



# Serpent Times

ESTABLISHED 1984.

JULY 3, 2015

**South Eastern Aquatics  
Racine Family YMCA Swim Team**



## Neil's Kickboard

### Quick reminders:

- *The only required piece of equipment is a team swim cap (it is worn at the meets we attend). Purchase one from Neil, Mike, or Katie for \$12.*
- *Happy 4th of July!*

What an amazing week of practices we have had. From the Pups, Lions and Dragons working on the development of their skill sets all the way to the Green, Blue and Senior level kids and the super fast swimming that happened last night during their test sets, everyone is looking great in practice. I'm looking forward to seeing all this hard work translate into best times during next week's meets!

As of today, the Park pool is scheduled to reopen July 20th. PM practices will remain at Carthage Col-

lege until that time.

No practice this Saturday (tomorrow) as we celebrate Independence Day. SEA everyone Monday morning at Meadowbrook!

Please don't forget diving practice at the Lakefront YMCA have been canceled for the remainder of the season.

We are 3/4 of the way through our hosted events for the summer! Great job parents ... only one more to go. Please take a moment and sign-up to volunteer. Remember, we took a heavy hosted meet

load this summer to enjoy only three meets next summer! We got this!

Believe it or not we only have 3.5 weeks remaining in this season. We will offer Off-season Training again in August to bridge the gap between summer season and the start of the fall season. We will also offer a FREST experience again in September ... watch the newsletter for more information soon.

Parents with questions, concerns, or comments are encouraged to contact me at 262.898.4766 or [south.eastern.aquatics@gmail.com](mailto:south.eastern.aquatics@gmail.com).



## Our next meets: Dual w/OZ & Bird Bath Invite

If you would like to have your child swim in the SEA/OZ Dual, please email me by Monday, July 6. Entries for Bird Bath are closed.

Drive safe, swim fast, have fun! Rock the blocks!!!

## Reminders of Where to Watch Practice and Where to Park



Here are some reminders about watching practice and parking at the facilities we rent pool time

from.

**Sealed Air YMCA** - please watch practice from the lobby or from the tables next to the lobby just on the pool deck.

**Case** - please watch practice from the balcony. Parents are welcome to drop-off their swimmers at the pool doors, but please park in the south lot next to the tennis courts.

**Carthage** - please watch practice from the balcony. Park in designated parking spots located next to

the football field or on the upper level next to the entrance of the building.

**Meadowbrook Country Club** - please watch practice from the upper patio area next to the bath houses. Park in designated parking spots located east of the pool.

**Park** - please watch practice from the balcony. Park in the lot next to the pool door (be aware of reserved parking spots).

## July & August Birthdays



Hugo A.  
Natalia B.  
Arev B.  
Collin F.  
Ivar I.  
Austin L.  
Emilie M.  
Abby P.  
Dominic R.



Emma S.  
Elizabeth S.  
William B.  
Erin C.  
Jacob M.  
Madilynn P.  
Jack S.  
Madeline B.  
Anna G.



Joanna C.  
Alexandra J.  
Michael W.

## Long Course Training Finalized

Once again this summer, we will offer 50-meter training for those swimmers currently swimming in Green, Blue and Senior.

Practices will be held at the RecPlex in Pleasant Prairie on the following days June 16, 18, 25, 30, July 2, 7, 9, 14, 16, and 21.

Practice times for Blue and Senior

level swimmers will be 10:30 a.m. to 12:30 p.m.

Practice times for Green level swimmers will be 10:30 a.m. to Noon.

Parents, do not send your swimmers to three practices a day! If you plan on attending the 50-meter training sessions, do not attend the

AM practice at Meadowbrook.

Take advantage of this opportunity which allows our swimmers to acquaint themselves with the differences between yards and meters.



## 30th Anniversary Picnic Planned ... save the date!

Saturday, September 19th from Noon to 5:00 p.m. at the Sealed Air YMCA we will be hosting a SEA Picnic to finish out celebrating 30-years of SEA swimming!

Robin Betthausen, Lydia Bolendorf, and Kim Wergin are leading the charge in the planning process and if you would like to assist, please reach out to them.

We will have exclusive use of the multi generational room and the acres of open green space for games, shade tents, and chairs and the pool and basketball courts will be available for use as well.



Should be loads of fun!

At this time, please save the date and we hope to SEA you there!

## Practice Location for Spring & Summer ... as of today (updated)

**THIS SUMMER IS BETTER THAN PAST ONES, BUT RUSD WILL NOT HAVE A POOL OPEN FOR THE ENTIRE SUMMER FOR OUR PRACTICES.**

Unlike past year's when we would already be practicing at Carthage College, we have been granted pool time at Case

through June 9 this Spring.

**Beginning June 8 we will transplant PM practices to Carthage College through July 20.**

Park High School is scheduled to open for our use on July 20 through the end of the season (fingers crossed).

We'll still offer a full slate of AM practices weather permitting beginning Monday, June 15. Please

view the Practice Schedule posted online for practice times and weather cancelation procedures.

If your family struggles to make it to practice because you can't get your swimmer there because of work, please reach out to Coach Neil and he'll see if he can't facilitate a carpool experience for you if he can ... feel free to chat with parents in the balcony too.

## Off Season Training Scheduled for August

As usual, we will offer Off Season Training three days a week in the mornings at Meadowbrook Country Club.

This opportunity bridges the gap between the end of the summer and the start of the fall season.

Training sessions will be held on Monday, Wednesday and Thursday, August 3-27.

Practice for Green, Blue and Senior level swimmers will be held 7:45-9:15 a.m. and the cost is \$75,

Practice for Pups, Lions and Dragons will be held 8:15-9:15 a.m. The cost is \$50.

In addition, weight training for 9th-graders to be and higher will be held during August at Sealed Air YMCA Monday, Wednesday, and Friday from

10:00 a.m. to 11:00 a.m.

Please forward payment to Coach Neil in form of check (made out to SEA) or cash.

Take advantage! Signed up to date included: Arev Buchaklian.

## Summer Sizzler Recap

Hugo Arteaga broke Austin Lentz's 2012 8&U team record in the 4Fr (8:15.22) with his effort of 7:19.99.

New LC State qualifying times achieved by Natalia Badillo 1Br and Jacob Trask 2IM.

Cracking into the top ten all time for SEA were Sofia Badillo 5th 4Fr, 9th 50Ba, Natalia Badillo 10th 1Br, Maren Hoferitza-Palermo 10th 2Ba, 5th 2Br, 7th 2IM, Caitlin Mertins 8th 1Br, Emily Bollendorf 10th 2Br, Tara Smith 3rd 2Br, Hugo Arteaga 2nd 1Fr, 3rd 50Ba, 3rd 1Ba, Neil Wright III 7th 4Fr, Srikar Munagavalasa 10th 1Ba, Jacob

Trask 8th 1Ba, 5th 2Ba, 5th 1Bf, 9th 2IM, and Jacob MacKenzie 5th 2Br.

Posting 100% best times were Arev Buchaklian, Isabelle Buhler, Emily Cain, Lauren Flynn, Cole Johnson, Cayla Julius, Scott Palmer, CJ Trask, Kaitlyn Weyenberg, and Neil Wright III.

Cutting more than five seconds off their previous best time included Josh Abel -9.32 2IM, Hugo Arteaga -8.88 1Fr, Sofia Badillo -6.94 4Fr, Isabelle Buhler -11.63, Emily Cain -15.49 4Fr, Ana Carrillo -8.29 1Fr, Halina Collins -9.20 50Fr, Drew Esson -9.47 1Ba,

Cayla Julius -5.86 50Fr, Ava Knaus -5.92 50Ba, Taylor Knaus -8.94 2Br, Caitlin Mertins -6.62 4Fr, Janavi Munagavalasa -12.12 2Fr, Ellie Palermo -9.92 1Br, Parker Palermo -6.15 1Br, Scott Palmer -23.56 2Fr, Elise Piper -11.14 2Fr, Tia Ricchio -6.66 1Fr, Tara Smith -6.90 2IM, Dylan Steffes -7.24 2Fr, Stephanie Strange -9.12 1Fr, CJ Trask -86.08 1Fr, Alex Wampole -26.17 2Fr, and Neil Wright III -23.26 1Br.

Excellent job swimmers and a pat on the back to all the parents who volunteered ... only one meet left to host!

## WGLO Recap

**OUR HARDWORK IS BEGINNING TO PAY OFF ... WITH NO REST AND ONLY A TECH SUIT, WE MANAGED 64% BEST TIMES AS A TEAM!**

This was a great event for our team. State qualifying times were achieved by Natalia Badillo 50Bf, 1Ba, 50Fr, Sofia Badillo

50Bf, 50Br, CJ Trask 1Ba, and Jacob Trask 2Fr.

Ivar Iverson broke Adam Lewno's 2004 17-18 1Br team record of 1:07.32 with his effort of 1:06.99.

Cracking into our Top Ten all time were Natalia Badillo 8th 50Br and 1Ba, Sofia Badillo 4th 50Bf, 5th 1Ba, 8th 50Fr, 5th 50Ba, Emily Bollendorf 9th 50Fr, Sara Bollendorf 8th 2Br, Ivar Iverson 3rd 1Fr, 3rd 1Bf, 2nd 50Fr, 2nd 2Ba, Jacob MacKenzie 10th 2IM, 6th 4Fr, 8th 1Bf, Mackenzie Reischl

7th 1Ba, 10th 50Fr, 7th 2Ba, CJ Trask 10th 1Ba, Jacob Trask 4th 2Bf, 4th 1Bf.

Posting 100% times included Sofia Badillo, Erin Cain, Cooper Scarmardo, and CJ Trask.

Dropping more than five seconds in a single event were Sara Bollendorf -6.05 2Br and Jacob Trask -5.50 2Fr.

Great job swimmers!

## OCON Recap

A lot of best times and fun was had in Oconomowoc last weekend.

As a team we posted 70% best times and no DQs!

Hugo Arteaga notched three top ten times in the history of our team for 8&U boys - 3rd

2Fr, 4th 25Fr, and 6th 50Fr.

Posting all best times were Helena Pudzisz, Macie Ritter, and Stephanie Strange.

Dropping more than 15 seconds in a single event included Hugo Arteaga -74.83 in the 2Fr, Nathan Mudry -

15.83 in the 2Ba (broke 3:00 for the first time too), Stephanie Strange -63.71 in the 2IM, and Alex Wampole -16.61 in the 1Fr.

Way to go swimmers and good job coaching the meet James!

## South Eastern Aquatics

---

South Eastern Aquatics  
Racine Family YMCA Swim Team  
Attn: Neil Wright  
725 Lake Avenue  
Racine, Wisconsin 53403

Office: 262.898.4766  
Mobile: 262.994.3157  
Email: south.eastern.aquatics@gmail.com



Parent Motto:  
Love, Support, Transport.

---

ESTABLISHED

1984

---

Our Mission Statement here at SEA reads, "To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming."

Our Vision Statement here at SEA reads, "As a swim team without a true home, it is SEA's vision to one day build a pool of our own."

Communication is key here at SEA. There are no 'dumb' questions. If you are confused about anything at all, please reach out to your swimmer's coach or contact our Head Coach Neil Wright at 262.898.4766 or via email at south.eastern.aquatics@gmail.com.

## On the Starting Blocks

---

### July 2015

4, Independence Day, no practice  
9, Dual w/OZ  
10-12, Bird Bath Invite  
15-18, Speedo Champions Series meet  
17-19, Silver State meet  
24-26, 12&U State meet  
28, End of SEASON Time Trials  
30-2, 13&O State meet  
30-3, Junior Nationals

### August 2015

7-9, 14&U Central Zones

3-27, OST



### September 2015

8-17, FREST Clinic

14, Returning Family Registration,  
6:00-7:30 p.m. at Sealed Air

YMCA

19, SEA Family Picnic at Sealed Air YMCA, Noon-5:00 p.m.

21, Tryouts

22, First day of practice

### October

15, Sprint Time Trials

### November

1, 6th Annual SEA Fall Starter