



SOUTHEASTERN AQUATICS

Newsletter

March 9, 2017



YMCA Sectional Information and Warm-up Times

This weekend we travel to Oconomowoc for YMCA Sectionals. Please remember, there are no practices this Saturday at Sealed Air YMCA and Lakefront YMCA. Good luck!

Saturday and Sunday warm-ups for 10&Under swimmers begin at 8:00 a.m., meet begins at 9:00 a.m. and is scheduled to end at 11:46 a.m. Saturday and 11:21 a.m. Sunday.

Saturday warm-ups for 11&Over swimmers begin at 11:45 a.m., meet begins at 12:50 p.m. and is scheduled to end at 4:28 p.m.

Sunday warm-ups for 11&O swimmers begin at 11:20 a.m., meet begins at 12:25 p.m. and is scheduled to end at 4:14 p.m.

Drive safe, swim fast, have fun!

Neil's Kickboard

What a crazy windy day yesterday was. I lost three sections of fence and of course there were the three semi-trucks that tipped over on I-94. Pretty sure I saw a flying cow too! Glad it's calm today ... even though it snowed a bit this morning.

How are your children surviving the round of illnesses making their way through Southeastern Wisconsin? My children have missed a lot of school this week. Hopefully everyone turns the corner in time for YMCA Sectionals this weekend. Lots of rest and hydration!

Please remember there are no practices this Saturday at either Sealed Air YMCA or Lakefront YMCA. Additionally, Saturday practices are now finished until the beginning of our next season ... April 3.

A couple of dates to pencil in your planners as we begin to look toward the end of this season and the beginning of our next one ...

Team Picture – March 20 @ Case, beginning at 5:30 p.m.

Returning Registration – March 20 @ Case, 6:00-7:30 p.m.

End of SEASON Time Trials – March 21 @ Park, beginning at 5:30 p.m.

Tryouts – March 27 @ Park, beginning at 6:00 p.m.

First day of practice – April 3

SEA Early Bird meet – April 29-30

SEA Pirate Plunge – June 2-4

Noah's Ark team trip – June 20

SEA Summer Sizzler – June 23-24

Noah's Ark team trip rain date – June 27

Does your swimmer need a swim cap? I have them for purchase as does Katie. \$12 for silicone and \$5 for latex. Represent!

Questions, concerns, comments? Please contact me at 262.898.4766 or via email at south.eastern.aquatics@gmail.com.

Katie's Kickboard

Hello again!

I hope the age groupers enjoyed their weekend off. Congratulations to those senior level athletes that competed this past weekend. We will head out to Oconomowoc for our YMCA Sectional meet this weekend.

Bronze have really been putting in some yards over at Case. Sierra does a great job keeping them moving and engaged. We have been sharpening up our Backstroke this week and it looks great.

Silvers have been using more equipment in practice. The purple buoy between their legs helps with buoyancy and body line. We have also been trying to use fins, for extra propulsion.

Gold's are having fun this week while preparing for sectionals and state. Keeping the focus on smart swimming. Tight streamline, fast turns, or mastering an underwater pullout.

As the season is winding down, remember to sign up for the end of season time trials. Parents, coaches, and swimmers will duke it out at Park High School. This will be an amazing way to end a great season!

13&O State Recap and Highlights

We had a strong showing during last weekend's event in Brown Deer finishing 21st of 68 teams scoring 142 points, notching 45% best times individually, and 75% best times for relays.

Congratulations to Emily Bollendorf on her State Championship in the Senior 200 Butterfly! She completed the race in 2:04.69 (by 50s, she was 6th after the first and second 50, and then made her move touching 2nd after the third 50 and pulling away during the last 50 to win by 1.3 seconds). Her time broke the team record set by Jenny Gelden in 2004, 2:05.11. Emily also broke her own team record in the 100 Butterfly (56.56).

Jacob Trask attacked the team record books too breaking three during the meet. He broke his own record in the 200 Backstroke swimming his first two sub 2:00s touching at 1:58.65 in Finals. He also broke J.J. Lipor's 100 Butterfly record of 54.61 from 2002 with his effort of 54.37. His final record came from an excellent swim in the 200 IM. He finished the race in 2:01.86 and slipped under Dave Bukacek's 1996 record of 2:02.03.

Natalia Badillo broke Shannon Sanders 13-14 200 Breaststroke team record of 2:33.35 from 2003 with her effort of 2:31.98.

Our 13-14 girls combined to break three relay records during the four day meet. The first record to fall was the 800 Freestyle Relay – Kinzin Reischl, Nadiya Muzyka, Maya Frodl, and Isabelle Buhler posted an effort of 8:19.38 (old record was held by Emily Bollendorf Emelia Selky, Marlee Reischl, Caitlin Mertins, 8:22.16 from 2014).

Kinzie, Natalia Badillo, Nadiya, and Maya also broke the 200 Medley Relay record touching in 1:54.93 (old record was held by Kinzie, Sara Bollendorf Eden Wember, Maya, 1:56.54 from 2016).

Kinzie, Natalia, Nadiya, and Maya's final team record came in the 400 Medley Relay when they posted an effort of 4:13.14 (old record was held by Kinzie, Sara, Eden, Ali Scharff, 4:17.16 from 2016).

Achieving some of the fastest times in our history included Kinzie 8th 200 Freestyle, Natalia 2nd 100 Breaststroke, 10th 200 IM, Nadiya 7th 100 Butterfly, Sara Bollendorf 5th 200 Breaststroke, Emily Bollendorf 2nd 50 Freestyle, 7th 100 Freestyle, 8th 200 Freestyle, Jake Trask 4th 50 Freestyle, 2nd 200 Butterfly, 3rd 200 Freestyle, and William Buhler 2nd 100 Breaststroke, 3rd 200 Breaststroke.

Natalia Badillo posted 100% best times during the meet.

New State qualifying times were achieved by Natalia in the 200 IM, Maya Frodl in the 50 Freestyle, and Jake Trask in the 200 IM.

Good luck this weekend during YMCA Sectionals!

Spring & Summer Season Dates and Registration Information

Registration for the Spring & Summer Season will be held at Case High School, Monday, March 20 from 6:00 p.m. to 7:30 p.m. The Spring & Summer Season will begin April 3! Registration will take place the same evening we are conducting this year's team picture.

Upcoming Deadlines to Attend Meets

If you need to enter your swimmers in a meet, please just email Neil at south.eastern.aquatics@gmail.com. Be sure to open a Meet Escrow Account if you attend meets that charge for events. If you need help, email or call Neil at 262.898.4766. Please note these deadlines are firm ... if you are planning on attending, let Neil know prior to the posted deadline.

<i>Meet Date</i>	<i>Meet</i>	<i>Deadline</i>
3/11-12	YMCA Sectionals	Entries closed
3/17-19	YMCA State	3/12
3/21	End of SEASON Time Trials	3/20
4/3-7	YMCA Nationals	3/26

SCRIP Fundraising Information

The SCRIP program is one of the easiest ways to meet your \$150 fundraising minimum.

Basically, families purchase gift cards for stores and receive a percentage of each gift card purchase back in the form of fundraising dollars. There are a few families currently receiving over \$100 and more from this program.

In addition, one families have met their \$150 fundraising minimum, all dollar raised using the SCRIP program are deposited into their family fund account and can be used for swim tuition and meet fees.

Take advantage of this easy opportunity and try SCRIP today! Detailed information can be found on our website. Here are the upcoming order and delivery dates ...

Order by	Delivery on
3/6	3/9
3/20	3/23
4/3	4/6

Team Picture Schedule for March 20

Our annual team picture will be held Monday, March 20th at Case High School. Individual and sibling pictures will be taken from 5:30 p.m. to 6:15 p.m. The team picture will begin at 6:15 p.m. Order forms will be handed out two weeks prior to the event. Save the date!

End of SEASON Time Trials Scheduled ... Don't Miss the FUN!

Once again, we will be conducting an End of SEASON Time Trial event. This season's meet will take place at Park High School on Tuesday, March 21 (5:30 p.m. warm-ups). ALL parents and siblings and ALL alumni are encouraged to participate. Contact Coach Neil if you plan on swimming! ALL events are offered (25s to Mile). This event is always a fun time!

YMCA Nationals Hotel Information

Families intending on traveling to Greensboro, NC for YMCA Nationals can reserve rooms by calling 888.939.5945. The YMCA Sports Housing Office hours are 9:00 a.m. to 5:00 p.m. EST.

Ten king rooms (you can request a double queen room when calling) have been reserved at the Drury Inn & Suites located two miles from the competition pool – hotel address is 3220 Gate City Blvd.

Rooms are reserved April 2-8 and the meet will take place April 3-7.

When you call to reserve your room, the team block is under Neil Wright and our YMCA name is Racine Family YMCA. You should be able to change your arrival and departure date when you call and you'll need a credit card to hold the room.

The remaining rooms are now being held by Neil. There is no need to call and reserve your room until after YMCA State when individual and relay events will be finalized.

Next Parent Board Meeting

The next meeting will take place March 13, Park High School, beginning 6:00 p.m. Location: walk across the pool deck, through the hallway by the pool office, up the stairs, once you're in the hallway, turn left and then take the next right; the meeting room will be the third door on your right (science classroom). All welcome!

Happy March Birthday

Olivia Antreassian, Isabelle Buhler, Ian Chien, Carter Johnson, Zack Kopsea, Amanda Lopez, Graham Mendola, Nathan Mudry, Srikar Munagavalasa, Emily Stouffer, Laurel Sutherland, Jake Trask, Sam Waite, Austin Wallace, Elise Wember

