

WWW.SEA-Y.ORG  
SEA SWIM TEAM (FACEBOOK)  
@SEAWISCONSIN (TWITTER)  
262.898.4766

## UPCOMING EVENTS:

- Practice will be held at Sealed Air & Lakefront this Saturday - take advantage!
- Attendance awards will be handed out again on July 21.
- The next parent board meeting will be held July 7th, 6:00 p.m. at Carthage College. All welcome!

## INSIDE THIS ISSUE:

|                          |   |
|--------------------------|---|
| Summer Sizzler Recap     | 2 |
| 50-meter Training        | 2 |
| Bird is the Word         | 2 |
| OST - What does it mean? | 3 |
| WGLO Recap               | 3 |
| Cool GOALS t-shirts      | 3 |
| An official Official     | 4 |
| SCRIP - it's so easy     | 4 |

# SERPENT TIMES



EST. 1984

JULY 3, 2014

## Neil's Kickboard

- 1) Please have a safe and happy 4th of July weekend!
- 2) We had another successful I3&O Training last week and I want to thank all the coaches that filled in while we were in Florida ... thanks to James Weslaski, Shannon Sanders, Alyssa Gustin, Katie Palmiter and Kayla Rognsvoog for their dedication and assistance.
- 3) Diving practice will not be held on the following Saturday - July 12.
- 4) The dual with OZ has moved from July 8 to July 9 and will be held at Homestead High School in Mequon.
- 5) The third Packers vs. Brewers is scheduled for July

10th. Pups, Lions and Dragons will race during the PM practice that day while all other training groups will conduct practice.



**Making pyramids during the final dry-land practice of this year's I3&O Training Trip.**

- 6) I have about 20 "Goals" t-shirts remaining. \$10 per shirt ... get yours today!
- 7) Please ensure you are dou-

ble-checking your swimmers entries on the Meet Information of our website. Many meets are now listed as Final Entries. Contact me if you find a mistake.

- 8) There's only five weeks of the season remaining ... can you believe it? If you plan on swimming in August please forward names/payments over the next coming weeks.
- 9) Swimmers - you guys are kicking butt! Keep attending practice and keep trying your best.

Please call or email me if you ever have any questions or concerns. 262.898.4766 and at south.eastern.aquatics@gmail.com.

## Bird Bath Information

July 11-13 we will head to Appleton for the Bird Bath Open. Information will be posted here next week. Happy 4th!

# Summer Sizzler Recap



We won the 5th Annual Summer Sizzler! Keep up the great practice attendance and hard work!

We finished first of 15 teams during our 5th Annual Summer Sizzler scoring 3,241 points and with the team from Michigan (Portage Aquatic Club) a close second with 3,195.50 points.

New State qualifying times were achieved by Collin Flynn 1Fr, Mackenzie Reischl 4Fr, and Nathan Smith 50Br.

Notching some of the fastest time in our history included Natalia Badillo 7th 50Fr, 4th 4Fr, Sofia Badillo 8th 4Fr, Mackenzie Reischl 7th 4Fr, Emily Bollendorf 7th 1Br, Tara Smith 4th 2Br, Maren Hoferitza-Palermo 8th 4Fr, Rachel Zenisek

8th 4Fr, Hugo Arteaga 5th 50Fr, 9th 50Ba, Neil Wright III 10th 1Fr, 6th 2Fr, 6th 1Br, Carter Johnson 9th 1Ba, Jacob Trask 5th 1Fr, 2nd 50Bf, Nathan Smith 6th 50Br, James Weslaski 7th 50Fr, Jacob MacKenzie 7th 2Br, 10th 1Bf, 8th 2IM, 10th 4Fr, and Charles Julius 9th 1Br.

Improving a single race by more than ten seconds were Joey Abel - 60.82 2Fr, Hugo Arteaga -13.10 50Fr, Natalia Badillo -58.75 4Fr, Sofia Badillo -39.05 2IM, Pagie Betthausser -25.86 2Fr, Bailey Bleser -17.51 2Ba, Joshua Bote -13.28 2Fr, Kayla Bote -134.06 2Fr, Isabelle Buhler -45.45 4Fr, Emily Cain - 14.75 1Ba, Rachel Christenson -

11.01 2IM, Jack Esson -13.04 2Fr, Lauren Flynn -26.40 1Fr, Carter Johnson -19.06 1Fr, Cayla Julius - 32.88 2Fr, Charles Julius -29.41 1Bf, Jason Lewis -35.97 4Fr, Emilie Miller -16.35 1Br, Samyukta Munagavalasa -54.97 2IM, Madilynn Peterson -10.13 2IM, Mackenzie Reischl -42.16 4Fr, Marlee Reischl - 14.21 4Fr, Dominic Ricchio -17.41 1Bf, Kayla Rose -14.57 4Fr, Ali Scharff -51.72 4Fr, Emelia Selky -13 4Fr, Nathan Smith -11.65 1Fr, Stephanie Strange -12.51 2Fr, and Neil Wright III -10.30 1Fr.

Great job swimmers and good job parents with all your work behind the scenes.

*"It's amazing how much can be accomplished if no one cares who gets the credit." ~ John Wooden*

## 50-meter Training Opportunities

A few months ago a survey was sent out to see if there was any interest in training in the outdoor 50-meter pool in Kenosha (Anderson). 19 responses were recorded and the results were evenly split with nine wanting to keep things as are posted and ten wanting to see some type of 50-meter training opportunity extended to the swimmers.

In the past (over a decade ago), we used to train at Wilson Park in Milwaukee three days a week.

After Meadowbrook Country Club became available, we got away from driving to Milwaukee.

As it turns out, Anderson pool does not have lane-lines or backstroke flags and is probably not our best option for 50-meter training.

However, RecPlex is available and 10 days of practice have been added to our current training schedule.

The RecPlex practices are available

for swimmers training in the Green, Blue, Senior 1 & 2 groups and will be held on the following dates (Tuesdays & Thursdays): June 19, July 1, 3, 8, 10, 15, 17, 22, 24, and 29 (10:30 a.m.-12:30 p.m.).

All Meadowbrook Country Club practices will be offered during the above dates and swimmers can attend either practice (it's not advised to attend both :).

Take advantage of this great opportunity!

## Bird Bath Open ... this summer



Last summer we attended the Bird Bath Open in Appleton at the outdoor 50-meter pool (Erb Park) after not attending this event for many years.

Similar to the Green Bay meet, this travel meet offers our families an opportunity to bond in a fun and relaxed atmosphere.

The park where the pool is located is surrounded by

acres and acres of green grass and trees along with playgrounds and other recreational fields.

Families who attended last year brought their shade tents and folding chairs and relaxed in the shade enjoying each others company while they waited for their swimmers to compete.

This summer we'll be heading back to the Bird Bath Open and the dates are set ... July 11-13 and rooms have been blocked off at the same hotel as last year

(County Inn & Suites). The rate is \$105 + tax. Five rooms are king suites (w/ pullout sofa) and 25 rooms are come with two queen beds (all rooms are equipped with microwaves and refrigerators). The hotel offers a hot breakfast too. Call 920.830.3240 by June 11 to reserve your room.

Mark your calendars and join us won't you? Good times (both in and out of the pool) are guaranteed to be had by all.

# OST (off season training) Scheduled



When pool time is available, we like to offer OST (off season training) between seasons.

At the end of this season, OST

Not every swimmer wants to take a break between seasons. OST is the perfect solution.

will be offered three days a week in the mornings at Meadowbrook Country Club.

Pups, Lions, and Dragons will train from 8:15 a.m. to 9:15 a.m.

Green, Blue, Senior 1, and Senior 2 will train from 7:30 a.m. to 9:15 a.m.

The cost is \$50 for Pups, Li-

ons, and Dragons.

The cost is \$80 for Green, Blue, Senior 1, and Senior 2.

Practices will be offered Monday, Wednesday, and Thursday and run August 4-August 28.

Families who want their swimmers entered in OST should email Neil and forward payment prior to August 4 (cash or check made payable to SEA). Take advantage!

*WGLO was a great meet for our athletes and sets the table for BIG things to come in the remaining four weeks of the season for our 12&U swimmers.*

## Western Great Lakes Open Recap

Jacob Trask was on fire this past weekend in Brown Deer during LAKE's WGLO as were Sara Bollendorf and Austin Lentz.

Jacob Trask won the 50 and 100 Backstroke outright breaking Andrew Griffey's 2003 11-12 team record in the 1Ba of 1:12.38 with his effort of 1:11.93.

Jacob went on to break Micah Eberle's 1994 100 Freestyle team record of 1:03.50 with his swim of 1:02.92 and

lowered this team record in the 1Bf from a 1:09.89 to a 1:07.72.

Jacob also qualified for Central Zones in the 1Fr and posted 100% best times.

Sara Bollendorf scored points in the 50Br with her 9th place finish of 38.94 and is now just tenths off of the Zones time standard. She also posted healthy improvements in the Butterfly events.

Austin Lentz attended his first WGLO event and didn't disappoint notching

three of five best times and is now only tenths away from his second State qualifying time (50Fr).

Sara and Jacob posted some of the fastest times in our history for their age-groups: Sara 5th 50Br, 7th 50Bf, and 5th 1Bf and Jacob 3rd 2Fr, 2nd 2Fr and 2nd 50Ba.

We finished 16th as a team with 107 points and posted 71% best times.

Great job swimmers!

## SEA "Goals" T-shirts available ... \$10

One of the coolest t-shirts ever designed for SEA is now available for only \$10 per shirt.

Email Neil if you would like to purchase any of them (cash or check made payable to SEA).

Be advise, there are a limited number of sizes and colors. All shirts are unisex unless specified and are 100% preshrunk

cotton.

**Ladies size and color:**

XL - one orange

**Unisex sizes and colors:**

Small - one royal

Medium - three black, six royal, two gray

Large - four black, one tur-

quoise, one royal

XL - four black, one red

These shirts will be gobbled up fast so don't wait to send an email.

The design on the back is located to the right. The design on the front includes the team logo with est. 1984 under it.





One of the strengths of our team is the strong pool of officials we have. Please think about becoming an official.

# Become an Official ... it's easy

It's that time of year again ... time to solicit parents to take that step to become officials.

We had an outstanding response last year and certified six new officials during our current Fall & Winter Season. Thanks to those who went through the process!

At this point, we are just taking names of interested parents who would be willing to take the first officials class - Stroke & Turn Officials Clinic.

Parents who desire to become a USA Swimming Official will pay for their class and Background Check and once they have gone through their apprenticeship, SEA and/or the WI LSC reimburses all expenses incurred during the process.

Moving forward, parents who continue to maintain their USA Swimming Membership as an Official and support our hosted meets as officials, SEA will continue to cover their

membership fees.

Once we have 5-6 parents listed in this section, we'll schedule a clinic.

To date, Jose and Anna Arteaga and Heather Hoferitza-Palermo have expressed interest.

Parents interested in becoming an Official, please contact Neil at 262.898.4766 or via email south.eastern.aquatics@gmail.com. Thanks!

*"Great minds*

*discuss ideas.*

*Average minds*

*discuss events.*

*Small minds*

*discuss people." -*

*Eleanor Roosevelt*

## SCRIP - The Easiest Way to Fundraise

Here are the current order by/delivery on dates for SCRIP: order by July 7, delivery July 10, and order by July 21, delivery on July 24. Deadline to order is 8 AM. All deliveries will be in the balcony from 5:30 p.m to 6:00 p.m. Individual arrangements can also be made.

Your order can be placed at [www.shopwithscrip.com](http://www.shopwithscrip.com) by using the SEA enrollment code of 173DF3A917711 and registering

for PrestoPay a minimum of two days before placing your first order. DO NOT place your first order until the PrestoPay registration process is complete. PrestoPay is safe, simple and the only payment method accepted by SEA. Happy Shopping!

### SCRIP Quick Facts

- 1) [www.shopwithscrip.com](http://www.shopwithscrip.com)
- 2) SEA enrollment code = 173DF3A917711

3) Payment method = PrestoPay

4) Deliveries are scheduled 1-2 times per month during practice. Other options include ScripNow (print at home) and Re-load

Questions? Please contact Brenda Rose at [brose7@wi.rr.com](mailto:brose7@wi.rr.com) or Kim Wergin at [kimwergin@aol.com](mailto:kimwergin@aol.com). Thanks!



Aging up, it happens to everyone.

## July & August Birthdays

Hugo A.

Natalia B.

Collin F.

Ivar I.

Austin K.

Austin L.

Emilie M.

Abby P.

Dominic R.

Elizabeth S.

William B.

Erin C.

Jacob M.

Madilynn P.

Jack S.

Emelia S.



**South Eastern Aquatics  
The Racine Family YMCA Swim Team**

725 Lake Avenue  
Racine, Wisconsin 53403  
SEA SWIM TEAM (facebook)  
@SEAWisconsin (Twitter)  
www.sea-y.org (Web)  
Phone: 262.898.4766  
Fax: 262.634.0401  
Email: south.eastern.aquatics@gmail.com

**Parent Motto:  
Love, Support, Transport.**

**SEA's Mission:**

**To empower the youth of Southeastern Wisconsin to be champions in life through excellence in swimming.**

**SEA's Vision:**

**As a swim team without a true home, it's SEA's vision to one day build a pool to call home.**

**Established in 1984, we are set to celebrate our 30th anniversary this year!**

## On the Starting Blocks

### July 2014

4, No practice  
9, SEA vs. OZ Dual  
10, Packers vs. Brewers Dual (for Pups, Lions and Dragons)  
11-13, Bird Bath Open  
17-20, Speedo Champions Series  
18-20, Silver State  
24, Packers vs. Brewers Dual (for Pups, Lions and Dragons)  
25-27, I2&U State  
29, End of SEASON Time Trials  
31-3, I3&O State (SEA hosted)

### August 2014

1-3, I4&U Central Zones  
4-26, OST (off-season training)

### September 2014

2-18, OST  
15, Tryouts for the Fall/Winter Season

22, First day of practice

### October 2014

16, Sprint Time Trials, no practice  
23, Packers vs. Brewers

### November 2014

2, 5th Annual Fall Starter (SEA hosted)  
13, Packers vs. Brewers

### December 2014

11, Packers vs. Brewers  
18, Middle Distance Time Trials, no practice

### January 2015

10-11, 9th Annual Oddball Challenge (SEA hosted)



**Take a look at the months ahead  
and stay up-to-date.**