



Neil's Kickboard

It was great chatting with the handful of new parents this week at Horlick. If you missed the new parent meeting and have questions or concerns, please reach out to me and I will be happy to help you!

Please share with your swimmers ... I'm looking for an athlete to design the heat sheet cover for our upcoming Penguin Challenge. If your swimmer is interested, please forward the finished product to me by January 4.

Page three of this newsletter has information on our Christmas training schedule (I'm still working on shoring up a few dates at Sealed Air Y and will keep you posted on

any updates).

A couple of important reminders:

- 1) Swimmers planning on attending this June's 13&O Training Trip should forward a \$100 deposit by **December 1**. I currently have the following deposits: Abel, Bollendorfs, Betthausen, Steffes, Cains, Reischls, Trask, Buhler, and Lewis. Please forward ASAP so I can begin firming up details.
- 2) Don't forget to RSVP for the bowling outing! Let me know if you plan to go - read more about this event

on page two.

- 3) Don't forget to email me your intentions to enter your swimmers in our upcoming January hosted meet (Penguin Challenge).
- 4) If you are planning on attending the diving certification practice at the Lakefront YMCA on Saturdays from 8:00 to 9:30 a.m. please email me so I can ensure Coach Alyssa is there to work with your child. She will only be there if you email me.

If you need anything at all, please contact me at 262.898.4766 or via email at south.eastern.aquatics@gmail.com.

Y-Finalist Meet Information

This weekend's meet will be held in Brown Deer at the Walter Schroeder Aquatic Center (9240 N. Green Bay Road).

Friday warm-ups begin at 5:30 p.m.

Saturday/Sunday AM

warm-ups for 13&O swimmers will begin at 8:00 a.m., meet begins at 9:00 a.m. and is scheduled to end at 1:30 p.m.

Saturday/Sunday PM warm-ups for 12&U swimmers will begin at 12:45 p.m., meet begins at 1:45

p.m. and is scheduled to end at 5:30 p.m.

Linked on our homepage is a link to the meet landing page (print/view heat sheets).

Drive safe, swim fast, have fun!

Upcoming Meet Entry Deadlines

Middle Distance Time Trials	12/12
SEA Penguin Challenge	1/1
Tri-dual w/LGSC & STAT	1/11
Distance Time Trials	1/16
SSTY A+ (time standards for this event)	1/26
Lake February Freeze	1/27
SEA vs. OZ	2/2

Special points of interest:

- January 24 is our annual team bowling event at Castle Lanes in Racine. If you would like to attend, please notify Coach Neil.
- June 2016 will be our next 13&O Training Trip to Panama City. If you would like to attend, please let Coach Neil know.
- SEA swim caps are required at swim meets and are available from coaches for \$12.

Coach Mike's Corner

Will return next week.

13&O Training Trip is scheduled

Every two years we host a 13&O Training Trip to the vicinity of Panama City Beach, FL and our tentative dates for the 2016 trip are June 19-26.

The trip will cost between \$750-\$1000 and the cost will cover most expenses.

At this time, swimmers who are interested in attending should forward their names to Coach Neil and he will in turn track their interest in this section of the newsletter.

In addition, two chaperones are needed to assist with the drive to and from to Florida, transporting

athletes while in Florida, and meal preparation for the week.

If you are interested in possibly serving in the role as chaperone, please reach out to Coach Neil - in turn, he will list names here as they come in.

Swimmers who have taken this trip have returned home with glowing reviews and memories that last a life time ... take advantage!

Current list of swimmers includes the Joey Abel, Hannah Kehl, Scott Palmer, Jason Lewis, Ali Schraff, Tiffany Steffes, Kinzie and Marlee Reischl, Paige Betthausen, Jacob Trask, Emily and Erin Cain, Isabelle Buhler, Sara and Emily Bollendorf.

Current list of chaperones includes Lydia Bollendorf.

The 13&O Training Trip is a great experienced offered to our athletes once every two years.

Team Bowling Party Schedule

Six lanes of bowling fun have been reserved for TEAM SEA on Sunday, January 24th from 1:00 p.m. to 3:00 p.m. at Castle Lanes.

This is a great opportunity to bond with your teammates away from the pool.

If you are interested in attending please speak with Neil (you can email him at

south.eastern.aquatics@gmail.com).

This event can accommodate about 30-36 swimmers (first come, first serve).

Swimmers who plan on attending will have their names listed in this section of the newsletter.



Always a fun time during the team bowling party. Don't miss out!

Cost is \$12 per swimmer (cash or check payable to SEA). Don't miss out on this fun event.

Strike - Strike - Turkey!

To date, Tony Commodore, Rachel Christensen and the coaching staff are attending.

Christmas Break Practice Schedule

Practice times and location have been finalized for December 23-January 3. We are still attempting to offer practice on December 24, 31, and January 1 at the Sealed Air YMCA (details will be finalized and added to this section when available).

In the meantime, we will be at Park High School for the following practices:

December 23, 28, 29, and 30 ...

Bronze, 11-11:45 a.m.

Silver, 11-Noon

Senior, 11-1:30 p.m.

Gold, 11:45-1:30 p.m.

December 26 and January 2 are Saturdays and practice will be offered at the Sealed Air YMCA (as we normally do).

Yoga will be offered 10:15-11:00 a.m. on December 23, 28, and 30 at Park.

For those swimmers with aspirations of best times, state cuts, or national cuts it's important to train through the holiday season ... take advantage of all the practices you can!

Swim-a-Thon is Underway ... this year we reset the date

The timeframe for our Swim-a-Thon has been reset in order to align with USA Swimming's calendar. Because of this, our next Swim-a-Thon will not take place until December of 2016.

Donations collected and turned in this season will still be credited to your fundraising obligations for this season. It's probably best to solicit flat pledges versus a pledge covering the number of

lengths covered during the event (especially if you need the Swim-a-Thon pledges to cover your fundraising obligation).

One of the benefits of moving the Swim-a-Thon to the end of the year will be the added time to solicit pledges and it also gives our Spring &

Flat pledges can be forwarded by the end of this season for inclusion to a families \$150 fundraising minimum.

Summer swimmers an opportunity to participate too.

Great prizes are available once again and you can read all about them at our website under the MEM-

BERS dropdown menu by clicking on the SWIM-A-THON link under the Fundraising section. Take advantage!

YMCA National Hotel Information

This year Y-Nats will be held April 4-8 in Greensboro, NC. Swimmers should plan on arriving on April 2. We will stick around for the GTAC Long Course Time Trial event on April 9.

There are ten king rooms with pullout sleeper sofa reserved at the Drury Inn (about two miles from the pool).

The deadline to secure a room is February 19, 2016.

Please call the YMCA Sports Housing Office 850.224.7167, Monday-Friday 9:00 a.m.-5:00 p.m. EST to reserve room.

When you call you will need the following information:

- 1) Name of the coordinator the team block is under - Neil Wright
- 2) YMCA Name - Racine Family YMCA

3) Your dates of check-in and check-out

4) Your credit card information to hold the room



The Drury Inn offers free breakfast and a pub-style dinner.

We have ten king rooms with a pullout sleep sofa reserved at the Drury Inn.

BAC Holiday Splash Highlights and Recap

What a great meet we had in Madison last weekend! We entered the meet as the ninth largest squad and wouldn't you know it, we finished ninth with 598 points. As a team we posted 65% best times and only four DQs!

From the first swim to the last one, what impressed the coaching staff most was our swimmers ability to race the entire three day meet. For those who have been to previous 3-day travel meets, we usually experience a "let-up" on Sunday after making memories Friday and Saturday night, but we looked sharp Sunday and



attacked our races with determination. This is a sign of growth of our teams

ability to get the job done when we travel. Keep it up in Indy (our next travel meet).

Ten new State qualifying times were achieved by Josh Abel 50Ba, Natalia Badillo 2IM, 1Bf, Sara Bollendorf 2Fr, 1Br, Nathan Mudry 500Fr, 50Ba, CJ Trask 1Fr, 1Ba, and Jacob Trask 2Fr.

Notching some of the fastest times in our team history were Sofia Badillo 3rd 1Fr, 2nd 1Bf, 3rd 2IM, Natalia Badillo 9th 50Ba, Kinzie Reischl 9th 1Ba, Sara Bollendorf 10th 2Br, and

Jacob Trask 5th 1Ba, 3rd 1Ba, 2nd 1Bf, 2nd 2Bf, 4th 2IM.

BAC Holiday Splash Highlight and Recap ... continued

Achieving 100% best times were Josh Abel, Isabelle Buhler, Erin Cain, Hannah Kehl, Nathan Mudry, Samantha Spanske, Jacob Trask, and Neil Wright III.

Improving a single race by more than five seconds included Josh Abel -6.04 1Ba, Natalia Badillo -12.59 500Fr, Sofia Badillo -14.17 2IM, Sara Bollen-

dorf -5.80 2Br, Isabelle Buhler -8.85 2IM, Emily Cain -5.44 2IM, Hannah Kehl -8.32 2IM, Ava Knaus -26.90 1Fr, Nathan Mudry -7.57 2IM, Megan Schultz -8.46 2IM, Samantha Spanske -14.27 1Ba, Tiffany Steffes -41.05 4IM, CJ Trask -7.05 1Ba, Grady Trask -5.07 1Fr, Jacob Trask -6.00 2IM, and Quinn Wright -6.17 50Fr. Way to go swimmers!



Annual Banquet Information

Our annual Awards Banquet will be held on Thursday, May 12, 2016 at Infusino's Banquet Hall beginning at 6:00 p.m.

Our Annual Banquet celebrates a year of hard work and dedication of our student-athletes.

It's an opportunity for our swim

family to get together and recognize and honor all their successes in the pool.

The Banquet also gives us an opportunity to say goodbye to our graduating senior athletes and for them to share their



Save the date ... Annual Banquet will be held Thursday, May 12.

memories of SEA and what they remember most.

Registration form is available on our website under the MEMBERS dropdown menu by clicking the ANNUAL RECOGNITION BANQUET link. We hope you can join us!



SOUTH EASTERN AQUATICS

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MISSION STATEMENT

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

VISION STATEMENT

As a swim team without a true home, it is SEA's vision to one day build a pool of our own.

YMCA CHARACTER DEVELOPMENT

Caring, honesty, respect, and responsibility. Live within this traits and your time here at SEA will be amazing!

Extended Calendar

December 2015

11-13, Y-Finalist

18, Middle Distance Time Trials at Park

24-25, No practice

January 2016

16-17, SEA Penguin Challenge

22, Distance Time Trials at Park

23, Tri-dual with LGSC & BAT

26, WI LSC Meeting

29-31, 33rd Annual Circle City Classic

February 2016

5-7, A+ Open

12, SEA vs. OZ at Case

13-14, LAKE Open

19-21, Regionals

26-28, 12&U State

March 2016

3-6, 13&O State

12-13, YMCA Sectionals

14, Team Picture

17, End of SEASON Time Trials at Park

18-20, YMCA State

April 2016

4-8, YMCA Nationals

9, GTAC LC Time Trials

