



SOUTHEASTERN AQUATICS

Newsletter

February 2, 2017



SSTY A+ Information and Warm-up Times

We have another competitive Prelim/Final event this weekend as we head to Brown Deer for the A+ meet. Here are the warm-up times ...

Friday – warm-ups begin at 3:00 p.m., meet begins at 4:05 p.m. and is scheduled to end at 7:42 p.m.

Saturday 13&O Prelims – warm-ups begin at 7:30 a.m., meet begins at 8:35 a.m. and is scheduled to end at 11:48 a.m.

Saturday 12&U Prelims – warm-ups begin at 12:15 p.m., meet begins at 1:15 p.m. and is scheduled to end at 3:21 p.m.

Saturday Finals – events kickoff at 5:35 p.m., athletes qualifying to Finals should check with Neil on what time to return for warm-ups

Sunday 12&U athletes – warm-ups begin at 8:00 a.m., meet begins at 9:05 a.m. and is scheduled to end at 11:21 a.m.

Sunday 13&O athletes – warm-ups begin at 11:30 a.m., meet begins at 12:30 p.m. and is scheduled to end at 4:12 p.m.

Neil's Kickboard

Great efforts last weekend at IUPUI. Continue attending practice regularly and stay focused!

All meets for the remainder of the season are now posted on our website. I updated the entries for those meets about 36-hours ago, please confirm your swimmers are entered in the correct meet and days. Please email me sooner rather than later if you plan on having your swimmers compete in any of the remaining meets on our schedule. All swimmers should plan on swimming Regionals!

At this point we do not have enough officials to run a sanctioned dual meet with OZ next Friday. We will still run the dual meet! However, the times achieved will only be able to be used as seed times and not as proof of times for State level competitions. This is a perfect example of our need for parents to become more involved in SEA ... especially as officials. Becoming an official is easy and requires no previous swimming experience. Please reach out to Liz Christensen at 262.994.4088 if you're interested ... she'll be happy to help you along the way of becoming an official.

Did you happen to notice the Penguin Challenge heat sheet cover? Zoe D'Alessandro took the time to design it and it turned out cool (kind of looks like a Nintendo game). Thanks Zoe!

Monday, February 20th we will practice at Carthage College with the following augmented practice times: Bronze 6-6:45 p.m., Silver 6-7 p.m., Gold 6:45-8:30 p.m., and Senior 6-8:30 p.m.

Does your swimmer need a swim cap? I have them for purchase as does Katie. \$12 for silicone and \$5 for latex. Represent!

Questions, concerns, comments? Please contact me at 262.898.4766 or via email at south.eastern.aquatics@gmail.com.

Katie's Kickboard

Hello Again!

Well according to the groundhog there will be 6 more weeks of winter. Good thing the pool is always warm and cozy! Let's hope we see spring sooner than that but in the meantime, we will prepare for the many meets we have in store.

Last weekend Neil and I traveled down to the Indianapolis Natatorium. We had a small group but had some huge swims. Notching state cuts and breaking barriers.

We are hosting another meet! In 2 weeks, we head down to the RecPlex for Regionals. I would love to see everyone from Gold's down to Bronze participate in this meet. There's still time to sign up if you haven't already!

Bronze group have been doing amazing this past week. Focusing a lot on streamline and dolphin kicks. Keep up the good work as we prepare for the Lake Open next weekend.

Silvers have been great this week, especially because we worked on butterfly two days in a row! They are really starting to build up their strength and coordination in this stroke. I'm impressed!

Gold's are working a lot on dolphin and butterfly this week. Perfecting our underwater dolphin kick, as well as our strength and coordination above the water. Remembering that great form in practice translates to great form in a race. ds

The swimmer of the week is Hugo Artega! This guy had a great meet in Indy, breaking 30 seconds in the 50 free as well as earning some state cuts. Not only did he swim well but he was a hoot to have on deck, he's one funny guy! Good job Hugo!

34th Annual Circle City Classic Recap and Highlights

We had an excellent meet last weekend at the IUPUI. We finished 29th of 45 teams, scored 148.50 points, and posted a team-wide 53 best time percentage.

Nathan Mudry crushed the 11-12 boys 500 Freestyle team record when he finished the distance in 5:23.12 (old record was held by Ivar Iverson from 2010, 5:33.21). Emily Bollendorf also broke one of our team records ... the Senior 100 Butterfly – 56.64 (old record was held by Jenny Gelden from 2004, 56.97).

Ten new State qualifying times were posted during the three days of the meet! Josh Abel 500 Freestyle, Hugo Arteaga 100 Butterfly, 200 Freestyle, Sofia Badillo 50 Freestyle, 100 Backstroke, 100 Freestyle, Isabelle Buhler 1650 Freestyle, Kinzie Reischl 100 Butterfly, and Ali Scharff 100 Butterfly, 200 Freestyle.

Numerous athletes posted some of the fastest times in the history of our team. Sofia Badillo 9th 100 Backstroke, 6th 50 Butterfly, 5th 100 Butterfly, Kinzie Reischl 4th 100 Backstroke, 6th 200 Backstroke, Natalia Badillo 2nd 100 Breaststroke, Emily Bollendorf 6th 50 Freestyle, 8th 100 Freestyle, 2nd 200 Butterfly, Isabelle Buhler 7th 1650 Freestyle, Sara Bollendorf 6th 100 Breaststroke, Eden Wember 8th 100 Butterfly, Hugo Arteaga 8th 50 Freestyle, 9th 50 Backstroke, CJ Trask 10th 100 Butterfly, and Nathan Mudry 8th 50 Breaststroke, 100 Breaststroke, 8th 100 Butterfly, 2nd 200 IM, 3rd 400 IM.

Achieving 100% best times in all of their events were Sofia Badillo, Macie Ritter and Ali Scharff.

Major improvements in time notched by Josh Abel -11.42 500 Freestyle, Hugo Arteaga -7.62 100 Butterfly, Natalia Badillo -6.57 200 Backstroke, Isabelle Buhler -103.35 1650 Freestyle, Nathan Mudry -14.45 500 Freestyle, and Ali Scharff -6.82 200 Freestyle.

Upcoming Deadlines to Attend Meets

If you need to enter your swimmers in a meet, please just email Neil at south.eastern.aquatics@gmail.com. Be sure to open a Meet Escrow Account if you attend meets that charge for events. If you need help, email or call Neil at 262.898.4766. Please note these deadlines are firm ... if you are planning on attending, let Neil know prior to the posted deadline.

| <i>Meet Date</i> | <i>Meet</i> | <i>Deadline</i> |
|------------------|---------------------------|--------------------------|
| 2/3-5 | SSTY A+ | Entries closed |
| 2/10 | SEA and OZ Dual | Deadline extended to 2/7 |
| 2/11-12 | LAKE | Entries closed |
| 2/17-19 | Regionals | 2/8 |
| 2/24-26 | 12&U State | 2/19 |
| 3/2-5 | 13&O State | 2/22 |
| 3/11-12 | YMCA Sectionals | 3/4 |
| 3/17-19 | YMCA State | 3/12 |
| 3/21 | End of SEASON Time Trials | 3/20 |
| 4/3-7 | YMCA Nationals | 3/26 |

SCRIP Fundraising Information

The SCRIP program is one of the easiest ways to meet your \$150 fundraising minimum.

Basically, families purchase gift cards for stores and receive a percentage of each gift card purchase back in the form of fundraising dollars. There are a few families currently receiving over \$100 and more from this program.

In addition, one families have met their \$150 fundraising minimum, all dollar raised using the SCRIP program are deposited into their family fund account and can be used for swim tuition and meet fees.

Take advantage of this easy opportunity and try SCRIP today! Detailed information can be found on our website. Here are the upcoming order and delivery dates ...

| Order by | Delivery on |
|----------|-------------|
| 2/6 | 2/9 |
| 2/20 | 2/23 |
| 3/6 | 3/9 |
| 3/20 | 3/23 |
| 4/3 | 4/6 |

12&U State Hotel Information

Hotel rooms for 12&U State have been blocked at the Fairfield Inn & Suites (Madison East). The address is 2702 Crossroads Drive, Madison and rooms will be held until Noon on January 25, 2017.

Please call 608.661.2700 and mention Southeastern Aquatics to reserve a room or you can reserve online via the link on the MEET INFORMATION page of our website (accessed through the MEMBERS dropdown menu).

This year's meet will take place at the UW-Madison natatorium on February 24-26, 2017.

Team Picture Schedule for March 20

Our annual team picture will be held Monday, March 20th at Case High School. Individual and sibling pictures will be taken from 5:30 p.m. to 6:15 p.m. The team picture will begin at 6:15 p.m. Order forms will be handed out two weeks prior to the event. Save the date!

End of SEAsOn Time Trials Scheduled ... Don't Miss the FUN!

Once again, we will be conducting an End of SEAsOn Time Trial event. This season's meet will take place at Park High School on Tuesday, March 21 (5:30 p.m. warm-ups). ALL parents and siblings and ALL alumni are encouraged to participate. Contact Coach Neil if you plan on swimming! ALL events are offered (25s to Mile). This event is always a fun time!

YMCA Nationals Hotel Information

Families intending on traveling to Greensboro, NC for YMCA Nationals can reserve rooms by calling 888.939.5945. The YMCA Sports Housing Office hours are 9:00 a.m. to 5:00 p.m. EST.

Ten king rooms (you can request a double queen room when calling) have been reserved at the Drury Inn & Suites located two miles from the competition pool – hotel address is 3220 Gate City Blvd.

Rooms are reserved April 2-8 and the meet will take place April 3-7.

When you call to reserve your room, the team block is under Neil Wright and our YMCA name is Racine Family YMCA. You should be able to change your arrival and departure date when you call and you'll need a credit card to hold the room.

The deadline to secure a room is February 17, 2017.

Next Parent Board Meeting

The next meeting will take place February 22, Case High School, beginning 6:00 p.m. Location: the meeting is usually held in a classroom just off the cafeteria. As you walk into Case, walk pass the hallway and take the first right. Walk pass the cafeteria. The first door on your left is where the meeting is usually held. All welcome!

Happy February Birthday

Ethan Brannen, Ana Carrillo, Maddie Cerny, Cole Elcano, Drew Esson, Bryce Helland, Jacob Hendricks, Zarah Herron, Ava Knaus, Jason Lewis, Sophia Marini, Caleb Mulnix, Lola Prpa, Mila Prpa, Cooper Scarmardo, Megan Schultz, Alyssa Stetler, AJ Wampole

