



SOUTHEASTERN AQUATICS

Newsletter

February 23, 2017



12&U State Information and Warm-up Times

Our first of three State meets is finally upon us as we head to Madison for 12&U State this weekend.

Friday warm-ups: Mac and Sofia will warm-up at 2:30 p.m. (their first event begins at 3:59 p.m.), Emily will warm-up at 3:00 p.m. (her event begins at 4:36 p.m.), and Nathan will warm-up at 5:00 p.m. (his first event begins at 6:41 p.m.).

Saturday AM warm-ups for 10&U swimmers: we'll be in lane 4, 7:55-8:15 a.m., meet begins at 8:40 a.m. and is scheduled to end at 11:52 a.m.

Saturday PM warm-ups for 11-12 swimmers: we'll be in lane 4, 12:55-1:20 p.m., meet begins at 1:45 p.m. and is scheduled to end at 7:29 p.m.

Sunday AM warm-ups for 10&U swimmers: CJ and Hugo will warm-up at 9:00 a.m. (their first event begins at 10:34 a.m.) and Carter and Quinn will warm-up at 10:30 a.m. (their event begins at 11:57 a.m.).

Saturday PM warm-ups for 11-12 swimmers: we'll be in lane 4, 12:30-12:55 p.m., meet begins at 1:45 p.m. and is scheduled to end at 6:48 p.m.

Drive safe, swim fast, have fun!

Neil's Kickboard

I'm so proud of everyone's efforts last weekend while we hosted Regionals. Did you know our Meet Director Josh Johnson had a terrible cold and our Head Referee Ally Johnson was diagnosed with strep-throat Monday after the meet? Let's not forget that Pat and Roger Lewno continue to volunteer their time and expertise serving as our Administrative Official and Colorado operator respectively even though their sons last swam here in 2005. I was also impressed with our 8&U stagers ... you all did a great job getting those little swimmers to the blocks. From officials, timers, runners, admissions, awards, hospitality (which I thought ordered the perfect amount of food), everyone did a great job demonstrating (once again), that SEA knows how to run a quality meet. Thank you for your dedication to your sons and daughters team.

The results from Regionals were, in a word, amazing. I can't remember the last Regional event where we had so many new State qualifying times (29 this past weekend). Continue to attend practice regularly and work smart.

A couple of dates to pencil in your planners as we begin to look toward the end of this season and the beginning of our next one ...

Team Picture – March 20 @ Case, beginning at 5:30 p.m.

Returning Registration – March 20 @ Case, 6:00-7:30 p.m.

End of SEASon Time Trials – March 21 @ Park, beginning at 5:30 p.m.

Tryouts – March 27 @ Park, beginning at 6:00 p.m.

First day of practice – April 3

SEA Early Bird meet – April 29-30

SEA Pirate Plunge – June 2-4

Noah's Ark team trip – June 20

SEA Summer Sizzler – June 23-24

Noah's Ark team trip rain date – June 27

Does your swimmer need a swim cap? I have them for purchase as does Katie. \$12 for silicone and \$5 for latex. Represent!

Questions, concerns, comments? Please contact me at 262.898.4766 or via email at south.eastern.aquatics@gmail.com.

Katie's Kickboard

What a great meet we had last weekend at the RecPlex. Thank you parents for your amazing help and support. Our athletes blew it out of the water. I am so very proud and impressed at the determination of these young athletes.

Next on our plate is the YMCA Sectional meet in Oconomowoc. With how well we swam last weekend there's no question we will continue that momentum at Sectionals. Remember after the meet there's a sweet pool and water slide to celebrate, there is still time to sign up!

It is so great to have so many parents as officials! Steve Waite, a former college level athlete will be joining us on deck Monday, Wednesday, and Fridays. Through his observations at the Regional meet, age groupers were DQ'd on their Backstroke turns and finishes. So, as we tighten our goggle straps for Y Sectionals we'll also fine tune these Backstroke turns and finishes.

Bronze and Silvers have been tightening their streamline and are looking good. This next week will work a lot of Backstroke and turns. As well as squeezing in some fun time for relay exchanges at the end of practice.

Gold's are a little different this week as some of them prepare for 12&Under State this weekend in Madison (At my favorite old pool!). Gold's will resume their video reviewing next week. As well as revisiting our goal sheets.

This week's swimmer shout out goes to Emily Stouffer! I don't know what this girl ate on Saturday night but she came and kicked butt on Sunday. Busting out a 26.96 as the anchor of the 200 Free Relay. Then went on to drop 2 seconds in her 100 Free almost breaking the minute barrier. I cannot wait what's in store this weekend at state! Good job Em!

Regional Championships Recap and Highlights

What a great meet we had last weekend in Pleasant Prairie. As a team we placed third of 13 scoring 2,732 points while achieving 62% best times.

Congratulations to Nathan Mudry on his two new team records! Nathan broke the 11-12 1000 Freestyle record when he touched in 11:01.91 (old mark was held by Bailey Bleser, 11:31.58 from 2013). He also broke the 11-12 1650 Freestyle record finishing the event in 18:41.20 (Bailey also held the old mark at 19:42.37 from 2013).

29 new State qualifying times were achieved during the 3-day meet! Josh Abel 200 IM, Hugo Arteaga 50 and 100 Butterfly, Natalia Badillo 100 Butterfly, 400 IM, Sofia Badillo 200 Freestyle, 100 Breaststroke, 100 and 200 IM, Sara Bollendorf 200 Breaststroke, Isabelle Buhler 1000 Freestyle, Zoe D'Alessandro 50 Breaststroke, Nathaniel Foster 50 Backstroke, Maya Frodl 100 Freestyle, 200 Backstroke, Zack Kopsea 200 Freestyle, Caitlin Mertins 100 Butterfly, Nathan Mudry 1000 and 1650 Freestyle, Nadya Muzyka 100 and 200 Freestyle, Kinzie Reischl 100 Butterfly, 200 IM, Emily Stouffer 100 Freestyle, Mac Thomas 50 Freestyle, 50 and 100 Backstroke, 100 Breaststroke, and Hopking Uyenbat 200 Freestyle.

Cracking into our Top Ten all-time list included Sofia Badillo 10th 200 Freestyle, 6th 200IM, Nadya Muzyka 50 Freestyle, Maya Frodl 10th 100 Freestyle, Kinzie Reischl 9th 500 Freestyle, 5th 100 Butterfly, 10th 200 IM, Isabelle Buhler 9th 1000 Freestyle, Sara Bollendorf 5th 200 Breaststroke, Caitlin Mertins 5th 100 Butterfly, Hugo Arteaga 10th 100 Butterfly, 9th 50 Backstroke, and Nathan Mudry 8th 50 Freestyle, 6th 100 Butterfly.

Athletes earning a High Point award were Hugo Arteaga (1st for 9-10 boys), Hopking Uyenbat (2nd for 11-12 boys), Zack Kopsea (3rd for 11-12 boys), and Josh Abel (2nd for 13-14 boys). The LSC did not order these awards. Awards will be ordered soon and handed out when received.

Posting 100% best times in all their events: Sofia Badillo, Ethan Bergman, Jonah Bouy, Meg Cerny, Novella Delles, Srushti Ingle, Amelia Mason, Caitlin Mertins, Emaleigh Neo, Anish Palliyath, Laurel Sutherland, and Grady Trask.

Cutting more than five seconds in a single event included Josh Able -5.53 400 IM, Hugo Arteaga -15.66 500 Freestyle, Natalia Badillo -23.08 400 IM, Sofia Badillo -7.95 200 IM, Rylie Bergemann -8.87 200 IM, Jonah Bouy -5.69 25 Freestyle, Ethan Brannen -14.27 200 IM, Isabelle Buhler -26.45 100 Freestyle, Joanna Caro -31.28 100 Butterfly, Maddie Cerny -8.60 200 Freestyle, Meg Cerny -6.35 200 Freestyle, Payton Church -5.29 100 Butterfly, Nathaniel Foster -8.52 100 Freestyle, Nicholas Foster -7.01 50 Backstroke, Maya Frodl -6.46 200 IM, Zarah Herron -5.91 200 Freestyle, Ava Jacobson -10.46 50 Freestyle, Anisha Jain -26.66 200 IM, Jason Lewis -31.18 500 Freestyle, Nolan Mrotek -11.88 50 Freestyle, Nathan Mudry -53.34 1650 Freestyle, Janavi Munagavalasa -6.06 100 Freestyle, Nadya Muzyka -10.50 200 Freestyle, Emaleigh Neo -11.96 200 Backstroke, Anish Palliyath -7.48 50 Freestyle, Mansha Palliyath -15.59 200 IM, Madhura Patil -20.10 50 Freestyle, Yash Patil -29.68 100 Backstroke, Madi Peterson -19.74 400 IM, Chris Pudzisz -51.14 200 Freestyle, Adam Ries -22.04 100 Backstroke, Ali Scharff -32.74 400 IM, Sammie Spanske -36.67 200 IM, Alyssa Stetler -10.88 200 Freestyle, Elizabeth Stratman -7.70

200 Freestyle, Jordyn Tran -7.34 200 Freestyle, Grady Trask -30.52 200 IM, Hopking Uyenbat -14.37 500 Freestyle, and Norah Wynstra -7.06 200 IM.

Good luck this weekend during 12&U State!

Spring & Summer Season Dates and Registration Information

Registration for the Spring & Summer Season will be held at Case High School, Monday, March 20 from 6:00 p.m. to 7:30 p.m. The Spring & Summer Season will begin April 3! Registration will take place the same evening we are conducting this year's team picture.

Upcoming Deadlines to Attend Meets

If you need to enter your swimmers in a meet, please just email Neil at south.eastern.aquatics@gmail.com. Be sure to open a Meet Escrow Account if you attend meets that charge for events. If you need help, email or call Neil at 262.898.4766. Please note these deadlines are firm ... if you are planning on attending, let Neil know prior to the posted deadline.

<i>Meet Date</i>	<i>Meet</i>	<i>Deadline</i>
2/24-26	12&U State	Entries closed
3/2-5	13&O State	Entries closed
3/11-12	YMCA Sectionals	3/4
3/17-19	YMCA State	3/12
3/21	End of SEASON Time Trials	3/20
4/3-7	YMCA Nationals	3/26

SCRIP Fundraising Information

The SCRIP program is one of the easiest ways to meet your \$150 fundraising minimum.

Basically, families purchase gift cards for stores and receive a percentage of each gift card purchase back in the form of fundraising dollars. There are a few families currently receiving over \$100 and more from this program.

In addition, one families have met their \$150 fundraising minimum, all dollar raised using the SCRIP program are deposited into their family fund account and can be used for swim tuition and meet fees.

Take advantage of this easy opportunity and try SCRIP today! Detailed information can be found on our website. Here are the upcoming order and delivery dates ...

Order by	Delivery on
2/20	2/23
3/6	3/9

3/20

3/23

4/3

4/6

Team Picture Schedule for March 20

Our annual team picture will be held Monday, March 20th at Case High School. Individual and sibling pictures will be taken from 5:30 p.m. to 6:15 p.m. The team picture will begin at 6:15 p.m. Order forms will be handed out two weeks prior to the event. Save the date!

End of SEASON Time Trials Scheduled ... Don't Miss the FUN!

Once again, we will be conducting an End of SEASON Time Trial event. This season's meet will take place at Park High School on Tuesday, March 21 (5:30 p.m. warm-ups). ALL parents and siblings and ALL alumni are encouraged to participate. Contact Coach Neil if you plan on swimming! ALL events are offered (25s to Mile). This event is always a fun time!

YMCA Nationals Hotel Information

Families intending on traveling to Greensboro, NC for YMCA Nationals can reserve rooms by calling 888.939.5945. The YMCA Sports Housing Office hours are 9:00 a.m. to 5:00 p.m. EST.

Ten king rooms (you can request a double queen room when calling) have been reserved at the Drury Inn & Suites located two miles from the competition pool – hotel address is 3220 Gate City Blvd.

Rooms are reserved April 2-8 and the meet will take place April 3-7.

When you call to reserve your room, the team block is under Neil Wright and our YMCA name is Racine Family YMCA. You should be able to change your arrival and departure date when you call and you'll need a credit card to hold the room.

The remaining rooms are now being held by Neil. There is no need to call and reserve your room until after YMCA State when individual and relay events will be finalized.

Next Parent Board Meeting

The next meeting will take place March 13, Park High School, beginning 6:00 p.m. Location: walk across the pool desk, through the hallway by the pool office, up the stairs, once you're in the hallway, turn left and then take the next right; the meeting room will be the third door on your right (science classroom). All welcome!

Happy February Birthday

Ethan Brannen, Ana Carrillo, Maddie Cerny, Cole Elcano, Drew Esson, Bryce Helland, Jacob Hendricks, Zarah Herron, Ava Knaus, Jason Lewis, Sophia Marini, Caleb Mulnix, Lola Prpa, Mila Prpa, Cooper Scarmardo, Megan Schultz, Alyssa Stetler, AJ Wampole

