

WWW.SEA-Y.ORG
SEA SWIM TEAM (FACEBOOK)
@SEAWISCONSIN (TWITTER)
262.898.4766

UPCOMING EVENTS:

- Spring & Summer returning registration will be held at Sealed Air YMCA on Monday, April 14th from 6:00 p.m. to 7:30 p.m.
- Next board meeting is April 7 at 6:00 p.m. - Sealed Air YMCA. All welcome!
- Team swim caps are now available. Get yours today! \$12 per cap from either Mike or Neil. Team car decals available too!

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SERPENT TIMES



EST. 1984

MARCH 27, 2014

Neil's Kickboard

We had an exciting YMCA State last weekend! Read all about the team's success on pages four and five.

OST (off season training) started Monday of this week. If you are looking to keep you children plugged in between the seasons, this is the perfect solution (read more about OST on page five).

The 13&O Training Trip is shaping up to be a huge event. Currently 14 swimmers and two chaperones are attending. The deadline to submit the \$100 deposit and secure your spot is 4/7/14.

Still no update on when RUSD plans to drain the local high school pools. I'll keep you posted on any "breaking" news I hear.

Did you send in your reservation forms and payments for our upcoming Annual Recognition Ban-

quet? Deadline is May 1.

Please save the date (April 14th) when Missy Reischl and her band of merry board members conduct Spring & Summer registration at the



Regardless of where you are in your swimming career, **EVERY** single one of you are winners. You're a winner deep down inside where no one can see. **Never forget it.**

Sealed Air YMCA from 6:00 p.m. to 7:30 p.m. You don't want to miss swimming outdoors at Meadowbrook Country Club in the sum-

mer!

Not waiting for our first parents to express interest in volunteering to become an official thanks to Jose and Anna Arteaga. According to USA Swimming there are Seven Traits of Successful Swim Teams and having a pool of USA certified Officials is one of the traits. We currently do house a quality pool of officials, but no one can stop the hands of time and as our officials swimmers move through the school system, they eventually graduate and head to college (and their "official" parents move on to other adventures). Won't you volunteer?

Are you attending this summer's Team Travel meet? Fun, fun, fun!

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com. Thanks for reading.

YMCA Nationals Information

This year's YMCA National meet will be held April 1-4 in Greensboro, North Carolina.

Prelims begin at 8:30 a.m. each day with warm-ups beginning at 6:00 a.m. (of course, we'll arrive a lot later after 6:00 a.m.).

Time Trials are held after each Prelim session, run \$15 per event

(getting way to expensive if you ask me) and athletes are limited to two time trials for the meet.

Swimmers qualifying to Finals can speak with Neil for what time to return for warm-ups. Finals begin at 5:45 p.m. on day one and 5:30 p.m. day two-three.

Athlete Welcome Party will be held

in the Pavilion on Monday, 4:30-5:30 p.m. (come hear Olympic athletes share their experiences).

Tuesday, 5:00 p.m. the Parade of Athletes begin on deck.

Good luck Emily & Ivar!

Drive safe, swim fast, have fun!

GO SEA!!!



One of the strengths of our team is the strong pool of officials we have. Please think about becoming an official.

Sometimes it seems the process of building a pool lasts forever. As of the end of February, the powers that be at the YMCA are in the final stages of pulling together three committees to research the following needs 1) expanding Sealed Air, 2) doing something with the Downtown Y, and 3) expanding to Burlington. Pat Lewno and Coach Neil have been nominated to serve on the Sealed Air committee. More information to follow as it become available.



Aging up, it happens to everyone.

Become an Official ... it's easy

It's that time of year again ... time to solicit parents to take that step to become officials.

We had an outstanding response last year and certified six new officials during our current Fall & Winter Season. Thanks to those who went through the process!

At this point, we are just taking names of interested parents who would be willing to take the first officials class - Stroke & Turn Officials

Clinic.

Parents who desire to become a USA Swimming Official will pay for their class and Background Check and once they have gone through their apprenticeship, SEA and/or the WI LSC reimburses all expenses incurred during the process.

Moving forward, parents who continue to maintain their USA Swimming Membership as an Official and support our

hosted meets as officials, SEA will continue to cover their membership fees.

Once we have 5-6 parents listed in this section, we'll scheduled a clinic.

To date, Jose and Anna Arteaga have expressed interest.

Parents interested in becoming an Official, please contact Neil at 262.898.4766 or via email south.eastern.aquatics@gmail.com. Thanks!

SCRIP - The Easiest Way to Fundraise

Here are the current order by/delivery on dates for SCRIP: order by April 21, delivery on April 24, order by May 5, delivery on May 8 (our Banquet), order May 19, delivery on May 22 (dual meet), order June 2, delivery on June 5, order by July 7, delivery July 10, and order by July 21, delivery on July 24. Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:00 p.m. Individual arrangements can also be made.

Your order can be placed at

www.shopwithscrip.com by using the SEA enrollment code of 173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

SCRIP Quick Facts

1) www.shopwithscrip.com

2) SEA enrollment code = 173DF3A917711

3) Payment method = PrestoPay

4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at brose7@wi.rr.com or Kim Wergin at kimwergin@aol.com. Thanks!

March & April Birthdays

Isabelle B. & Noura D.
Kobe G. & Carter J.
Sirkar M. & Jordan P.
Oliver R. & Jake T.
Grace Z. & Rishi A.

Josephine B. & Lizzy B.
Bailey B. & Emily B.
Brandon C. & Tanner C.
Kate J. & Cayla J.
Cyrus L. & Emma L.

Mackenzie R. & Alice S.
Mariska T. & Grady T.
Sophie H. & Alaina K.
Marissa K. & Cole L.
Alexis M. & Tessa P.

Save the Dates for our Spring & Summer Meets



Please mark your calendars and update your smart phones for our upcoming meets.

We will be hosting three meets during the upcoming Spring & Summer Season. These events are huge fundraisers for our team and all families benefit for the revenue generated from these events with economical swim fees.

Our first meet will be the 6th Annual SEA

Early Bird. This meet will be held May 3-4 in Brown Deer at Schroeder.

The second meet we host will be the 5th Annual SEA Summer Sizzler. This meet will be held June 20-21 in Pleasant Prairie at the Rec Plex.

The final meet of the summer we are hosting will be the 13&O State Championships. This meet will be held July 31-August 3 in Pleasant Prairie at the Rec Plex.

To give families an idea of what kind of meet income is generated from the meets we run ... this year's budgeted meet revenue is \$65,000, roughly 40% of the operating budget.

With our vision to build a pool, hosting meets also builds a next egg for that project.

Your continued support working SEA hosted meets has been and always will be greatly appreciated.

Not Every Swimmer Needs Incentive

Beginning this Spring & Summer SEASON, attending practice regularly will garner a custom SEA swim cap. Cool, huh?

The "cool prize" is pictured to the right ... the golden SEA cap for swimmers attending 100 practices in the upcoming season.

Of course this golden cap will be difficult to get as our next season

is only 16 weeks long and our double practice schedule will be cut short because of how long RUSD will be in session this school year, but it's still possible to achieve if you put your mind to it - and, if not this season, we'll continue this incentive program in the Fall & Winter (practices from one season to

the other do not carry over).

Not only are there golden caps, but silver (75 practices), green (50 practices), and black (25 practices) too.

What color will you aim for? Regardless, just attend practice regularly and you'll get one or two or three or even four caps.



Wine Tasting, Raffle & Silent Auction, TOMORROW!

This is a reminder that our awesome UNCORKT fundraiser is this Friday!

Like last year I am looking to have each swim group put together a basket to raffle off at the event and as of February 27th all groups have been covered. Thanks to Lydia Bollendorf, Stacy Suprak-Spanske, Beth Gilmore,

Stacy Kehl, Missy Reischl, Andrea Gendreau, and Molly Buhler. When these great volunteers reach out and contact you, please help them out in any way you can. Thanks!

Tickets are now available! \$20 covers appetizers and drinks. Please call Rebecca if you plan to attend - tickets are limited.

Last year was very successful and was a fantastic time. Let's make this year even better! Thank you parents for all of your help and support of this swim team! Rebecca Scharff - 414.807.4353.



The Raffle & Silent Auction portion of our Wine Tasting event was well received last year. Tickets will be available soon. Won't you join us?



Great results recorded during the 3-day YMCA State meet last weekend! Way to go!

YMCA State Recap

YMCA State was a great example of what regular practice attendance combined with hard work and a focus on the process of achieving results looks like.

We were the 11th largest team in the meet, but finished 10th overall with 965.50 points. We finished with 64% best times and no DQs. If you are wondering, we finished 11th last year (moving up is always good).

State Champions included Emily Bollendorf (2Bf, 2IM), Jake Trask (1Ba, 50Bf), Sofia Badillo (25Fr), and Marlee Reischl (50Fr).

New team records achieved by Emily Bollendorf (1Bf, 2Bf, 2IM), Maren Hoferitza-Palermo (1Bf), Jake Trask (1Ba, 50Bf, 1Bf), William Buhler (1Br, 2Br), and Ivar Iverson (1Ba).

A crazy amount of swims ranked in the Top Ten all time. Swimmers posted Top Ten times were Sofia Badillo (3rd 25Fr, 5th 50Fr, 2nd 1Fr, 9th 1IM), Natalia Badillo (9th 2Fr, 7th 50Br, 5th 1Bf, 6th 1IM), Marlee Reischl (5th 50Fr, 8th 1Fr, 3rd 2Fr, 9th 500Fr), Mackenzie Reischl (10th 50Fr, 9th 1Fr, 4th 2Fr, 5th 1Ba,

10th 50Ba), Sara Bollendorf (6th 500Fr, 8th 50Br, 5th 1Br, 6th 2IM), Emily Bollendorf (4th 1Fr, 3rd 50Fr, 5th 2Fr), Emelia Selky (9th 500Fr), Caitlin Mertins (3rd 1Br, 6th 2Br), Maren Hoferitza-Palermo (5th 500Fr, 5th 2Bf, 5th 4IM, 5th 1Ba), CJ Trask (5th 25Bf, 3rd 50Bf), Jake Trask (7th 50Fr), Bailey Bleser (4th 500Fr, 2nd 4IM, 2nd 1K, 3rd Mile), William Buhler (8th 1Ba, 7th 2IM), Nick Galis (5th 50Fr, 8th 1Fr, 7th 2Bf), Jacob MacKenzie (5th 500Fr, 4th 1K, 4th Mile, 5th 4IM), Ivar Iverson (2nd 2Br, 7th 2Fr) ... continued on next page

"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden

Annual Recognition Banquet

Each year we celebrate our swimmers successes with our annual banquet.

This year's banquet will be held Thursday, May 8th at Infusino's Banquet Hall (3201 Rapids Drive - down the road from Horlick High School) from 6:00 p.m. to 9:00 p.m.

This is a great opportunity to reflect on a year's worth of hard work and success and to

spend time with your swim team family - and also a night you don't have to cook dinner.

Every swimmer receives an award; team record plaques, Iron SEA Serpent awards, and dedication awards are handed out and our graduating seniors share their experiences of swimming with SEA.

Dinner includes salad, bread & butter, mostaccioli, baked

chicken, pizza, Italian potatoes, milk, coffee, soda, cake and cash bar.

Cost is \$13 for adults, \$6 for children and 4&U are free.

The deadline to send in your registration form is May 1 and the registration form was included in today's email as an attached and is posted on the homepage of our website.

Won't you join us?!

Bird Bath Open ... this summer



Last summer we attended the Bird Bath Open in Appleton at the outdoor 50-meter pool (Erb Park) after not attending this event for many years.

Similar to the Green Bay meet, this travel meet offers our families an opportunity to bond in a fun and relaxed atmosphere.

The park where the pool is located is surrounded by

acres and acres of green grass and trees along with playgrounds and other recreational fields.

Families who attended last year brought their shade tents and folding chairs and relaxed in the shade enjoying each others company while they waited for their swimmers to compete.

This summer we'll be heading back to the Bird Bath Open and the dates are set ... July 11-13 and rooms have been blocked off at the same hotel as last year

(County Inn & Suites). The rate is \$105 + tax. Five rooms are king suites (w/ pullout sofa) and 25 rooms are come with two queen beds (all rooms are equipped with microwaves and refrigerators). The hotel offers a hot breakfast too. Call 920.830.3240 by June 11 to reserve your room.

Mark your calendars and join us won't you? Good times (both in and out of the pool) are guaranteed to be had by all.

OST (off season training) Scheduled



When pool time is available, we like to offer OST (off season training) between seasons.

Usually this information is out well in advance, but RUSD has yet to

Not every swimmer wants to take a break between seasons. OST is the perfect solution.

decide when the pools will be drained. At this point, we will offer OST to those swimmers interested on Monday, Wednesday, and Thursdays beginning this Monday, March 24 and running through to April 17.

Pups, Lions, Dragons will train from 5:30 p.m. to 6:30 p.m.

Green, Blue, Senior 1, and Senior 2 will train from 5:30 p.m. to 7:30

p.m.

At this point, all practices will be held at Case.

The cost is \$30 for Pups, Lions, and Dragons.

The cost is \$60 for Green, Blue, Senior 1, and Senior 2.

Families who want their swimmers entered in OST should email Coach Neil and submit payment during the first practice they attend (cash or check made payable to SEA).

“This year’s 13&O Training Trip will take place June 22-29. We will be heading back to Laguna Beach, FL.”

13&Over Training Trip Information

Families planning on sending their swimmer on this year’s 13&O Training Trip have until 4/7/14 to submit their \$100 deposit.

To date 14 swimmers are attending (i.e. submitted their deposit) - Kayla Rose, Jason Lewis, Erin Cain, Claire Holewinski, Josh Bote, Tiffany Steffes, William Buhler, Caitlin Mertins, Marlee Reischl, Maren Hoferitza-Palermo, Bailey Bleser, Rachel Zenisek, Emily Bollendorf, and Paige Betthausen.

This year’s trip will take place June 22-29. We will be staying in the same location as

the past two trips (Laguna Beach, FL) and be training at the same facility as the last two trips (the Panama City Beach Aquatic Center).

Two year’s ago the cost for transportation (via van), lodging and pool rental was \$678 per swimmer. Final pricing will be made available shortly after 4/7/14.

Swimmers will need additional funds to cover meals and incidentals (\$150-\$200).

As this is a training-trip, there’s no side excursions really planned except for dinner

at the Red Bar in Grayton Beach, an afternoon trip to the quaint town of Seaside (where the movie *The Truman Show* was filmed), and an afternoon at the local mall.

Chaperones for the trip this year will be Lydia Bollendorf and Kim Wergin.

We will conduct a final meeting on Tuesday, June 17 beginning at 6:00 p.m. - location TBA. All swimmers and at least one parent must attend this meeting.

Please contact Neil if you have questions.

YMCA State Recap ... continued

and Collin Flynn (7th 1Ba, 3rd 2Ba, 4th 2IM).

Notching new USA State qualifying times were Sara Bollendorf (500Fr), William Buhler (1Ba, 2IM), Caitlin Mertins (2Br), and Maren Hoferitza-Palermo (1Ba).

Achieving 100% times in all of their events were William Buhler, Macenzie Reischl, and CJ Trask.

Improving a single event by more than five seconds were Bailey Bleser (-22.37 Mile) and Collin Flynn (-7.60 2Ba).

Now what we need to do next is not rest on our laurels. Celebrate our teams success and maintain our focus on the next “big” event we need to prepare for ... for some it’s YMCA Nationals and then it’s on to 12&U Summer State, Speedo Sec-

tionals, 13&O Summer State and 14&U Zones.

Nothing is gained ever when we sit back and bask in our successes thinking there’s nothing left to accomplish. We are still waiting to develop our next Olympic Trial qualifier ... could that be you? It could be if you maintain your focus on the process of becoming faster!





**South Eastern Aquatics
The Racine Family YMCA Swim Team**

725 Lake Avenue

Racine, Wisconsin 53403

SEA SWIM TEAM (facebook)

@SEAWisconsin (Twitter)

www.sea-y.org (Web)

Phone: 262.898.4766

Fax: 262.634.0401

Email: south.eastern.aquatics@gmail.com

Parent Motto:

Love, Support, Transport.

SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

SEA's Vision:

As a swim team without a true home, it's SEA's vision to one day build a pool to call home.

Established in 1984, we are set to celebrate our 30th anniversary this year!

On the Starting Blocks

March 2014

28, Wine Tasting, Silent Auction, Raffle

April 2014

1-4, YMCA Nationals

7, Board Meeting, 6:00 p.m. - all welcome

7, Deadline to sign-up for I3&O Training Trip (submit \$100 deposit)

14, Returning Registration, 6:00-7:30 p.m. at the Sealed Air Y

May 2014

1, Sprint Time Trials

1, Deadline to sign-up for Annual Banquet

3-4, 6th Annual SEA Early Bird

8, Annual Awards Banquet - no practice

9, SEA vs. NBSC

16-18, BDSC Open

22, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

30-1, PX3 Invite

June 2014

5, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

6, EBSC 8&U Swim Your Own Age

6-8, SHOR Open

13, Tri-Dual w/LGSC & KYST

20-21, 5th Annual SEA Summer Sizzler

22-29, I3&O Training Trip

July 2014

11-13, Bird Bath Open

31-3, I3&O State (SEA hosted)

August 2014

4-26, OST (off-season training)

September 2014

2-18, OST

22, First day of practice



**Take a look at the months ahead
and stay up-to-date.**