

WWW.SEA-Y.ORG  
SEA SWIM TEAM (FACEBOOK)  
@SEAWISCONSIN (TWITTER)  
262.898.4766

## UPCOMING EVENTS:

- Fill the pool with swimmers ... attend practice this Saturday at Sealed Air!
- The next parent board meeting will be held February 23, 6:00 p.m. at Case. All welcome!
- Need a swim cap? Please speak with Neil. \$12 per cap.

## INSIDE THIS ISSUE:

The Week Ahead	2
Registration	2
Swim-a-Thon final details	2
Final New Parent Meeting	3
Swim-a-Thon is Underway	4
SCRIP - it's so easy	4
Good Parents	5
Titletown Recap	5

# SERPENT TIMES



EST. 1984

JANUARY 22, 2015

## Neil's Kickboard

The Swim-a-Thon will take place at Case tonight beginning at 5:30 p.m. It's my desire to be finished around 7:00-7:30 p.m. Please read the final details for tonight's event at the bottom of page two - parent help & donations are needed and appreciated. Please help if you can.

As we ramp-up towards the end of the season, please take a moment to look at your calendars. It's the desire of the coaching staff to have a strong team showing at YMCA Sectionals. The meet stands as our final "big" team meet of the season and will take place at the Ocono-

mowoc YMCA, March 13-15. Even if your family can only attend one day, please make an effort to be there!



Good times in and out of the pool last weekend in Green Bay. I posted all the pictures I took last weekend on our website. Take a look!

Attendance this season has been ... in a word ... outstanding! I'm so proud of all of you for making swimming

practice a priority. Of course practice is missed because of school and church, but that's the way it should be. Keep up the great attendance.

The parent board is attempting to move our 7th Annual Groundhog Grand Prix from a two session event to a single session event. Of course more information will be available next week, but just a heads-up about this possible change in the meet.

Remember, we are at Carthage College this Tuesday.

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com.

## Distance Time Trials

Distance Time Trials will take place at Case this Friday beginning with 5:30 p.m. warm-ups.

The meet will begin around 6:15 p.m.

Neil will post and email a heat sheet Friday.

Swimmers still interested in at-

tending are encouraged to have mom or dad email Neil their intentions - additional entries will be accepted through the end of Thursday's practice (swimmers will be allowed to deck seed during warm-ups Friday night though).

Please remember, there is no practice Friday night so if that's a

normal night of attendance for you, please think about swimming in this event.

Coaches will time so parents can enjoy their time chatting in the balcony.

Drive safe, swim fast and most of all ... have fun!



Not sure what's going on? Read this section to stay connected and in the loop.

*"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden*



Our annual Swim-a-Thon will take place at Case tomorrow night. Pizza will be served afterwards.

**Thursday, January 22**  
(no practice, Swim-a-Thon at Case beginning at 5:30 p.m.)

**Friday, January 23**  
(no practice, Distance Time Trials at Case, 5:30 p.m. warm-ups)

**Saturday, January 24**  
(practice combined at Sealed Air & diving practice at Lakefront Y)

**Monday, January 26**

(practice combined at Case)

**Tuesday, January 27**  
(practice combined at Carthage, later start times)

**Wednesday, January 28**  
(practice combined at Case)

**Thursday, January 29**  
(practice combined at Case)

**Friday, January 30**

(practice combined at Case, SSTY A+)

**Saturday, January 31**  
(practice combined at Sealed Air & diving practice at Lakefront Y, SSTY A+)

**Sunday, February 1**  
(7th Annual SEA Groundhog Grand Prix, SSTY A+)

**Monday, February 2**  
(practice combined at Case)

## Spring & Summer Registration Schedule

Although the weather outside is frightful, it's about time to begin planning for the upcoming Spring & Summer Season.

The Spring & Summer Season will begin April 13 and run through July 29.

The Spring only dates are April 13 through June 20.

The Summer only dates are June 1 through July 29.

PM practice times remain as

they are now through the Spring & Summer Seasons.

AM practices are added once school is finished and those practices will be held at Meadowbrook Country Club between the hours of 7 a.m. and 9:15 a.m.

The registration schedule looks like this:

Returning Registration will take place at Sealed Air Y on March

30 from 6:00 p.m. to 7:30 p.m. and also on the first day of practice - April 13 (location TBA). Registration for Summer Only will take place on May 18 (location TBA).

If you have never been with SEA for a summer session you are in for a treat as it's way more fun to swim outside than indoors (as long as the weather cooperates). Summer will be here soon!

## Swim-a-Thon Final Details

Tomorrow night we will conduct our annual Swim-a-Thon. This is a great event, an easy fundraiser, a percentage of the funds go back to USA Swimming to assist in their national learn-to-swim program, there's pizza afterwards, and many great prizes are available to the swimmers who turn in the most

pledges. With all that said, here are a few more helpful hints:

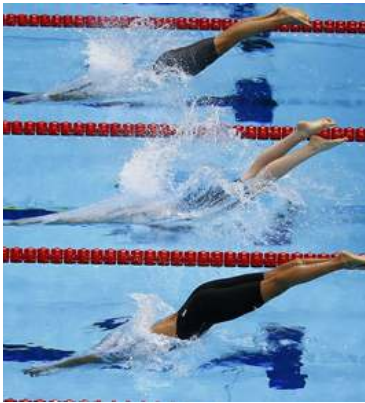
- 1) Parent volunteers are needed to assist with counting laps
- 2) The Swim-a-Thon will begin between 5:30 and 5:45 p.m.
- 3) It will finish between 6:30

and 6:45 p.m.

- 4) Pizza will be delivered around 6:30 p.m.
- 5) It would be great if parents could supply drinks and healthy snacks along with paper napkins/plates

Otherwise, we should be all set!

# Becoming Block Certified ... it's pretty easy



New swimmers to the team must be block certified to dive

Come hang out with Coach Alyssa Saturday's at the Lakefront YMCA to become block certified.

off the blocks during practices and/or meets. To become block certified, simply attend Saturday morning diving practice at the Lakefront YMCA from 8:00 a.m. to 9:30 a.m. Coach Alyssa is on deck for the 1.5 hours, but the practice is drop-in so arrive anytime.

USA Swimming has strict re-

quirements in terms of water depth for instructing new swimmers how to dive off the blocks (must be six feet deep - the high school pools are only 5.5 feet deep while the Y is 9 feet deep).

Once swimmers are certified, they are ready to dive off the blocks during any practice they attend (and the meets they attend too).

Take advantage!

*We'll need all hands on deck in the upcoming*

*Spring &*

*Summer Season*

*when we will be hosting one*

*additional swim meet.*

## BIG Plans for the Spring & Summer Season

This Spring & Summer Season we'll be hosting one additional meet compared to previous seasons.

Details are still being worked out, but the dates are set ... please save these dates!

Adding an additional meet was not taken lightly at the board level, but it is seen as a means to an end. It's the parent boards plan to stop

bidding (and thus hosting) the I3&O State Championship Meet. We will be hosting this summer's meet as the bid and voting process took place in April of 2014, but the plan moving forward is not to bid any further I3&O State meets. (Of course, with time things can change, but that's the current plan as of now.)

With that said, here is the list of

SEA hosted meets for the upcoming Spring & Summer Season:

- 1) 7th Annual Early Bird, May 2-3
- 2) TBD, May 29-31
- 3) 6th Annual Summer Sizzler, June 19-20
- 4) I3&O State, July 30-August 2

Please save these dates and support your swimmer's team!

## New Parent Meeting Scheduled for January 26

The third and final new parent meeting will take place on Monday, January 26th in the Case cafeteria beginning at 6:00 p.m. and ending by 6:30 p.m.

New parent meetings offer our families an opportunity

to sit down with our Head Coach and learn a bit more about SEA and what is involved in becoming a competitive swim team family.

This meeting will also see a SEA Alumni parent in attendance to share his experience

of having two national level swimmers grow-up and graduate from SEA (both went on to swim in college).

Take hold of this great opportunity and bring any questions you may have about the team too!



# Swim-a-Thon is Underway



For the second year in a row our team goal for this year's Swim-a-Thon is \$10,000. Help your team build a pool by participating!

This season's Swim-a-Thon will take place on Thursday, January 22, 2015 at Case High School from 5:30 p.m. to 8:00 p.m.

Swim-a-Thon fundraising packets were handed out during the Swim-a-Thon Kickoff and Halloween Practice Party held at Park on Thursday, October 30. If you need a packet, please reach out to Coach Neil or Mike (or download and print your own from our website).

Our Vision Statement reads, "As a swim team without a true home, it is SEA's vision to one day build a pool of our own." Our annual Swim-a-Thon is a large part of our

efforts to continue to grow our "Dream Account" and one day, build a pool.

There are great prizes available to swimmers participating in this year's Swim-a-Thon.

The top two training groups will win a private showing at the Sturtevant Renaissance Theater on February 8.

Other prizes available include a limousine ride to the February 6th dual meet, two \$100 Speedo shopping sprees, \$100 gift card to Toys 'R US, \$100 gift card to Best Buy, \$100 gift card to American Eagle, \$100 gift card to Dick's Sporting

Goods, and a \$100 gift card to iTunes.

There will also be a raffle for a \$200 swim fee credit too.

Finally, USA Swimming also supplies prizes too - Bag Tag, Swim Cap, T-Shirt, Towel, or a Backpack.

Our Swim-a-Thon is an easy way to meet your \$150 family fundraising obligation and help support a good cause ... building a pool future generations of SEA swimmers can train in. Collect pledges today and through January 22.

Good luck!

# SCRIP, the Easiest Way to Fundraise

"Great minds

discuss ideas.

Average minds

discuss events.

Small minds

discuss people." -

Eleanor Roosevelt

Order by January 19 (delivery on 1/22), order by February 2 (delivery on 2/5), order by February 16 (delivery on 2/19), order by March 2 (delivery on 3/5), and order y March 16 (delivery on 3/19). Don't forget you can still purchase Scrip Now! Or Scrip Reload anytime.

For those who utilize mobile apps, Shop with Scrip has a mobile app for you!!

My Scrip Wallet allows you to purchase and redeem Scrip Now! Or Scrip Reload right from your phone. In a matter of minutes, you can purchase Scrip, shop and redeem all while earning SEA fundraising dollars.

Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:15 p.m. Individual arrangements can also be made.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by using the SEA enrollment code of 173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

### SCRIP Quick Facts

- 1) [www.shopwithscrip.com](http://www.shopwithscrip.com)
- 2) SEA enrollment code = 173DF3A917711
- 3) Payment method = PrestoPay
- 4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at [brose7@wi.rr.com](mailto:brose7@wi.rr.com) or Kim Wergin at [kimwergin@aol.com](mailto:kimwergin@aol.com). Thanks!

# January & February Birthdays



Aging up, it happens to everyone.

Sofia B.  
Kate B.  
Halina C.  
Jack E.  
Lindsey F.  
Katelyn G.  
Abby K.  
Emaleigh N.  
Elena P.

Scott P.  
Abby P.  
Sebastian R.  
Marlee R.  
Ali S.  
Robin S.  
Tiffany S.  
Grace Z.  
Drew E.

Megan G.  
Jacbo H.  
Adara J.  
Ava K.  
Jason L.  
Mitchell M.  
Cooper S.  
Alyssa S.



# Looking for a few Good Parents ... You know who you are

The parent board is a great group of committed parents who work together to ensure SEA and the swimming community here in Southeastern Wisconsin is given the opportunity to swim year-round as so many children have done in the past. Parents who serve on the board do not serve the needs of their own children, but instead serve the needs of every SEA swimmer on the team. Decisions made must be in the best interest of SEA's financial stability and for all swimmers currently involved with the team. With that said, there are a few openings on the parent board and Coach Neil is actively looking for well balanced parents who feel they possess the skill sets necessary to ensure SEA's continued success. Positions currently opening up at the end of this season include, President, Meet Director and although not a board position, someone to manager the Scrip program.

If you are interested to learn more about any of the positions listed above, please call or email Coach Neil at 262.898.4766 or at south.eastern.aquatics@gmail.com.



award.

Other athletes bringing home a high point award included Mackenzie Reischl, Jacob Trask and Maren Hoferitza-Palermo who all placed 2nd and Hugo Arteaga who finished 3rd.

Sara Bollendorf grabbed another Y-State qualifying time - this time in the 100 Backstroke (an event I'm sure she'll be swimming at Y-State lol).

Cracking into the Top Ten in our history were Mackenzie Reischl 3rd 1Ba, Emily Bollendorf 5th 500Fr, 5th 1Bf, CJ Trask 7th 25Fr, 7th 50Fr, 4th 25Ba, 5th 50Ba, 9th 1IM, Hugo Arteaga 9th 25Fr, 9th 50Fr, and Jacob Trask 5th 50Fr.

Posting 100% best times in all of their events included Nathan Strickland, CJ Trask, and Emma Wisniewski.

Finally, dropping more than ten seconds in a single event were Joey Abel -31.70 500Fr, Josh Abel -27.80 500Fr, Rachel Christensen -11.95 500Fr, Carter Johnson -13.71 2Fr, Taylor Knaus -68.33 500Fr, Scott Palmer -12.44 2IM, Elena Renner -10.09 1Ba, Stephanie Strange -15.61 1IM, Alice Stratman -18.79 1IM, and Neil Wright III -11.12 1Ba.

As a team, compared to last year, we scored 419.50 more points, but still finished 3rd overall - although we were only 176 points out of 2nd this year.

Thanks to Rebecca Scharff for all the behind-the-scenes work in organizing the team dinner and desserts.

There are many pictures posted via our Facebook page and also on our website. Final results are posted on our website too. Good luck Friday during Distance Time Trials!

---

## TITLETOWN FREEZE RECAP

---

A lot of great results were recorded in Green Bay last weekend ... read on to learn all about them.

CJ Trask broke a 25-year-old team record when he finished the 25 Butterfly in 16.47. Micah Eberle set the record in 1990, 16.63. CJ would go on to win all of his events and bring home the 1st place high point



## South Eastern Aquatics Racine Family YMCA Swim Team

725 Lake Avenue

Racine, Wisconsin 53403

SEA SWIM TEAM (Facebook)

@SEAWisconsin (Twitter)

www.sea-y.org (Web)

Phone: 262.898.4766

Fax: 262.634.0401

Email: south.eastern.aquatics@gmail.com

### Parent Motto:

**Love, Support, Transport.**

### SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

### SEA's Vision:

As a swim team without a true home, it is SEA's vision to one day build a pool of our own.

Established in 1984, we are set to celebrate our 30th anniversary this year!

# On the Starting Blocks

## January 2015

22, Swim-a-Thon

23, Distance Time Trials

27, LSC meeting, UW-Waukesha, 7:00 p.m. - all welcome

29, PLD Time Trial

30-1, SSTY A+

## February 2015

1, 7th Annual Groundhog Grand Prix (SEA hosted)

6, SEA vs. OZ

7, SEA vs. LGSC vs. BAT

14-15, LAKE Open

19, PLD Time Trial

20-22, Regionals

23, Parent board meeting, Case, 6:00 p.m. - all welcome

27-1, 12&U State

## March 2015

5-8, 13&O State

9, Team Picture

9, Parent board meeting Case, 6:00 p.m.— all welcome

13-15, YMCA Sectionals

19, End of SEASON Time Trials

20-22, YMCA State

26-9, OST

27, Wine/Beer Tasting & Raffle Event

30-3, YMCA Nationals

## April 2015

13, First day of practice

## May 2015

2-3, Early Bird Open (SEA hosted)

29-31, Inaugural Pirate Plunge (SEA hosted)

## June 2015

19-21, Summer Sizzler (SEA hosted)

## July 2015

15-18, Speedo Champions Series

30-2, 13&O State (SEA hosted)

31-2, 14&U Central Zones

## August 2015

3-28, OST at Meadowbrook



**Take a look at the months ahead  
and stay up-to-date.**