

SEA K.I.S.S. Senior Goal Sheet  
2017-2018 Fall & Winter

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Name \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_

- 1) What was the lasting impression of last season? Happy, sad, indifferent? Satisfied or Unsatisfied? Explain and give a reason why you answered the way you did.
  
- 2) Do you need to do anything different this year compared to last year? Regardless of your answer, explain in detail.
  
- 3) I will offer six practices a week. How many do you plan on attending?
  
- 4) List at least one short term goal for this season (feel free to add more).
  
- 5) What is your dream goal?
  
- 6) Describe what this season looks like in a perfect world/outcome.
  
- 7) Anything else you want to add ... take advantage here!

Use the back if you need too.