

March 17, 2016



SOUTH EASTERN AQUATICS

# Serpent Times

## Neil's Kickboard

You are reading the final newsletter of the 2015-2016 Fall & Winter Season ... it's amazing how time flies.

Tonight at Park we will conduct End of SEASON Time Trials (5:30 p.m. warm-ups, 6:15 p.m. meet start). We have 15 alumni, family and friends competing along with 50+ SEA swimmers. Parent volunteers are needed to assist with timing! If you can help out, please meet on the deck at 6:05 p.m. Thanks in advance for your continued support of your child's team!

Last weekend's YMCA Sectional meet was a lot of fun and the meet certainly is growing. I posted a handful of pictures on our Facebook page and a recap of our results can be found later in this newsletter.

I sent out information on an upcoming fundraising oppor-

tunity through Milaeger's (takes to Tom Knaus for setting this up). Take advantage of this easy fundraiser ... especially if you have a green thumb!

Weight Training is now on break. Weight practices will pick-up again beginning June 8 and will run Monday/Wednesday/Friday, 10-11:30 a.m. and Saturday, 9:45-11:15 a.m. at Sealed Air. Those swimmers interested in weight training during the Spring Season should contact Mike.

Bring a Buddy to practice is scheduled for Tuesday, March 22 at Case High School from 6:00 p.m. to 7:00 p.m. Coaches have handed out flyers. Have your swimmers invite their friends who might be interested in joining SEA this Spring & Summer. Tryouts will be held at the Lakefront YMCA

on Monday, April 4 beginning at 6:00 p.m.

We had quick stop at Speedo Sectionals last Friday night in Pleasant Prairie. We normally don't support the Spring Sectional meet because we attend YMCA Sectionals, but this year's meet was long course in nature so we took advantage. William Buhler ended up breaking the 15-16 team record in the 1Br with his effort of 1:08.32 while Emily Bollendorf and Ivar Iverson scored some Final swims and Maren Hoferitza-Palermo and Caitlin Mertins weren't to far off their best efforts which is great considering we have not had a LC experience (meet or practice) since last August. Good job!

If you need anything at all, please contact me at 262.898.4766 or via email at south.eastern.aquatics@gmail.com.

## YMCA State Meet Information - GOOD LUCK!!!

Friday warm-ups begin at 4:00 p.m., meet begins at 5:00 p.m., and is scheduled to end at 7:00 p.m.

Saturday/Sunday AM warm-ups for our 10&U swimmers begin at 7:30 a.m. (doors open at 7:15 a.m.), meet begins at 8:20 a.m. and is scheduled to end at 10:10 a.m.

Saturday late AM warm-ups for 11&O swimmers - events 33-51, begin at 10:00 a.m., meet begins at 11:10 a.m. and is scheduled to conclude at 1:05 p.m.

Saturday late PM warm-ups for 11&O swimmers - events 52-76, begin at noon, meet begins at 1:15 p.m. and is scheduled to conclude at 4:07 p.m.

Sunday late AM warm-ups for 11&O swimmers - events 103-121, begin at 10:00 a.m., meet begins at 11:10 a.m. and is scheduled to conclude at 1:08 p.m.

Sunday late PM warm-ups for 11&O swimmers - events 122-144, begins at noon, meet begins at 1:20 p.m. and is scheduled to conclude at 3:34 p.m.

### Upcoming Deadlines

YMCA Nationals	4/1
YOTA LC Single Day Splash	4/1
SSTY Open	4/15
8th Annual SEA Early Bird	4/20
Sprint Time Trials	4/24
LAKE Swim Your Own Age	5/1
SEA Pirate Plunge II	5/20

### Special points of interest:

- Did you know our next season begins April 5 and registration took place March 14? Did you miss registration? Call Neil if you did and he'll help you out.
- June 2016 will be our next 13&O Training Trip to Panama City. If you would like to attend, please let Coach Neil know.
- SEA swim caps are required at swim meets and are available from coaches for \$12.

## Coach Mike's Corner

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Hi SEA fans! This is one of the last Coach Mike's Corners of the season. I just want to mention how proud I am of all the swimmers and coaches I work with. There are so many talented and more importantly hard working individuals on this team that make it so great to be around! As we get

ready for the last two meets of the season for the age group swimmers remember to eat right and get enough sleep before your meets. And finally during the off season make sure you have some fun out of the pool! Its extremely important to have other activities other than swimming!

### Swimmer Shoutout

The swimmer shout out this week goes to my swimmers who are moving up to the senior program next year. I am incredibly proud of each and every one of your accomplishments in and out of the pool, and I know I'm very blessed to have been able to coach you.

## 13&O Training Trip is scheduled

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Every two years we host a 13&O Training Trip to the vicinity of Panama City Beach, FL and our tentative dates for the 2016 trip are June 11-18 or June 12-19. Departure to and from Florida will be 3:00 a.m. - the early bird catches the worm!

The trip will cost between \$750-\$1000 and this cost will cover most expenses.

Swimmers attending and who have forwarded their \$100 deposit include: Scott Palmer,

Joey Abel, Sara Bollendorf, Paige BETHAUSER, Tiffany Steffes, Erin Cain, Emily Cain, Kinzie Reischl, Marlee Reischl, Jake Trask, and Isabelle Buhler.

Swimmers expressing interest in attending include: Ali Scharff, Hannah Kehl. (Please forward your deposit). Thanks!

Our chaperones include Lydia Bollendorf and Missy Reischl.

Coaches attending this year include Mike

Annis and Alyssa Gustin.

A meeting will be scheduled sometime in May to fill out paperwork and collect final payments. Please watch this area of the newsletter to updated information (should have finalized costs in the next month).

**In addition, please "double confirm" that you are still planning on attending the training by March 17 by emailing Coach Neil at south.eastern.aquatics@gmail.com.**

## Officials Training Available at Sealed Air YMCA ... 4/16

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Liz Christensen, your parent board member serving in the capacity of our officials chair, has scheduled an officials training opportunity here in Racine.

The training will be held on Saturday, April 16 at the Sealed Air YMCA.

The 8:00 a.m. to Noon training will cover Stroke and Turn training and is open any parents (no experience necessary). To date, Tracy Stouffer, Lindsey Thomas, and Jose Arteaga are attending.

The 12:30 p.m. to 4:30 p.m. Training will cover starter referee certification.

There will be spots for up to 15 parents to attend.

This is an easy way to volunteer during SEA hosted meets.

If you need more information or are interested in attending, please reach out to Liz at [ejchrist@wi.rr.com](mailto:ejchrist@wi.rr.com) or 262.994.4088.

## YMCA Sectional Highlights & Recap

We finished second of eight teams with 2,508.50 points and posted 54% best times team wide this past weekend.

New State qualifying times were achieved by Hugo Arteaga 2Fr, Sara Bollendorf 500Fr, Isabelle Buhler 4IM, William Buhler 2Ba, 500Fr, Ali Scharff 50Fr, Hopking Uyenbat 50Fr, 2IM, and Neil Wright III 50Bf, 1Bf.

Sofia Badillo assaulted the 9-10 record books breaking six team records 1Fr, 50Ba, 50Bf, 1Bf, 2Fr, 500Fr. Her sister Natalia broke the 11-12 2Br record while Jake Trask broke the 13-14 4IM record.

Notching some of the quickest times in our history were Zoe D'Alessandro 7th 1Br, Sofia Badillo 3rd 1IM, 2nd 50Fr, Alyssa Hyland 4th 2Br, Maren Hoferitza-Palermo 10th 2Br, Eden Wember 4th 2Bf, Quinn

Wright 10th 1Fr, CJ Trask 6th 1Ba, 8th 2Fr, Neil Wright III 7th 1Bf, 5th 500Fr, Hopking Uyenbat 10th 2IM, Josh Abel 10th 1Bf, Nathan Mudry 7th 1IM, Ivar Iverson 2nd 500Fr, William Buhler 9th 500Fr, 10th 2Ba, and Bailey Bleser 8th 2Bf.

Cutting more than five seconds in a single event were Josh Abel -5.10 2Ba, Joey Abel -11.25 500Fr, Hugo Arteaga -47.49 2Fr, Sofia Badillo -151.08 500Fr, Bailey Bleser -5.50 2Bf, Sara Bollendorf -7.13 500Fr, William Buhler -5.84 500Fr, Ana Carrillo -14.50 1Bf, Maritxell Chavez-Alvarada -10.07 1IM, Zoe D'Alessandro -7.41 1Br, Maya Frodl -9.91 500Fr, Shelby Gain -10.51 2IM, Allison Gifford -5.79 1Fr, Shaelyn Jensen -6.65 50Ba, Carter Johnson -27.81 2Fr, Cole Johnson -33.04 1IM, Ella Million -6.86 1Fr, Elena Palermo -21.78 2IM, Parker Palermo -62.56 2Br, Riley

Palermo -7.951Ba, Scott Palmer -34.41 500Fr, Rylan Patino -18.63 1Ba, Madi Peterson -5.95 500Fr, Elise Piper -7.90 2Fr, Emily Stouffer -5.99 2Fr, Stephanie Strange -8.72 500Fr, Alice Stratman -5.45 1Fr, Elizabeth Stratman -5.83 1Fr, Mac Thomas -7.52 1Br, Hopking Uyenbat -11.16 2IM, Eden Wember -10.37 2Bf, Neil Wright III -109.07 500Fr.

Posting all best times were William Buhler, Meg Cerny, Mike Cerny, Riley Palermo, Scott Palmer, Easten Wember, and Quinn Wright.

Great job to all the swimmers who attempted new events during YMCA Sectionals. You did awesome!

Good luck tonight during End of SEASON Time Trials and YMCA State this weekend!

## Swim-a-Thon is Underway ... this year we reset the date

The timeframe for our Swim-a-Thon has been reset in order to align with USA Swimming's calendar. Because of this, our next Swim-a-Thon will not take place until December of 2016.

Donations collected and turned in this season will still be credited to your fundraising obligations for this season. It's probably best to solicit flat pledges versus a pledge covering the number of

lengths covered during the event (especially if you need the Swim-a-Thon pledges to cover your fundraising obligation).

One of the benefits of moving the Swim-a-Thon to the end of the year will be the added time to solicit pledges and it also gives our Spring &

*Flat pledges can be forwarded by the end of this season for inclusion to a families \$150 fundraising minimum.*

Summer swimmers an opportunity to participate too.

Great prizes are available once again and you can read all about them at our website under the MEM-

BERS dropdown menu by clicking on the SWIM-A-THON link under the Fundraising section. Take advantage!

## YMCA National Hotel Information

This year Y-Nats will be held April 4-8 in Greensboro, NC. Swimmers should plan on arriving on April 2. We will stick around for the GTAC Long Course Time Trial event on April 9.

There are ten king rooms with pullout sleeper sofa reserved at the Drury Inn (about two miles from the pool).

The deadline to secure a room is February 19, 2016. (Neil will have rooms available

after that date however.)

Please call the YMCA Sports Housing Office 850.224.7167, Monday-Friday 9:00 a.m.-5:00 p.m. EST to reserve room.

When you call you will need the following information:

- 1) Name of the coordinator the team block is under - Neil Wright
- 2) YMCA Name - Racine Family YMCA

- 3) Your dates of check-in and check-out

- 4) Your credit card information to hold the room



The Drury Inn offers free breakfast and a pub-style dinner.

**We have ten king rooms with a pullout sleep sofa reserved at the Drury Inn.**

## Spring & Summer Registration Information

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It's hard to believe, but the Spring & Summer Season is right around the corner.

Dates pan out like this:

Spring & Summer dates

April 5-August 5

Spring Only dates

April 5-June 25

Summer Only dates

May 16-August 4

The first opportunity to register was Monday, March 14 at Case

High School from 6:00 p.m. to 7:30 p.m. (reminder, this is also the team picture date).

Tentatively, another date for returning registration will be Tuesday, April 5 from 6:00 p.m. to 7:30 p.m. at Case High School.

This year we have added another two weeks to the over length of each season (by beginning two weeks earlier). Because of the added weeks, there will be no off-season training between

the current season (Fall & Winter) and the next one (Spring & Summer).

Off-season training will be held during the month of August at Meadowbrook as we have offered for many years now.

The 2015-2016 Fall & Winter Season was a banner year for SEA in terms of numbers (currently 129 .. about 15 more swimmers than previous years). We hope to SEA you swimming this spring & summer!

## Bird Bath Hotel Information

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This summer we'll be heading back to the Bird Bath event in Appleton, July 8-10.

This summer we have blocked 30 rooms at the LaQuinta under South Eastern Aquatics. The deadline to pull a room is June 17.

15 rooms are two room suites with two queen beds @ \$122.40; 10 rooms are one rooms suites with one queen bed and pullout sofa @ \$118.15; and five rooms are two room suites with one king bed and a pullout sofa @

\$122.40.

Hotel has free internet and breakfast.

Address if 3800 West College Avenue, Appleton, WI 54914.

Call 866.527.1498 to reserve your room today.

## Annual Banquet Information

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Our annual Awards Banquet will be held on Thursday, May 12, 2016 at Infusino's Banquet Hall beginning at 6:00 p.m.

Our Annual Banquet celebrates a year of hard work and dedication of our student-athletes.

It's an opportunity for our swim

family to get together and recognize and honor all their successes in the pool.

The Banquet also gives us an opportunity to say goodbye to our graduating senior athletes and for them to share their



*Save the date ... Annual Banquet will be held Thursday, May 12.*

memories of SEA and what they remember most.

Registration form is available on our website under the MEMBERS dropdown menu by clicking the ANNUAL RECOGNITION BANQUET link. We hope you can join us!



**SOUTH EASTERN AQUATICS**

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**On Twitter @SEAWisconsin**  
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**MISSION STATEMENT**

*To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.*

**VISION STATEMENT**

*As a swim team without a true home, it is SEA's vision to one day build a pool of our own.*

**YMCA CHARACTER DEVELOPMENT**

*Caring, honesty, respect, and responsibility. Live within this traits and your time here at SEA will be amazing!*

**Extended Calendar**

**March 2016**

17, End of SEASON Time Trials at Park

18, Last practice of the Fall & Winter Season

18-20, YMCA State

22, Bring a Buddy to SEA day, 6:00-7:00 p.m.

**April 2016**

4, Tryouts at Lakefront Y, 6:00 p.m.

4-8, YMCA Nationals

5, First day of practice for Spring & Summer!

9, YOTA Single Day Splash

16, Annual LSC Meeting in

Madison

18, New Family Registration, 6:00 at TBD

25, Parent board meeting, 6:00

p.m., Park - all welcome!

28, Sprint Time Trials

30-1, 8th Annual SEA Early Bird

**May 2016**

14, LAKE Swim Your Own Age

21-22, SSTY Open

**June 2016**

3-5, Pirate Plunge II

10, Tri-dual w/LGSC & KYST

24-25, 6th Annual SEA Summer Sizzler

