimmers to this event last year and placed 5th overall. Take advantage of this great opportunity and experience! I have entered 4 swimmers to date – if would be great to send at least a dozen.

Don't forget to take advantage of the upcoming off-season training opportunities during the month of August – read more about it at the end of this newsletter. *Both off-season training opportunities will run – up to 20 kids!* Nothing beats swimming outside ... sign-up today and take advantage!

Upcoming Meets & Events

Meet information, entries, meet fees, directions and results are on our website.

- 1) **Speedo Champions Series** will be held in Minnesota July Wednesday-Saturday
 - a. Good luck to Paige and Dana
 - b. Neil will work this event
- 2) **12&U State Championships** will be held in Brown Deer July Friday-Sunday
 - a. There are assigned warm-ups for all warm-up sessions, please be timely
 - b. Friday warm-ups – 2:45 p.m.
 - c. Saturday AM warm-ups – 8:15 a.m.
 - d. Saturday PM warm-ups – 1:30 p.m.
 - e. Sunday AM warm-ups – 8:15 a.m.

- f. Sunday PM warm-ups – 2:15 p.m.
- g. Psych sheet, session report and live results can be found on the WI LSC webpage
- h. Alyssa will work this event
- 3) **13&O State Championships** will be held in Pleasant Prairie July 29-August 1
 - a. Entry deadline has passed
- 4) **Open Water State Championships** will be held in Pleasant Prairie August 2
 - a. Entry deadline is July 20

SCRIP fundraising program

There will be an additional opportunity for SEAY families to order SCRIP during the Summer season.

Order deadline: Thursday, July 22nd at 8 AM ----- Delivery: Orders will be available upon arrival and delivery arrangements will be made individually.

Please e-mail your current e-mail address to Deb Weyers at weyers@ameritech.net when placing this order. Simply go to www.shopwithscrip.com to start shopping!

Also note our "Back to School" opportunities!! Orders placed by **Monday, August 9th at 8 AM** will be available upon arrival and delivery arrangements will be made individually. Please e-mail your current e-mail address to Deb Weyers when placing this order.

Orders placed by **Wednesday, September 8th at 8 AM** will be available for pick-up at SEAY Registration on September 13th and 14th. Profits from these orders will apply to your 2009-2010 Fall/Winter Fund Raising requirement.

SCRIP make great gifts and are easy for families to use for personal use while fundraising!! Please plan for occasions and your personal needs. Place your orders and benefit SEAY!

REMINDER-You must go to www.shopwithscrip.com and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for Scrip payments. SEAY'S Enrollment Code: 173DF3A917711. Suggestions or Questions?? Deb Weyers at weyers@ameritech.net

Happy Birthday!

Arael Gomez (7/1)	Emma Nix (7/1)	Reiner Sokolies (7/4)
Stephanie Schwartz (7/5)	Sara LaMothe (7/6)	Kallia Reske (7/13)
Haille Bocek (7/15)	Abby Polzin (7/16)	Collin Flynn (7/17)
Libby Gabbey (7/18)	Kadin Purath (7/18)	Natalia Badillo (7/23)
Sebastian Woyach (7/26)	Sarah Cruz (7/28)	Ivar Iverson (7/31)
Austin Lentz (7/31)		

Board members

President – Pat Lewno @ 637.2913 or lewno@wi.rr.com
 Financial VP & Registration – Kathy Schwatz @ 554.7040 or ks@adtechmedical.com
 Secretary – Vickie Bleser @ 514.2554 or vickie.bleser@aurora
 Treasurer – Shona Barron @ 752.1175 or sbarron@wi.rr.com
 Meet Director – Jennifer Pennings @ 752.0387 or djpennings@wi.rr.com
 Meet Director – Mark Purath @ 553.9019 or mpurath@sbcglobal.net
 Fundraising – Beth Polzin @ 598.9899 or polzin@yahoo.com

Fundraising – Heather Smith @ 939.5581 or heather.smith50@gmail.com
Parent Liaison – Iver Iverson @ 308.2921 or iiverson@wi.rr.com
Parent Liaison – Lydia Bollendorf @ 553.1949 or yanni37@yahoo.com
Head Coach – Neil Wright @ 635.3843 or s_e_a_y@yahoo.com

SEAY Schedule

July 22	Deadline to order SCRIP
July 23-25	12&U WI State Championships
July 29-Aug. 1	13&O WI State Championships
July 30	Final practice of the season
Aug. 2	Off-season training begins for Lions/Dragons
Aug. 3	Off-season training begins for Gr/Bl/S1/S2
Aug. 3-7	Senior Nationals
Aug. 6-9	14&U Zones
Aug. 9-13	Junior Nationals
Sept. 13	Tryouts at TBA, 5:30-6:30 p.m.
Sept. 13-14	Returning family registration at TBA, 6:00-7:30 p.m.
Sept. 13-16	FAST Clinic
Sept. 20	Fall & Winter Season begins
Sept. 30	Sprint Time Trials

** Caring * Honesty * Respect * Responsibility *
* Build * Promote * Achieve **

OFF-SEASON TRAINING OPPORTUNITIES

Green, Blue, Senior 1 and Senior 2 Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Tuesday, Thursday and Friday at Meadowbrook Country Club from 8:30-10:00 a.m. The cost is \$75 (there will be no prorating - submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 3rd and finishing up on August 31st. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to sign-up for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:00 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Attending: William Buhler, Hannah Molitor, Will Mattison, Megan Mills, Max Mazurek, Caitlin Mertins, Evan Koch, Jarred Glaser, Paige Weslaski, James Weslaski, Kyle Zawacki, Jake Wergin, Mallory Mazurek, Sam Vissers, Emily Bollendorf

Lions and Dragons Off-season Training

SEAY swimmers interested in training during the month of August are encouraged to sign-up for this training session. Training will take place on Monday, Wednesday and Friday at Meadowbrook Country Club from 9:00-10:00 a.m. The cost is \$55 (there will be no prorating – submit payment on the first day of training – cash or check made payable to ‘SEAY’ and attend as many practices as you can). Practices will be held for the entire month of August beginning August 2nd and finishing up on August 30th. Call or email and reserve your spot today. *There is a minimum of 8 swimmers to signup for this clinic to run.* If practice needs to be canceled, a message will be left on the homepage of the SEAY website after 8:30 a.m. There will be no refunds or make-up days for practices canceled because of weather.

Attending: Natalia Badillo, Matthew Evans, Jacob Trask, Ali Verway, Ben Gabbey, Erin Cain, Sara Bollendorf

FAST Clinic

Swimmers may only sign up for one (1) clinic, but if so chooses, can be placed on a waiting list for the second clinic. If the second clinic does not fill, then that swimmer will be granted a spot. The cost is \$50.00 (cash or check made payable to ‘SEAY’ on the first night). The clinics are open to swimmers who can swim 500 yards without stopping and are set-up and designed to help our swimmers improve their starts, turns, breakouts and finishes (the small things that make for great swims during competitions). The FAST Clinic runs September 13-16. Session 1 is 5:30-6:30 p.m. and Session 2 is 6:30-7:30 p.m. Location TBA.

Attending 5:30 p.m.: Kallia Reske, Aysia Payne, Kyle Zawacki

Attending 6:30 p.m.: Emelia Selky, Kayla Rose