

WWW.SEA-Y.ORG
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UPCOMING EVENTS:

- Friday's practice has been relocated to Case - this is a change from the posted calendar.
- Next board meeting is March 4 at 6:30 p.m. - Case High School. All welcome!
- Team swim caps are now available. Get yours today! \$12 per cap from either Mike or Neil. Team car decals available too!

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SERPENT TIMES



EST. 1984

FEBRUARY 13, 2014

Neil's Kickboard

Change in practice location on February 14th (this Friday - tomorrow) - instead of Park, we will be at Case.

We had a fun filled weekend last Saturday! The Lions and Greens enjoyed a private movie at the Sturtevant theater and I must say, watching some Olympic swimming on a screen that size was really cool.

Afterwards we headed over to Castle Lanes for some bowling fun. 38 swimmers, families, and friends took to the lanes. I attempted to keep an eye on all the scores and I think Caitlin "Pipes" Mertins notched the best score at 147. :)

Also last weekend our high school boys were in action at their Conference meet. A lot of PRs were posted and I wish every SEA boy good luck during their Sectional meet this weekend at Carthage College. Heading into the meet, Ivar Iverson has the fastest seed time for the entire State for the 1Br while Nick Galis (2Fr), Ivar Iverson (2IM), Collin Flynn (1Ba) are seeded

first in their Sectional meet, Zach Hovan (50Fr), Will Mattison (1Bf, 1Ba), and Nick Galis (1Fr) are seeded second, and Collin Flynn (2IM), Zach Hovan (1Fr), and Will Buhler are seeded third. To qualify for the State meet, a swim-



This weekend we head to UW-Milwaukee to participate in NBSC's Valentine Open. Be advised warm-ups are extremely early (get to bed at a decent hour) and parking and sitting may be tight. Good luck!

mer must either win their event at the Sectional meet or be one of the next 16 fastest swimmers in the state. Events begin at 1:00 p.m. GO SEA!

Our annual team picture is right around

the corner. This year's team picture will happen at Case on Tuesday, March 4. I will hand out forms a week prior to that date. Swimmers who want individual or sibling pictures taken should be ready to go at 5:30 p.m. The team picture will follow at 6:00 p.m.-6:15 p.m. We usually have about 70% of the team in attendance - let's have 100% of the team this year! Save the date - Team Picture on March 4th!

With YMCA Sectionals & YMCA State approaching, be aware a swimmer's age for these meets is determined by the date of December 1, 2013 and not the first day of the meet. What does this mean? How ever old a swimmer is on December 1 is the age s/he will compete in the meet. It's an antiquated YMCA rule which needs to go away, but seems to have a life of its own. :)

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com.

*** Completely fantastic ***

NBSC Valentine Open Meet Information

This weekend we head to the campus of UW-Milwaukee to participate in the NBSC Valentine Open at the Klotche Center.

Saturday is a single session (all swimmers compete during the same time). Warm-ups for Saturday begin at 6:30 a.m., the meet begins at 7:50 a.m. and is scheduled to finish at 11:16 a.m.

Sunday AM warm-ups (includes 8&U, 13-14 and Senior swimmers) begins at 7:00 a.m., the meet begins at 7:50 a.m. and is scheduled to finish at 10:18 a.m.

Sunday PM warm-ups (includes 10&U and 11-12 swimmers) begins at 10:30 a.m., the meet begins at 11:50 a.m. and is scheduled to end at 5:19 p.m.

As mentioned above, the event warm-

up times are early (compared to other events we attend) so be sure to get your athletes to bed at a decent hour. In addition, parking and sitting will be tight ... give yourself some extra time if those are a concern for you.

Drive safe, swim fast, have fun!
GO SEA!



Please follow the parking signs and regulations near the building of Case High School.

In regards to our vision to building our own training facility, the YMCA Board of Directors kicked off their Strategic Planning meetings last May (the meetings will conclude at the end October). The Board will discuss the future plans for the Sealed Air Y and a handful of other projects. We will anxiously await their findings.

Aging up, it happens to everyone.



This article serves as a reminder to all members about parking restrictions around Case High School.

When parking at Case, please ensure you park in the south parking lot next to the tennis courts.

Families are more than welcome to drop their

swimmers off next to the building, but please be sure to park in the south lot.

Coach Neil has received a call for the Case Activities Director in regards to swim team members parking next to the building, in the Activities Directors reserved parking space and along

the sides of the road heading to the POOL doors of the high school.

In an effort to keep our working relationship with RUSD and all the schools we utilize, please following all the parking restrictions at the schools we train at. Thanks for all your help.

SCRIP - The Easiest Way to Fundraise

Here are the current order by/delivery on dates for SCRIP: order by order by order by order by order by February 17, delivery on February 20; order by March 3, delivery on March 6; order by March 17, delivery on March 20. Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:00 p.m. Individual arrangements can also be made.

Your order can be placed at

www.shopwithscrip.com by using the SEA enrollment code of 173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

SCRIP Quick Facts

1) www.shopwithscrip.com

2) SEA enrollment code = 173DF3A917711

3) Payment method = PrestoPay

4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at brose7@wi.rr.com or Kim Wergin at kimwergin@aol.com. Thanks!

January & February Birthdays

Sebastian B. & Sofia B.

Halina C. & Jake E.

Scott P. & Kaite P.

Abby P. & Vincent P.

Sebastian R. & Marlee R.

Ali S. & Tiffany S.

Drew E. & Adara J.

Jason L. & Alyssa S.

James T. & Cassie B.

Joey D. & Lindsey F.

Abby K. & Sam M.

Zachary P. & Cameron P.

Brett E. & Megan G.

Hannah M. & Aysia P.

Cole S. & Lauren Z.

Save the Dates for our Spring & Summer Meets



Please mark your calendars and update your smart phones for our upcoming meets.

We will be hosting three meets during the upcoming Spring & Summer Season. These events are huge fundraisers for our team and all families benefit for the revenue generated from these events with economical swim fees.

Our first meet will be the 6th Annual SEA

Early Bird. This meet will be held May 3-4 in Brown Deer at Schroeder.

The second meet we host will be the 5th Annual SEA Summer Sizzler. This meet will be held June 20-21 in Pleasant Prairie at the Rec Plex.

The final meet of the summer we are hosting will be the 13&O State Championships. This meet will be held July 31-August 3 in Pleasant Prairie at the Rec Plex.

To give families an idea of what kind of meet income is generated from the meets we run ... this year's budgeted meet revenue is \$65,000, roughly 40% of the operating budget.

With our vision to build a pool, hosting meets also builds a next egg for that project.

Your continued support working SEA hosted meets has been and always will be greatly appreciated.

YMCA National Hotel Rooms

Rooms have been reserved for the upcoming YMCA National swim meet in Greensboro, North Carolina, April 1-4.

Rooms have been reserved at the Quality Inn & Suites, 7067 Albert Pick Road, Greensboro, NC 27409. (Roughly eight miles from the event venue.)

Rooms are reserved from Sunday, March 30 with check-out happening on Friday, April 4. Room rates are \$89.99 per night plus tax, come with two queen beds and include a full hot breakfast.

If you need a room, please call 336.668.3638 and pull a room

from the reserved block of rooms held under the South Eastern Aquatics, Racine Family YMCA Swim Team.

The deadline to reserve a room is Friday, March 14. The group account number is 1597884.



2nd Annual Wine Tasting, Raffle & Silent Auction

This is a reminder that our awesome UNCORKT fundraiser is March 28. Look for more information about this event in the upcoming weeks.

Like last year I am looking to have each swim group put together a basket to raffle off at the event. This was very successful and we were able to raise quite a bit on money. Last year we had some wonderful parents volunteer for some of the groups and this year I am hoping for 100% participation from

parents in all of the groups. If you would like to be the parent volunteer for your child's group please let me know! Once we have the volunteers for each group I will send out more information.

In addition, if there are any parents who would like to assist me in obtaining silent auction donations I would love it. I am trying to have a small group put together for this (a committee of sorts). If you don't have the time, but know businesses we can contact please let me know.

Also, if you have anything you would like to donate you can let me know.

Last year was very successful and was a fantastic time. Let's make this year even better! Thank you parents for all of your help and support of this swim team! Rebecca Scharff - 414.807.4353.



The Raffle & Silent Auction portion of our Wine Tasting event was well received last year. This a call for help to develop our raffle baskets. Your help is needed!

12&U State Hotel Information



We have secured rooms at the same hotel we stayed at last year.

A block of ten rooms have been reserved under South Eastern Aquatics at the Madison Marriott West.

The address of the hotel is 1313 John Q Hammons Drive in Middleton.

The block of rooms will be held until February 14. Call 608.831.2000 to pull a room from the reserved block.

Each room has two beds and run \$115 per night plus taxes.

The meet this year will be held at the UW-Madison Natatorium. If

you have not heard, the Natatorium is in a fight for its life.

The powers that be want to bring baseball to the UW-Madison campus and will need to eliminate a men's sport ... swimming is its sites. A sad state of affairs to say the least.

Anyone with time and an interest can join in the letter writing campaign in an attempt to save the pool and the men's swimming program.

A link to the Save the Nat facebook page can be found in the SEA SWIM TEAM facebook page.

The 12&U State meet has a rich tradition in Madison and is always a fun experience for the 700+ swimmers throughout Wisconsin that attend the meet annually.

In addition, with the current structure of the WIAA State meet, the UW-Madison Natatorium is the only facility capable of hosting that meet (because of the number of spectators). If the pool is demolished, the WIAA State meet (both girls and boys) will look significantly different in the coming years than it does today.

"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden

SEA vs. OZ Recap

A lot of best times were recorded during the dual meet last Friday night. SEA posted 1,600 points to 636 for OZ.

Jake Trask notched some of the quickest times in our history for 2Ba 2nd, 2Bf 3rd, and 2Br 7th.

Posting all best times included Josh Bote, Payton Church, Adara Johnson, Madilynn Peterson, Jordan Pier, Abby Smith, and Jake Trask.

Dropping five or more seconds in a single race were Hugo Arteaga -16.86 1Fr, Sofia Badillo -10.88 1Fr, Josh Bote -13.78 2Fr, Maritxell Chavez-Alvarado -8.29 1Br, Corbin Coe -11.04 1IM, Drew Esson -11.03 1IM, Hannah Kehl -40.64 2Br, Jason Lewis -46.48 4IM, Madilynn Peterson -7.40 1Ba, Ella Pier -26.34 2Fr, Abby Smith -8.35 2Ba, Nate Smith -6.24 1Br, Tiffany Steffes -10.57

1IM, Alyssa Stetler -7.04 1IM, Jake Trask -10.73 2Br, and Neil Wright III -6.80 25Br.

Thanks again to all the parents who took the time to work this event as a timer, official, runner or computer operator and thanks to Tom Renner for beginning to learn how to run the Colorado Timing System.

Our next dual meet is scheduled for May 9th in New Berlin against NBSC. Hope to SEA you there!

Bird Bath Open ... this summer



Last summer we attended the Bird Bath Open in Appleton at the outdoor 50-meter pool (Erb Park) after not attending this event for many years.

Similar to the Green Bay meet, this travel meet offers our families an opportunity to bond in a

fun and relaxed atmosphere.

The park where the pool is located is surrounded by acres and acres of green grass and trees along with playgrounds and other recreational fields.

Families who attended last year brought their shade tents and folding chairs and relaxed in the shade enjoying each others com-

pany while they waited for their swimmers to compete.

This summer we'll be heading back to the Bird Bath Open and the dates are set ... July 11-13.

Mark your calendars and join us won't you? Good times (both in and out of the pool) are guaranteed to be had by all.

Diving - How to be Certified to Dive off Blocks



USA Swimming has strict guidelines in how to teach athletes the proper (safe) way to dive off blocks.

The water depth is one of the

USA Swimming rules are strict in terms of diving off blocks.

rules that must be followed in allowing athletes to try diving off blocks. Once a swimmer has progressed through the diving progressions, even to attempt to dive off the block the water must be at least six feet deep.

At our local high schools, the water depth is five feet, six inches deep so we are not allowed to teach our swimmers how to dive off the blocks - we do teach them

the progresses up to diving off the blocks though.

Swimmers needing to be certified to dive off blocks can meet with a SEA coach on Saturdays from 8:00 a.m. to 9:30 a.m. at the Downtown Y. This practice is drop in and parents can bring their children in at any time.

This Saturday Coach Rebekah will be looking for swimmers to work with ... come on out and learn the finer points of diving off blocks - it's all about the streamlining. :)

“Tentatively, this year’s 13&O Training Trip will take place June 22-29. We will be heading back to Laguna Beach, FL.”

13&Over Training Trip Information

Every two years we offer a 13&O Training Trip and if you have attended any SEA Banquet and heard the graduating seniors speak, almost everyone shares memories about their training trip and that if you (other swimmers) get a chance to go ... go.

Tentatively, this year’s trip will take place June 22-29. We will be staying in the same location as the past two trips (Laguna Beach, FL) and be training at the same facility as the last two trips (the Panama City Beach Aquatic Center).

Two year’s ago the cost for transportation

(via van), lodging and pool rental was \$678 per swimmer.

Swimmers will need additional funds to cover meals and incidentals.

As this is a training-trip, there’s no side excursions really planned except for dinner at the Red Bar in Grayton Beach and an afternoon trip to the quaint town of Seaside (where the movie *The Truman Show* was filmed).

At this time, please forward your name to Neil if you are planning on attending and if you are willing to chaperone (first come

first served).

To date, Erin Cain, Rachel Zenisek, Kayla Rose, Emily Bollendorf, Josh Bote, Ivar Iverson, Caitlin Mertins, Jason Lewis, Maren Hoferitza-Palermo, Will Buhler, Bailey Bleser, Tiffany Steffes, Claire Holewinski, Paige Betthausen, Jacob MacKenzie and Marlee Reischl is planning on attending. A minimum of 12 swimmers are needed for this trip to happen.

More information will be available towards the end of the Fall & Winter Season.

Please contact Neil if you have questions.

Not your Normal Popcorn Fundraiser has Starter

Hello Families!

We are having a new fundraiser that stars ASAP! We are having a popcorn sale through Jane’s Simply Delicious based out of Cudahy, WI. The parent board had the opportunity to try ten of the flavors at our last meeting and they are awesome! Here are the details:

1) Sale begins ASAP with order forms due Wednesday, February 19th. You can pick up forms from

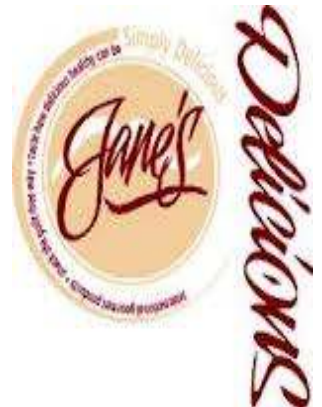
the coaches beginning tonight.

- 2) Please make checks payable to SEA. Money must be included with your order forms.
- 3) Pick-up will be Wednesday, March 5th - details TBD.
- 4) 50% of all sales will go towards your fundraising. Already reached your \$150? Don’t forget that 1/2 of all money raised above this amount goes right back into your

family account.

- 5) Once again, this popcorn is amazing! With the prizes being fairly low we hope this is a success for everyone.
- 6) Please contact me via email at rebeccascharff@yahoo.com or via phone at 414.807.4353 with any questions.

Thanks and good luck!





**South Eastern Aquatics
The Racine Family YMCA Swim Team**

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Parent Motto:

Love, Support, Transport.

SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

SEA's Vision:

As a swim team without a true home, it's SEA's vision to one day build a pool to call home.

Established in 1984, we are set to celebrate our 30th anniversary this year!

On the Starting Blocks

February 2014

14, Practice changed to Case

15-16, NBSC Open

21-23, Regional Championships

28-2, I2&U State

March 2014

4, Team Picture

4, Board Meeting, 6:30 p.m. - all welcome!

6-9, I3&O State

15-16, YMCA Sectionals

21, End of SEASON Time Trials

21-23, YMCA State

28, Wine Tasting, Silent Auction, Raffle

April 2014

1-4, YMCA Nationals

7, Board Meeting, 6:00 p.m. - all welcome

14, Returning Registration, 6:00-7:30 p.m. at the Sealed Air Y

May 2014

1, Sprint Time Trials

3-4, 6th Annual SEA Early Bird

8, Annual Awards Banquet - no practice

9, SEA vs. NBSC

16-18, BDSC Open

22, Packers vs. Brewers Dual (for Pups, Lions and Dragons)



Take a look at the months ahead and stay up-to-date.

30-1, PX3 Invite

June 2014

5, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

6, EBSC 8&U Swim Your Own Age

6-8, SHOR Open

13, Tri-Dual w/LGSC & KYST

20-21, 5th Annual SEA Summer Sizzler

22-29, I3&O Training Trip (tentative dates)

July 2014

11-13, Bird Bath Open

31-3, I3&O State (SEA hosted)

August 2014

4-26, OST (off-season training)

September 2014

2-18, OST

22, First day of practice