

UPCOMING EVENTS:

- No Saturday practices this weekend - includes Sealed Air and Lakefront locations.
- Attendance awards will be handed out again at the end of the month.
- The next parent board meeting will be held July 7th, 6:00 p.m. at Carthage College. All welcome!

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SERPENT TIMES



EST. 1984

JUNE 19, 2014

Neil's Kickboard

- 1) Big meet this Friday and Saturday. Read more about our meet below!
- 2) Diving practice will not be held on the following Saturdays - June 21, 28, and July 12.
- 3) This Sunday through next Sunday, 16 athletes along with two chaperones and two coaches will be heading to Panama City Beach for our biannual 13&O Training Trip. Every graduating senior has spoke favorably about this trip during our annual banquet and this year's crew, although a little on the young side, will experience great team bonding and 11 practices that will push them above and beyond what they thought they were capable of doing. I will be checking email regularly while in FL so if you need anything, please don't hesitate to contact me.
- 4) The dual with OZ has moved from July 8 to July 9 and will be held at Homestead High School in Mequon - meet information will be posted to the website

It's hard to
beat a person
who NEVER
GIVES UP.

The quote above is credited to Babe Ruth. When coaches are pushing hard in practice this summer it's my hope that every swimmer embraces the concept of his quote.

when received from the meet host.

- 5) The first Packers vs. Brewers was a learning experience. Final score was Packers 531.50 to

Brewers 454.50. Moving forward, swimmers will only swim two events and relays will not be contested. The next event is June 19th - that's tonight. For the remaining Packers vs. Brewers meets, I will be entering all Pups, Lions and Dragons into those events. I hope everyone can make it! It's just easier to enter all athletes in these events than adding them after the fact.

- 6) I have about 20 "Goals" t-shirts remaining. \$10 per shirt ... get yours today!
- 7) Please ensure you are double-checking your swimmers entries on the Meet Information of our website. Many meets are now listed as Final Entries. Contact me if you find a mistake.

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com.

Summer Sizzler Information

We are hosting the 5th Annual Summer Sizzler this Friday and Saturday at the RecPlex Aquatic Center. Did you know SEA was the first team to ever host a meet at RecPlex? (The first Summer Sizzler was held 2010.)

Warm-ups for 10&U and 11-12 swimmers on Friday and Saturday

will be 7:50 a.m. The meet begins at 9:05 a.m. and is scheduled to finish at 1:00 p.m. both days.

Warm-ups for 13&O swimmers will begin at 12:45 p.m. on Friday and Saturday. The meet begins at 2:05 p.m. and is scheduled to finish at 5:00 p.m. both days.

We have a lot of relays competing

this weekend! Relays are finalized during warm-ups. Please ensure your swimmers are on time ... please email Coach Neil if you will be late.

Parents working during this event should check for their arrival times on the SEA website.

Drive safe, swim fast, have FUN!

Tri-Dual Recap



We won the tri-dual held at Carthage College last Friday night. Good job swimmers!

"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden

When the waves had settled during the Tri-Dual last Friday night at Carthage College, we had scored 1250 points, LGSC notched 1105 and the Kenosha YMCA Swim Team garnered 839.

Thanks to all the parents who stepped forward and helped out with timing and officiating. You are

one of SEA's strengths.

Posting 100% best times included Kayla Bote, Bailey Chryst, Halina Collins, Emma Czosnek, Lindsey Flynn, Mitchell McClure, Emaleigh Neo, Mansha Palliyath, Abby Povkovich, Dominic Ricchio, Tia Ricchio, Tara Smith, and Robin Steensen.

Improving a single event

by more than five seconds were Paige Betchauser -5.04 1Fr, Kayla Bote -11.05 50Bf, Halina Collins -5.97 25Ba, Lindsey Flynn -16.02 2Fr, Abby Povkovich -8.85 50Fr, and Tiffany Steffes -15.04 2IM.

Good job swimmers!

50-meter Training Opportunities

A few months ago a survey was sent out to see if there was any interest in training in the outdoor 50-meter pool in Kenosha (Anderson). 19 responses were recorded and the results were evenly split with nine wanting to keep things as are posted and ten wanting to see some type of 50-meter training opportunity extended to the swimmers.

In the past (over a decade ago), we used to train at Wilson Park in Milwaukee three days a week.

After Meadowbrook Country Club became available, we got away from driving to Milwaukee.

As it turns out, Anderson pool does not have lane-lines or backstroke flags and is probably not our best option for 50-meter training.

However, RecPlex is available and 10 days of practice have been added to our current training schedule.

The RecPlex practices are available

for swimmers training in the Green, Blue, Senior 1 & 2 groups and will be held on the following dates (Tuesdays & Thursdays): June 19, July 1, 3, 8, 10, 15, 17, 22, 24, and 29 (10:30 a.m.-12:30 p.m.).

All Meadowbrook Country Club practices will be offered during the above dates and swimmers can attend either practice (it's not advised to attend both :).

Take advantage of this great opportunity!

Bird Bath Open ... this summer



Last summer we attended the Bird Bath Open in Appleton at the outdoor 50-meter pool (Erb Park) after not attending this event for many years.

Similar to the Green Bay meet, this travel meet offers our families an opportunity to bond in a fun and relaxed atmosphere.

The park where the pool is located is surrounded by

acres and acres of green grass and trees along with playgrounds and other recreational fields.

Families who attended last year brought their shade tents and folding chairs and relaxed in the shade enjoying each others company while they waited for their swimmers to compete.

This summer we'll be heading back to the Bird Bath Open and the dates are set ... July 11-13 and rooms have been blocked off at the same hotel as last year

(County Inn & Suites). The rate is \$105 + tax. Five rooms are king suites (w/ pullout sofa) and 25 rooms are come with two queen beds (all rooms are equipped with microwaves and refrigerators). The hotel offers a hot breakfast too. Call 920.830.3240 by June 11 to reserve your room.

Mark your calendars and join us won't you? Good times (both in and out of the pool) are guaranteed to be had by all.

OST (off season training) Scheduled



When pool time is available, we like to offer OST (off season training) between seasons.

At the end of this season, OST

Not every swimmer wants to take a break between seasons. OST is the perfect solution.

will be offered three days a week in the mornings at Meadowbrook Country Club.

Pups, Lions, and Dragons will train from 8:15 a.m. to 9:15 a.m.

Green, Blue, Senior 1, and Senior 2 will train from 7:30 a.m. to 9:15 a.m.

The cost is \$50 for Pups, Li-

ons, and Dragons.

The cost is \$80 for Green, Blue, Senior 1, and Senior 2.

Practices will be offered Monday, Wednesday, and Thursday and run August 4-August 28.

Families who want their swimmers entered in OST should email Neil and forward payment prior to August 4 (cash or check made payable to SEA). Take advantage!

If your child is excited to go to practice more than once a day and is having fun, it's okay to double up on the fun.

How many practices should my 12&U attend?

Here at SEA you are offered something most USA and/or YMCA swim teams do not offer, two practices per day for all training groups.

Attending two practices or "doubles" as they are commonly called in the swimming community is usually offered for senior level swimmers only.

So, why does SEA offer doubles for all training groups? Good question ... it's out of customer service more than anything else. With the lack of PM

pools in Racine, offering AM practices for all training groups is the team's effort to retain our swimmers from the northern reach of our program (those that can attend AM practices don't have as far to drive compared to attending PM practices at Carthage).

Should your 12&U swimmer be attending doubles? This is another good question ... if he or she is having fun, wants to attend doubles and is showing no signs of burnout, then by all means

attend doubles.

The coaches understand we are all here for the long-term development of our swimmers and have no desire to "work them to death" and beat the enjoyment of the sport out of them.

If you are unsure or need more information in regards to the type of practice schedule your swimmer should keep, it's best to speak with their primary coach. SEA you at the pool!

SEA "Goals" T-shirts available ... \$10

One of the coolest t-shirts ever designed for SEA is now available for only \$10 per shirt.

Email Neil if you would like to purchase any of them (cash or check made payable to SEA).

Be advise, there are a limited number of sizes and colors. All shirts are unisex unless specified and are 100% preshrunk

cotton.

Ladies size and color:

XL - one orange

Unisex sizes and colors:

Small - one royal

Medium - three black, six royal, two gray

Large - four black, one tur-

quoise, one royal

XL - four black, one red

These shirts will be gobbled up fast so don't wait to send an email.

The design on the back is located to the right. The design on the front includes the team logo with est. 1984 under it.



Become an Official ... it's easy



One of the strengths of our team is the strong pool of officials we have. Please think about becoming an official.

It's that time of year again ... time to solicit parents to take that step to become officials.

We had an outstanding response last year and certified six new officials during our current Fall & Winter Season. Thanks to those who went through the process!

At this point, we are just taking names of interested parents who would be willing to take the first officials class - Stroke & Turn Officials Clinic.

Parents who desire to become a USA Swimming Official will pay for their class and Background Check and once they have gone through their apprenticeship, SEA and/or the WI LSC reimburses all expenses incurred during the process.

Moving forward, parents who continue to maintain their USA Swimming Membership as an Official and support our hosted meets as officials, SEA will continue to cover their

membership fees.

Once we have 5-6 parents listed in this section, we'll schedule a clinic.

To date, Jose and Anna Arteaga and Heather Hoferitza-Palermo have expressed interest.

Parents interested in becoming an Official, please contact Neil at 262.898.4766 or via email south.eastern.aquatics@gmail.com. Thanks!

SCRIP - The Easiest Way to Fundraise

Here are the current order by/delivery on dates for SCRIP: order by June 16, delivery on June 19, order by July 7, delivery July 10, and order by July 21, delivery on July 24. Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:00 p.m. Individual arrangements can also be made.

Your order can be placed at www.shopwithscrip.com by using the SEA enrollment code of

173DF3A917711 and registering for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

SCRIP Quick Facts

- 1) www.shopwithscrip.com
- 2) SEA enrollment code =

173DF3A917711

- 3) Payment method = PrestoPay
- 4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at brose7@wi.rr.com or Kim Wergin at kimwergin@aol.com. Thanks!

Aging up, it happens to everyone.



May & June Birthdays

Joey A.
Josh A.
Paige B.
Emily C.
Payton C.
Maren HP.
Dylan S.
CJ T.
James W.
Rachel Z.

Josh B.
Emma C.
Parker P.
Elena R.
Tia R.
Colton S.
Stephanie S.
Megan T.
Alisa D.
Maddie H.

Chad H.
Toni M.
Will M.
Laura S.
Ali V.
Megan M.
Nick G.
John P.
Shannon R.
Jodi V.



**South Eastern Aquatics
The Racine Family YMCA Swim Team**

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**Parent Motto:
Love, Support, Transport.**

SEA's Mission:

To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.

SEA's Vision:

As a swim team without a true home, it's SEA's vision to one day build a pool to call home.

Established in 1984, we are set to celebrate our 30th anniversary this year!

On the Starting Blocks

June 2014

19, Packers vs. Brewers Dual (for Pups, Lions, and Dragons)
20-21, 5th Annual Summer Sizzler (SEA hosted), no practice
22-29, I3&O Training Trip
27-29, LAKE WGLO

July 2014

4, No practice
9, SEA vs. OZ Dual
10, Packers vs. Brewers Dual (for Pups, Lions and Dragons)
11-13, Bird Bath Open
17-20, Speedo Champions Series
18-20, Silver State
24, Packers vs. Brewers Dual (for Pups, Lions and Dragons)
25-27, I2&U State
29, End of SEASON Time Trials

31-3, I3&O State (SEA hosted)

August 2014

1-3, I4&U Central Zones
4-26, OST (off-season training)

September 2014

2-18, OST
15, Tryouts for the Fall/Winter Season

22, First day of practice

October 2014

16, Sprint Time Trials, no practice
23, Packers vs. Brewers

November 2014

2, 5th Annual Fall Starter (SEA hosted)
13, Packers vs. Brewers

December 2014

11, Packers vs. Brewers
18, Middle Distance Time Trials, no practice

January 2015

10-11, 9th Annual Oddball Challenge (SEA hosted)



**Take a look at the months ahead
and stay up-to-date.**