

**Southeastern Aquatics
Racine Family YMCA Swim Team (SEA)
June 21-22, 2019**

9th Annual Summer Sizzler

USA Sanction WI 2019-242S

In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

- Meet Director:** Jose Arteaga (773-469-2241)
joseharteaga@gmail.com
- Entry Chairperson:** Pat Lewno
5330 Linden Circle
Racine, WI 53406
Email: plewno@gmail.com
- Location:** RecPlex
9900 Terwall Terrace
Pleasant Prairie, WI 53158
- Eligibility:** All swimmers must be currently registered with USA Swimming. USA Swimming deck registrations will not be accepted.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Class of Meet:** 12 & U and 13 & O Meet
- Facility:** Indoor, 50 meter pool with up to 10 lanes. Pool depth 7' at the shallow end and 12' at the deep end. Starting blocks are 29.5". The Competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- Schedule/Warm-ups:** Friday and Saturday AM Session: 8:00 am warm-ups
Friday and Saturday AM Session: 9:05 am meet start
Friday and Saturday PM Warm up Session: At the conclusion of the AM session and lasting 45 minutes
- Estimated meet timeline will be available on the homepage of the SEA website www.sea-y.org
- Wisconsin Swimming warm-up procedures will be in effect. Swimmers must enter the pool from the starting end using a three point entry for warm-up. Warm-up session will begin with 30 minutes of circle swimming in all lanes. Sprint lanes will be opened as needed during the second 30 minutes. Violators of the Wisconsin Swimming warm-up procedures are subject to disqualifications.
- Timing System:** A fully automatic Colorado timing system with 2 manual back-up buttons and two back-up timers for each lane will be used. If the automatic system fails, a gun or horn start will be used.
- General Rules:** Official 2019 USA Swimming and WI LSC rules shall prevail at this meet. Age as of June 21, 2019.
- Entry Deadline:** Team entries on Hy-Tek entry file, hard copy, waiver, and fees must be received by the Entry Chair **no later than 6:00 PM, June 11, 2019**. If you submit entries via email, the hard copy, waiver, and fees must be received no later than 6:00 pm, June 11, 2019. **Please do not submit more entries than you have reserved unless you have checked with the Meet Director.**
- Entry Fees:** \$5.00 per individual events, \$12.00 per relay, \$4.00 RexPlex Facility fee, and \$3.00 WI LSC Splash Fee for each swimmer entered in the meet. All fees must accompany entries. Checks should be made payable to "SEA". **NOTE: Please be sure that the waiver is signed. We cannot accept entries without a waiver.**

- Entry Limit:** Participation is limited to four (4) individual events each day plus relays.
- Disabled Swimmers:** Coaches are responsible for informing Officials and the Meet Director of any disabled swimmer's needs prior to warm-ups.
- Deck Entries:** Deck entries will be accepted to fill open lanes. No additional heats will be added. \$8.00 per individual event plus WI LSC Splash fee of \$3.00 and \$4.00 RecPlex Facility fee if the swimmer is not already entered in the meet. Deck Entries will close 30 minutes prior to the beginning of each session.
- Format:** This is a timed final meet. All events will be swum as combined and then separated for awards. **Multi-age event format will be used. The Hy-Tek event file for Senior events will be 15 and over however a swimmer of any age may participate in a Senior event. Please "age-up" a swimmer younger than 15 who wants to compete in a Senior event.** All events will be pre-seeded with the exception of the 400 Free events. These events will be positive check in events and deck seeded. Fly over starts may be used. Please note: Heats/events may be combined due to time constraints, but will be awarded as separate age groups. If necessary to meet session time limits, events/heats may be limited.
- Deck Seeded Events:** All events will be pre-seeded with the exception of the 400 Free. This event will be a scratch event and will be deck seeded. Swimmers may scratch from this event by marking "scratch" on the displayed entry list near the glass office. The scratch deadline is 30 minutes prior to the beginning of the session. Any swimmer who fails to compete in the 400 Free event heat in which such swimmer is entered and has not been scratched will be barred from the next individual event in which the swimmer is entered, on that day or the next Meet day, whichever is first. **The 400 Free will run fast to slow alternating girls and boys.** Entries may be limited by Meet Management to meet the session time limit.
- Coaches Packet:** Coaches may pick up their packets at the Scoring/Records Table. Any monies owed must be paid before you can obtain your packet. Please be prepared to show your USA coach's card or Deck Pass at the time you pick up your team packet. Coach's cards must be visible at all times on deck or Deck Pass credentials be available.
- Awards:**
- | | |
|-------------|--|
| Individual: | 1 st – 16 th ribbons for 10 & Under, 11-12 |
| | 1 st – 6 th ribbons for 13-14 and Senior |
| Relays: | 1 st – 3 rd ribbons for all age groups |
- Awards will be bagged and must be picked up at the meet. Awards will not be mailed after the conclusion of the meet.**
- Heat Sheets:** \$5.00—cash only (Available free at www.sea-y.org)
- Admissions:** \$5.00 per session for spectators over the age of 12—cash only.
- Food:** The RecPlex will have food and beverages available at concession areas during the meet. Coaches and officials working the meet will be provided complimentary food and drink in the hospitality room. There will be a charge for food and beverages at the concession areas.
- Parking:** There is free parking on the street, ball field lots and throughout the park.
- Conduct:** All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals have the authority to remove any swimmer and/or spectator from the meet for any violation such as improper behavior, damage to property, etc. No smoking on the premises. Please encourage your parents and swimmers to clean up after themselves. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited. Drones are not allowed.
- First Aid:** Report injuries to the Lifeguard and Meet Director. First aid kit is located at the Lifeguard stand.
- Lost & Found:** An area for lost and found will be designated on deck. Items remaining in lost & found at the conclusion of the meet will be donated to the Salvation Army.
- Meet Results:** Results will be posted on the WI Swimming website. Each club will receive emailed results.
- Officials:** Tracy Stouffer (414-764-2126, st.stouffer@yahoo.com), Pat Lewno-Admin Official (262-637-2913, plewno@gmail.com)

Swim Supplies:

Available on site.

Event Order

Friday AM Session

Girls	Event Description	Boys
1A	10 & U 100 Free	2A
1B	11-12 100 Free	2B
3A	10 & U 50 Breast	4A
3B	11-12 50 Breast	4B
5	10 & U 200 Medley Relay	6
7	12 & U 200 Medley Relay	8
9A	10 & U 100 Back	10A
9B	11-12 100 Back	10B
11A	10 & U 50 Fly	12A
11B	11-12 50 Fly	12B
13	10 & U 200 Free	14
15	11-12 400 Free*	16

* Scratch Event

Saturday AM Session

Girls	Event Description	Boys
33A	10 & U 50 Free	34A
33B	11-12 50 Free	34B
35A	10 & U 100 Breast	36A
35B	11-12 100 Breast	36B
37	10 & U 200 Free Relay	38
39	12 & U 200 Free Relay	40
41A	10 & U 50 Back	42A
41B	11-12 50 Back	42B
43A	10 & U 200 IM	44A
43B	11-12 200 IM	44B
45	11-12 200 Free	46
47	10 & U 400 Free*	48

* Scratch Event

Friday PM Session

17A	13-14 100 Free	18A
17B	Senior 100 Free	18B
19A	13-14 100 Breast	20A
19B	Senior 100 Breast	20B
21	14 & U 200 Medley Relay	22
23	Senior 200 Medley Relay	24
25A	13-14 200 Back	26A
25B	Senior 200 Back	26B
27A	13-14 100 Fly	28A
27B	Senior 100 Fly	28B
29	13-14 200 Free	30
31	Senior 400 Free*	32

* Scratch Event

Saturday PM Session

49A	13-14 50 Free	50A
49B	Senior 50 Free	50B
51A	13-14 200 Breast	52A
51B	Senior 200 Breast	52B
53	14 & U 200 Free Relay	54
55	Senior 200 Free Relay	56
57A	13-14 100 Back	58A
57B	Senior 100 Back	58B
59A	13-14 200 IM	60A
59B	Senior 200 IM	60B
61	Senior 200 Free	62
63	13-14 400 Free*	64

* Scratch Event

Waiver & Summary Entry Form
(Entries will not be accepted without waiver form)

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against South Eastern Aquatics – Racine Family YMCA Swim Team/Racine Family YMCA/RecPlex/WI Swimming/USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this meet. I/We are bona fide amateur athletes and eligible to compete in all events I/we have entered.

Make (2) copies of the entry forms:

1. Mail/Email one copy of completed entry form, email Hy-Tek entry file, mail/email hard copy of entries, plus entry fees to the entry chair.
2. Retain one copy for coaches' records.

Club Name: _____ Abbr: _____

Signature of Club Official, Parent, or Guardian

Name: _____ Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Entry Fee Recap:

Total # of Individual Entries in Meet: _____ x Ind. Entry Fee @ \$5.00 = \$ _____

****Subtract Reservation Fee Already Paid –*** \$ _____

(*NOTE: Teams who over-reserved cannot use this amount to offset splash fees or usage fees)

Number of Swimmers Entered in Meet _____ x \$3.00 each (WI LSC Splash Fee) \$ _____

Number of Swimmers Entered in Meet _____ x \$4.00 each (RecPlex Facility Fee) \$ _____

Total # of Relays in the Meet _____ x Relay Fee @\$12.00 \$ _____

Make Checks Payable to: "SEA" Your Check Number Is _____ Total Entry Fee \$ _____

Name of coaches representing your team at meet:

Name: _____ Phone _____

Name: _____ Phone _____

Name: _____ Phone _____

Contact information for team entry person (in case of entry problem):

Name: _____ Phone _____ E-mail _____

Final Results will be posted on the WI Swimming Website. We will email results to each team also.

Name: _____ E-mail Address: _____

Address: _____

City: _____ State: _____ Zip: _____