

WWW.SEA-Y.ORG  
SEA SWIM TEAM (FACEBOOK)  
@SEAWISCONSIN (TWITTER)  
262.898.4766

## UPCOMING EVENTS:

- There are no remaining Saturday practices at this time. Saturday practices will resume April 18.
- The next parent board meeting will be held April 13, 6:30 p.m. at Case. All welcome!
- Need a swim cap? Please speak with Neil. \$12 per cap.

## INSIDE THIS ISSUE:

YMCA Sectionals Recap	2
Who's Your Buddy?	2
New Swimmer Tryouts	3
FREST Information	3
Returning Registration	4
SCRIP - it's real easy	4
Birthdays	4
On the Blocks	5

# SERPENT TIMES



EST. 1984

MARCH 19, 2015

## Neil's Kickboard

This will be the final newsletter of the season. Please don't forget about Spring & Summer returning registration - Monday, March 30, 6:00-7:30 p.m. at the Sealed Air Y.

The FREST Clinic is sold out and then some. Mike, Katie, Alyssa, Jacob (when he's not plugged in with the Coast Guard) and even Coach James will be on deck helping our athletes beginning Monday.

Save the date ... May 14th will be our Annual Awards Banquet. If you have never attended really think about going this year. All swimmers receive an award and we recognize team record breakers, Top Ten all time efforts, dedication awards and everyone's favorite, the Iron SEA Serpent Award. What I personally look forward to the most are the senior speeches. If you want to see and hear about the real reason we have our children swim, you'll be afforded a glimpse from the sage

words of our graduating seniors. Watch your email inbox for a registration flyer soon.

Did you buy your tickets for the upcoming 30th Anniversary Wine &



**We had a great showing during the two day YMCA Sectional event last weekend in Oconomowoc. Here are some of our senior swimmers and 10&U swimmers "chilling."**

Beer Tasting event? (Cool raffle baskets to be won too - including a \$500 swim fee credit.) This event will take place on Friday, March 27th and tickets are \$30 per person.

Please plan on attending this really fun event and purchase your tickets today via the link on our homepage of the website or in person on the night of the event. I hope to SEA you there!

Okay, so one of our swimmers gave me an envelope full of escrow funds in the form of cash ... there's no name associated with this? Please contact me if this is yours - maybe you could tell me how much is inside? It's weird no one has contacted me yet about this envelope of cash?

In closing, and on behalf of the coaching staff, it's been a pleasure serving as your head coach again this season. Good luck at YMCA State and Nationals!

Please call or email me if you ever have any questions or concerns. 262.898.4766 or at south.eastern.aquatics@gmail.com.

## YMCA State Information

We finally made it YMCA State! Good luck this weekend and please drive safe.

Friday (events 1-8) evening warm-ups begin at 3:45 p.m., meet begins at 5:00 p.m. and will end around 7:00 p.m.

Saturday (events 9-32) and Sun-

day (events 77-102) AM warm-ups for 10&U swimmers will begin at 7:15 a.m., the meet begins at 8:20 a.m. and is scheduled to finish by 10:30 p.m.

Saturday (events 33-51) and Sunday (events 103-121) late AM warm-ups for 11&O swimmers will begin at 10:15 a.m., the meet

begins at 11:20 a.m. and finish up at 1:16 p.m. and 1:25 p.m. respectively.

Saturday (events 52-76) and Sunday (122-144) PM warm-ups for 11&O will begin at 12:30 p.m., meet begins at 1:30 p.m., and finishes up at 4:21 p.m. and 3:45 p.m. respectively. Have fun!



Not sure what's going on? Read this section to stay connected and in the loop.

*"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden*

## The Week Ahead

### **Friday, March 20**

(first day of YMCA State in Brown Deer and Who's Your Buddy? event at Case)

### **Saturday, March 21**

(YMCA State, no practices offered)

### **Sunday, March 22**

(YMCA State)

### **Monday, March 23**

(Y-National practice at Park and FREST Clinic at Case)

### **Tuesday, March 24**

(Y-National practice at Park and FREST Clinic at Case)

### **Wednesday, March 25**

(Y-National practice at Park FREST Clinic at Case)

### **Thursday, March 26**

(Y-National practice at Park FREST Clinic at Case)

### **Friday, March 27**

(Y-National practice at Park)

### **Saturday, March 28**

(Y-National practice at Sealed Air)

### **Monday, March 30**

(YMCA Nationals in North Carolina and FREST Clinic at Case; also returning registration at Sealed Air Y)

### **Tuesday, March 31**

(YMCA Nationals in North Carolina and FREST Clinic at Case)

## YMCA Sectional Recap

Excellent swimming last weekend in Oconomowoc! We finished third of eight teams with 802.50 points.

The quartet of Maren Hoferitza-Palermo, Caitlin Mertins, Emily Bollendorf and Emelia Selky notched a YMCA National qualifying time in the 200 Medley Relay (it was also a 15-16 team record).

New State qualifying times were achieved by Sofia Badillo 50Fr, Bailey Bleser 1Fr, Emily Bollendorf 2Ba, Isabelle Buhler 500Fr, Bailey Chryst 50Bf, 1Bf, 2IM, Nathan Mudry 1Fr, 2Fr, Elena Palermo 1Fr, Mackenzie Reischl 50Br, and Elise Wember 2Br.

New team records recorded by Mackenzie Reischl in the 2Ba, CJ Trask in the 1Bf, and

Jacob Trask in the 2Fr.

Posting some of the quickest times in our history were Elena Palermo 4th 1Fr, Sofia Badillo 9th 1Bf, Bailey Chryst 10th 1Fr, 7th 1Bf, Isabelle Buhler 10th 500Fr, Elise Wember 9th 2Br, Emily Bollendorf 9th 2Ba, 6th 2IM, Maren Hoferitza-Palermo 9th 2IM, Hugo Arteaga 8th 50Fr, continued on next page ...



Who's Your Buddy will take place on Friday, March 20. Fun, fun, fun!

## Who's Your Buddy?

On Friday, March 20th we'll be hosting a Who's Your Buddy event at Case for all swimmers and one of their buddies.

Who's Your Buddy is all about fun and is a recruiting event for our next

season which begins on Monday, April 13.

A flyer will go home to all swimmers soon explaining the details (it will be emailed to you and posted on our website as well).

Parents are asked to donate healthy snacks and drinks along with napkins and paper plates. If you can donate any items, please email Neil and he'll keep a list in this section of the newsletter. Thanks in advance for your help!

# YMCA Sectional Recap ... continued



7th 50Ba, Quinn Wright 10th 1Fr,

**Hot tub time after swimming YMCA Sectionals? Sure, why not?** Carter Johnson 7th 50Br, CJ Trask 3rd 1Fr, 3rd 1Br, 5th 50Br, Nathan Mudry 9th 1Bf, Jacob Trask 6th 1Br, Joey Abel 10th 1Bf, Bailey Bleser 5th 2Ba, 6th 2Br, 5th 2Bf, Ivar Iverson 7th 2Fr, 3rd 500Fr, 3rd 2Ba, 3rd 2Bf, Collin Flynn 10th 1Br, and William Buhler 10th 4IM.

Achieving 100% best times were Arev Buchaklian, William Buhler, Bailey Chryst, Collin Flynn, Carter

Johnson, Ella Pier, Chris Pudzisz, and Grady Trask.

Dropping more than ten seconds in a single event were Josh Abel – 10.64 2IM, William Buhler –30.27 4IM, Rachel Christensen –11.04, Ava Knaus –11.97 1Fr, Nathan Mudry –21.67 2Fr, Elena Palermo – 14.63 1Fr, Riley Palermo –12.15 50Bf, Alex Pudzisz –40.97 1Bf, Sammie Spanske –21.23 50Bf, Grady Trask –14.36 2Fr, Quinn Wright – 14.14 1Fr, and Grace Zygowski – 14.36 1Br. Congratulations swimmers on your great achievements!

*Tryouts for all interested new swimmers will take place at Case High School on Monday, April 13th beginning at 6:00 p.m.*

## New Swimmer Tryouts Scheduled

New Swimmer Tryouts will be held on Monday, April 13 at Case High School beginning at 6:00 p.m.

If you are currently on the team, this event is not for you, but you should speak with all our friends about Tryouts and SEA if they would be interested in attending.

To gain access to a free tryout

period at SEA, swimmers attending Tryouts must demonstrate the ability to swim 25-yards without stopping - they can use any means necessary, and should be safe in deep-water.

Swimmers demonstrating those skill sets will be extended a free tryout period which begins Tuesday, April 14 (our first day

or practice) and ends April 25.

New families interested in joining SEA after trying out will meet with Missy Reischl on Monday, April 27th at Case High School beginning at 6:00 p.m. and register at that time.

Be sure to tell all your friends about one of Racine's "hidden gems!"

## FREST Clinic Scheduled for March 23-April 2

For those swimmers who can't get enough of the water and want to stay plugged in between the Fall/Winter Season and the Spring/Summer Season, maybe the upcoming FREST Clinic is for you.

FREST stands for finishes, relay exchanges, starts and turns and beginning March 23 and running through April 2 (Monday-Thursdays) this clinic will review and polish up all those skill

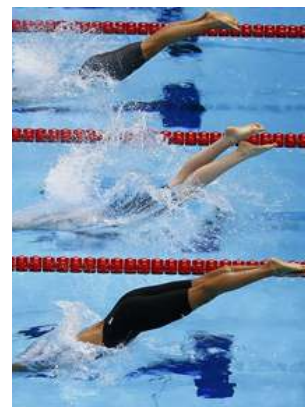
sets that lead to faster swims. Practices will run 6:00 p.m. to 7:00 p.m. and will be limited to the first 40 swimmers.

The cost is \$40 per swimmer and practices (at this time), will be held at Case.

Contact Neil to sign-up.

Swimmers attending: Austin Lentz, Nathan Mudry, Pudzisz x3, Paige Betthaus, Katie Gifford, Rachel Chris-

tensen, Chryst x3, Badillo x2, Munagalasa x3, Stratman x2, Wember x2, Payton Church, Jacob MacKenzie, Amanda Lopez, Maya Frodl, Nathan Strickland, Kaitlyn Weyenberg, Scharff x2, Madilynn Peterson, Arev Buchaklian, AJ Wampole, Esson x2, Steffes x2, Nathan Strickland, Cain x2, Carter Johnson, Maritxell Alvarado-Chavez, Jacob Trask, Abel x2, Sara Bollendorf.



# Spring & Summer Registration Planned



2015 Spring & Summer Registration dates have been finalized. The first opportunity to sign-up for the Spring & Summer Season will be Monday, March 30 between 6:00 PM and 7:30 PM at the Sealed Air YMCA.

Your second chance to register will be on the first day of practice which is Tuesday, April 14 location to be announced.

Tell your friends and anyone interested that tryouts for the Spring & Summer Season will be held on Monday, April 13 at Park High School beginning at 6:00 p.m.

New Family Registration will be held on Monday, April 27 beginning at 6:00 p.m. at a location to be announced.

To date, Meadowbrook

Country Club has been secured for all our morning practice needs again - it's so nice to swim outside. Carthage is available for our PM practices and we hope to offer two days a week at RecPlex for some long course training. The Park AD is trying to have the Park pool stay open this summer ... fingers crossed!

It's hard to believe the Fall & Winter Season is just about finished. Outdoor swimming will be here soon!

*"Great minds*

*discuss ideas.*

*Average minds*

*discuss events.*

*Small minds*

*discuss people." -*

*Eleanor Roosevelt*

# SCRIP, the Easiest Way to Fundraise

For those who utilize mobile apps, Shop with Scrip has a mobile app for you!!

My Scrip Wallet allows you to purchase and redeem Scrip Now! Or Scrip Reload right from your phone. In a matter of minutes, you can purchase Scrip, shop and redeem all while earning SEA fundraising dollars.

Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:15 p.m. Individual arrangements can also be made.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by using the SEA enrollment code of 173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

### SCRIP Quick Facts

1) [www.shopwithscrip.com](http://www.shopwithscrip.com)

2) SEA enrollment code = 173DF3A917711

3) Payment method = PrestoPay

4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at [brose7@wi.rr.com](mailto:brose7@wi.rr.com) or Kim Wergin at [kimwergin@aol.com](mailto:kimwergin@aol.com). Thanks!



Aging up, it happens to everyone.

# March & April Birthdays

Isabelle B.  
Helena C.  
Noura D.  
Ava D.  
Carter J.  
Amanda L.  
Nathan M.  
Srikar M.  
Jordan P.

Oliver R.  
Laurel S.  
Jacob T.  
Elisa W.  
Bailey B.  
Emily B.  
Tanner C.  
Cayla J.  
Tessa P.

Mackenzie R.  
Alice S.  
Mariska T.  
Grady T.  
Eden W.  
Norah W.  
Sophie H.  
Cole L.



## South Eastern Aquatics Racine Family YMCA Swim Team

725 Lake Avenue

Racine, Wisconsin 53403

SEA SWIM TEAM (Facebook)

@SEAWisconsin (Twitter)

www.sea-y.org (Web)

Phone: 262.898.4766

Fax: 262.634.0401

Email: south.eastern.aquatics@gmail.com

### Parent Motto:

**Love, Support, Transport.**

### SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

### SEA's Vision:

As a swim team without a true home, it is SEA's vision to one day build a pool of our own.

Established in 1984, we are set to celebrate our 30th anniversary this year!

# On the Starting Blocks

## March 2015

- 20, Who's Your Buddy?
- 20-22, YMCA State
- 23-2, FREST Clinic
- 27, Wine/Beer Tasting & Raffle Event
- 30-3, YMCA Nationals
- 30, Returning Registration

## April 2015

- 13, Tryouts
- 13, Parent board meeting, 6:30 p.m. at Case - all welcome!
- 14, First day of practice
- 14, Returning Registration (please registration on March 30 if at all possible)
- 25, LSC Meeting
- 27, New Family Registration

- 30, Sprint Time Trials

## May 2015

- 2-3, Early Bird Open (SEA hosted)
- 14, Annual Award Banquet
- 18, Returning Registration for Summer only athletes
- 21, PLD Time Trials



**Take a look at the months ahead and stay up-to-date.**

- 29-31, Inaugural Pirate Plunge (SEA hosted)

## June 2015

- 1, Tryouts
- 5, EBSC 8&U Swim Your Own Age
- 6-7, MMSC Open
- 12, Tri-dual w/LGSC & KYST
- 15, New Family Registration
- 19-21, Summer Sizzler (SEA hosted)

## July 2015

- 15-18, Speedo Champions Series
- 24-26, 12&U State
- 30-2, 13&O State (SEA hosted)
- 30-3, Speedo Junior Nationals
- 31-2, 14&U Central Zones

## August 2015

- 3-28, OST at Meadowbrook