

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984  
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September 23, 2009

### ***Neil's kickboard***

Well, it's finally here ... our 25<sup>th</sup> season! That's right, SEAY started in September of 1984 and this year marks our 25<sup>th</sup> anniversary. A cool t-shirt is in the works and other fan-friendly ideas are currently being kicked around – watch for updates throughout the season.

There was an incredible turnout (36 swimmers) for tryouts last week Monday. Ability levels ranged from Pups to Senior 1 and tryout swimmers are currently attending practice this week – please make them feel at home. Registration for new families will take place this Monday, September 28 at Park beginning at 6:00 p.m.

If you have not had an opportunity to visit the SEAY website, please take some time and become familiar with its contents. SEAY is a green team and rarely copies information for mass distribution. Here are some links you'll need to visit during the season:

*Homepage* – <http://www.sea-y.org/index.php?page=2>

*Meet Information* – <http://www.sea-y.org/index.php?page=22&subpage=4>

*Meet Entries* – <http://www.sea-y.org/index.php?page=22&subpage=5>

*Practice Calendar* – <http://www.sea-y.org/files/2009-2010%20fall%20&%20winter%20practice%20calendar.pdf>

*Newsletter* – <http://www.sea-y.org/index.php?page=11>

*Meet Worker Sign-up* – <http://www.sea-y.org/index.php?page=22&subpage=2>

*Fundraising* – <http://www.sea-y.org/index.php?page=33>

If you missed registration and are a returning family, please contact Kathy Schwartz at 262.554.7040.

As the season progresses and you have questions that pop into your mind or are unsure of anything related to SEAY, please contact me (contact information is always listed in the header of this newsletter). New parents are encouraged to attend a meeting with me on October 20<sup>th</sup> beginning at 6:00 p.m. in the Park pool balcony.

On behalf of the entire coaching staff ... welcome back!

### ***What's new in the blue?***

It's time to vote on the new name for the Serpents. Here's the list of names collected during last season:

- Stars
- Starfish
- Seals
- Dragons
- Sharks
- Monkeys
- Horses
- Cows
- Manta rays
- Rays

Swimmers can forward their choice to Myra. After all votes are in, a ballot will be available on the pool deck with the top three names. Join the fun and vote today!

## ***Upcoming Meets***

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*Most swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.*

- 1) **Sprint Time Trials** will be held Park High School on October 1
  - a. ALL swimmers should attend this fun team event
  - b. Entry deadline is September 29
  - c. 13 volunteer parents will be needed to help out with the meet
  - d. Warm-ups begin at 5:30 p.m., meet begins at 6:05 p.m. and usually ends around 7:15 p.m.
- 2) **SEAY Pentathlon** will be held at Waukesha South High School on October 11
  - a. ALL swimmers should attend this team hosted meet
  - b. Entry deadline is September 24
- 3) **SSTY Pentathlon** will be held at Schroeder Aquatic Center (Brown Deer) October 17
  - a. Entry deadline is September 24
- 4) **OZ Open** will be held at Homestead High School (Mequon) October 23-25
  - a. Entry deadline is October 5
- 5) **SEAY Open** will be held at Waukesha South High School on November 1
  - a. ALL swimmers should attend this team hosted meet
  - b. Entry deadline is October 10
- 6) **OCON Invite** will be held at Pabst Farms YMCA (Oconomowoc) on November 7
  - a. Meet information has not been published
- 7) **Dual w/BST** will be held at Park High School on November 13
  - a. ALL swimmers should attend this team hosted meet
  - b. Parent volunteers will be needed
  - c. Entry deadline is November 9
  - d. Warm-ups begin at 5:30 p.m., meet begins at 6:05 p.m. and usually ends around 8:00 p.m.
- 8) **SSTY Invite** will be held at Schroeder Aquatic Center (Brown Deer) on November 15
  - a. Entry Deadline is November 3
- 9) **BST Open** will be held at Carthage College on November 20-22
  - a. ALL swimmers should attend this meet that is close to home
  - b. Entry deadline is November 4
- 10) **SWAT Open** will be held at Waukesha South High School on December 5
  - a. Entry deadline is November 13
- 11) **Short Course Junior National Championships** will be held in Columbus, Ohio December 10-12
  - a. Qualifying standards
  - b. Meet information has not been published
- 12) **SSTY YMCA Finalist** will be held at Schroeder Aquatic Center (Brown Deer) December 11-13
  - a. Some light time standards associated with this meet
  - b. Entry deadline is November 17

## ***Practice location for the next week***

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Wed., Sept. 23	Case @ Case, Park @ Park
Thu., Sept. 24	Case @ Case, Park @ Park
Fri., Sept. 25	Combined @ Park
Sat., Sept. 26	Gr/BI/S1/S2 @ YMCA
Mon., Sept. 28	Case @ Case, Park @ Park
Tue., Sept. 29	Combined @ Case
Wed., Sept. 30	Case @ Case, Park @ Park

## ***SCRIP fundraising program***

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Thank you for supporting SEAY by participating in our Scrip fundraising program. It has become a simple way for our families to meet their fundraising commitment. All deliveries will be in the pool balcony on "combined practice" nights. **There will be two deliveries monthly with our first delivery on Tuesday, September 29<sup>th</sup> at Case. Orders must be placed by Wednesday, September 23<sup>rd</sup> at 10:00 PM for that delivery.** Please contact Deb Weyers at 554-1518 or [weyers@ameritech.net](mailto:weyers@ameritech.net) if alternate delivery arrangements are necessary or if you have any questions about Scrip. The SCRIP delivery schedule for the Fall/Winter season will be posted on our website soon.

\*REMINDER-You must go to [www.shopwithscrip.com](http://www.shopwithscrip.com) and register for Presto Pay at least 2 days before placing your first order. We appreciate you using "Presto Pay" to pay for your orders. We do not accept checks or credit cards for Scrip. Thank you and happy shopping!

### ***New parents meeting w/head coach - October 20***

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Are you new to SEAY? Not sure how everything works? Want to meet other families new to SEAY and build friendships of support? Please plan on attending the new parents meeting w/head coach on Tuesday, October 20 at Park – meet in the balcony at 6:00 p.m. This is an inform, informational meeting that will help new parents take the guess work out of the day-to-day world of a competitive swimmer. Prior to the meeting, please spend some time looking over the material posted on the *SEAY Parents* section of the website.

### ***Parents on the pool deck***

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It is SEAY's policy that parents refrain from sitting on the pool deck during practice. Parents wishing to view practice must do so from the balcony at Case and Park or the bleachers at Horlick. Please do not be offended if a coach asks you to move to the balcony. Thank you for your cooperation.

### ***Parking at Case***

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If you are attending practice at Case High School you must park in the south lot next to the tennis courts. Failure to do so may result in having your vehicle towed.

### ***Happy Birthday!***

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Tessa Sliwa (9/1)	Katie Kauth (9/2)	Olivia Siudak (9/3)
Caitlin Mertins (9/7)	Benji Gordon (9/10)	Abby Heried (9/10)
Emily Mertins (9/10)	Kaylin Heusdens (9/18)	Katalin Vance (9/20)
Kayla Rose (9/21)	Madelyn Pennings (9/22)	Hanna Wilbershide (9/24)
Taylor Herman (9/27)		

### ***SEAY Schedule***

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Sept. 24	Entry deadline for SEAY Pentathlon & SSTY Pentathlon
Sept. 28	New family registration and orientation, Park High School beginning at 6:00 p.m.
Sept. 29	Entry deadline for Sprint Time Trials
Sept. 30	Board meeting, 6:00 p.m. at Park High School – all welcome
Oct. 1	No practice, Sprint Time Trials
Oct. 5	Entry deadline for OZ Open
Oct. 10	Entry deadline for SEAY Open
Oct. 11	SEAY Pentathlon
Oct. 17	SSTY Pentathlon
Oct. 20	New parents meeting w/Head Coach, 6:00 p.m. at Park – meet in the balcony
Oct. 23-25	OZ Open
Oct. 26	New swimmer tryouts
Nov. 1	SEAY Open
Nov. 2	New family registration and orientation, Park High School beginning at 6:00 p.m. & returning family registration, Park High School, 6:00-7:30 p.m.
Nov. 3	Entry deadline for SSTY Invite
Nov. 4	Entry deadline for BST Open
Nov. 7	OCON Invite
Nov. 9	Entry deadline for dual w/BST
Nov. 13	No practice, Dual w/BST & entry deadline for SWAT Open
Nov. 15	SSTY Invite
Nov. 17	Entry deadline for SSTY YMCA Finalist
Nov. 20-22	BST Open
Nov. 26-27	No practice, Happy Thanksgiving
Nov. 30	Returning family registration, Park High School, 6:00-7:30 p.m.

**\* Caring \* Honesty \* Respect \* Responsibility \***

**\* Build \* Promote \* Achieve \***