14th Annual Summer Sizzler

Presented by Southeastern Aquatics Racine Family YMCA Swim Team June 21-22, 2024 WI LSC Approval # WI2024-519A

Entry window opens June 1, 2024. Meet will be capped at four hour sessions.

Location: RecPlex Agua Arena

9900 Terwall Terrace

Pleasant Prairie, Wisconsin 53158

Meet Director &

Entries: 262.994.3157

south.eastern.aguatics@gmail.com

Officials: Meet Official

> Jose Arteaga 262.664.9741

Neil Wright

joseharteaga@gmail.com

Admin Official Pat Lewno 262.637.2913 plewno@gmail.com

Eligibility: Both USA Swimming and YMCA athletes may participate in the meet. USA

> Swimming deck registrations will not be accepted. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied

by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Format of Meet: Time final with all events pre-seeded slow to fast. Heats/events may be

combined. Breaks may be added after entries are received.

Volunteers

Teams attending may be required to supply meet volunteers during this Timers: event. Requirements (if any) will be posted on the meet landing page

www.sea-y.org/summer-sizzler and emailed.

Indoor, 50-meter pool with ten lanes. 7' at the start end and 12" at the Facility:

turn end. Starting blocks are 29.5" and the meet host will ensure the

required course dimensions.

Warm-ups: Friday & Saturday, warm-ups will begin at 8:00 AM for the 12&U Sessions

and the meet will begin at 9:05 AM.

Saturday and Sunday Open Sessions will be developed after the entry

deadline and will be available on the meet landing page,

www.sea-y.org/summer-sizzler.

Timing System: A fully automatic Colorado timing systems with one manual back-up

button and one back-up timer for each lane will be used. If the

automatic system fails, a gun or horn start will be used.

General Rules: Official 2024 USA Swimming and WI LSC rules will prevail at this event.

Age as of June 21, 2024. In granting this sanction it is understood and agreed that USA Swimming and Wisconsin Swimming Inc. will be free from any liabilities or claims for damages arising by reason of injuries to

anyone during the conduct of the meet.

Entry Deadline: June 10, 2024 (include entry file and PDF of entries). Entry window opens

Saturday, June 1. Forward waiver and payment on the day of the meet (or

mail prior if you prefer) to:

Neil Wright 3210 96th Street

Sturtevant, Wisconsin 53177

Entry Fees: \$6.00 per event, \$4.00 WI LSC Splash Fee, \$15.00 admission fee, and

\$10.00 RecPlex user fee. Check payable to "SEA."

Entry Limit: Participation is limited to a maximum of eight events (four per day).

Entries will be imported in the order they are received. The 12&U AM sessions will be limited to four hours. Teams will be promptly notified

(within 24-hours) whether their entries are accepted or not.

Deck Entries: Allowed in open lanes, closes 30-minutes after warm-ups begin, \$10 per

event.

Disabled Swimmers: Coaches are encouraged to inform Officials and the Meet Director of any

disabled swimmer's needs prior to warm-ups.

MAAPP: All adults participating in or associated with this meet acknowledge that

they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and they understand that compliance with MAAPP is a condition of participation in the conduct of this

with MAATT 13 a condition of participation in the conduct of this

competition. Times achieved by an athlete member at a sanctioned meet

who is over 18-years of age who have not completed the Athlete

Protection Training (of whose APT training had expired) by the date of the swim, will not be able to be uploaded to SWIMS. These athletes will also be considered "not in good standing" and can be subject to fins under

Wisconsin Swimming Policy 11.2.1.

Coaches: Coaches may pick-up heat sheets, submit waivers, pay entry fees, and

sign the coaches sign-in sheet in the office.

Awards: 1st-16th ribbons for 12&U events (will be bagged by team for pick-up).

Heat Sheets: Will be available on the meet landing page,

www.sea-y.org/summer-sizzler.

Admissions: Included with entry fee.

Food: Hospitality will be available for coaches and officials.

Conduct: All coaches are responsible for the conduct of their swimmers and will see that their club has proper supervision at all times. Meet Marshals

have the authority to remove any swimmer from the meet for any violation such as improver behavior, damage to property, etc. No smoking on the premises. Please encourage your swimmers to clean up

after themselves.

 Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Flash photography and photography from behind the starting blocks is prohibited at the start of each race.
- Operation of a drone, or any other flying apparatus, is prohibited over the competition venue. This includes pools, athlete and coaches' areas, sitting areas, and open ceiling locker rooms anytime athletes, coaches, and/or officials are present. Exceptions may be granted with prior approval by the Program Operations Vice Chair (103.13M/Drones).
- Deck changes are prohibited.

First Aid: Report injuries to the Lifeguard and Meet Director.

Lost and Found: Lost and found will be outside the office. After the meet, lost and found

items will be donated to charity.

Meet Results: Will be posted on the meet landing page, www.sea-y.org/summer-sizzler.

Summer Sizzler Event Order

Friday 12&U

| Girls | Age-Group | Event | Age-Group | Girls |
|-------|-----------|------------|-----------|-------|
| 1 | 12&U | 50 Free | 12&U | 2 |
| 3 | 12&U | 100 Back | 12&U | 4 |
| 5 | 12&U | 50 Breast | 12&U | 6 |
| 7 | 12&U | 100 Fly | 12&U | 8 |
| 9 | 12&U | 200 Free | 12&U | 10 |
| 11 | 12&U | 200 Breast | 12&U | 12 |
| 13 | 12&U | 200 IM | 12&U | 14 |

Friday Open

| illuay Open | | | | |
|-------------|-----------|------------|-----------|-------|
| Girls | Age-Group | Event | Age-Group | Girls |
| 15 | Open | 50 Free | Open | 16 |
| 17 | Open | 100 Back | Open | 18 |
| 19 | Open | 200 Breast | Open | 20 |
| 21 | Open | 100 Fly | Open | 22 |
| 23 | Open | 200 Free | Open | 24 |
| 25 | Open | 400 IM | Open | 26 |

Saturday 12&U

| Julianuy 1240 | | | | |
|---------------|-----------|------------|-----------|-------|
| Girls | Age-Group | Event | Age-Group | Girls |
| 27 | 12&U | 100 Free | 12&U | 28 |
| 29 | 12&U | 50 Back | 12&U | 30 |
| 31 | 12&U | 100 Breast | 12&U | 32 |
| 33 | 12&U | 50 Fly | 12&U | 34 |
| 35 | 12&U | 200 Back | 12&U | 36 |
| 37 | 12&U | 200 Fly | 12&U | 38 |
| 39 | 12&U | 400 Free | 12&U | 40 |

Saturday Open

| Jaturuay Open | | | | |
|---------------|-----------|------------|-----------|-------|
| Girls | Age-Group | Event | Age-Group | Girls |
| 41 | Open | 100 Free | Open | 42 |
| 43 | Open | 200 Back | Open | 44 |
| 45 | Open | 100 Breast | Open | 46 |
| 47 | Open | 200 Fly | Open | 48 |
| 49 | Open | 200 IM | Open | 50 |
| 51 | Open | 400 Free | Open | 52 |

Waiver and Summer Entry Form

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our/theirs, administrators and assignees, waive and release any and all claims against Southeastern Aquatics, Racine Family YMCA, RecPlex Aqua Arena, PX3 Swim Team, WI Swimming, USA Swimming, and their staffs for injuries and/or expenses incurred by me/us at this meet, or while on the road, to and from this event. I/We are bona fide amateur athletes and eligible to complete in all events I/we have entered.

| Team name: | Code: | | |
|--|-------------------|--|--|
| Signature of Club Official, Parent, or Guardian | | | |
| Name: | Title: | | |
| Entry Fee Recap: | | | |
| Total individual events x \$6.00 = | | | |
| Total number of swimmers x \$4.00 (WI LSC Splash F | ee) = | | |
| Total number of swimmers x \$15.00 (Admission Fee) = | | | |
| Total number of swimmers x \$10.00 (RecPlex User | Fee) = | | |
| Make checks payable to SEA. Check number | Total entry fee = | | |