

UPCOMING EVENTS:

- Saturday practice is scheduled this weekend at Sealed Air and Downtown Y. Take advantage!
- The first round of Attendance awards will be handed out tonight - Did you swimmer attend at least 25 practices so far?
- The next parent board meeting will be held July 7th, 6:00 p.m. at Carthage College. All welcome!

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SERPENT TIMES



EST. 1984

JUNE 12, 2014

Neil's Kickboard

- 1) The drop date for hotel rooms during the Bird Bath Invite is tomorrow, Friday, June 13. Did you reserve your room? Information is on page two of this document.
- 2) The dual with OZ has moved from July 8 to July 9 and will be held at Homestead High School in Mequon - meet information will be posted to the website when received from the meet host.
- 3) I have updated the Practice Calendar and reposted it to our website. Please don't forget there is no practice this Friday and this Tuesday.
- 4) The final I3&O Training Trip meeting will take place at Carthage College this Tuesday at the conclusion of Sprint Time Trials. All swimmers and at least one parent must attend this meeting.
- 5) The first Packers vs. Brewers was a learning experience. Final score was Packers 531.50 to Brewers 454.50. Moving forward, swimmers will only swim



The quote above is credited to Babe Ruth. When coaches are pushing hard in practice this summer it's my hope that every swimmer embraces the concept of his quote.

two events and with that change, we should have time to race relays. The next event is June 19th. For the remaining Packers vs. Brewers meets, I will

be entering all Pups, Lions and Dragons into those events. I hope everyone can make it! It's just easier to enter all athletes in these events than adding them after the fact.

- 6) I have about 20 "Goals" t-shirts remaining. \$10 per shirt ... get yours today!
- 7) Weather permitting, outdoor morning practices will begin this Wednesday. View the posted Practice Schedule to figure out when your swimmers train in the AM.
- 8) Please ensure you are double-checking your swimmers entries on the Meet Information of our website. Many meets are now listed as Final Entries. Contact me if you find a mistake.

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com.

Tri-Dual Information

We are hosting the Kenosha YMCA Swim Team and the Lake Geneva Swim Club this Friday night in a friendly little Tri-Dual.

Warm-ups begin at 5:30 p.m., meet begins at 6:20 p.m. and should finish up around 8:00 p.m.

Please remember, there is no practice this evening. However, Senior

level swimmers in attendance will train until it's time to swim the 200 Freestyle (the event they were all entered into).

Parent volunteers are needed to assist with timing - 13 parents total. Officials are needed as well - as many as we can muster up.

The heat sheet is posted on the

homepage of our website and will not be available at the meet - please download and print a copy if you need one or use your smart phone to view it.

Those not entered in the meet are welcome to deck seed into open lanes and events during warm-ups or contact Neil via email. Good luck!

Shorewood Summer Open & EBSC 8&U Recaps



A 14-year-old team record fell last weekend during events in Brown Deer.

Here are the highlights from last weekend's Shorewood meet ...

Jacob Trask broke the 11-12 100 Butterfly team record with his swim of 1:09.89 - J.J. Lipor held the old record from 2000 of 1:10.22. Trask also notched a new 14&U Zone time in the 50Ba.

New State Qualifying times were achieved by Sara Bollandorf (50Bf, 4IM), Austin Lentz (4Fr), Jacob Trask (1Br), and Cooper Scarmardo (50Fr).

Notching Top Ten times in our

history included Mackenzie Reischl (6th 50Ba, 6th 1Ba, 5th 50Bf, 7th 1Bf), Sara Bollandorf (9th 1Bf, 3rd 4IM), Emily Bollandorf (7th 4Fr, 4th 2IM), Jacob Trask (5th 2Fr, 2nd 50Ba, 3rd 50Bf), and Austin Lentz (4th 4Fr).

Swimmers improving a single event by more than five seconds: Paige Betthausen -38.48 2IM, Austin Lentz -22.76 4Fr, Mansha Palliyath -12.20 1Fr, Mackenzie Reischl -16.64 1Bf, Dominic Ricchio -7.75 2Ba, and Jacob Trask -16.75 2Fr.

Posting 100% best times included Paige Betthausen, Dominic Ricchio, Tia Ricchio, Colton Scarmardo, and Jacob Trask.

During the EBSC 8&U Meet, Halina Collins achieved a best time in the 25Ba, Srikar Munagavalasa dropped 13.75 in the 25Ba, Jordan Willing won an event in his first meet ever (25Ba), Neil Wright III dropped .24 in the 25Br, and Quinn Wright posted 100% best times.

Way to go swimmers!

"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden

50-meter Training Opportunities

A few months ago a survey was sent out to see if there was any interest in training in the outdoor 50-meter pool in Kenosha (Anderson). 19 responses were recorded and the results were evenly split with nine wanting to keep things as are posted and ten wanting to see some type of 50-meter training opportunity extended to the swimmers.

In the past (over a decade ago), we used to train at Wilson Park in Milwaukee three days a week.

After Meadowbrook Country Club became available, we got away from driving to Milwaukee.

As it turns out, Anderson pool does not have lane-lines or backstroke flags and is probably not our best option for 50-meter training.

However, RecPlex is available and 10 days of practice have been added to our current training schedule.

The RecPlex practices are available

for swimmers training in the Green, Blue, Senior 1 & 2 groups and will be held on the following dates (Tuesdays & Thursdays): June 19, July 1, 3, 8, 10, 15, 17, 22, 24, and 29 (10:30 a.m.-12:30 p.m.).

All Meadowbrook Country Club practices will be offered during the above dates and swimmers can attend either practice (it's not advised to attend both :).

Take advantage of this great opportunity!

Bird Bath Open ... this summer



Last summer we attended the Bird Bath Open in Appleton at the outdoor 50-meter pool (Erb Park) after not attending this event for many years.

Similar to the Green Bay meet, this travel meet offers our families an opportunity to bond in a fun and relaxed atmosphere.

The park where the pool is located is surrounded by

acres and acres of green grass and trees along with playgrounds and other recreational fields.

Families who attended last year brought their shade tents and folding chairs and relaxed in the shade enjoying each others company while they waited for their swimmers to compete.

This summer we'll be heading back to the Bird Bath Open and the dates are set ... July 11-13 and rooms have been blocked off at the same hotel as last year

(County Inn & Suites). The rate is \$105 + tax. Five rooms are king suites (w/ pullout sofa) and 25 rooms are come with two queen beds (all rooms are equipped with microwaves and refrigerators). The hotel offers a hot breakfast too. Call 920.830.3240 by June 11 to reserve your room.

Mark your calendars and join us won't you? Good times (both in and out of the pool) are guaranteed to be had by all.

OST (off season training) Scheduled



When pool time is available, we like to offer OST (off season training) between seasons.

At the end of this season, OST

Not every swimmer wants to take a break between seasons. OST is the perfect solution.

will be offered three days a week in the mornings at Meadowbrook Country Club.

Pups, Lions, and Dragons will train from 8:15 a.m. to 9:15 a.m.

Green, Blue, Senior 1, and Senior 2 will train from 7:30 a.m. to 9:15 a.m.

The cost is \$50 for Pups, Li-

ons, and Dragons.

The cost is \$80 for Green, Blue, Senior 1, and Senior 2.

Practices will be offered Monday, Wednesday, and Thursday and run August 4-August 28.

Families who want their swimmers entered in OST should email Neil and forward payment prior to August 4 (cash or check made payable to SEA). Take advantage!

“This year’s 13&O Training Trip will take place June 22-29. We will be heading back to Panama City Beach, FL.”

13&Over Training Trip Information

The final swimmer/parent meeting for this year’s trip will take place on June 17 following Sprint Time Trials (roughly 7:30 p.m.) at Carthage College. All swimmers and at least one parent need to attend this meeting (please be sure to bring along dentist/doctor/insurance information).

This year’s trip will take place June 22-29. We will be staying at the Shores of Panama (Panama City Beach, FL) and be training at the same facility as

the last two trips (the Panama City Beach Aquatic Center).

Cost of this trip will be \$740 and includes the following: lodging (high-rise condos beachside, transportation (two 15 passenger vans), training pool rental, and dinners (Sunday-Saturday).

Swimmers will need additional funds to cover meals and incidentals (\$150-\$200).

As this is a training-trip, there’s no

side excursions really planned except for dinner at the Red Bar in Grayton Beach, an afternoon trip to the quaint town of Seaside (where the movie *The Truman Show* was filmed), and an afternoon at the local mall.

Chaperones for the trip this year will be Neil, Mike, Lydia Bollendorf and Kim Wergin. Please contact Neil if you have questions.

This is the largest attended trip ever!

SEA “Goals” T-shirts available ... \$10

One of the coolest t-shirts ever designed for SEA is now available for only \$10 per shirt. Email Neil if you would like to purchase any of them (cash or check made payable to SEA). Be advise, there are a limited number of sizes and colors. All shirts are unisex unless specified and are 100% preshrunk cotton.

Ladies sizes and colors:

XL - one orange

Unisex sizes and colors:

Small - one royal

Medium - three black, one turquoise, seven royal, two gray, one red, and one yellow

Large - four black, one turquoise, and two royal

XL - four black, one turquoise,

three gray, and three red

2XL - one black and one turquoise

3XL - one yellow

These shirts will be gobbled up fast so don’t wait to send an email.

The design on the back is located to the right. The design on the front includes the team logo with est. 1984 under it.



Become an Official ... it's easy



One of the strengths of our team is the strong pool of officials we have. Please think about becoming an official.

It's that time of year again ... time to solicit parents to take that step to become officials.

We had an outstanding response last year and certified six new officials during our current Fall & Winter Season. Thanks to those who went through the process!

At this point, we are just taking names of interested parents who would be willing to take the first officials class - Stroke & Turn Officials Clinic.

Parents who desire to become a USA Swimming Official will pay for their class and Background Check and once they have gone through their apprenticeship, SEA and/or the WI LSC reimburses all expenses incurred during the process.

Moving forward, parents who continue to maintain their USA Swimming Membership as an Official and support our hosted meets as officials, SEA will continue to cover their

membership fees.

Once we have 5-6 parents listed in this section, we'll schedule a clinic.

To date, Jose and Anna Arteaga and Heather Hoferitza-Palermo have expressed interest.

Parents interested in becoming an Official, please contact Neil at 262.898.4766 or via email south.eastern.aquatics@gmail.com. Thanks!

SCRIP - The Easiest Way to Fundraise

Here are the current order by/delivery on dates for SCRIP: order by June 16, delivery on June 19, order by July 7, delivery July 10, and order by July 21, delivery on July 24. Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:00 p.m. Individual arrangements can also be made.

Your order can be placed at www.shopwithscrip.com by using the SEA enrollment code of

173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

SCRIP Quick Facts

- 1) www.shopwithscrip.com
- 2) SEA enrollment code =

173DF3A917711

- 3) Payment method = PrestoPay
- 4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at brose7@wi.rr.com or Kim Wergin at kimwergin@aol.com. Thanks!

May & June Birthdays



Aging up, it happens to everyone.

Joey A.
Josh A.
Paige B.
Emily C.
Payton C.
Maren HP.
Dylan S.
CJ T.
James W.
Rachel Z.

Josh B.
Emma C.
Parker P.
Elena R.
Tia R.
Colton S.
Stephanie S.
Megan T.
Alisa D.
Maddie H.

Chad H.
Toni M.
Will M.
Laura S.
Ali V.
Megan M.
Nick G.
John P.
Shannon R.
Jodi V.



**South Eastern Aquatics
The Racine Family YMCA Swim Team**

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**Parent Motto:
Love, Support, Transport.**

SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

SEA's Vision:

As a swim team without a true home, it's SEA's vision to one day build a pool to call home.

Established in 1984, we are set to celebrate our 30th anniversary this year!

On the Starting Blocks

June 2014

13, Tri-Dual w/LGSC & KYST - no practice
17, Sprint Time Trials, no practice
17, Final I3&O Training Trip meeting after Sprint Time Trials (7:30 p.m.)
18, AM practices begin, weather permitting
19, Packers vs. Brewers Dual (for Pups, Lions, and Dragons)
20-21, 5th Annual Summer Sizzler (SEA hosted), no practice
22-29, I3&O Training Trip
27-29, LAKE WGLO

July 2014

4, No practice
9, SEA vs. OZ Dual
10, Packers vs. Brewers Dual (for Pups, Lions and Dragons)
11-13, Bird Bath Open

17-20, Speedo Champions Series

18-20, Silver State

24, Packers vs. Brewers Dual (for Pups, Lions and Dragons)

25-27, I2&U State

29, End of SEASon Time Trials

31-3, I3&O State (SEA hosted)

August 2014



Take a look at the months ahead and stay up-to-date.

1-3, I4&U Central Zones

4-26, OST (off-season training)

September 2014

2-18, OST

15, Tryouts for the Fall/Winter Season

22, First day of practice

October 2014

16, Sprint Time Trials, no practice

23, Packers vs. Brewers

November 2014

2, 5th Annual Fall Starter (SEA hosted)

13, Packers vs. Brewers

December 2014

11, Packers vs. Brewers

18, Middle Distance Time Trials, no practice

January 2015

10-11, 9th Annual Oddball Challenge (SEA hosted)