7th Annual Groundhog Grand Prix February 1, 2015

Hosted by South Eastern Aquatics USA Sanction WI 2015-016S

Meet Director: Melissa Abel

808 Arthur Avenue

Racine, WI 53406 (262-456-0273) Email: melissaatmmc@aol.com

Entry Chairperson: Pat Lewno (262-637-2913)

5330 Linden Circle Racine, WI 53406

Email: lewno@wi.rr.com

Location: RecPlex Aqua Arena

9900 Terwall Terrace Pleasant Prairie, WI 53158

Eligibility: All swimmers must be currently registered with USA Swimming. USA Swimming deck registrations will

not be accepted.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure

compliance with this requirement.

Class of Meet: Class A-BB+B-C for 10 & U, 11-12, and 13-14. One class for 8 & Under and Senior.

Facility: Indoor, 25 yard pool with 8 lanes (9 or 10 lanes if needed). 7' at the shallow end and 12' at the deep end.

Starting blocks are 29.5". The Competition course has been certified in accordance with 104.2.2 C (4).

Schedule/Warm-ups: AM Session: 8:00 am warm-ups PM Session: TBD warm-ups

AM Session: 9:05 am meet start PM Session: TBD meet start

Estimated meet timeline will be available on the SEA website www.sea-y.org

Wisconsin Swimming warm-up procedures will be in effect. Warm-up session will begin with 30 minutes of circle swimming in all lanes. Swimmers must enter the pool from the starting end using a three point entry for warm-up. Sprint lanes will be opened as needed during the second 30 minutes. Violators of the

Wisconsin Swimming warm-up procedures are subject to disqualifications.

Timing System: A fully automatic Colorado timing system with 2 manual back-up buttons and two back-up timers for each

lane will be used. If the automatic system fails, a gun or horn start will be used.

General Rules: Official 2015 USA Swimming and WI LSC rules shall prevail at this meet. Age as of February 1, 2015.

Entry Deadline: Team entries on Hy-Tek disk, hard copy, waiver, and fees must be received by the Entry Chair **no later**

than 6:00 PM, January 22, 2015. If you submit entries via email, the hard copy, waiver, and fees must be received no later than 6:00 pm, January 22, 2015. Please do not submit more entries than you have

reserved unless you have checked with the Meet Director.

Entry Fees: \$4.50 per individual events, \$12.00 per relay, and \$3.00 WI LSC Splash Fee for each swimmer entered in

the meet. All fees must accompany entries. Checks should be made payable to "SEA". NOTE: Please be

sure that the waiver is signed. We cannot accept entries without a waiver.

Entry Limit: Participation is limited to a maximum of four (4) individual events per day, plus relays.

Disabled Swimmers: Coaches are encouraged to inform Officials and the Meet Director of any disabled swimmer's needs prior

to warm-ups.

Deck Entries:

Deck entries will be accepted to fill open lanes. No additional heats will be added. \$6.00 per individual event and \$14.00 per relay. Plus WI LSC Splash fee of \$3.00 if the swimmer is not already entered in the meet. Deck Entries will close 30 minutes prior to the beginning of each session.

Format:

All events will be swum as combined and then separated for awards, with the exception of the 8 & Under and Senior events which will be swum and awarded as one class. All events will be pre-seeded with the exception of the 12 & Under and Senior 500 Free events. These events will be positive check in events and deck seeded. Fly over starts may be used. Relays are mixed and can consist of any combination of male and female swimmers. 8 & Under individual events will be staged. Please note: Heats/events may be combined due to time constraints, but will be awarded as separate age groups. The number of heats per event may be limited to maintain session time limits.

Deck Seeded Events:

The 12 & U and Senior 500 Freestyle events will be positive check-in events and deck seeded. Entries may be limited by Meet Management to adhere to the four (4) hour session rule. Swimmers cut from these events will be refunded their entry free or that fee can be used to deck seed in any age/gender appropriate open lane or event. Positive check in for these events will close 30 minutes before the start of the session. The Wisconsin Scratch rule will be in effect for this meet. Failure to scratch prior to seeding and not swimming the event will results in the swimmer being barred from the next individual event in which he/she is entered. Swimmers must provide their own counters for the 500 free.

Relay Cards:

Relay cards will be in the coach's packet. Cards must list the swimmers' last and first names (names must be listed in order of swim) and the ages of the swimmers. All relays will be mixed and can consists of any combination of male and female swimmers.

Coaches Packet:

Coaches may pick up their packets at the Scoring/Records Table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA coach's card at the time you pick up your team packet. Coach's cards must be visible at all times on deck.

Awards:

Individual: $1^{st} - 12^{th}$ ribbons for all age groups/classes except 13-14 and Senior $1^{st} - 8^{th}$ ribbons for 13-14 and Seniors

 $1^{st} - 8^{th}$ ribbons for 13-14 and Seniors $1^{st} - 6^{th}$ ribbons for all age groups

Awards must be picked up at the meet. Awards will not be mailed after the conclusion of the meet.

Heat Sheets: \$2.00—cash only

Relay:

Admissions: \$4.00 per day for spectators over the age of 12—cash only.

Food: The RecPlex will have food and beverages available at concession areas during the meet. Coaches and officials working the meet will be provided complimentary food and drink in the hospitality room.

Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from

the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Cell phones and other picture/recording devices are not allowed in the locker rooms. Please encourage your parents and swimmers to clean up after themselves. Except where venue facilities require otherwise, changing into or out of swimsuits other than the locker rooms or other designated areas is not

appropriate and is prohibited.

First Aid: Report injuries to the Lifeguard and Meet Director. First aid kit is located at the Lifeguard stand.

Lost & Found: An area for lost and found will be designated at the meet. After the meet lost and found items will be

donated to charity.

Meet Results: Results will be posted on the Wisconsin Swimming website. A copy will be provided to every club entered

in the meet.

Officials: Rich Bleser (414-870-4920, Richard.bleser@marsh.com), Vickie Bleser, Pat Lewno-Admin Ref.

Swim Supplies: Kiefer may be on site.

SEAY A-BB+B-C February 1, 2015

Event Order

AM Session

Girls	Event Description	Boys
1	10 & Under 50 Fly	2
3	11-12 50 Fly	4
5	10 & Under 50 Back	6
7	11-12 50 Back	8
9	10 & U Mixed 200 Free Relay %	9
10	12 & Under 200 Free Relay %	10
11	10 & Under 50 Breast	12
13	11-12 50 Breast	14
15	10 & Under 50 Free	16
17	11-12 50 Free	18
19	10 & Under 100 IM	20
21	11-12 100 IM	22
23	12 & Under 100 Free	24
25	12 & Under100 Back	26
27	12 & Under 200 IM	28
29	12 & Under 500 Free *	30

PM Session

Girls	Event Description		
31	8 & Under 25 Fly		
33	13-14 100 Fly	34	
35	Senior 100 Fly	36	
37	8 & Under 25 Back	38	
39	13-14 100 Back	40	
41	Senior 100 Back	42	
43	8 & Under Mixed 100 Free Relay %	43	
44	Senior Mixed 200 Free Relay %	44	
45	8 & Under 25 Breast	46	
47	13-14 100 Breast	48	
49	Senior 100 Breast	50	
51	8 & Under 25 Free	52	
53	13-14 50 Free	54	
55	Senior 50 Free	56	
57	8 & Under 50 Free	58	
59	Senior 100 Free	60	
61	8 & Under 100 IM	62	
63	Senior 200 IM	64	
65	Senior 200 Free	66	
67	Senior 200 Back	68	
69	Senior 500 Free *	70	

% Any combination of male and female swimmers

^{*} Positive check in event

Waiver & Summary Entry Form (Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against South Eastern Aquatics – Racine Family YMCA Swim Team/Racine Family YMCA/RecPlex/WI Swimming/USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

Make (2) copies of the entry forms:

- 1. Mail one copy of completed entry form, Hy-Tek entry disc, plus entry fees to the entry chair.
- 2. Retain one copy for coaches' records.

Club Name:		Abbr	••	
Signature of Club Officia	l, Parent, or Guardian			
Name:		Title:		
Address:				
		Zip:		
Entry Fee Recap: Total # of Individual Even	ts in Meet:x	Ind. Entry Fee @ \$4.50 =	= \$	
		ervation Fee Already Paid –		
(*NOTE: Teams who ov	er-reserved cannot use this a	amount to offset relay fees or	splash fees)	
Total No. of Relays in Me	Cotal No. of Relays in Meet: x Relay Entry Fee @ \$12.00 = \$			
Number of Swimmers Ent	ered in Meet X \$3.0	00 ea (WI LSC Splash Fee) =	\$	
Make Checks Payable to:	<u>"SEA"</u> Your Check Number	er Is Total Entry Fee =	\$	
Name of coaches represen	ting your team at meet:			
Name:		Phone		
Name:		Phone		
Name:		Phone		
Contact information for t	eam entry person (in case of c	entry problem):		
Name:	Phone	E-mail		
Name and address for ma	iling final results:			
Name:	E-mail Address:			
Address:				
City:	State:	Zip:		