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SEA SWIM TEAM (FACEBOOK)
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UPCOMING EVENTS:

- Saturday practice is scheduled this weekend at Sealed Air and Downtown Y. Take advantage!
- Did you sign-up for our Summer Sizzler? Can will reach 100% participation?
- Thank you to all SEA families who donated for coaches gift cards. A very nice and appreciated gesture.

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SERPENT TIMES



EST. 1984

MAY 16, 2014

Neil's Kickboard

If you have not heard, RUSD is closing the Park pool beginning this Monday, May 19th. We will begin training at Carthage College this Monday. Practice times for Monday -Wednesday next week will be:

Pups/Lions @ 6-6:45 PM
Dragons @ 6-7 PM
Green @ 6:15-7:30 PM
Blue @ 6:15-8 PM
Seniors @ 6-8

Carthage is closed Thursday-Monday for the Memorial Day weekend and I have a call into UW-Parkside in an attempt to secure pool time there (I will post and forward any information I receive). I appreciate everyone's understanding and flexibility in regards to this situation.

Carthage College is looking for swim instructors for the summer.

If you are 16&O and have an interest to share your knowledge of swimming with the next generation, please speak with me.



Did you enter your swimmers in our upcoming Summer Sizzler? I wonder if we can reach 100% participation?

One swimmer at a time. Currently, seven swimmers entered in the meet.

Please take a moment to view the online meet schedule and decide which meets you would like to have your swimmer(s) attend. To enter meets, all you have to do is email

me the dates you would like your swimmer(s) to compete ... it's that easy.

Our first Pups/Lions/Dragons inter-squad meet (Packers vs. Brewers) is quickly approaching. Read all about this new experience on page three and please email me if you would like your swimmer entered in this meet (it will take place during practice). To date, the following swimmers will be racing: Mansha Pallyath, Rachel Christensen, Abby Popovick, Drew Esson, Neil Wright III, Quinn Wright, Emaleigh Neo, Cole and Carter Johnson, Srikar and Janavi Mungavalasa, and Payton Church. The deadline to sign-up is May 19th. Take advantage!

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com.

Thanks for reading.

BDSC Open Information

Warm-ups are assigned for the duration of meet. Friday warm-ups begin at 5:00 p.m. (we will be in lane 9), meet begins at 6:00 p.m. and is scheduled to end at 9:40 p.m.

Saturday & Sunday AM warm-ups (8&U, 13&O) warm-ups begin at 7:00 a.m. (we will be in lane 9), meet begins at 7:00 a.m. and is scheduled to end at 1:00 p.m.

Saturday & Sunday PM warm-ups (9-12) warm-ups begin at 12:50 p.m. (we will be in lane 8 Saturday, lane 10 Sunday), meet begins

at 2:00 p.m. and is scheduled to end at 6:00 p.m.

Some Friday night events will be limited to adhere to the 4-hour rule. The top 4 heats of all 400s will swim, the top 5 heats of the girls 2IM will swim, and the top 2 heats of the Mile will swim. Our only effected athlete is Madilynn Peterson (seeded 53 in the 2IM). If 3 swimmers scratch, you'll swim! Otherwise, all Friday night swimmers will be competing.

We need to supply one timer for the Sunday PM session (lane 5). Please email me if you can time (free admission).

Also, Mile swimmers must provide their own counter and timer.

More information can be viewed via a link from our homepage (look under the NEWS section) and meet results will be available via Meet Mobile (smart phone app).

Drive safe, swim fast, have FUN!

Become an Official ... it's easy



One of the strengths of our team is the strong pool of officials we have. Please think about becoming an official.

Sometimes it seems the process of building a pool lasts forever. As of the end of February, the powers that be at the YMCA are in the final stages of pulling together three committees to research the following needs 1) expanding Sealed Air, 2) doing something with the Downtown Y, and 3) expanding to Burlington. Pat Lewno and Coach Neil have been nominated to serve on the Sealed Air committee. More information to follow as it become available.

It's that time of year again ... time to solicit parents to take that step to become officials.

We had an outstanding response last year and certified six new officials during our current Fall & Winter Season. Thanks to those who went through the process!

At this point, we are just taking names of interested parents who would be willing to take the first officials class - Stroke & Turn Officials Clinic.

Parents who desire to become a USA Swimming Official will pay for their class and Background Check and once they have gone through their apprenticeship, SEA and/or the WI LSC reimburses all expenses incurred during the process.

Moving forward, parents who continue to maintain their USA Swimming Membership as an Official and support our hosted meets as officials, SEA will continue to cover their

membership fees.

Once we have 5-6 parents listed in this section, we'll schedule a clinic.

To date, Jose and Anna Arteaga and Heather Hoferitza-Palermo have expressed interest.

Parents interested in becoming an Official, please contact Neil at 262.898.4766 or via email south.eastern.aquatics@gmail.com. Thanks!

SCRIP - The Easiest Way to Fundraise

Here are the current order by/delivery on dates for SCRIP: order by May 19, delivery on May 22 (dual meet), order by June 2, delivery on June 5, order by June 16, delivery on June 19, order by July 7, delivery July 10, and order by July 21, delivery on July 24. Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:00 p.m. Individual arrangements can also be made.

Your order can be placed at www.shopwithscrip.com by using

the SEA enrollment code of 173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

SCRIP Quick Facts

- 1) www.shopwithscrip.com
- 2) SEA enrollment code =

173DF3A917711

- 3) Payment method = PrestoPay
- 4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at brose7@wi.rr.com or Kim Wergin at kimwergin@aol.com. Thanks!

Aging up, it happens to everyone.



May & June Birthdays

Joey A.
 Josh A.
 Paige B.
 Emily C.
 Payton C.
 Maren HP.
 Dylan S.
 CJ T.
 James W.
 Rachel Z.

Josh B.
 Emma C.
 Parker P.
 Elena R.
 Tia R.
 Colton S.
 Stephanie S.
 Megan T.
 Alisa D.
 Maddie H.

Chad H.
 Toni M.
 Will M.
 Laura S.
 Ali V.
 Megan M.
 Nick G.
 John P.
 Shannon R.
 Jodi V.

Save the Dates for our Spring & Summer Meets



Please mark your calendars and update your smart phones for our upcoming meets.

We will be hosting three meets during the upcoming Spring & Summer Season. These events are huge fundraisers for our team and all families benefit for the revenue generated from these events with economical swim fees.

Our first meet will be the 6th Annual SEA Early Bird. This meet will be held May 3-4 in Brown

Deer at Schroeder (each day is offered as one session only).

The second meet we host will be the 5th Annual SEA Summer Sizzler. This meet will be held June 20-21 in Pleasant Prairie at the Rec Plex (this is a all day Friday and Saturday meet - Sunday is off).

The final meet of the summer we are hosting will be the 13&O State Championships. This meet will be held July 31-August 3 in Pleasant Prairie at the Rec Plex (all day Thursday-Sunday).

To give families an idea of what kind of meet income is generated from the meets we run ... this year's budgeted meet revenue is \$65,000, roughly 40% of the operating budget.

With our vision to build a pool, hosting meets also builds a next egg for that project.

Your continued support working SEA hosted meets has been and always will be greatly appreciated.

Not Every Swimmer Needs Incentive

Beginning this Spring & Summer SEASON, attending practice regularly will garner a custom SEA swim cap. Cool, huh?

The "cool prize" is pictured to the right ... the golden SEA cap for swimmers attending 100 practices in the upcoming season.

Of course this golden cap will be difficult to get as this season is

only 15 weeks long and our double practice schedule will be cut short because of how long RUSD will be in session this school year, but it's still possible to achieve if you put your mind to it - and, if not this season, we'll continue this incentive program in the Fall & Winter (practices from one season to the other do

not carry over). Nice try.

Not only are there golden caps, but silver (75 practices), green (50 practices), and black (25 practices) too.

What color will you aim for? Regardless, just attend practice regularly and you'll get one or two or three or even four caps.



Something new for Pups, Lions & Dragons

In an effort to supply our younger swimmers more meet-type situations, a dual meet schedule has been adopted in which swimmers training with Pups, Lions and Dragons will be split into two teams - Packers and/or Brewers and fun dual meets will be held throughout the course of the season.

The Packers vs. Brewers meet schedule is as follows, May 22, June 5, June 19, July 10, and July 24.

Parents who would like their swimmers entered in any of these meets need only email Neil - the more the merrier!

Attending meets can be a scary

experience for some swimmers and the experiences gained from our Packers vs. Brewers dual meets should help in easing those feelings. Take advantage of this opportunity and watch your swimmer grow!



This season the Pups, Lions and Dragons will be split into two teams - the Packers and/or the Brewers. Will you be a Packer or a Brewer? Hope to see you racing!



KEEP CALM AND VOLUNTEER

The Pyramid of Power ... swimmers - coaches - parents. Working together to lift one another up and one day ... build a pool!

"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden

Why do I have to work at meets?

As with many other youth sports programs, parent involvement plays a key role in the success of the organization.

Here at SEA, we host 12 days of meets per calendar year. During those 12 days, we fund roughly 45% of our annual operating budget or \$65,000. For only 12 days of meets! If hosting meets was an every day, year round business, SEA would be raising two million dollars annually.

As our current season progresses, and we slip into summer mode, it's important to remember to sign-up to work our Summer Sizzler (June

20-21) and I3&O State (July 31-August 3) as these events are team-wide fundraisers.

Yes, you could easily just pay the penalty for not working, but our volunteer Meet Directors Melissa Able and Lydia Bollendorf would rather not cash any guarantee checks and instead, see you on deck helping out during our meets.

Now, to the question why you have to work at meets.

The first reason is because you love your children and want to support their sport of choice.

The second reason you have to

work at meets is the funds raised hosting meets helps SEA maintain some of the lowest swim fees in the state. Please, take some time and research other clubs fees (compare training groups and you'll see for yourself that SEA is a bargain).

The final reason you have to work at meets is they offer an opportunity to get to know your peers and maybe even do some networking ... stranger things have happened.

To sign-up to work a meet, visit our website ... mouse over SEA HOSTED MEETS and click the desired meet. It's that easy!

50-meter Training Opportunities

A few months ago a survey was sent out to see if there was any interest in training in the outdoor 50-meter pool in Kenosha (Anderson). 19 responses were recorded and the results were evenly split with nine wanting to keep things as are posted and ten wanting to see some type of 50-meter training opportunity extended to the swimmers.

In the past (over a decade ago), we used to train at Wilson Park in Milwaukee three days a week.

After Meadowbrook Country Club became available, we got away from driving to Milwaukee.

As it turns out, Anderson pool does not have lane-lines or back-stroke flags and is probably not our best option for 50-meter training.

However, RecPlex is available and 10 days of practice have been added to our current training schedule.

The RecPlex practices are available

for swimmers training in the Green, Blue, Senior 1 & 2 groups and will be held on the following dates (Tuesdays & Thursdays): June 19, July 1, 3, 8, 10, 15, 17, 22, 24, and 29 (10:30 a.m.-12:30 p.m.).

All Meadowbrook Country Club practices will be offered during the above dates and swimmers can attend either practice (it's not advised to attend both :).

Take advantage of this great opportunity!

Bird Bath Open ... this summer

Last summer we attended the Bird Bath Open in Appleton at the outdoor 50-meter pool (Erb Park) after not attending this event for many years.

Similar to the Green Bay meet, this travel meet offers our families an opportunity to bond in a fun and relaxed atmosphere.

The park where the pool is located is surrounded by

acres and acres of green grass and trees along with playgrounds and other recreational fields.

Families who attended last year brought their shade tents and folding chairs and relaxed in the shade enjoying each others company while they waited for their swimmers to compete.

This summer we'll be heading back to the Bird Bath Open and the dates are set ... July 11-13 and rooms have been blocked off at the same hotel as last year

(County Inn & Suites). The rate is \$105 + tax. Five rooms are king suites (w/ pullout sofa) and 25 rooms are come with two queen beds (all rooms are equipped with microwaves and refrigerators). The hotel offers a hot breakfast too. Call 920.830.3240 by June 11 to reserve your room.

Mark your calendars and join us won't you? Good times (both in and out of the pool) are guaranteed to be had by all.



OST (off season training) Scheduled



When pool time is available, we like to offer OST (off season training) between seasons.

At the end of this season, OST

Not every swimmer wants to take a break between seasons. OST is the perfect solution.

will be offered three days a week in the mornings at Meadowbrook Country Club.

Pups, Lions, and Dragons will train from 8:15 a.m. to 9:15 a.m.

Green, Blue, Senior 1, and Senior 2 will train from 7:30 a.m. to 9:15 a.m.

The cost is \$50 for Pups, Li-

ons, and Dragons.

The cost is \$80 for Green, Blue, Senior 1, and Senior 2.

Practices will be offered Monday, Wednesday, and Thursday and run August 4-August 28.

Families who want their swimmers entered in OST should email Neil and forward payment prior to August 4 (cash or check made payable to SEA). Take advantage!

“This year’s 13&O Training Trip will take place June 22-29. We will be heading back to Panama City Beach, FL.”

13&Over Training Trip Information

The final swimmer/parent meeting for this year’s trip will take place on June 17 following Sprint Time Trials (roughly 7:30 p.m.) at Carthage College. All swimmers and at least one parent need to attend this meeting (please be sure to bring along dentist/doctor/insurance information).

This year’s trip will take place June 22-29. We will be staying at the Shores of Panama (Panama City Beach, FL) and be training at the same facility as

the last two trips (the Panama City Beach Aquatic Center).

Cost of this trip will be \$740 and includes the following: lodging (high-rise condos beachside, transportation (two 15 passenger vans), training pool rental, and dinners (Sunday-Saturday).

Swimmers will need additional funds to cover meals and incidentals (\$150-\$200).

As this is a training-trip, there’s no

side excursions really planned except for dinner at the Red Bar in Grayton Beach, an afternoon trip to the quaint town of Seaside (where the movie *The Truman Show* was filmed), and an afternoon at the local mall.

Chaperones for the trip this year will be Neil, Mike, Lydia Bollendorf and Kim Wergin. Please contact Neil if you have questions.

This is the largest attended trip ever!

Why Doesn’t My Swimmer Win? Or does s/he?

In most meets, there is usually only one winner per event. With a 2.5 day meet running close to 100 events, there will only be 100 winners per meet (but let’s not forget most age-groups have that one “stud” who wins multiple events) so maybe we can say there will only be 80 winners per 2.5 day meet.

Is your swimmer “winning” if he/she doesn’t win the event? Yes!

When we limit winning to just the

overall event winner, we belittle the importance of improvement, development, and maturation within the sport.

For example, what if your swimmer won the heat? What if your swimmer improved a time? What if your swimmer did a perfect dive instead of a belly-flop? What if your swimmer made a State relay? What if your swimmer legally swam a new event? What if your swimmer achieved an A time standard? What if your swimmer asked to attend

practice more often? The “what if” questions about winning can go on and on, but I hope you are beginning to see the “bigger picture” here at SEA.

The opportunity to “win” is presented daily in practice and in life. EVERY swimmer wins and we must celebrate those little victories daily while pushing one another towards greater wins.

Parents Motto:

Love, Support, Transport.





**South Eastern Aquatics
The Racine Family YMCA Swim Team**

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Parent Motto:

Love, Support, Transport.

SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

SEA's Vision:

As a swim team without a true home, it's SEA's vision to one day build a pool to call home.

Established in 1984, we are set to celebrate our 30th anniversary this year!

On the Starting Blocks

May 2014

16-18, BDSC Open

22, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

23, SEA vs. NBSC

26, No practice

30-1, PX3 Invite

June 2014

2, Tryouts for the Summer Season

5, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

6, EBSC 8&U Swim Your Own Age

6-8, SHOR Open

13, Tri-Dual w/LGSC & KYST

17, Sprint Time Trials

17, Final I3&O Training Trip meeting after Sprint Time Trials (7:30 p.m.)

19, Packers vs. Brewers Dual (for Pups, Lions, and Dragons)

20-21, 5th Annual SEA Summer Sizzler

22-29, I3&O Training Trip

July 2014

4, No practice

10, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

11-13, Bird Bath Open

17-20, Speedo Champions Series

18-20, Silver State

24, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

29, End of SEASON Time Trials

31-3, I3&O State (SEA hosted)

August 2014

4-26, OST (off-season training)

September 2014

2-18, OST

15, Tryouts for the Fall/Winter Season

22, First day of practice



**Take a look at the months ahead
and stay up-to-date.**