

## Serpent Times

weekly newsletter for  
South Eastern Aquatics  
Racine Family YMCA Swim Team  
established September 1984  
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September 30, 2009

### Neil's kickboard

I'm happy to report that the highest percentage of tryout swimmers ever have decided to join SEAY! With 36 swimmers trying out two weeks ago, 30 swimmers decided to join the team ... 83% (that's huge if you're wondering).

I have added most of the new family emails to my distribution list. If you are currently not receiving email updates from me, or if you no longer wish to receive email updates ... please inform me and I'll add or delete your email address.

Remember, no practice tomorrow night – Sprint Time Trials!

Tonight is the last night to sign-up for Sprint Time Trials and our Pentathlon meet – please call or email me.

If you have not had an opportunity to visit the SEAY website, please take some time and become familiar with its contents. SEAY is a green team and rarely copies information for mass distribution. Here are some links you'll need to visit during the season:

*Homepage* – <http://www.sea-y.org/index.php?page=2>

*Meet Information* – <http://www.sea-y.org/index.php?page=22&subpage=4>

*Meet Entries* – <http://www.sea-y.org/index.php?page=22&subpage=5>

*Practice Calendar* – <http://www.sea-y.org/files/2009-2010%20fall%20%20winter%20practice%20calendar.pdf>

*How to Read the Practice Calendar* – <http://www.sea-y.org/files/how%20to%20read%20the%20practice%20calendar.pdf>

*Newsletter* – <http://www.sea-y.org/index.php?page=11>

*Meet Worker Sign-up* – <http://www.sea-y.org/index.php?page=22&subpage=2>

*Fundraising* – <http://www.sea-y.org/index.php?page=33>

If you missed registration, please contact Kathy Schwartz at 262.554.7040.

As the season progresses and you have questions that pop into your mind or are unsure of anything related to SEAY, please contact me (contact information is always listed in the header of this newsletter). New parents are encouraged to attend a meeting with me on October 20<sup>th</sup> beginning at 6:00 p.m. in the Park pool balcony.

### What's new in the blue?

It's time to vote on the new name for the Serpents. Here's the list of names collected during last season:

- Stars
- Starfish
- Seals
- Dragons
- Sharks
- Monkeys
- Horses
- Cows
- Manta rays
- Rays

Swimmers can forward their choice to Myra. After all votes are in, a ballot will be available on the pool deck with the top three names. Join the fun and vote today!

## ***Upcoming Meets***

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Most swimmers currently on the team are ready for meets ... if you are interested in competing, please contact Neil. Driving directions, meet information, entries and fees can be found on the website.

- 1) **Sprint Time Trials** will be held Park High School on October 1
  - a. 13 volunteer parents will be needed to help out with the meet
  - b. Warm-ups begin at 5:30 p.m., meet begins at 6:05 p.m. and usually ends around 7:15 p.m.
  - c. The heat sheet will be posted on the homepage of the website tomorrow
- 2) **SEAY Pentathlon** will be held at Waukesha South High School on October 11
  - a. ALL swimmers should attend this team hosted meet
  - b. Entry deadline is September 24, but entries will be accepted tonight (please email [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com))
- 3) **SSTY Pentathlon** will be held at Schroeder Aquatic Center (Brown Deer) October 17
  - a. Entry deadline is September 24, but entries will be accepted tonight (please email [s\\_e\\_a\\_y@yahoo.com](mailto:s_e_a_y@yahoo.com))
- 4) **OZ Open** will be held at Homestead High School (Mequon) October 23-25
  - a. Entry deadline is October 5
- 5) **SEAY Open** will be held at Waukesha South High School on November 1
  - a. ALL swimmers should attend this team hosted meet
  - b. Entry deadline is October 10
- 6) **OCON Invite** will be held at Pabst Farms YMCA (Oconomowoc) on November 7
  - a. Entry deadline is October 21
- 7) **Dual w/BST** will be held at Park High School on November 13
  - a. ALL swimmers should attend this team hosted meet
  - b. Parent volunteers will be needed
  - c. Entry deadline is November 9
  - d. Warm-ups begin at 5:30 p.m., meet begins at 6:05 p.m. and usually ends around 8:00 p.m.
- 8) **SSTY Invite** will be held at Schroeder Aquatic Center (Brown Deer) on November 15
  - a. Entry Deadline is November 3
- 9) **BST Open** will be held at Carthage College on November 20-22
  - a. ALL swimmers should attend this meet that is close to home
  - b. Entry deadline is November 4
- 10) **SWAT Open** will be held at Waukesha South High School on December 5
  - a. Entry deadline is November 13
- 11) **Short Course Junior National Championships** will be held in Columbus, Ohio December 10-12
  - a. Qualifying standards
  - b. Meet information has not been published
- 12) **SSTY YMCA Finalist** will be held at Schroeder Aquatic Center (Brown Deer) December 11-13
  - a. Some light time standards associated with this meet
  - b. Entry deadline is November 17

## ***Practice location for the next week***

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Wed., Sept. 30	Case @ Case, Park @ Park
Thu., Oct. 1	No practice
Fri., Oct. 2	Combined @ Park
Sat., Oct. 3	Gr/BI/S1/S2 @ YMCA
Mon., Oct. 5	Case @ Case, Park @ Park
Tue., Oct. 6	UW-Parkside – see updated swim times for this night only on page 3 of this newsletter
Wed., Oct. 7	Case @ Case, Park @ Park

## ***Dropping off swimmers***

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When dropping swimmers off for practice, please do not drive away until your swimmers notify you that there is a SEAY coach on the deck.

## ***Tech suit updates***

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Posted on the homepage of the website you can read two documents released by USA Swimming recently in regards to the October 1<sup>st</sup> implementation of the new suit rules. In a nutshell, beginning Oct. 1<sup>st</sup>, male swimmers can only wear jammers or briefs and female swimmers will only be permitted to compete in suits that don't extend past the shoulders and the knees. Read all about it on the homepage for greater clarification.

## ***Level 1 officials training will be offered at the OCON Invite***

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Cindy Raatz from SSTY will be conducting a Level 1 officials training class during the meet. If you are interested in becoming a Level 1 USA official, please contact her at 262-242-0707 or via email at [raatzharp@hotmail.com](mailto:raatzharp@hotmail.com).

### ***National YMCA swimming top time achieved by SEAY swimmers***

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The results from the 2008-2009 season are in and SEAY has placed two swimmers in the Top 16. Ivar Iverson placed 4<sup>th</sup> in the 100 IM (1:05.81), 4<sup>th</sup> in the 200IM (2:21.94), 7<sup>th</sup> in the 100 Back (1:06.22) and 8<sup>th</sup> in the 100 Breast (1:14.33) for 11-year-olds. His sister Dana placed 8<sup>th</sup> in the 100 Back (58.31) and 8<sup>th</sup> in the 200 Back (2:05.95) for 15-year-olds. Congratulations!

### ***October 6 practice will be held at UW-Parkside***

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Pool time is not available in Racine on October 6 (high school dual meets at all three schools). Pool time is available at UW-Parkside – 6:00-8:00 p.m. Directions for this pool is on the SEAY website. Here's the adjusted practice times for this night:

Pups	6:00-6:45 p.m.
Lions	6:00-6:45 p.m.
Serpents	6:00-7:00 p.m.
Green	6:45-8:00 p.m.
Blue	6:45-8:00 p.m.
Senior 1	6:00-8:00 p.m.
Senior 2	6:00-8:00 p.m.

Additionally, donations would be appreciated to help cover the cost of renting the UW-Parkside pool. Donations can come in the form of cash or checks made to "SEAY."

### ***SCRIP fundraising program***

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The schedule for SCRIP orders is now included in the fundraising portion of our website. Our next delivery will be Tuesday, October 13th and the order deadline will be Wednesday, October 7 by 10 PM. All deliveries will be in the **pool balcony from 6:00 – 6:30 PM** on "combined practice" nights. Deliveries will typically be on Tuesdays.

\*REMINDER-You must go to [www.shopwithscrip.com](http://www.shopwithscrip.com) and register for Presto Pay at least 2 days before placing your first order. We do not accept checks or credit cards for SCRIP payments. SEAY'S Enrollment Code is 173DF3A917711. Thank you for supporting SEAY by participating in our new Scrip fundraising program.

### ***New parents meeting w/head coach - October 20***

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Are you new to SEAY? Not sure how everything works? Want to meet other families new to SEAY and build friendships of support? Please plan on attending the new parents meeting w/Neil on Tuesday, October 20 at Park – meet in the balcony at 6:00 p.m. This is an informal, informational meeting that will help new parents take the guess work out of the day-to-day world of a competitive swimmer. Prior to the meeting, please spend some time looking over the material posted on the *SEAY Parents* section of the website.

### ***Parents on the pool deck***

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It is SEAY's policy that parents refrain from sitting on the pool deck during practice. Parents wishing to view practice must do so from the balcony at Case and Park or the bleachers at Horlick. Please do not be offended if a coach asks you to move to the balcony. Thank you for your cooperation.

### ***Parking at Case***

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If you are attending practice at Case High School you must park in the south lot next to the tennis courts. Failure to do so may result in having your vehicle towed.

### ***Happy Birthday!***

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Tessa Sliwa (9/1)	Katie Kauth (9/2)	Olivia Siudak (9/3)
Caitlin Mertins (9/7)	Benji Gordon (9/10)	Abby Heried (9/10)
Emily Mertins (9/10)	Kaylin Heusdens (9/18)	Grace Klawinski (9/19)
Katalin Vance (9/20)	Kayla Rose (9/21)	Madelyn Pennings (9/22)
Hanna Wilbershide (9/24)	Maritxell Chavez-Alvarado (9/27)	Taylor Herman (9/27)

### ***SEAY Schedule***

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Sept. 30	Board meeting, 6:00 p.m. at Park High School – all welcome
Oct. 1	No practice, Sprint Time Trials
Oct. 5	Entry deadline for OZ Open
Oct. 10	Entry deadline for SEAY Open
Oct. 11	SEAY Pentathlon
Oct. 17	SSTY Pentathlon
Oct. 20	New parents meeting w/Head Coach, 6:00 p.m. at Park – meet in the balcony

Oct. 21	Entry deadline for OCON Invite
Oct. 23-25	OZ Open
Oct. 26	New swimmer tryouts
Nov. 1	SEAY Open
Nov. 2	New family registration and orientation, Park High School beginning at 6:00 p.m. & returning family registration, Park High School, 6:00-7:30 p.m.
Nov. 3	Entry deadline for SSTY Invite
Nov. 4	Entry deadline for BST Open
Nov. 7	OCON Invite
Nov. 9	Entry deadline for dual w/BST
Nov. 13	No practice, Dual w/BST & entry deadline for SWAT Open
Nov. 15	SSTY Invite
Nov. 17	Entry deadline for SSTY YMCA Finalist
Nov. 20-22	BST Open
Nov. 26-27	No practice, Happy Thanksgiving
Nov. 30	Returning family registration, Park High School, 6:00-7:30 p.m.

*\* Caring \* Honesty \* Respect \* Responsibility \**

*\* Build \* Promote \* Achieve \**