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### UPCOMING EVENTS:

- The final
   Saturday
   morning practice of the
   season
   (includes
   diving too) will
   be held on
   March 7.
- The next parent board meeting will be held March 9, 6:30 p.m. at Case. All welcome!
- Need a swim cap? Please speak with Neil. \$12 per cap.

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# SERPENT TIMES

EST. 1984

<u>FEBR</u>UARY 26, 2015

### Neil's Kickboard

Tuesday this week my friend Will Moser was in the Lakefront Y pool swimming his laps. It's February and in case you didn't know it, USMS (United States Masters Swimming) is running it's annual Postal Challenge. What's a Postal Challenge you ask ... read on.

A Postal Challenge is when Master Swimmers across the county track their total yards for the month, send in the total and compete to see who covered the most miles for February-usually participants receive a cool medal or something ... for sure bragging rights are at stake.

Anyway, I asked Will how far he went that day and he said 5,400 yards. Now that's a great workout, but the kicker that makes it even more impressive ... he's 80-years-old!

Swimming is one of the few lifelong sports out there and I'm happy to know our student-athletes are developing the skill sets to maintain a

healthy lifestyle. Maybe a Postal Challenge is in their future? Time will tell.

Okay, so one of our swimmers gave me an envelope full of escrow funds in the form of cash ... there's no name



Last weekend's Regional Championships was a great meet for our team. Congratulations on a great showing swimmers!

associated with this? Please contact me if this is yours - maybe you could tell me how much is inside?

Last weekend started the champion-

ship portion of our season and overall it was a success. As we move to 12&U State this weekend and to the remaining meets on our scheduled, I would like to remain swimmers, coaches and parents alike that we need to keep our emotions in check and be supportive of one another regardless of the experience. It is so easy to get caught up in the moment of a big race or meet. Remember our swimmers are children (even our senior level ones) and this sport is suppose to be fun. Keep an eye on the bigger picture of what it means to be on a YMCA swim team - caring, honesty, respect and responsibility are important character building blocks and if we display them whether we win or lose, we will all be winners at the game of life. Good luck swimmers!!!!

Please call or email me if you ever have any questions or concerns. 2 6 2 . 8 9 8 . 4 7 6 6 or a t south.eastern.aquatics@gmail.com.

## 12&U State Information

Good luck this weekend at Waukesha South High School during 12&U State!

Assigned warm-ups throughout the meet ...

Friday warm-ups from 12:55 p.m. to 1:20 p.m. Additional warm-up opportunities from 1:45 p.m. to 2:00 p.m. - meet begins at 2:05

p.m.

Saturday 10&U warm-ups begin at 7:50 a.m. and end at 8:15 a.m. Meet begins at 8:35 a.m. Relay only swimmers should be on deck at 10:30 a.m.

Saturday II-I2 warm-ups begin at I2:55 p.m. and end at I:20 p.m. Meet begins at I:40 p.m.

Sunday 10&U warm-ups begin at 7:00 a.m. and end at 7:25 a.m. Meet begins at 8:35 a.m. Relay only swimmers should be on deck at 11:00 a.m.

Sunday 11-12 warm-ups begin at 12:45 p.m. and end at 1:10 p.m. Meet begins at 2:20 p.m.

Drive safe, swim fast, have fun!



Not sure what's going on? Read this section to stay connected and in the loop.

### much can be accomplished if no one cares who gets the credit." ~ John Wooden

"It's amazing how



Who's Your Buddy will take place on Friday, March 20. Fun, fun, fun!

### The Week Ahead

### Thursday, February 26

(practice will be held in a Primary fashion)

### Friday, February 27

(practice combined at Park, 12&U State in Waukesha)

### Saturday, February 28

(practice at Sealed Air and diving practice at Lakefront, 12&U State in Waukesha)

### Sunday, March I

(12&U State in Waukesha)

### Monday, March 2

(practice will be held in a Primary fashion)

### Tuesday, March 3

(practice combined at Case)

### Wednesday, March 4

(practice will be held in a Primary fashion)

### Thursday, March 5

(practice combined at Case, 13&O State at the RecPlex)

### Friday, March 6

(practice combined at Case, 13&O State at the RecPlex)

### Saturday, March 7

(practice at Sealed Air and diving practice at Lakefront, 13&O State at RecPlex)

### Sunday, March 8

(13&O State at RecPlex)

### Monday, March 9

(team picture at Case beginning at 5:30 p.m.)

## Regional Championships Recap

Sixteen new State qualifying times were achieved at this event and we finished fourth overall as a team - not bad considering we only had 34% of our total team entered.

Posting new State times were Hugo Arteaga 25Bf, Natalia Badillo IBa, IIM, 50Fr, Bailey Bleser IBf, Emily Bollendorf IK, Maren Hoferitza-Palermo Mile, Nathan Mudry IIM,

Samyukta Munagavalasa 50Fr, Emelia Selky IK, Eden Wember 4IM, 2Ba, and Elisa Wember IBr, 2Ba, 2IM, IBa.

Bailey Bleser broke the IK and Mile 13-14 team records (10:38.30 and 17:40.16 respec-

Notching some of the fastest times in our history included Elise Wember 10th 1Ba, 6th

IBf, Mackenzie Reischl 5th 2Fr, Emily Bollendorf 5th 1K, 7th Mile, 8th IBa, Maren Hoferitza-Palermo 6th Mile, 7th IBa, Emelia Selky 8th IK, CJ Trask 3rd 25Fr, 5th 50Fr, 2nd 25Ba, 3rd 50Ba, 10th 50Br, 2nd 50Bf, Hugo Arteaga 6th 50Fr, Jacob Trask 3rd 50Fr, 3rd 500Fr, and Bailey Bleser 4th 2Fr, 7th IBa, 8th IBr. Continued on next page ...

## Who's Your Buddy?

On Friday, March 20th we'll be hosting a Who's Your Buddy event at Case for all swimmers and one of their buddies.

Who's Your Buddy is all about fun and is a recruiting event for our next

season which begins on Monday, April 13.

A flyer will go home to all swimmers soon explaining the details (it will be emailed to you and posted on our website as well).

Parents are asked to donate healthy snacks and drinks along with napkins and paper plates. If you can donate any items, please email Neil and he'll keep a list in this section of the newsletter. Thanks in advance for your help!

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# Regional Championships Recap ... continued



Bailey Bleser, Joanna Caro, Carter Johnson, Taylor Knaus, Congratulations to all the swimmers who swam their hearts out last weekend in Greenfield - so proud of you all!

Nathan Strickland, and Grace Zygowski all posted 100% best times during the weekend meet!

Dropping more than ten seconds in a single

event were Joey Abel –13.16 1Bf, Bailey Bleser –17.11 Mile, Emily Bollendorf –24.22 1K, Erin Cain –40.21 1K, Taylor Knaus – 10.51 2Fr, Austin Lentz –15.14 500Fr, Emaleigh Neo –10.09 2Br, Ali Scharff –22.61 500Fr, Jack Scharff –10.93 2Fr, Emelia Selky –39.73 1K, Emma Wisniewski –11.22 1Fr, and Grace Zygowski –21.53 1Fr.

Four of our teammates were awarded a High Point Trophy at the conclusion of the meet ... CJ Trask 1st Place, Nathan Mudry 1st Place, Bailey Bleser 1st Place, and Natalia Badillo 3rd Place. Congratulations on all your successes swimmers!

We will be celebrating 30years of SEA

swimming on

Friday, March

27th at the

**Masonic Center** 

... Hope to SEA

you there!

## More 30th Anniversary Information

I hope this winter has been treating everyone well. I wanted to touch base with you regarding our great fundraiser/party we will be having at the Masonic Lodge on March 27. As in the previous two years, I am looking to have each swim group create a raffle basket for the event. This has been extremely popular in years past and I am hoping the tradition continues.

I will need a parent from each group to volunteer to be a the leader. What will be involved is to email the parents in your swimmers training group, collect funds and then create a basket. I would appreciate any and all help with this task. Does anyone want to volunteer? Just let me know!

In addition, if anyone has a basket they would like to donate or know

any businesses in the area I can contact, please let me know. We have already received an autographed Brewers baseball and a month of free classes at 9 Rounds Racine. Thank you to those parents that donated these items!

This event not only raises funds for out team, but celebrates the success our team has had over the past 30-years! (continued below)

## Even more 30th Anniversary Information

This event will be bigger and better with more drink selections, cool tours of the mansion and a few extra delights. We are not limited to the number of people we can have so please spread the word loud and far to all that want to have some fun!

NEW THIS YEAR, you will be able to purchase tickets on-line through our website. This will be available soon. Please look for much more information to come your way about this team event. LET'S MAKE THIS A GREAT SUCCESS!

Once again, please let me know if you are interested in any of the volunteer spots.

Thanks everyone!

Rebecca Scharff

414.807.4353

rebeccascharff@yahoo.com



Rooms are now reserved for YMCA Nationals. This year's theme is outer space.

### **YMCA Nationals Hotel Information**

Eight rooms (King w/pullout Queen sleeper sofa) have been blocked under South Eastern Aquatics at the Hyatt Place Greensboro for the upcoming Y-National event.

Rooms have been blocked from Saturday, March 28 to Saturday April 4.

The hotel will drop the rooms on March 2. Please call 336.852.1443 to pull a room from the block by March 2.

The room rate is \$99 plus tax and includes complimentary hot breakfast.

The hotel is less than five miles from the

competition pool.

You will be able to adjust the dates of the hotel when you call if your schedule does not have you in Greensboro all week.

Please speak with Neil if you have any questions concerning YMCA Nationals.

## SCRIP, the Easiest Way to Fundraise

"Great minds
discuss ideas.
Average minds
discuss events.
Small minds
discuss people." -

Order by March 2 (delivery on 3/5), and order y March 16 (delivery on 3/19). Don't forget you can still purchase Scrip Now! Or Scrip Reload anytime.

For those who utilize mobile apps, Shop with Scrip has a mobile app for you!!

My Scrip Wallet allows you to purchase and redeem Scrip Now! Or Scrip Reload right from your phone. In a matter of minutes, you can purchase Scrip, shop and redeem all while earning SEA fundraising dollars.

Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:15 p.m. Individual arrangements can also be made.

Your order can be placed at www.shopwithscrip.com by using the SEA enrollment code of 173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

#### **SCRIP Quick Facts**

- 1) www.shopwithscrip.com
- 2) SEA enrollment code = 173DF3A917711
- 3) Payment method = PrestoPay
- Deliveries are scheduled I-2 times per month during practice.
   Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at brose7@wi.rr.com or Kim Wergin at kimwergin@aol.com. Thanks!

## January & February Birthdays

Aging up, it happens to everyone.



Sofia B. Scott P. Kate B. Abby P. Halina C. Sebastian R. Jack E. Marlee R. Ali S. Lindsey F. Katelyn G. Robin S. Abby K. Tiffany S. Emaleigh N. Grace Z. Drew E. Elena P.

Megan G.
Jacbo H.
Adara J.
Ava K.
Jason L.
Mitchell M.
Cooper S.
Alyssa S.
AJ W.

### YMCA Sectionals Entries Due March 1st



We are off to a good start for YMCA Sectional sign-ups with 32%

Don't forget to sign-up for YMCA Sectionals ... the final "BIG" team meet of this season! of the team already entered and ready to race.

YMCA Sectionals is our final "BIG" team meet of the season and will be held at the YMCA at Pabst

Farms in Oconomowoc on Saturday and Sunday, March 14-15.

For those attending YMCA Nationals, this meet is required and for all other swimmers, it represents the last opportunity to achieve YMCA State qualifying times, make a spot

on a Y-State relay or post a new personal record.

Unlike all other meets we attend, YMCA Sectionals (and YMCA State) uses an alternate age-up date for determining an athletes age for this event. Instead of the first day of the meet, December 1, 2014 is used to determine swimmers age-groups for the meet.

Even if you can only swim one of the days at YMCA Sectionals, the coaches would love to SEA you there!
Contact Neil to sign-up today.

Our annual team picture will be held at Case on Monday, March 9 beginning at 5:30 p.m. It's the coaching staffs dream to have all 118 swimmers in attendance.

### Team Picture Scheduled for March 9th

This year's team picture will be held at Case High School on Monday, March 9th.

This event will begin at 5:30 p.m. with individual and sibling pictures first.

When individual and sibling pictures are finished, the team picture will take place.

Swimmers should wear their

team suits. Otherwise a solid black suit is preferred or a solid blue or green one.

Order forms will be handed out soon and the forms along with payment should be hand delivered to the photographers on the night of the picture (checks made payable to VIP).

When the team picture is fin-

ished, a team wide practice will be held until 8:00 p.m. ALL swimmers in the Pups, Lions, Dragons, and Green groups are welcome to stay until 8:00 p.m. or can leave at their normal practice ending times (or stay for a little bit if they like).

It would be great to have all 118 swimmers attend this fun event!

## FREST Clinic Scheduled for March 23-April 2

For those swimmers who can't get enough of the water and want to stay plugged in between the Fall/Winter Season and the Spring/Summer Season, maybe the upcoming FREST Clinic is for you.

FREST stands for finishes, relay exchanges, starts and turns and beginning March 23 and running

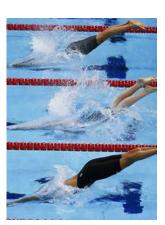
through April 2 (Monday-Thursdays) this clinic will review

and polish up all those skill sets that lead to faster swims. Practices will run 6:00 p.m. to 7:00 p.m. and will be limited to the first 40 swimmers.

The cost is \$40 per swimmer and practices (at this time), will be held at Case.

Contact Neil to sign-up.

Swimmers attending: Austin Lentz, Nathan Mudry, Pudzisz x3, Paige Betthauser, Katie Gifford, Rachel Christensen, Chryst x3, Badillo x2, Munagavalasa x3, Stratman x2, Wember x2, Payton Church.





## South Eastern Aquatics Racine Family YMCA Swim Team

725 Lake Avenue

Racine, Wisconsin 53403

SEA SWIM TEAM (Facebook)

@SEAWisconsin (Twitter)

www.sea-y.org (Web)

Phone: 262.898.4766 Fax: 262.634.0401

Email: south.eastern.aquatics@gmail.com

**Parent Motto:** 

Love, Support, Transport.

#### **SEA's Mission:**

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

#### **SEA's Vision:**

As a swim team without a true home, it is SEA's vision to one day build a pool of our own.

Established in 1984, we are set to celebrate our 30th anniversary this year!

## On the Starting Blocks

### February 2015

27-1, 12&U State

#### March 2015

5-8, 13&O State

- 9. Team Picture
- 9, Parent board meeting Case, 6:30 p.m. all welcome
- 14-15, YMCA Sectionals
- 19, End of SEAson Time Trials
- 20, Who's Your Buddy?
- 20-22, YMCA State
- 23-2, FREST Clinic
- 27, Wine/BeerTasting & Raffle Event
- 30-3, YMCA Nationals
- 30, Returning Registration

### April 2015

13, First day of practice

- 13, Returning Registration (please registration on March 30 if at all possible)
- 25, LSC Meeting
- 27, New Family Registration

#### May 2015

2-3, Early Bird Open (SEA hosted)



Take a look at the months ahead and stay up-to-date.

29-31, Inaugural Pirate Plunge (SEA hosted)

### June 2015

19-21, Summer Sizzler (SEA hosted)

#### July 2015

15-18, Speedo Champions Series

24-26, 12&U State

30-2, 13&O State (SEA hosted)

30-3, Speedo Junior Nationals

31-2, 14&U Central Zones

#### August 2015

3-28, OST at Meadowbrook